

# Inotrópicos en el peroperatorio de cirugía cardiovascular, su uso basado en la evidencia

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CATEDRA DE FISIOLÓGÍA**

**Universidad Abierta Interamericana**



# 5 preguntas

## Algunas reflexiones...



**¿Qué pasa con los  
Materiales y  
métodos de la  
bibliografía  
publicada?**

**1**



Tissue  
oxygenation



$SvO_2$

Preload

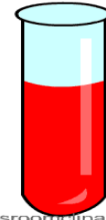
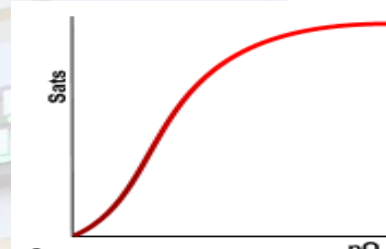
Contractility

Afterload

QUE PARAMETRO TOMA LA  
EVIDENCIA PUBLICADA

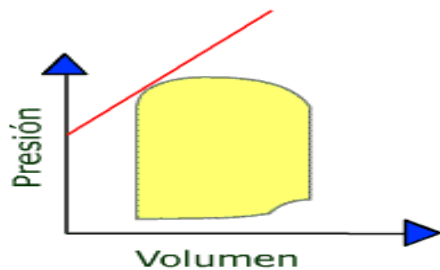
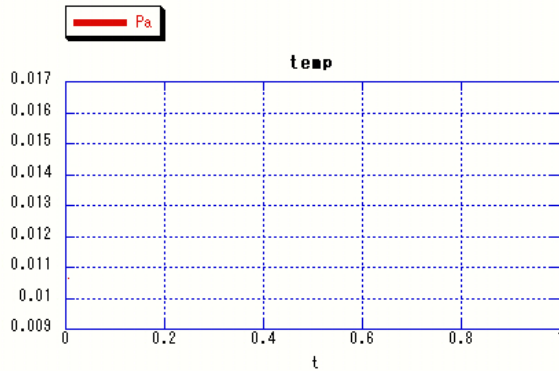


# DO2: Gasto cardíaco x (SatO x Hbx 1.34)



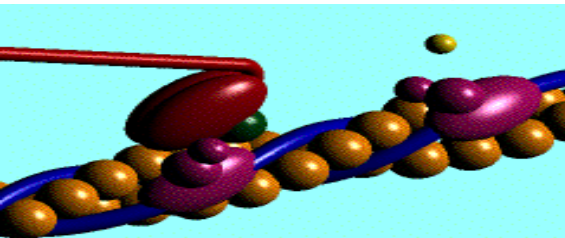
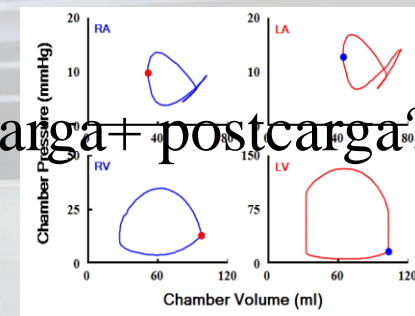
©classroomclipart.com  
Human Blood

¿Gasto cardíaco? : Frecuencia cardíaca x volumen sistólico

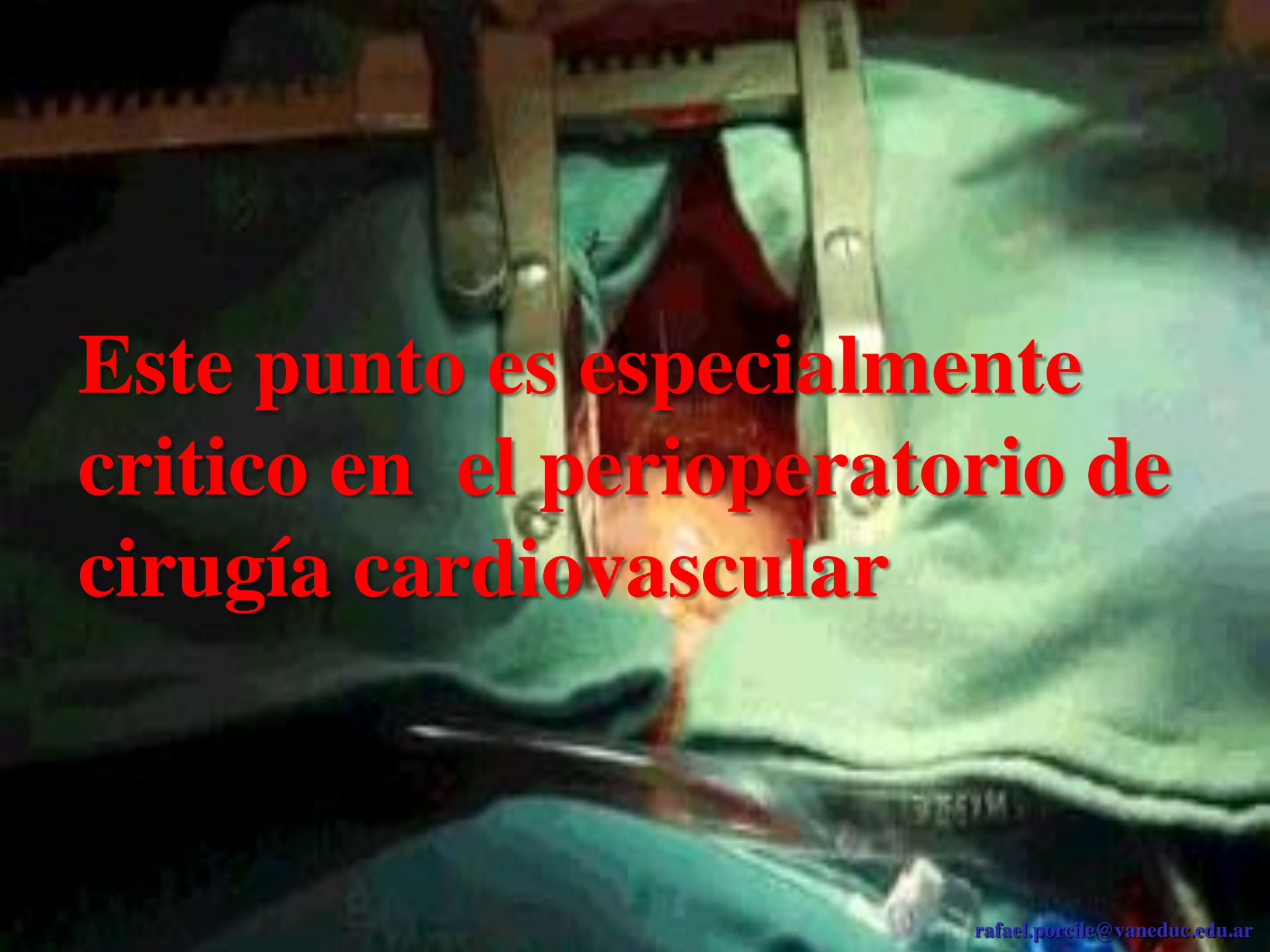


(C) 2002 JED CONCEPTS

¿Volumen sistólico? → ¿Precarga + postcarga?



¿Contractilidad o inotropismo?



**Este punto es especialmente crítico en el perioperatorio de cirugía cardiovascular**



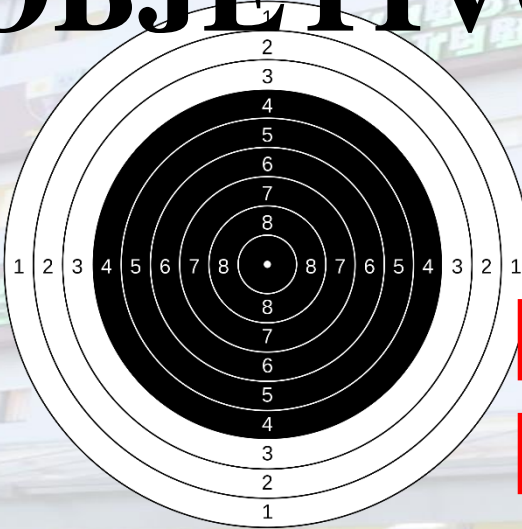
**Anemia , hipotermia , hipoxia,  
trastornos acido base son  
parte del post operatorio  
“normal”**



**DO<sub>2</sub>: Gasto cardíaco x (SatO x Hbx 1.34)**

**Contenido arterial de oxígeno**

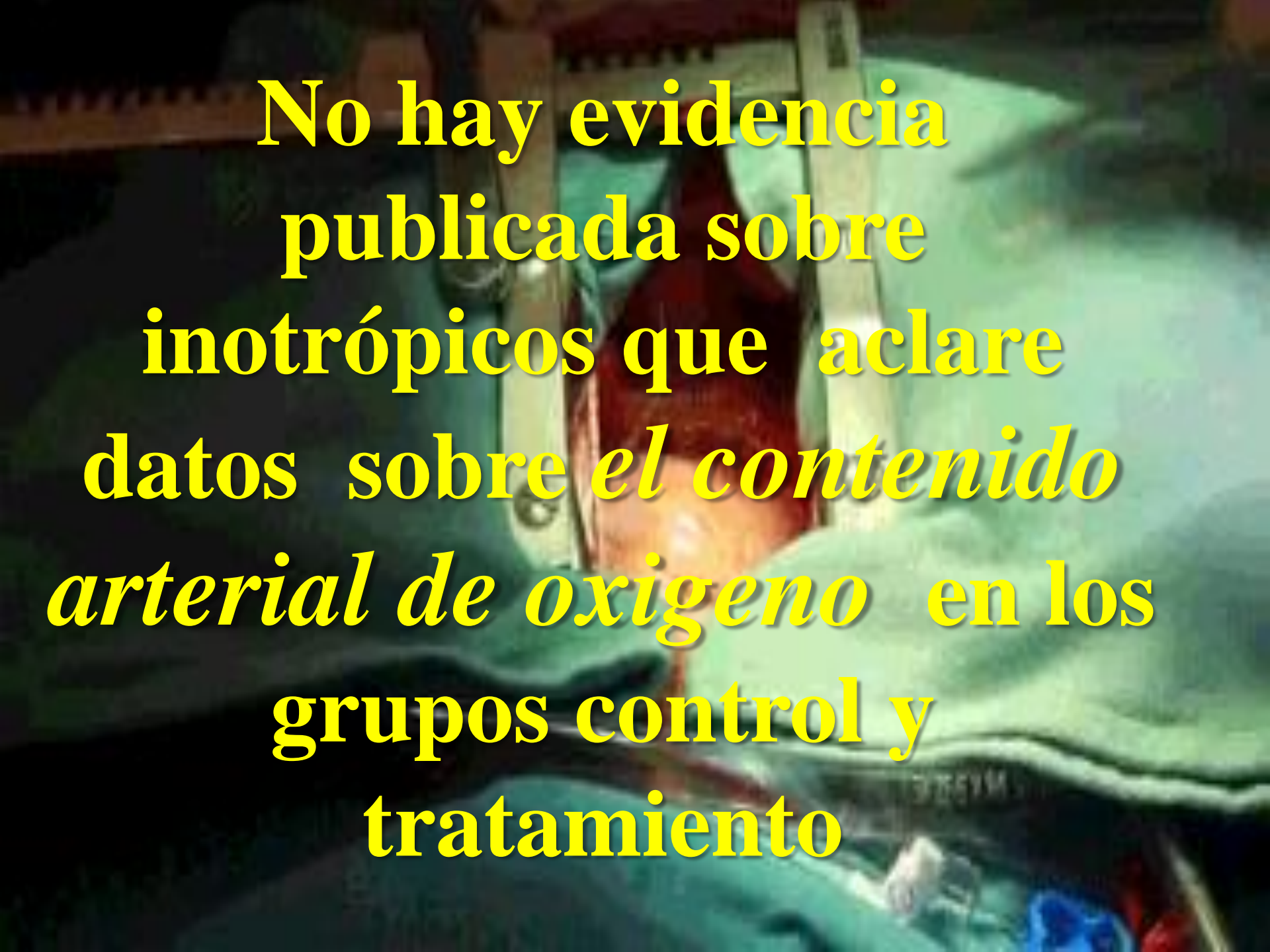
**OBJETIVO**



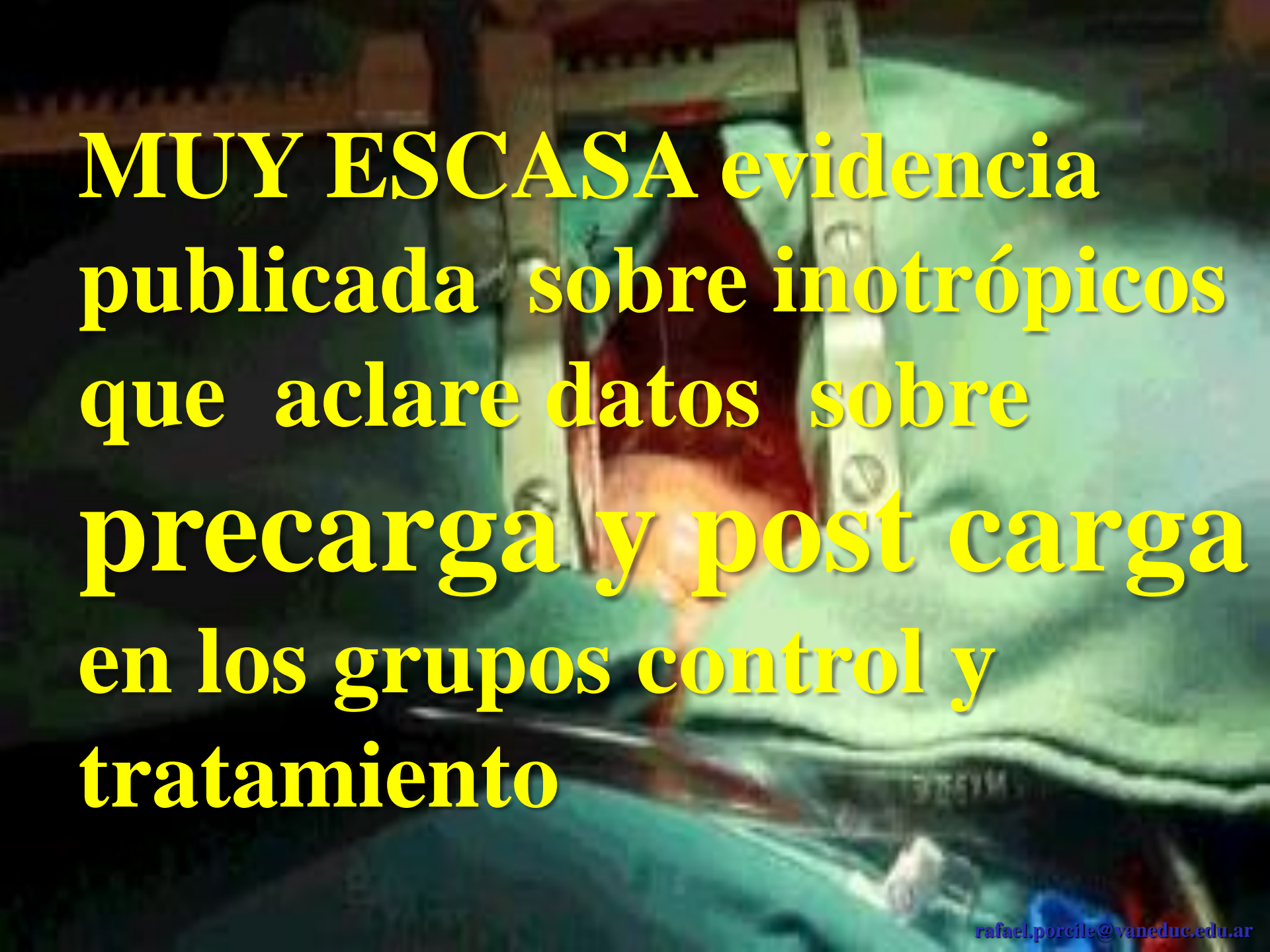
**HERRAMIENTA**

**¿Contractilidad o inotropismo?**



A patient is lying in a hospital bed, partially covered by a green blanket. The patient's head is resting on a pillow, and their face is visible. Medical equipment, including a red oxygen tank and various tubes and monitors, is positioned around the patient. The background is dark and out of focus, suggesting a hospital room setting.

**No hay evidencia  
publicada sobre  
inotrópicos que aclare  
datos sobre *el contenido  
arterial de oxígeno* en los  
grupos control y  
tratamiento**



**MUY ESCASA evidencia  
publicada sobre inotrópicos  
que aclare datos sobre  
precarga y post carga  
en los grupos control y  
tratamiento**

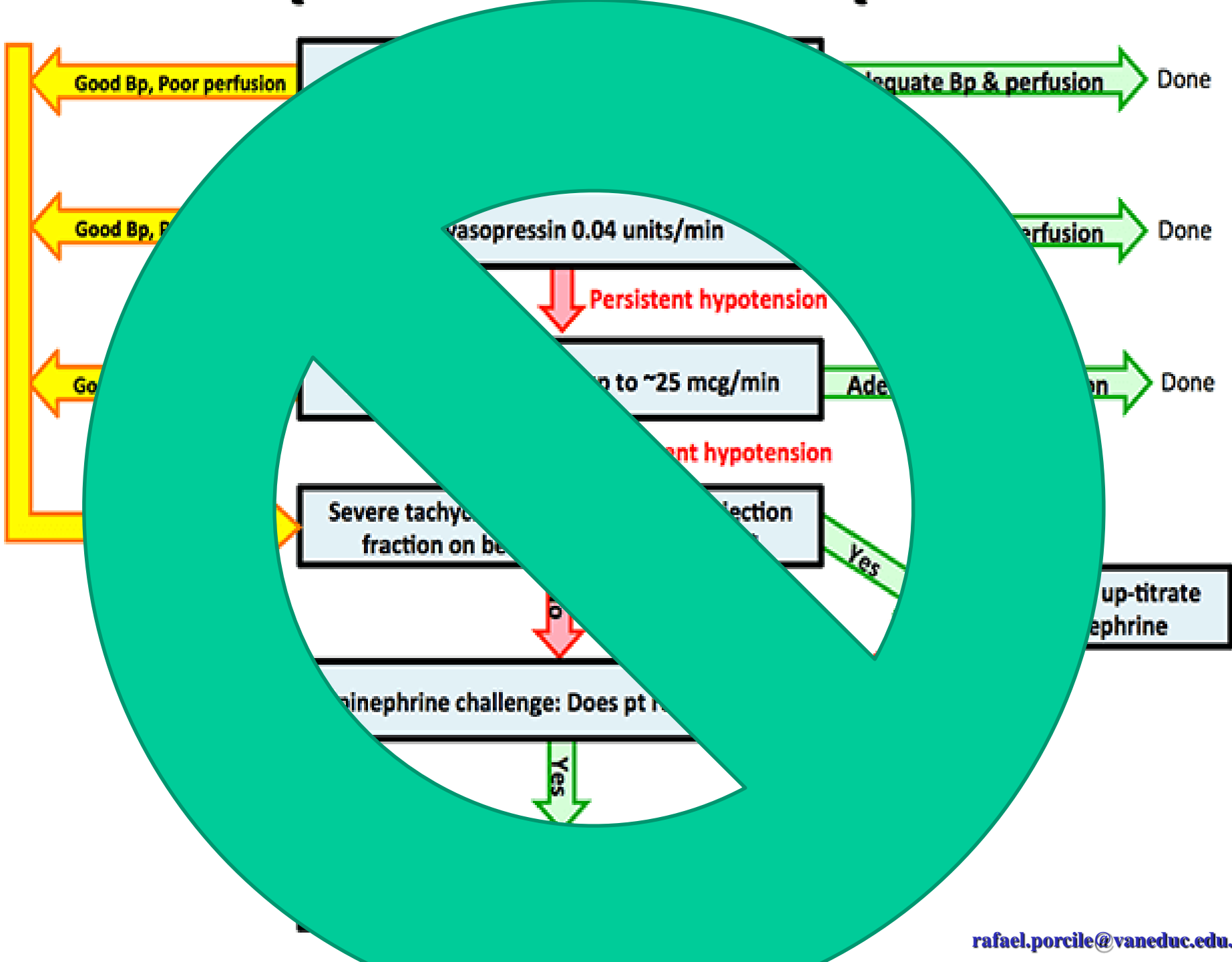




**¿Bajo gasto es  
sinónimo de  
fármacos  
inotrópicos?**

**2**





PACIENTE: [REDACTED]

MONITOREO HEMODINAMICO

75 Kg.

PESO:

ALTURA: 1.65

CAMA:

SUPERFICIE CORPORAL:

Sup. c...

TALLA (cm) + PESO

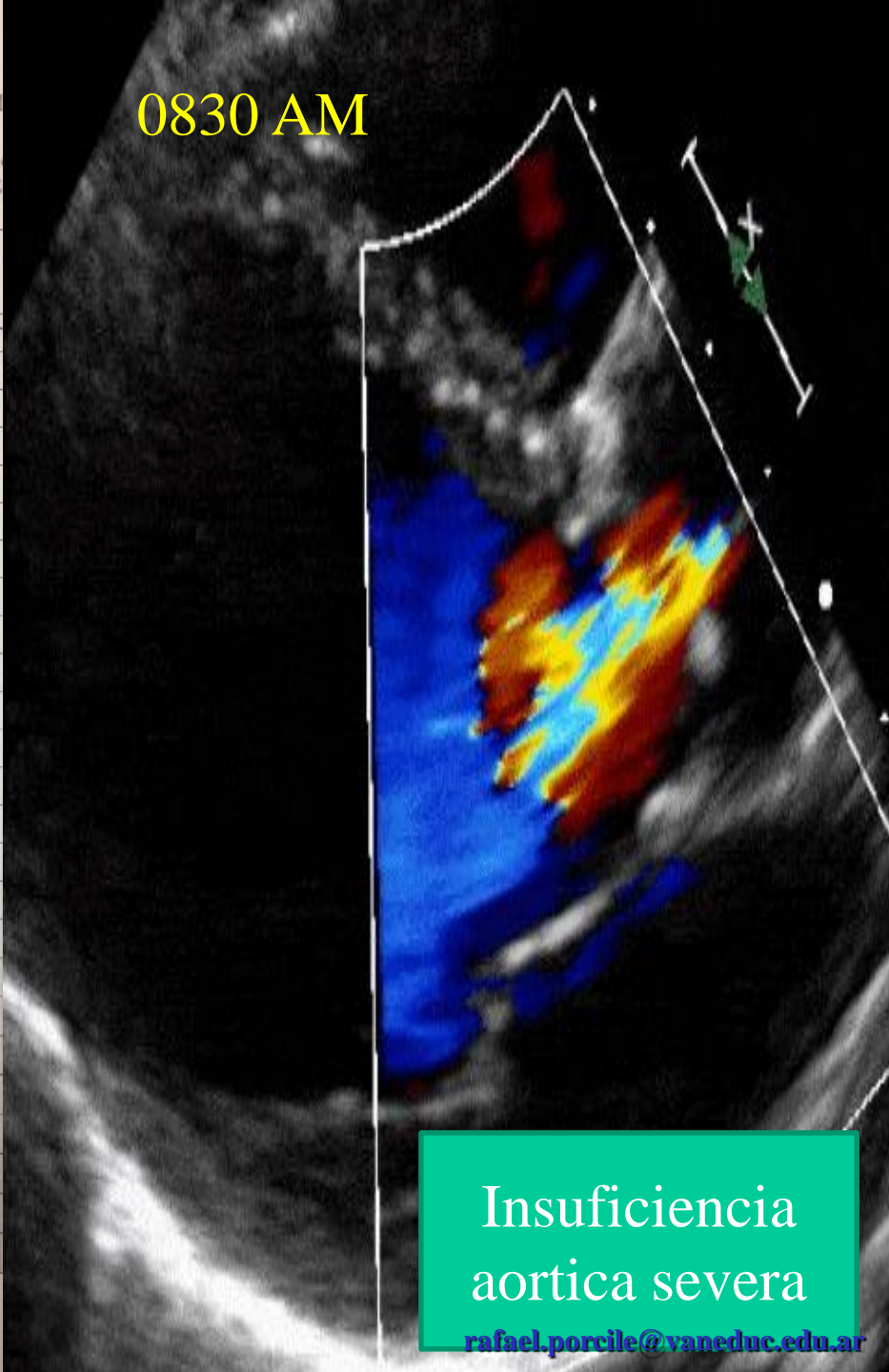
Fecha	Operador		
NOMBRE	01/06		
Hora	05:30	07:00	08:00H
FC	72	69	77
TAM	95-38	94-34	103-44
PAP	29	29	46
PW	16	17	20
PAD	20	10	14
VM	3.31	3.26	3.72
IC	1.28	2.02	2.01
ITSVI	7		
ITSVD			
RVS	797	851	812
RVP	290	170	174
Vol. sist.	25.1	55	55
SV02			
DBT	65mm	65	85
DOPA			
NPS		APOGNO	—
NA			
ADR			
MILR			
IABP			
Expansion.			
ARM	51	51	51
PEEP	7	7	7

Entre las 5:30 y 0800 AM expansión e inotrópicos

PACIENTE: [REDACTED] MONITOREO H  
 PESO: ALTURA: 1.65 ..... Sup.  
 SUPERFICIE CORPORAL: TALLA (cm) + PES

0830 AM

Fecha	01/06		
Operador	[REDACTED]		
NOMBRE	[REDACTED]		
Hora	05:30	07:00	08:00H
FC	72	69	77
TAM	95/38	94/50/34	103/61/44
PAP	29/21	29/24/12	46/33/26
PW	16	17	20
PAD	10	10	14
VM	3.31	3.26	3.72
IC	1.28	2.02	2.01
ITSVI	7		
ITSVD			
RVS	797	851	812
RVP	290	170	174
Vol. sist.	25.1	55	55
SV02			
DBT	65mm	65	85
DOPA			
NPS		APOGNO	—
NA			
ADR			
MILR			
IABP			
Expansion.			Si.
ARM	51	51	51.
PEEP	7	7	7



Insuficiencia  
 aortica severa  
 rafael.porcile@vameduc.edu.ar



# Cambiamos de planes

PACIENTE: [REDACTED]

MONITOREO HEMODINAMICO

75 Kg.

PESO:

ALTURA: 1.65

CAMA:

SUPERFICIE CORPORAL:

Sup. corporal

TALLA (cm) + PESO (kg) - 60 = 6.5

Fecha	01/06						
Operador							
NOMBRE							
Hora	05:30	07:00	08:00H	09:25h	10:00H	11:00H	13:25H
FC	72	69	77	109	83	93	75
TAM	95-38	94-34	103-44	142/48 <sup>79</sup>	110 <sup>60</sup> 41	137 <sup>68</sup> 45	119 <sup>56</sup> 32
PAP	29 <sup>21</sup>	29 <sup>24</sup>	46 <sup>37</sup> 26	41/26 <sup>31</sup>	36 <sup>26</sup> 20	42 <sup>30</sup> 24	37 <sup>21</sup> 21
PW	16	17	20	18	17	20	16
PAD	20	10	14	7	7	7	8
VM	3.31	3.26	3.72	6.9	5.4	5.4	6.0
IC	1.28	2.02	2.01	3.86	2.9	2.77	3.75
ITSVI	7						
ITSVD							
RVS	797	851	812	789	964	882	680
RVP	290	170	174	237	200	207	190
Vol. sist.	25.1	55	55			53	72
SV02							
DBT	65mm	65	85	65	49mm	45	4
DOPA							
NPS		APOGNO	—	3ml	3ml	3ml	4
NA							
ADR							
MILR							
IABP							
Expansion.							
ARM	51	51	51	51	51	51	51
PEEP	7	7	7	4	4	4	4

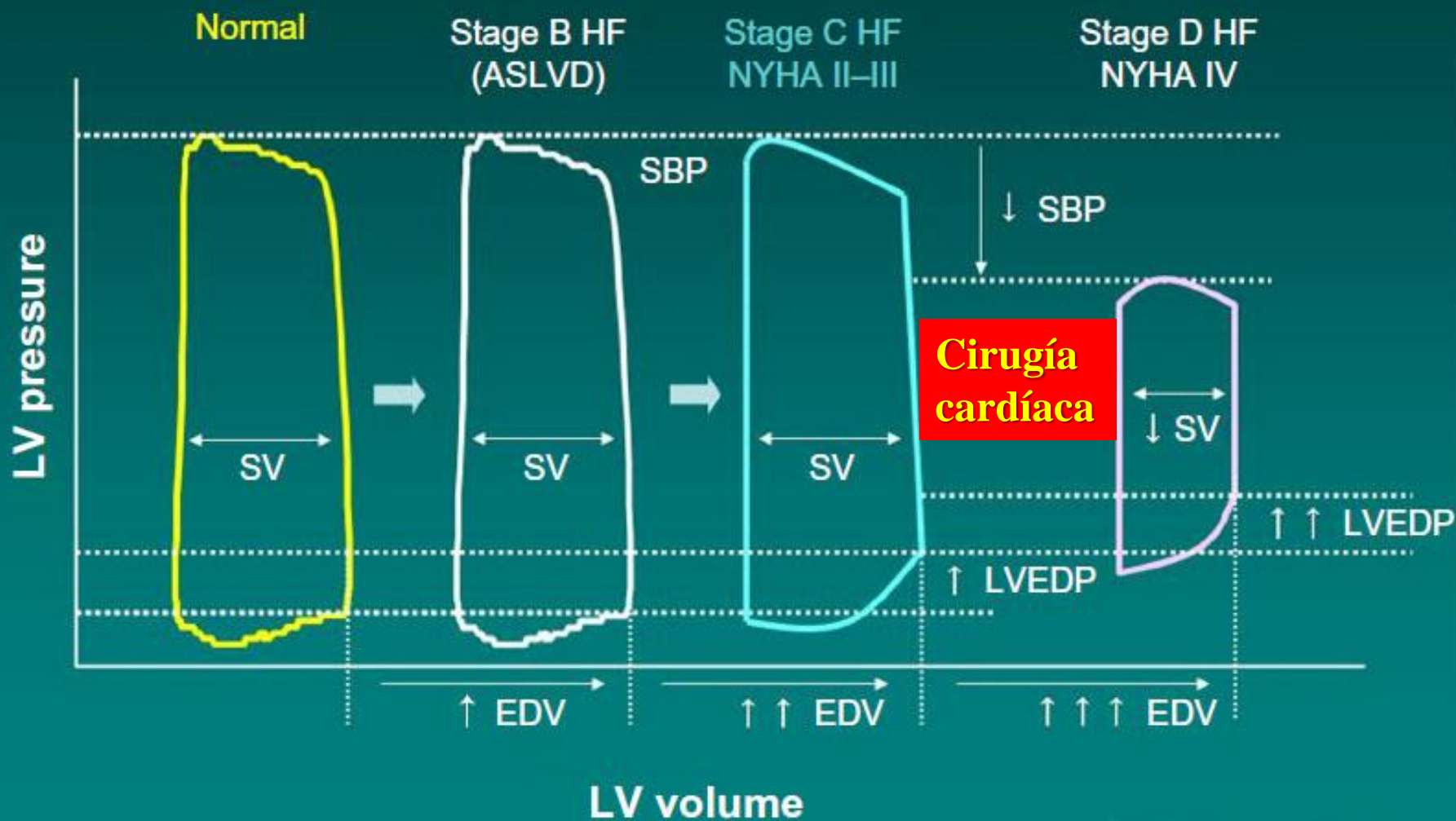
1ml Kg/hora

**El Dogma :**

**Deterioro inotrópico  
= inotrópicos**



## Hemodynamic derangements in HFrEF: a progression

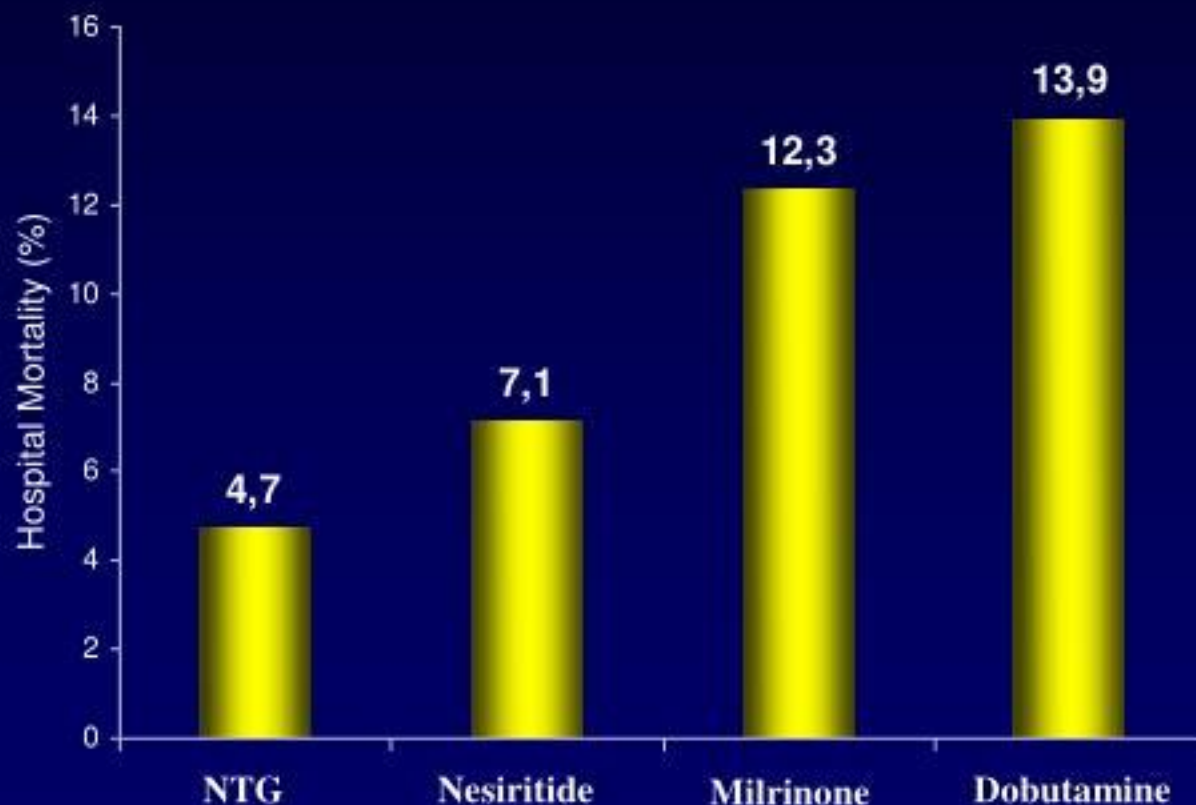


Borlaug BA, unpublished

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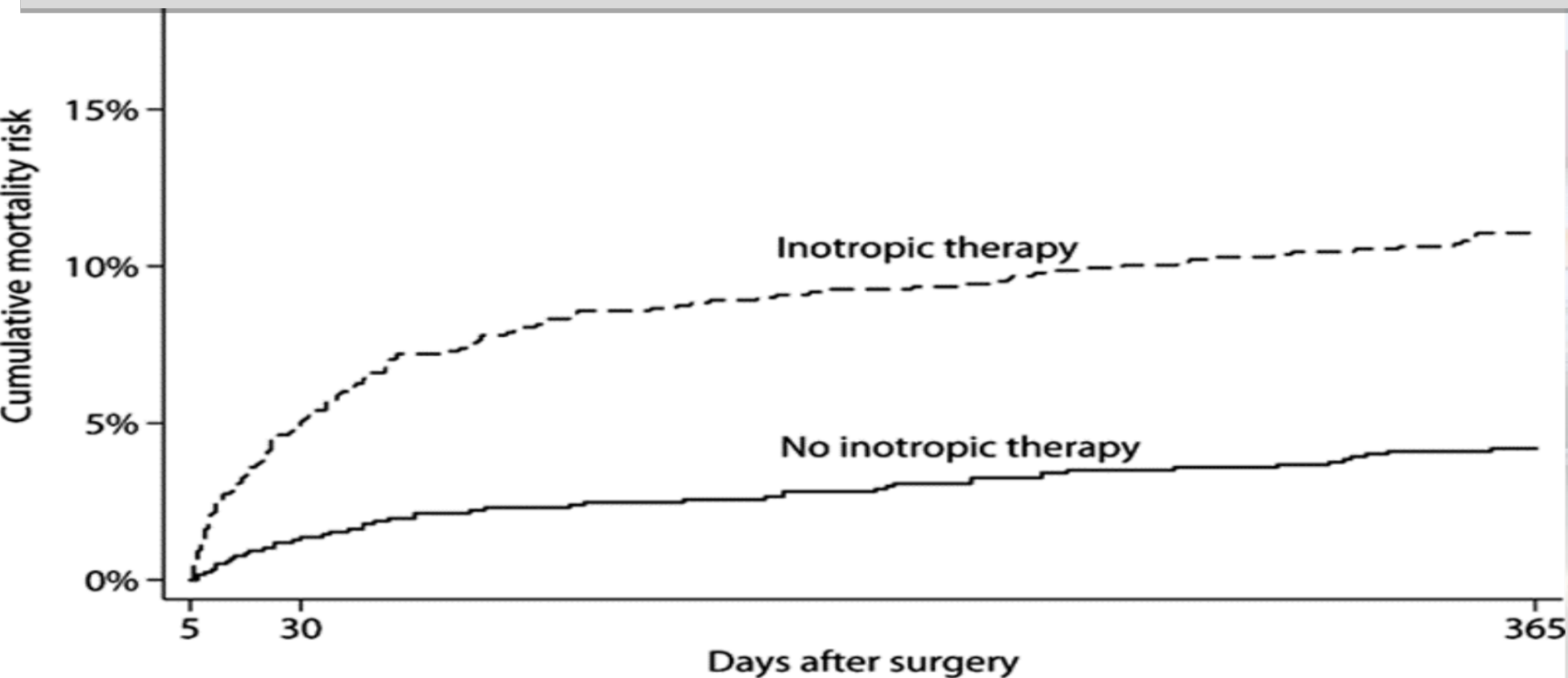
# ADHERE registry: Inotropic agents and mortality in acute heart failure





## Health Outcomes with and without Use of Inotropic Therapy in Cardiac Surgery: Results of a Propensity Score-matched Analysis

Anesthesiology. 2014;120(5):1098-1108. doi:10.1097/ALN.0000000000000224



Cumulative 1-yr mortality risk by treatment status. Log-rank P value <0.00001.

Figure Legend:





## From: Health Outcomes with and without Use of Inotropic Therapy in Cardiac Surgery: Results of a Propensity Score-matched Analysis

Anesthesiology. 2014;120(5):1098-1108. doi:10.1097/ALN.0000000000000224

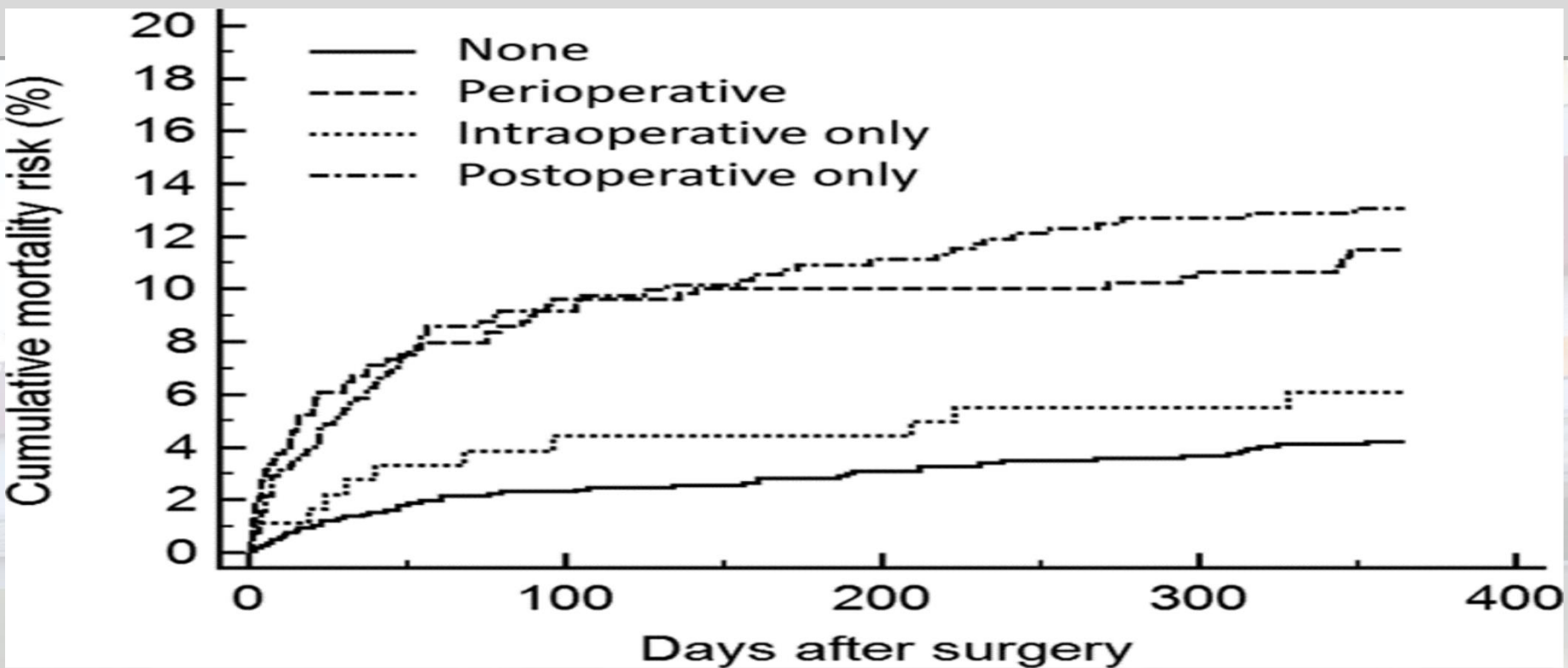
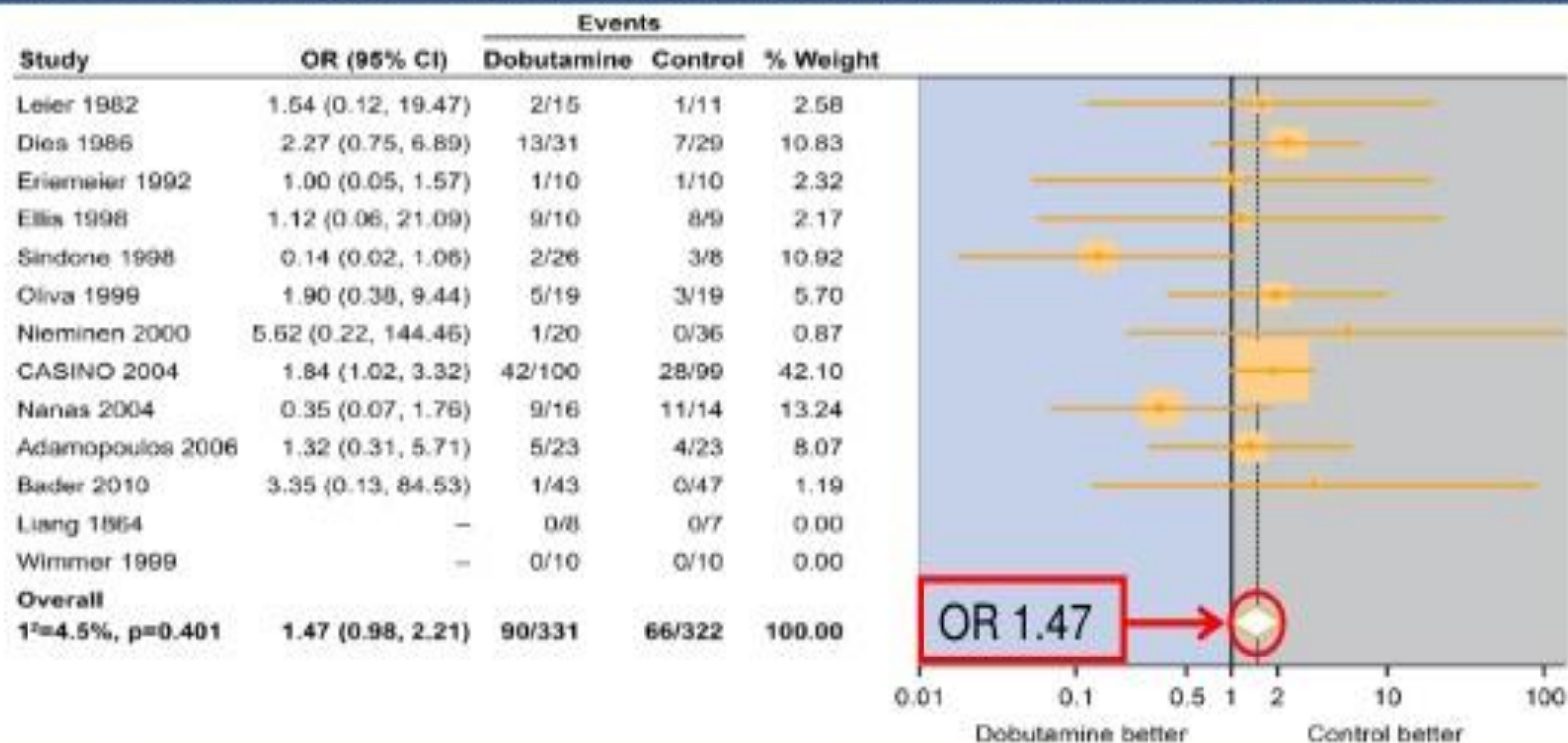


Figure Legend:

Cumulative 1-yr mortality risk stratified by timing of inotropic therapy. Log-rank P value <0.0001.

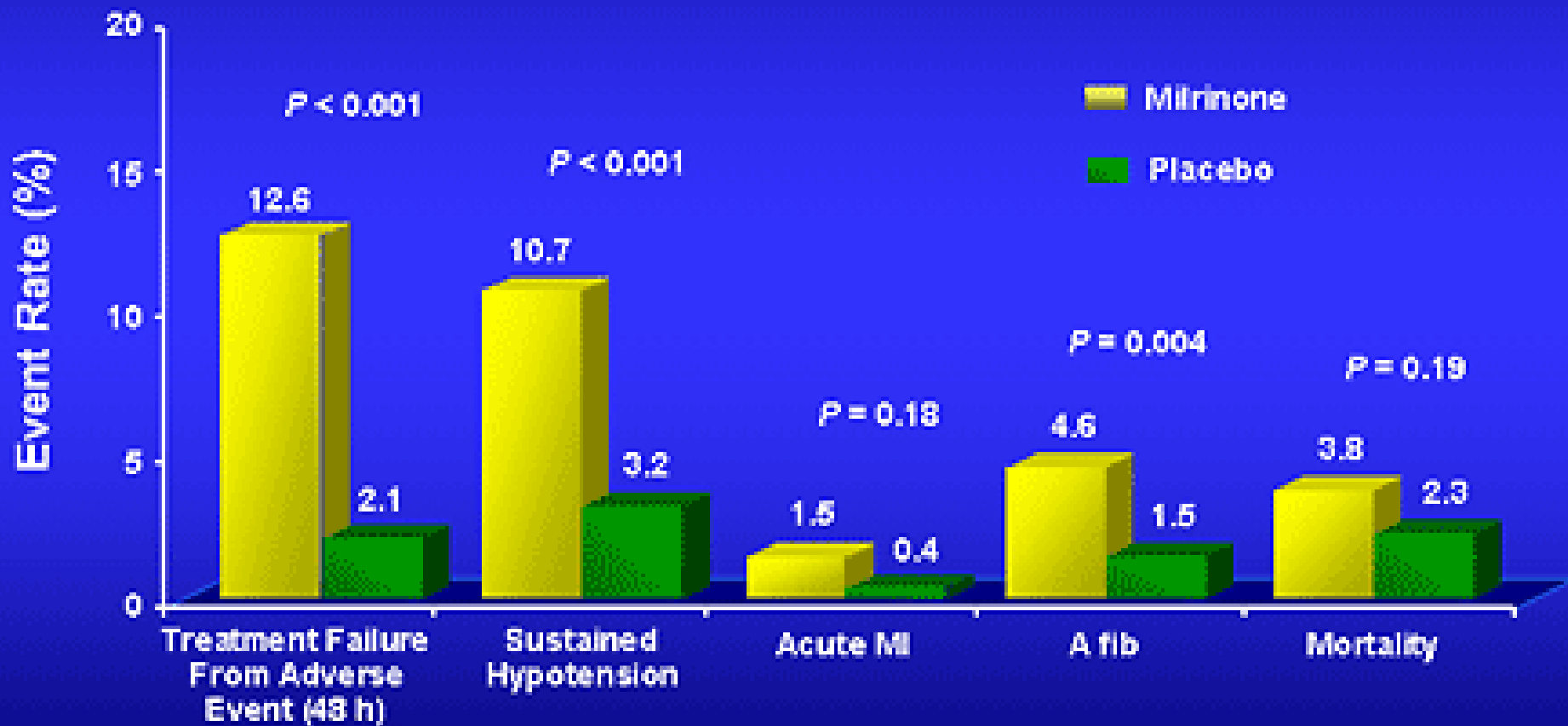
## Effect of dobutamine on mortality in heart failure (vs. placebo or standard care)



There are strong indications from this meta-analysis that dobutamine worsens outcomes in patients with severe heart failure

# IV Milrinone During Hospitalization for Decompensated HF—Not Low Output

## OPTIME-CHF: In-hospital Adverse Events

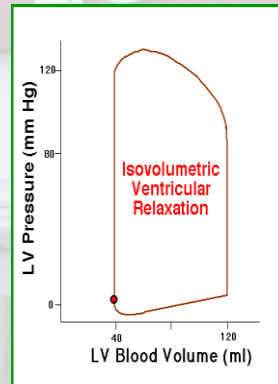




# Inotropismo

D/P D/T

*Ley de Starling y  
Ley de Laplace*



Lusitropismo

Precarga y post carga

Reflexión

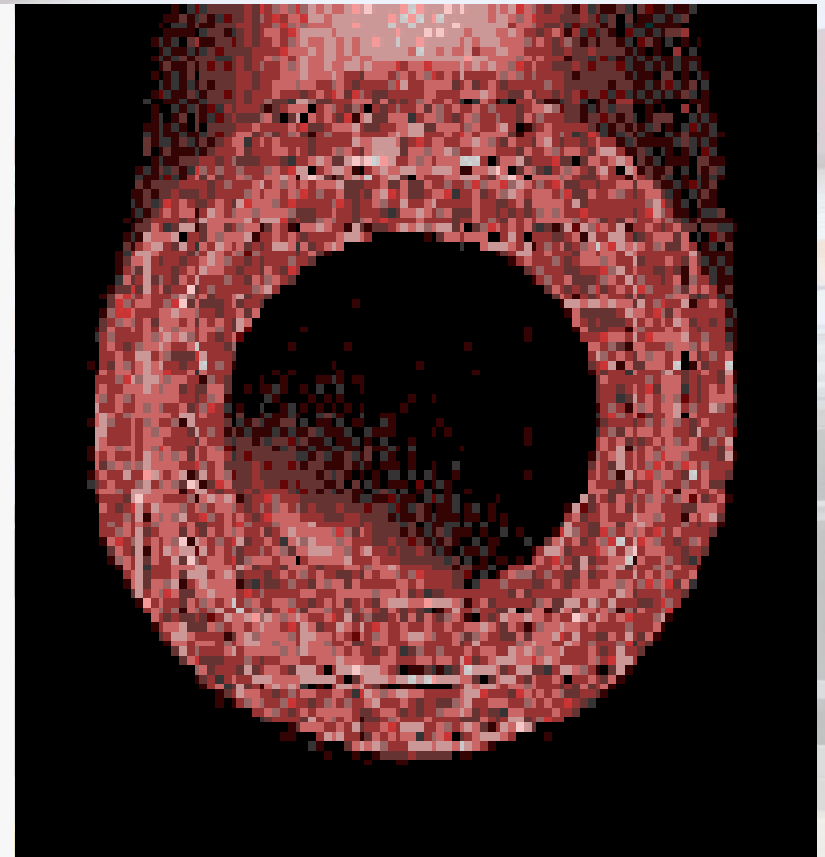
**Mas vale una  
estrategia inotrópica  
que un inotrópico...**

**¿Si necesitamos un  
inotrópico para tratar la  
falla circulatoria fuera  
del shock que tenemos  
que tener en cuenta para  
elegirlo?**

**3**



# Hay dos universos con los cuales tenemos que negociar



Fosfodiesterasa

Calcio

$\beta_1$

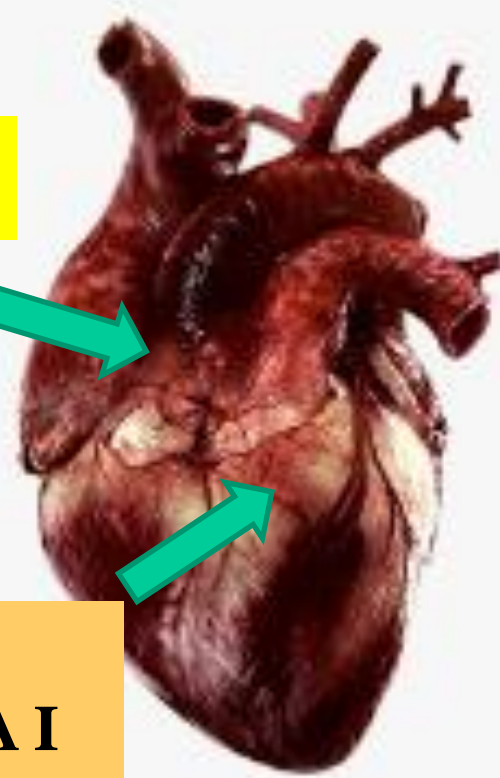
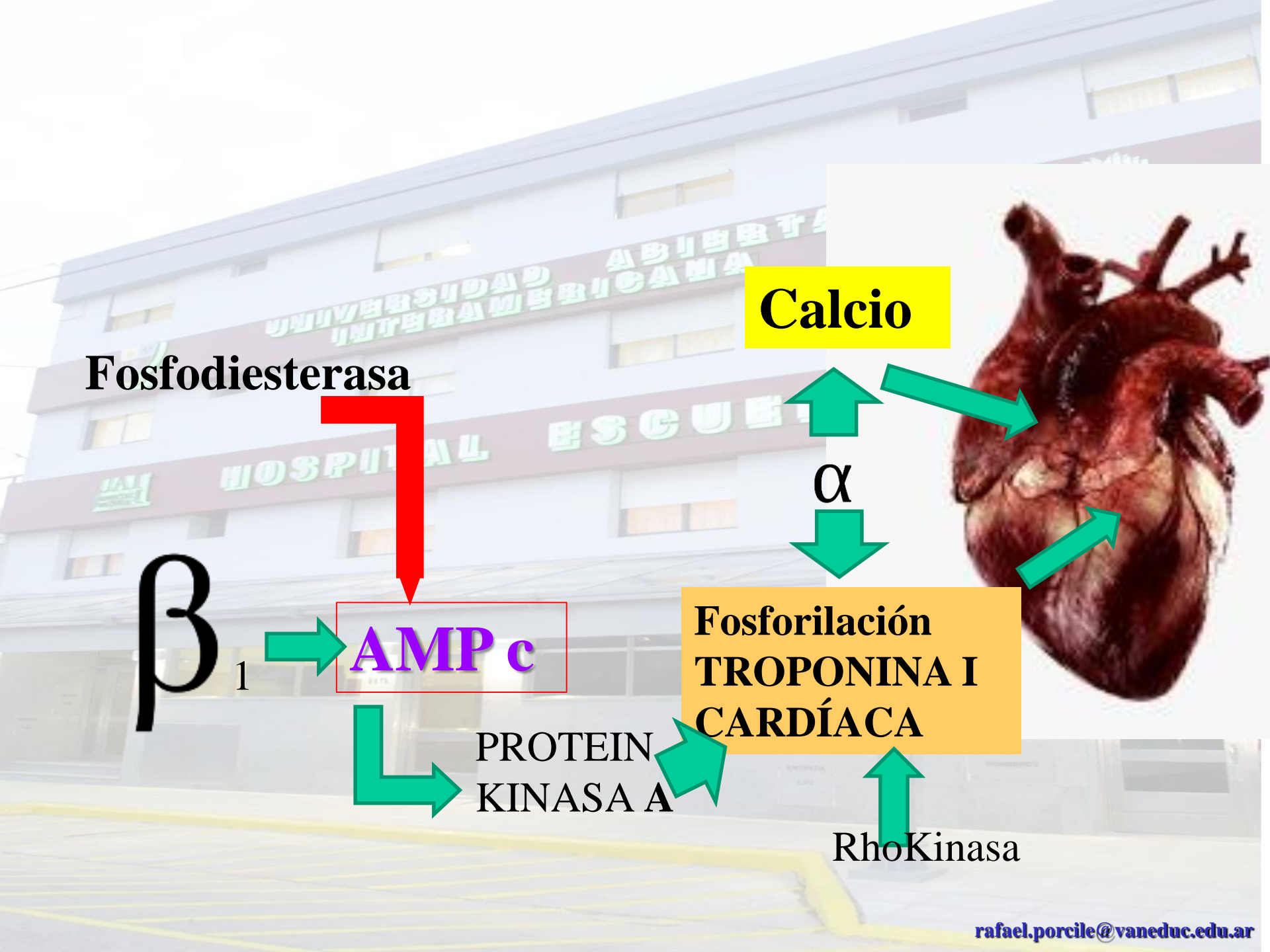
AMP c

$\alpha$

Fosforilación  
TROPONINA I  
CARDÍACA

PROTEIN  
KINASA A

RhoKinasa



m  
u  
s  
c  
u  
l  
o

E  
n  
d  
o  
t  
e  
l  
i  
o

Oxido Nítrico

Angiotensina II  
Tromboxano A2

Vasopresina

BNP

GMPc

IP3

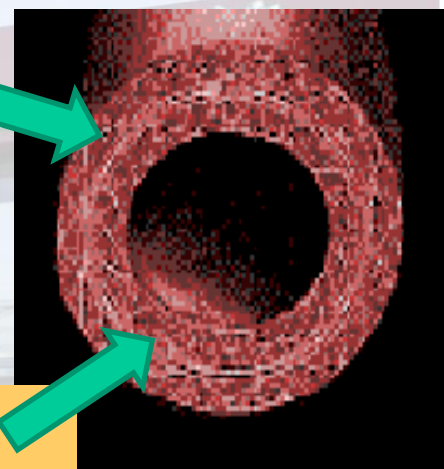
Calcio

Fosfodiesterasa

$\beta_2$

AMPc

Fosforilación  
Catalítica cadena  
liviana miosina



$\alpha$

Pg1/Prostacielinas

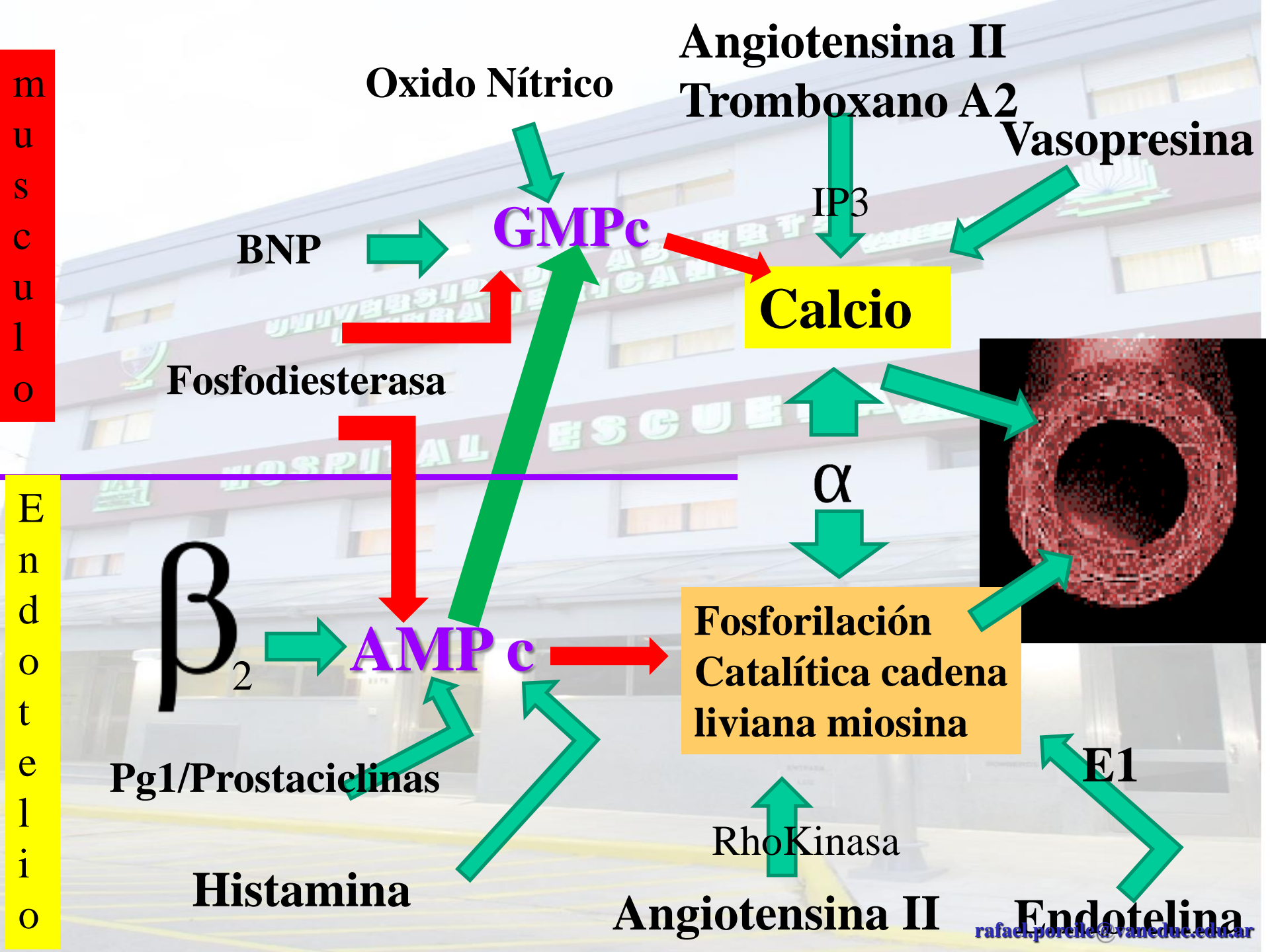
Histamina

RhoKinasa

Angiotensina II

E1

Endotelina





# LOS MISMOS MENSAJEROS PUEDEN TENER EFECTOS DIFERENTES EN AMBOS CASOS

## Vascular Endothelium

Vascular endothelium in  
epicardial coronary  
arteries and veins  
(Main Cor VE)

Vascular endothelium in  
intramyocardial coronary  
arteries and veins  
(Small Cor VE)

Cor VE



SMOOTH  
MUSCLE CELLS



platelet aggregation  
thrombosis/fibrinolysis

vasomotricity

inflammation/growth

## Cardiac Endothelium

Endothelium in  
myocardial capillaries  
(Myo Cap E)

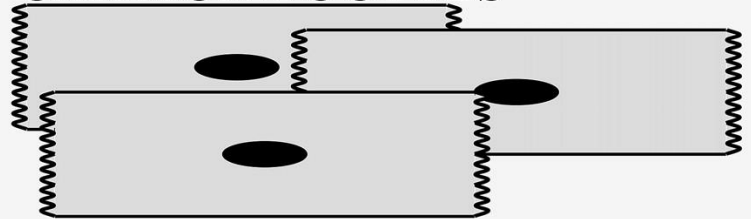
Endocardial  
endothelium  
(EE)

Myo Cap E

EE



CARDIOMYOCYTES



contractile  
performance

rhythmicity

# El inotrópico ideal

- No incrementa la post carga
- No es batmotropico positivo al incrementar los cationes intracelulares
- Mantiene una relación equilibrada consumo de oxigeno /inotropismo

# • Drogas Inotrópicas y vaso activas

## • Inodilatadores

– Dobutamina

– Isoproterenol

– Inhibidores de la fosfodiesterasa

– Levosimendan



# DOBUTAMINA



$\beta_1$



AMPc



PROTEIN  
KINASA A

Calcio



Fosforilación  
TROPONINA I  
CARDÍACA



Isoproterenol

Dopexamine

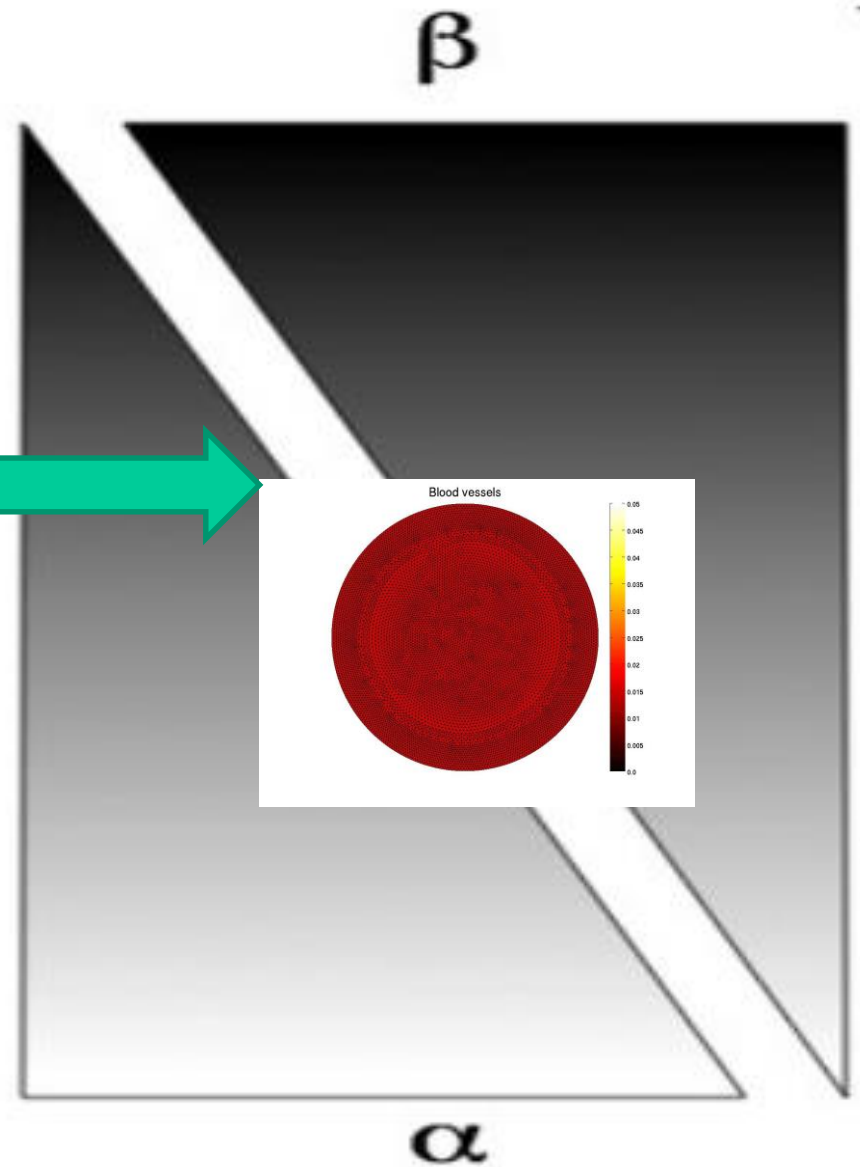
Dobutamine

Dopamine

Epinephrine

Norepinephrine

Phenylephrine







# Milrinone



$\beta_1$



AMPc



PROTEIN  
KINASA A

Calcio

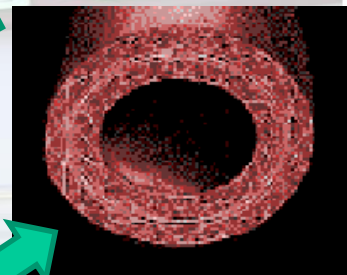
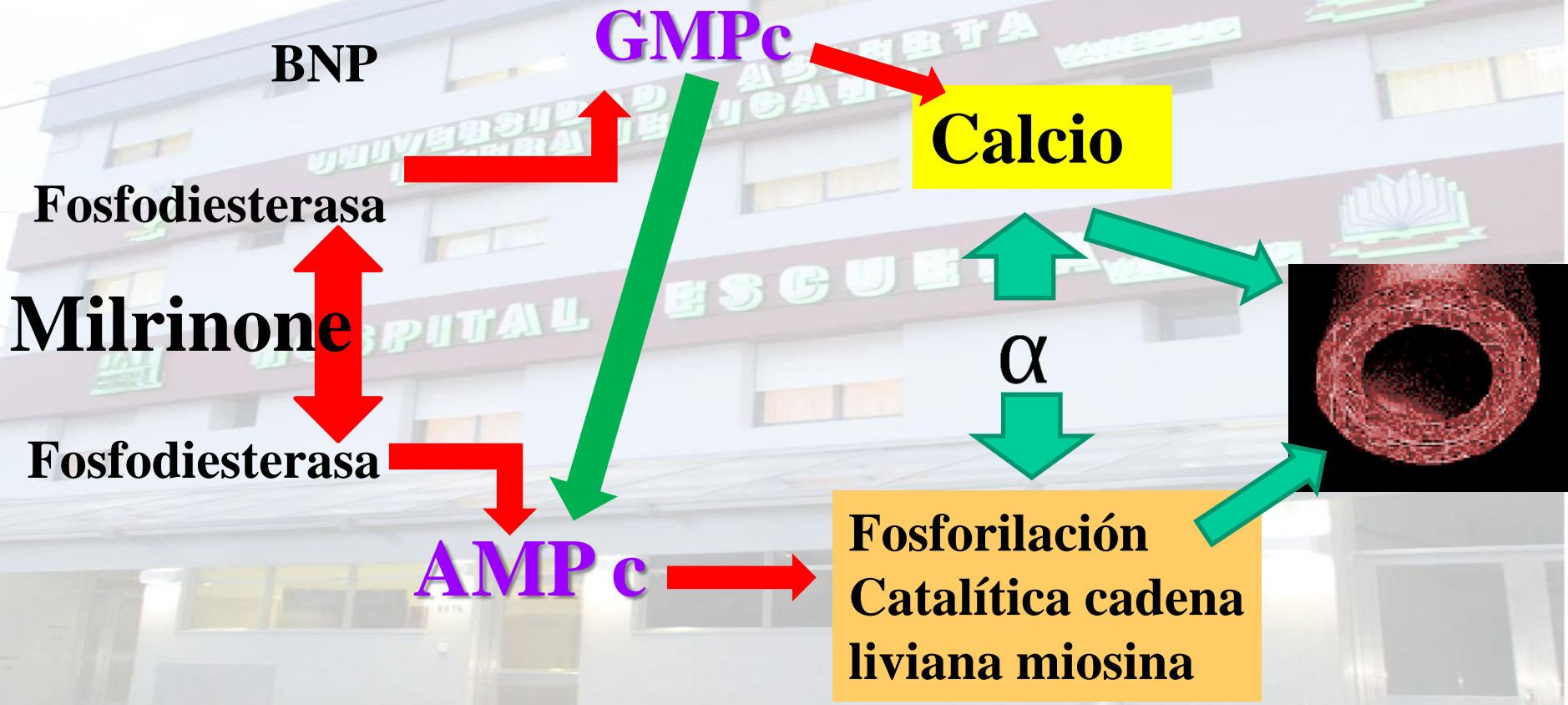


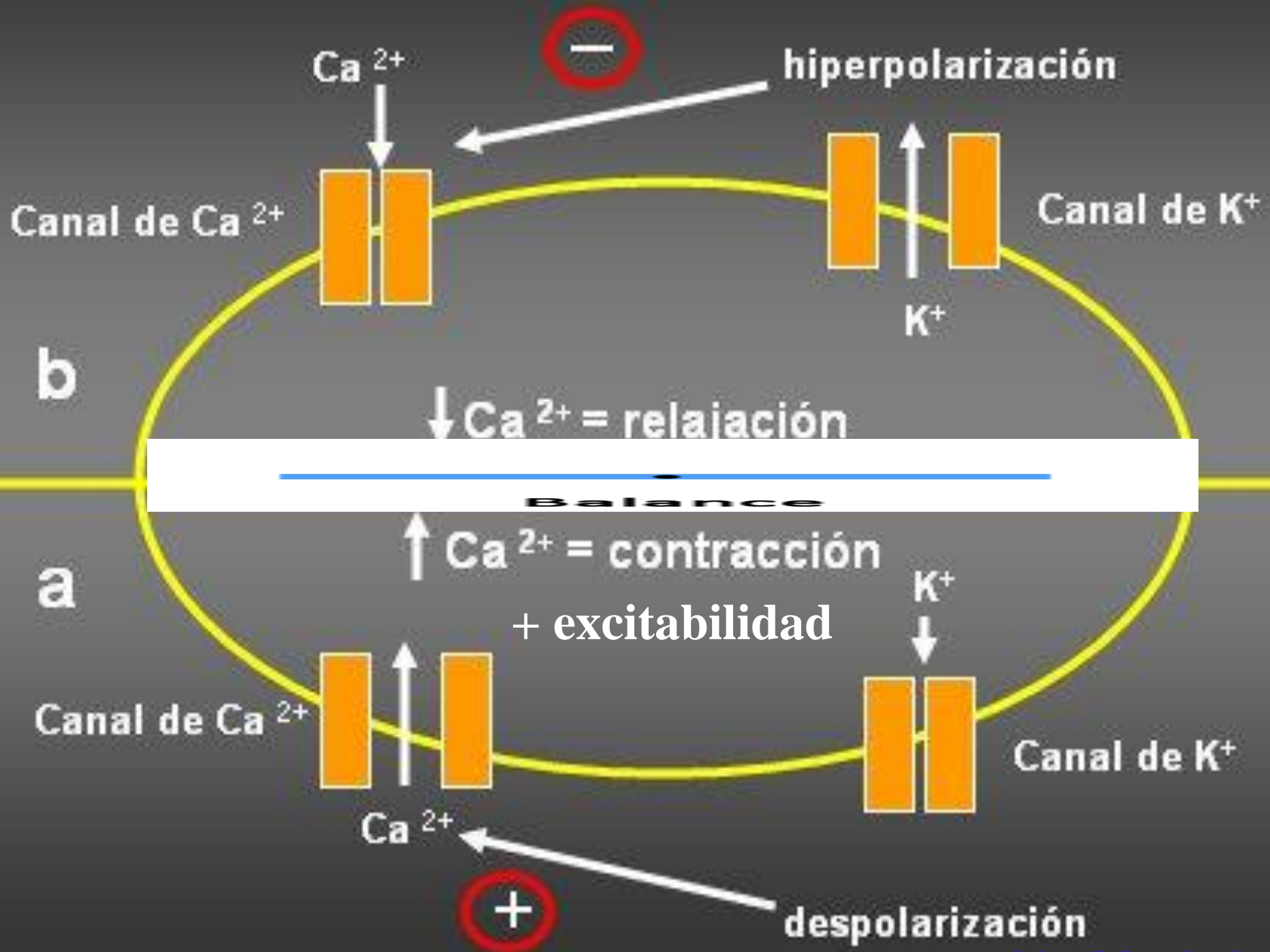
Fosforilación  
TROPONINA I  
CARDÍACA



RhoKinasa









# • Drogas Inotrópicas y vaso activas

## • Inodilatadores

– Dobutamina

– Isoproterenol

– Inhibidores de la fosfodiesterasa

– Dopexamina

– Levosimendan

# Inotrópicos- Calcio sensibilizantes

- **Levosimendan**

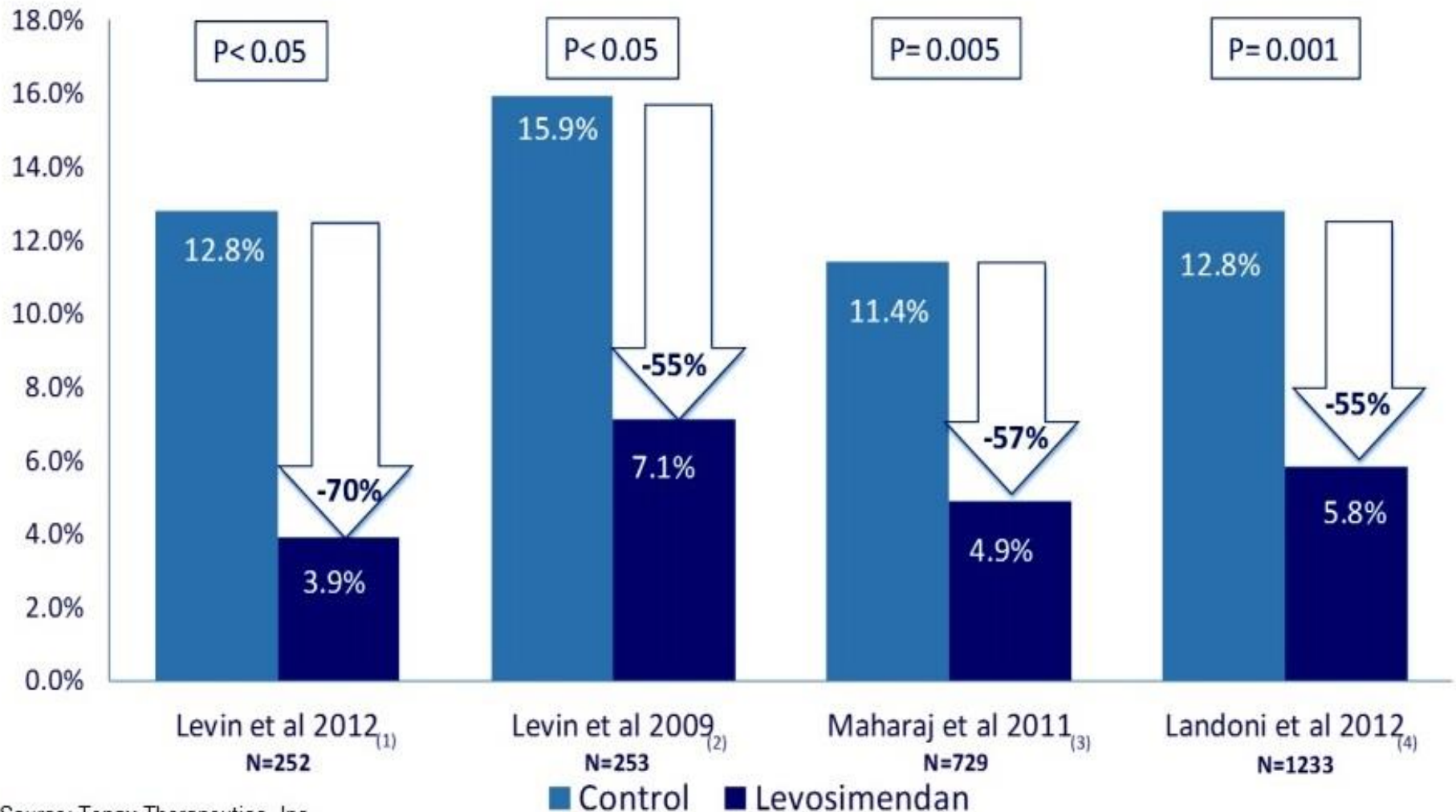
- Cambio conformacional en troponina C que aumenta la sensibilidad de la miofibrilla al Calcio circulante
- Acción adicional sobre canales de potasio ATP dependientes en musculo liso
- Inodilatador
- No arritmogénico
- Efecto prolongado por sus metabolitos activos (OR 1896) con vida media de 80 hs y actividad hasta por 2 semanas
- No presenta vasodilatación pulmonar selectiva

**¿Cómo nos fue con casi 10 años de levosimendan ?**

**4**



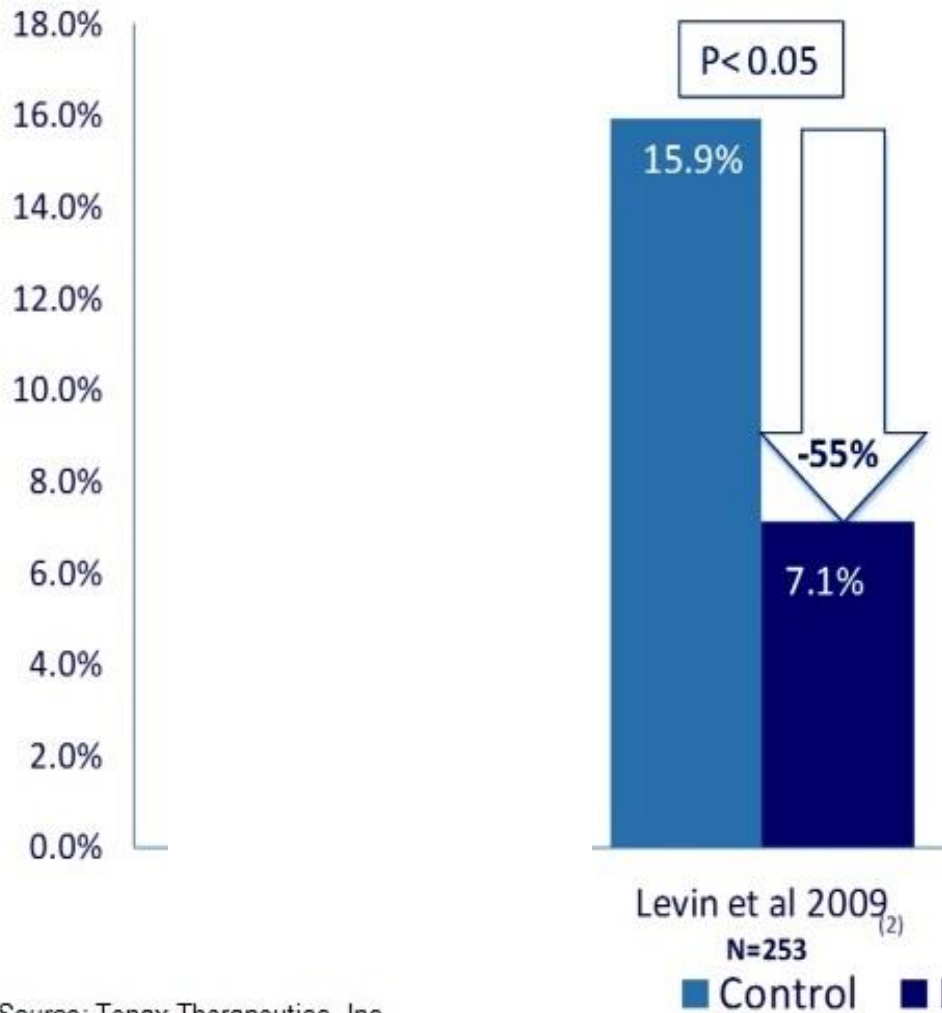
# POTENTIAL MORTALITY REDUCTION



Source: Tenax Therapeutics, Inc.

- 1) Levin et al - Pending Exp and Clinical Cardiology 2012
- 2) Levin et al Circulation. 2009;120:S987-S988
- 3) Maharaj et al Critical Care 2011, 15:R140 June 2011
- 4) Landoni et al Crit Care Med 2012 Vol. 40, No. 2(CV Surgery Pts only)

# POTENTIAL MORTALITY REDUCTION



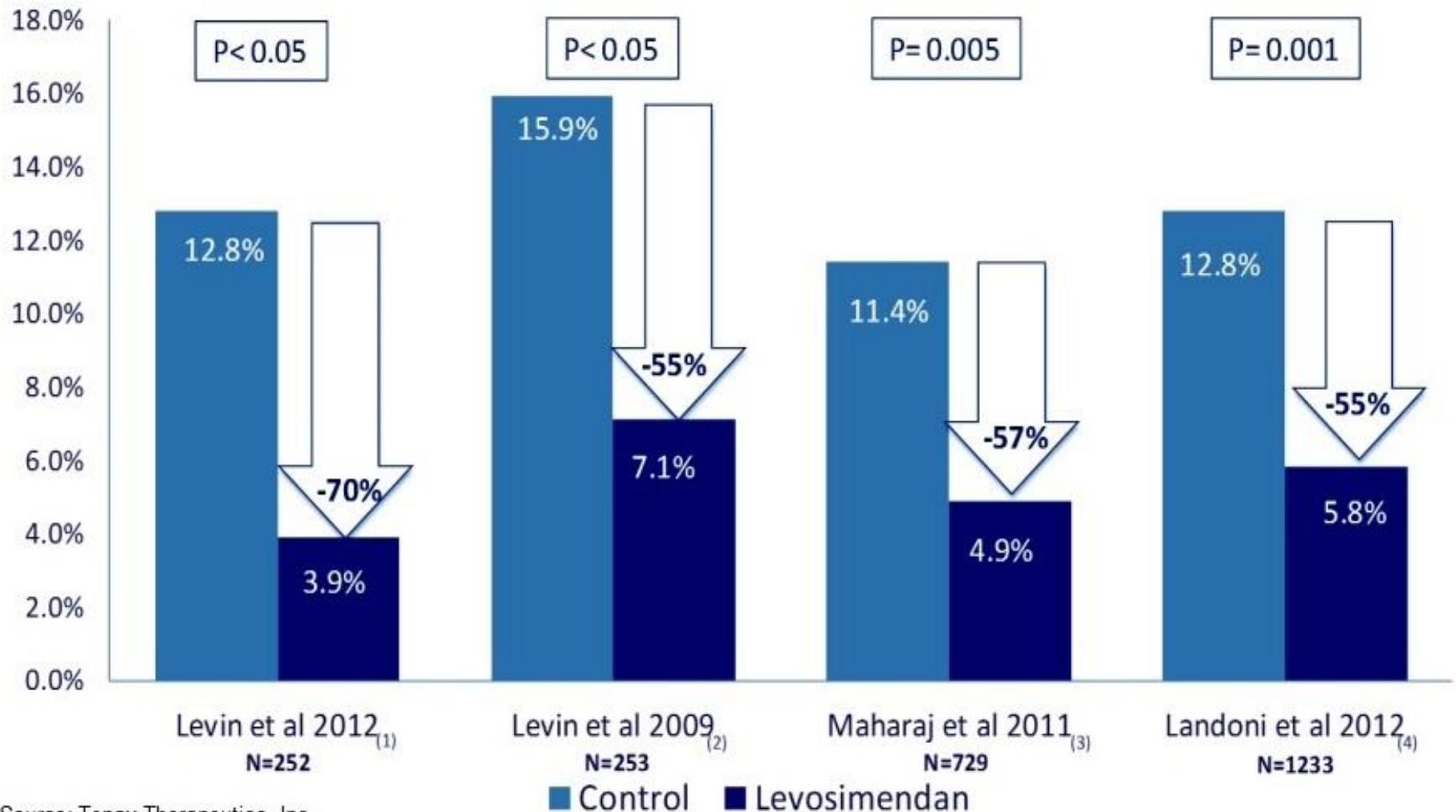
Levin RL, Degrange M, Porcile R, et al.

Preoperative use of calcium sensitizer levosimendan reduces mortality and low cardiac output syndrome in patients with aortic stenosis and left ventricular dysfunction. *Circulation* 2008; 118:E217

Source: Tenax Therapeutics, Inc.

- 1) Levin et al - Pending Exp and Clinical Cardiology 2012
- 2) Levin et al *Circulation*. 2009;120:S987-S988
- 3) Maharaj et al *Critical Care* 2011, 15:R140 June 2011
- 4) Landoni et al *Crit Care Med* 2012 Vol. 40, No. 2(CV Surgery Pts only)

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- 3) Maharaj et al Critical Care 2011, 15:R140 June 2011
- 4) Landoni et al Crit Care Med 2012 Vol. 40, No. 2(CV Surgery Pts only)



# POTENTIAL MORTALITY REDUCTION



Preoperative levosimendan decreases mortality and the development of low cardiac output in high-risk patients with severe left ventricular dysfunction undergoing coronary artery bypass grafting with cardiopulmonary bypass

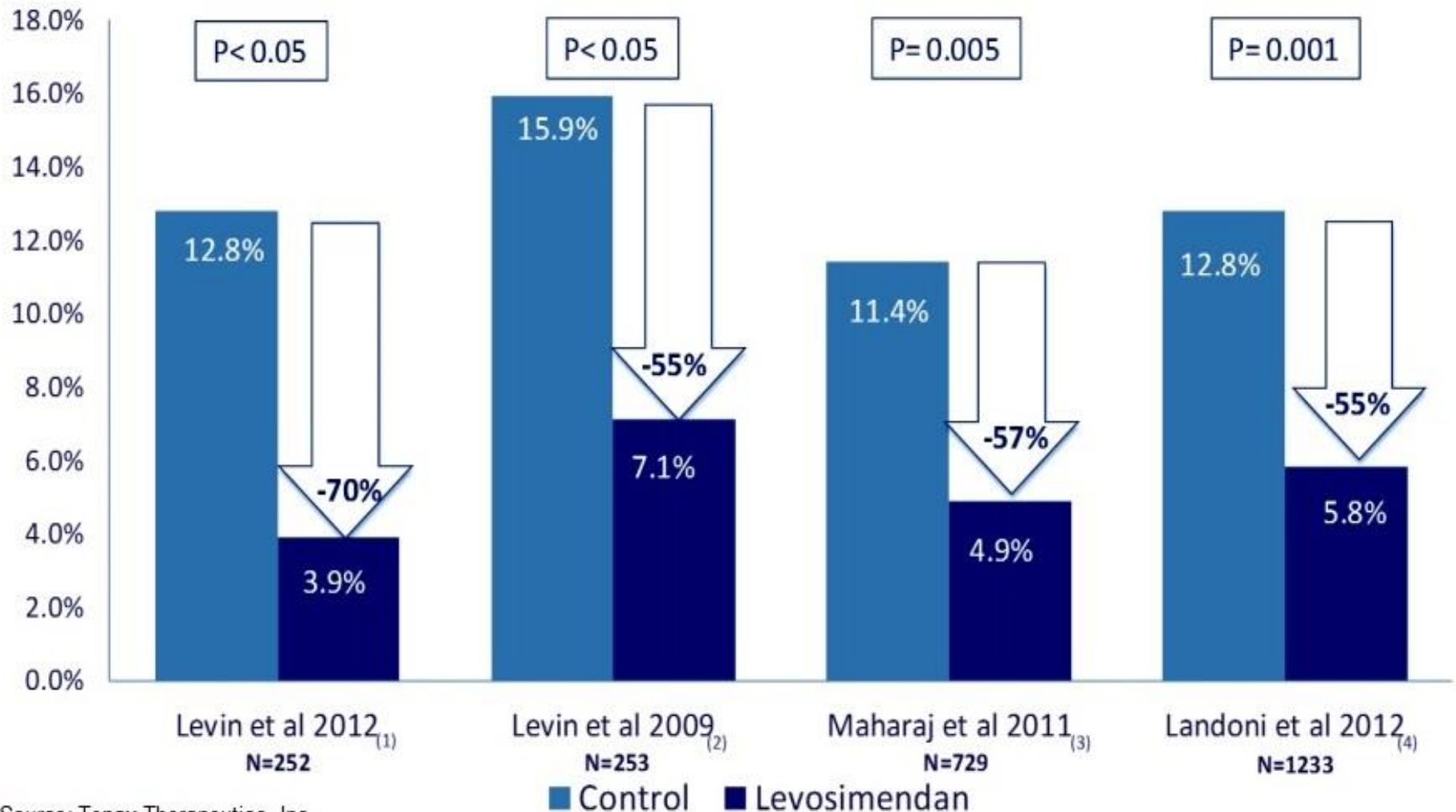
Ricardo Levin MD<sup>1</sup>, Marcela Degrange MD<sup>2</sup>, Carlos Del Mazo MD<sup>3</sup>, Rafael Porcile MD<sup>4</sup>

**Exp Clin Cardiol Vol 17 No 3 2012**

Source: Tenax Therapeutics, Inc.

- 1) Levin et al - Pending Exp and Clinical Cardiology 2012
- 2) Levin et al Circulation. 2009;120:S987-S988
- 3) Maharaj et al Critical Care 2011, 15:R140 June 2011
- 4) Landoni et al Crit Care Med 2012 Vol. 40, No. 2(CV Surgery Pts only)

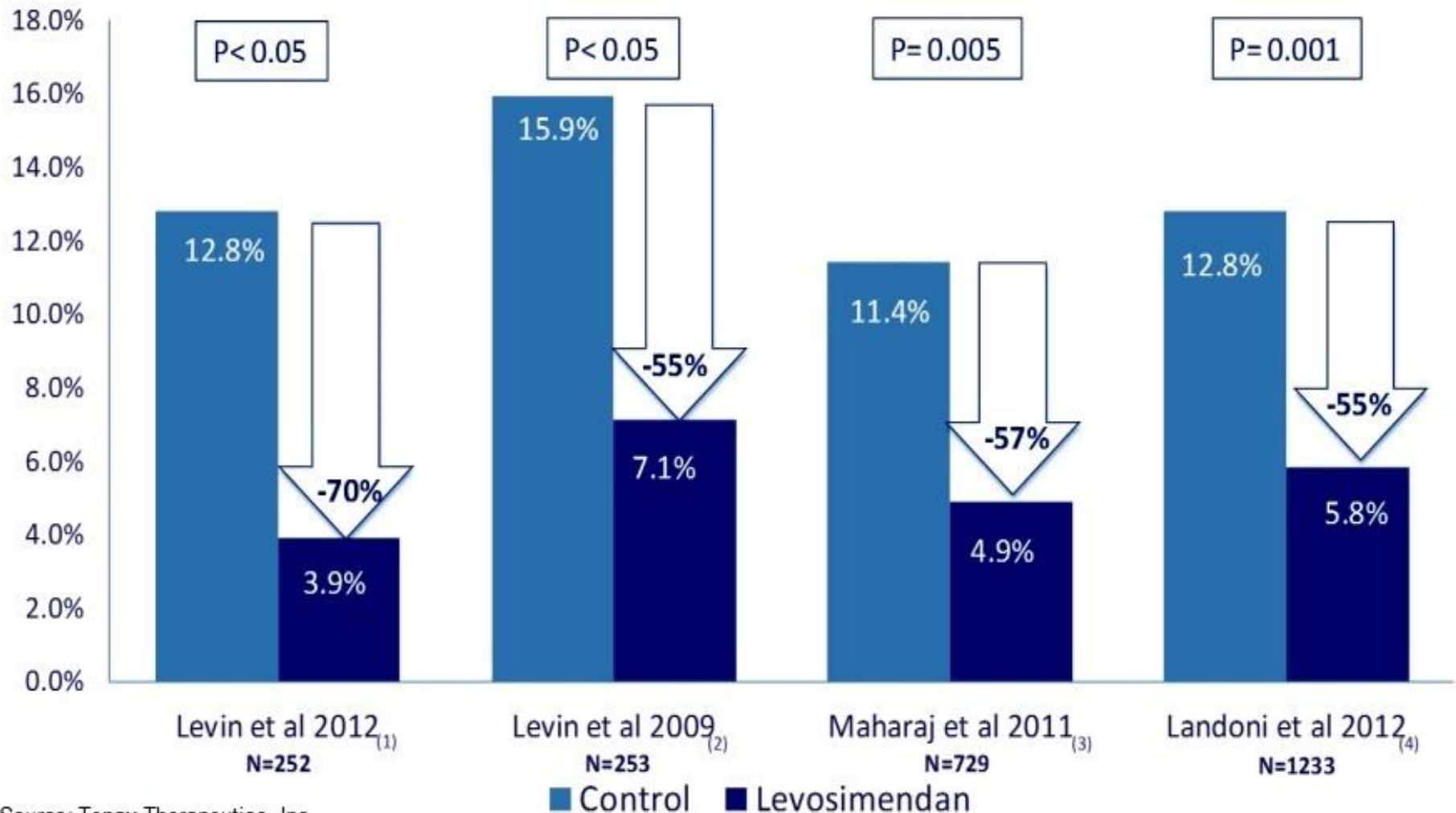
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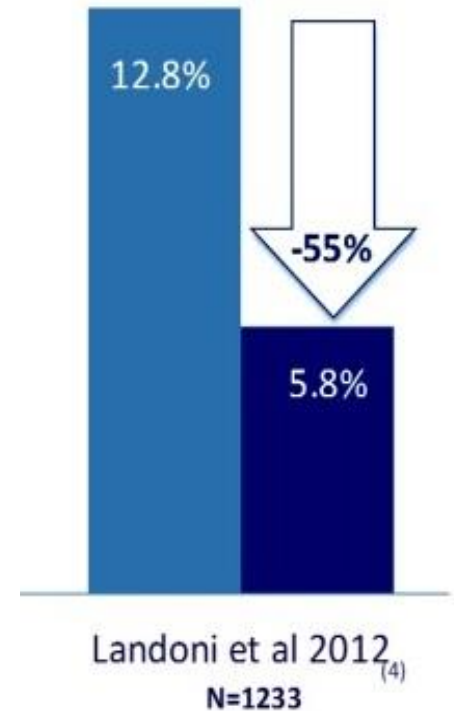
# POTENTIAL MORTALITY REDUCTION

Crit Care Med. 2012 Feb;40(2):634-46..

**Effects of levosimendan on mortality and hospitalization. A meta-analysis of randomized controlled studies.**

Landoni G<sup>1</sup>, Biondi-Zoccai G, Greco M, Greco T,

P= 0.001



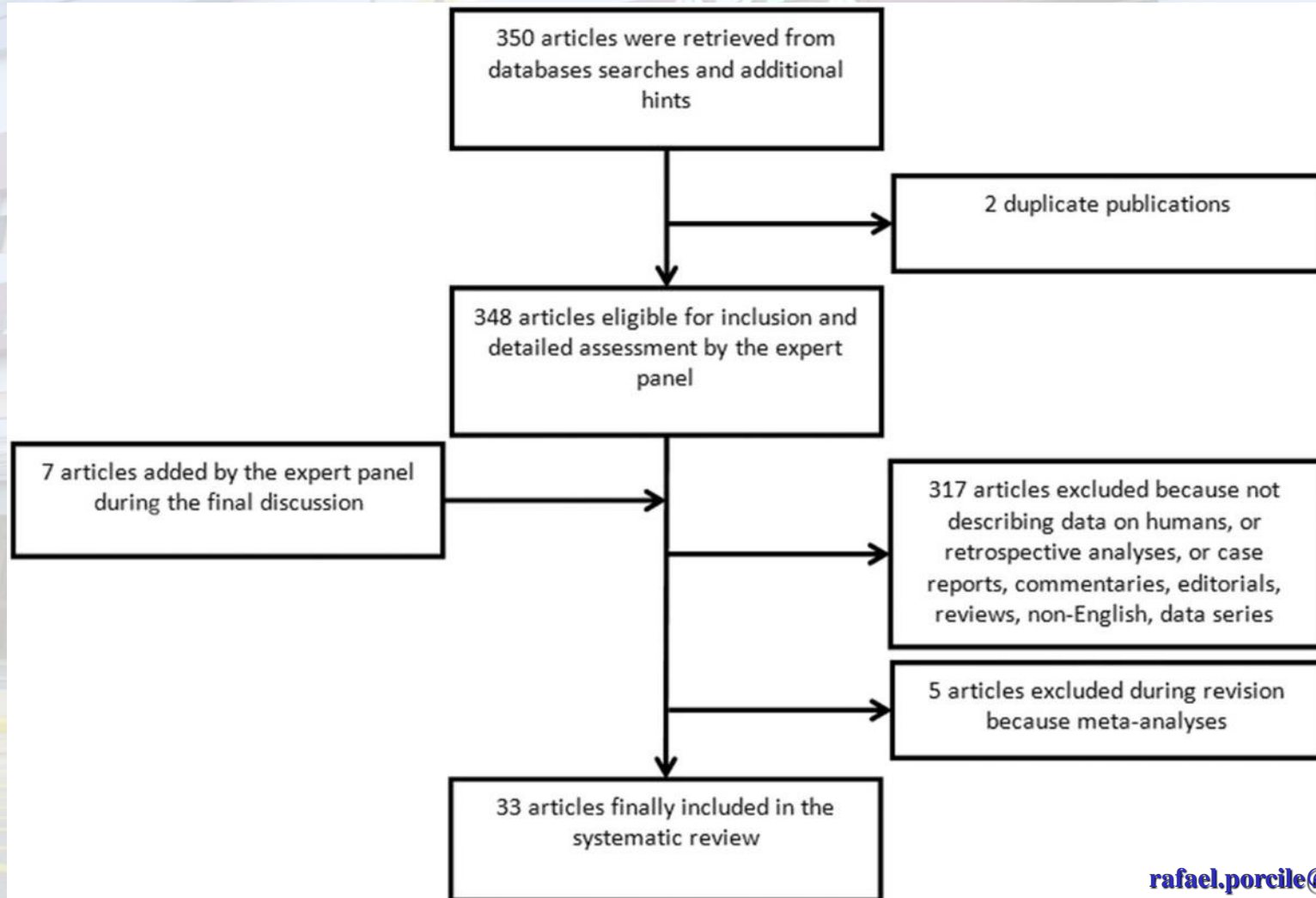
■ Control ■ Levosimendan

Source: Tenax Therapeutics, Inc.

- 1) Levin et al - Pending Exp and Clinical Cardiology 2012
- 2) Levin et al Circulation. 2009;120:S987-S988
- 3) Maharaj et al Critical Care 2011, 15:R140 June 2011
- 4) Landoni et al Crit Care Med 2012 Vol. 40, No. 2(CV Surgery Pts only)

Crit Care Med. 2012 Feb;40(2):634-46.

## Effects of levosimendan on mortality and hospitalization. A meta-analysis of randomized controlled studies.



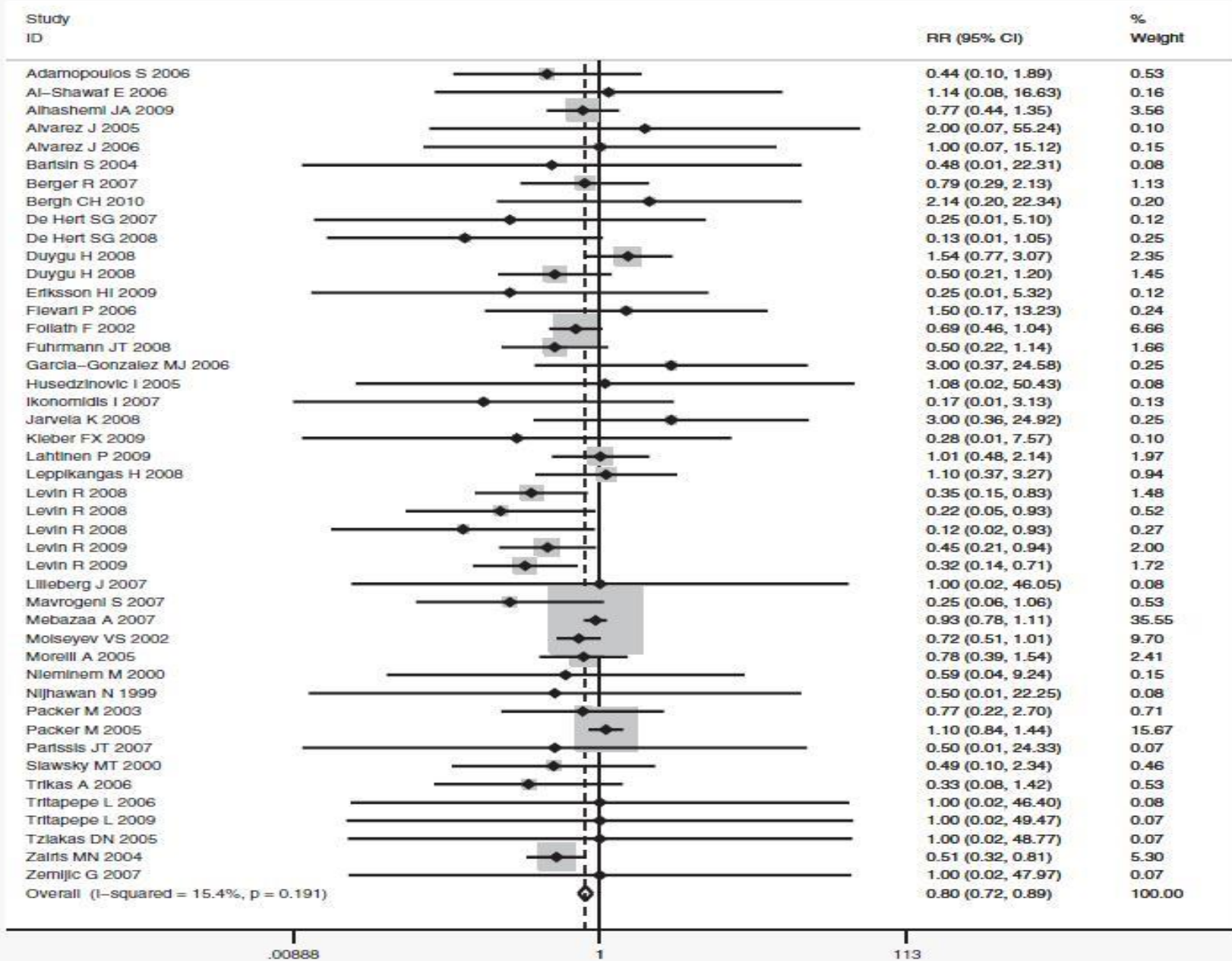
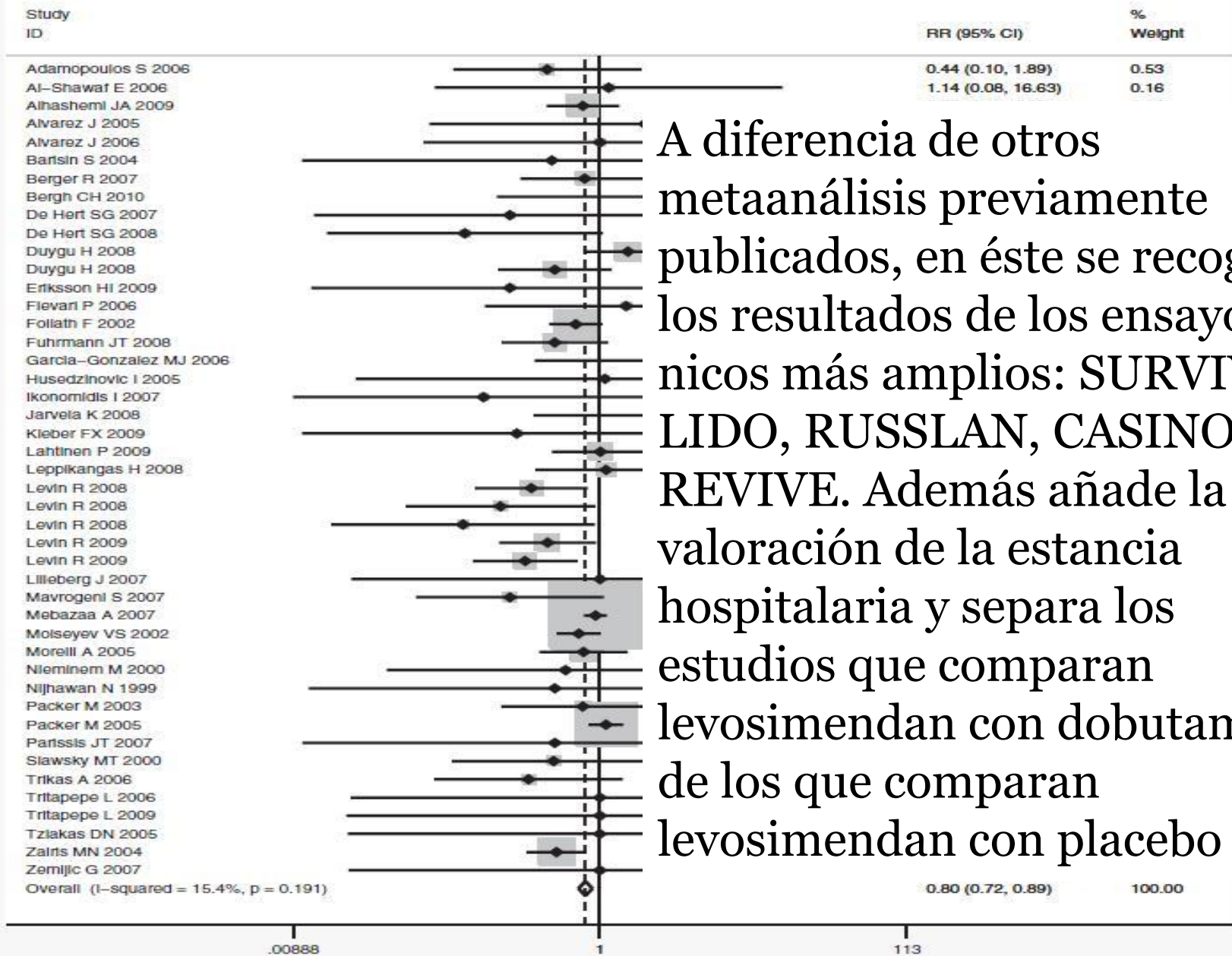


Figure 2. Forest plot for the risk of mortality. The use of levosimendan was associated with a significant reduction in mortality at the longest follow-up available (507 of 2915 [17.4%] in the levosimendan group vs. 598 of 2565 [23.3%] in the control arm, risk ratio [RR]: 0.80 [0.72-0.89],  $p$  for effect < .001,  $I^2 = 15.98$ ,  $p$  for heterogeneity = .191,  $I^2 = 15.4%$ , NNT = 17 with 5,480 patients and 45 studies included). CI, confidence interval.





A diferencia de otros metaanálisis previamente publicados, en éste se recogen los resultados de los ensayos clínicos más amplios: SURVIVE, LIDO, RUSSLAN, CASINO Y REVIVE. Además añade la valoración de la estancia hospitalaria y separa los estudios que comparan levosimendan con dobutamina de los que comparan levosimendan con placebo

Figure 2. Forest plot for the risk of mortality. The use of levosimendan was associated with a significant reduction in mortality at the longest follow-up available (507 of 2915 [17.4%] in the levosimendan group vs. 598 of 2565 [23.3%] in the control arm, risk ratio [RR]: 0.80 [0.72; 0.89],  $p$  for effect < .001,  $I^2 = 15.98$ ,  $p$  for heterogeneity = .191,  $I^2 = 15.4\%$ , NNT = 17 with 5,480 patients and 45 studies included). CI, confidence interval.

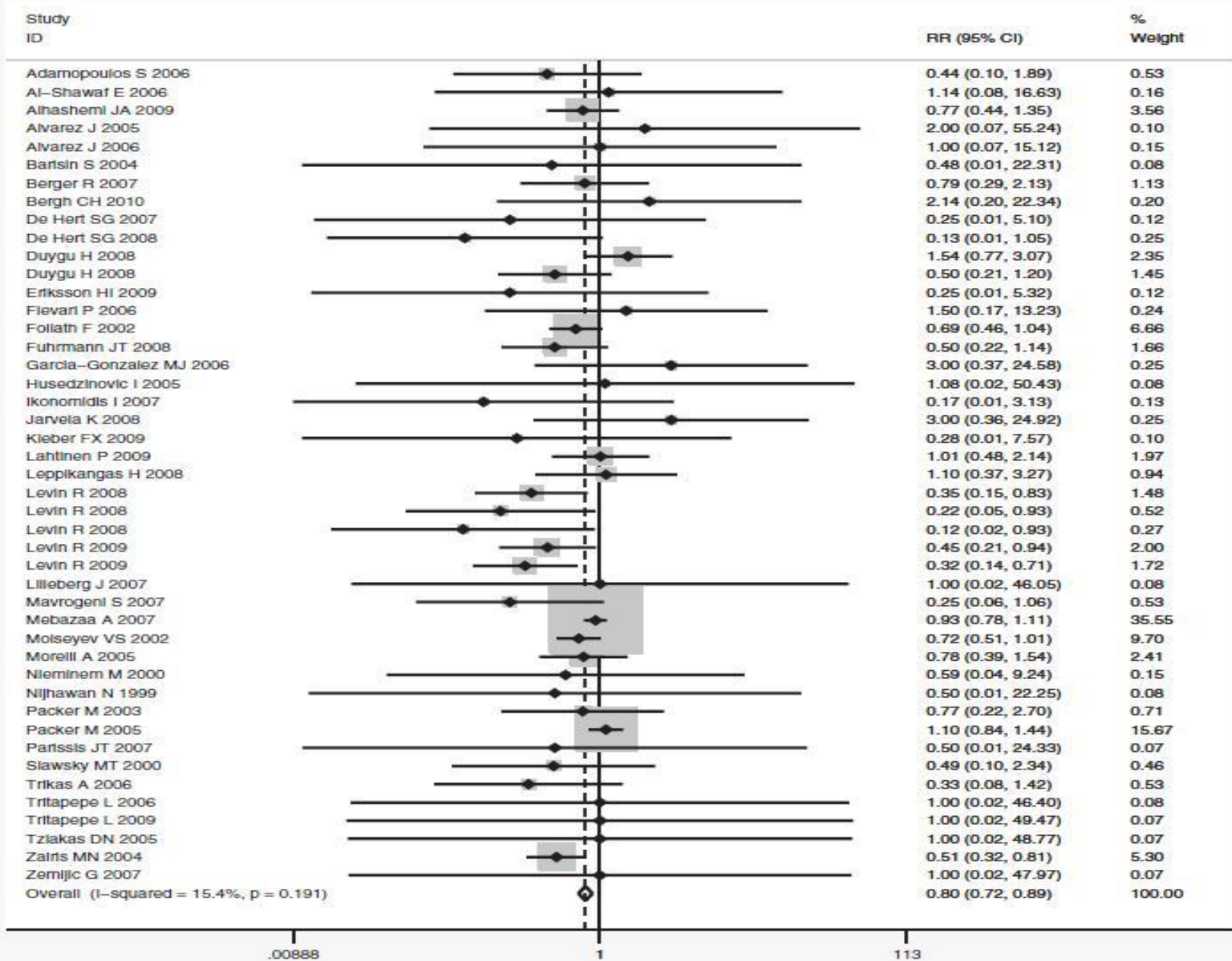
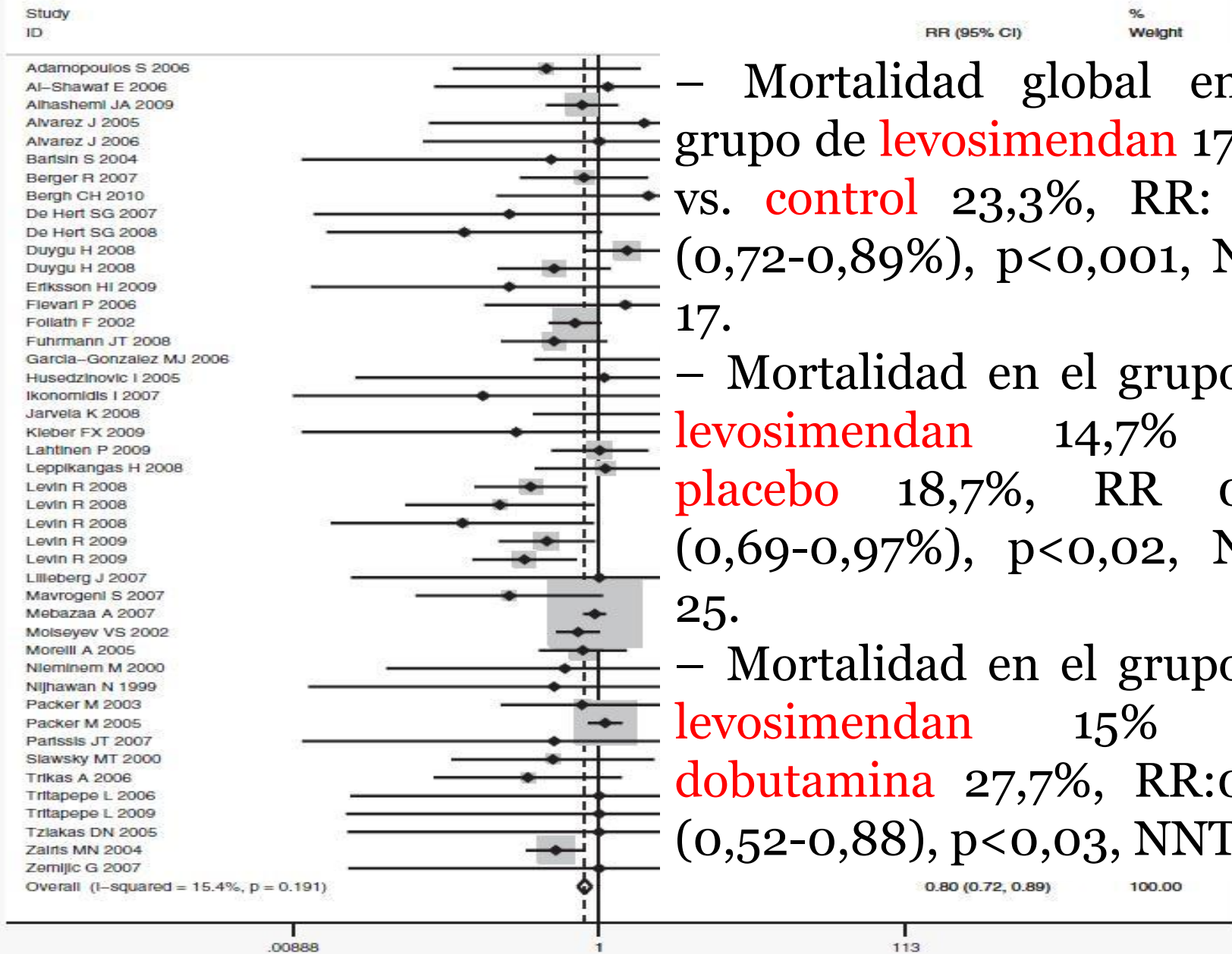


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- Mortalidad global en el grupo de **levosimendan** 17,4% vs. **control** 23,3%, RR: 0,8 (0,72-0,89%),  $p < 0,001$ , NNT 17.

- Mortalidad en el grupo de **levosimendan** 14,7% vs. **placebo** 18,7%, RR 0,82 (0,69-0,97%),  $p < 0,02$ , NNT 25.

- Mortalidad en el grupo de **levosimendan** 15% vs. **dobutamina** 27,7%, RR:0,68 (0,52-0,88),  $p < 0,03$ , NNT 13.

Figure 2. Forest plot for the risk of mortality. The use of levosimendan was associated with a significant reduction in mortality at the longest follow-up available (507 of 2915 [17.4%] in the levosimendan group vs. 598 of 2565 [23.3%] in the control arm, risk ratio [RR]: 0.80 [0.72-0.89],  $p$  for effect < .001,  $p$  for heterogeneity = .191,  $I^2 = 15.4%$ , NNT = 17 with 5,480 patients and 45 studies included). CI, confidence interval.



The background image shows the exterior of a multi-story building, identified as the Universidad Americana Hospital. The building has a light-colored facade with a prominent red horizontal band. On this band, the name 'UNIVERSIDAD AMERICANA' is written in large, green, stylized letters. Below this, the word 'HOSPITAL' is also visible in green. To the right of the text, there is a logo consisting of a stylized green and white fan-like shape. The building has several windows with light-colored frames. In the foreground, there is a paved area with yellow painted lines, possibly a parking lot or entrance area. The overall scene is brightly lit, suggesting daytime.

**¿Levosimendan  
o dobutamina?**

**Revista Española de Cardiología**

**Volume 61, Issue 5, May 2008, Pages**  
**471-479**

**Superioridad del sensibilizante al calcio  
levosimendán comparado con  
dobutamina en el síndrome de bajo  
gasto cardiaco postoperatorio**

**Ricardo L. Levin. Marcela A.**

**Degrange. Rafael Porcile**

**DO<sub>2</sub>:Gasto cardíaco x (SatO x Hbx 1.34)**

**Contenido arterial de oxígeno**

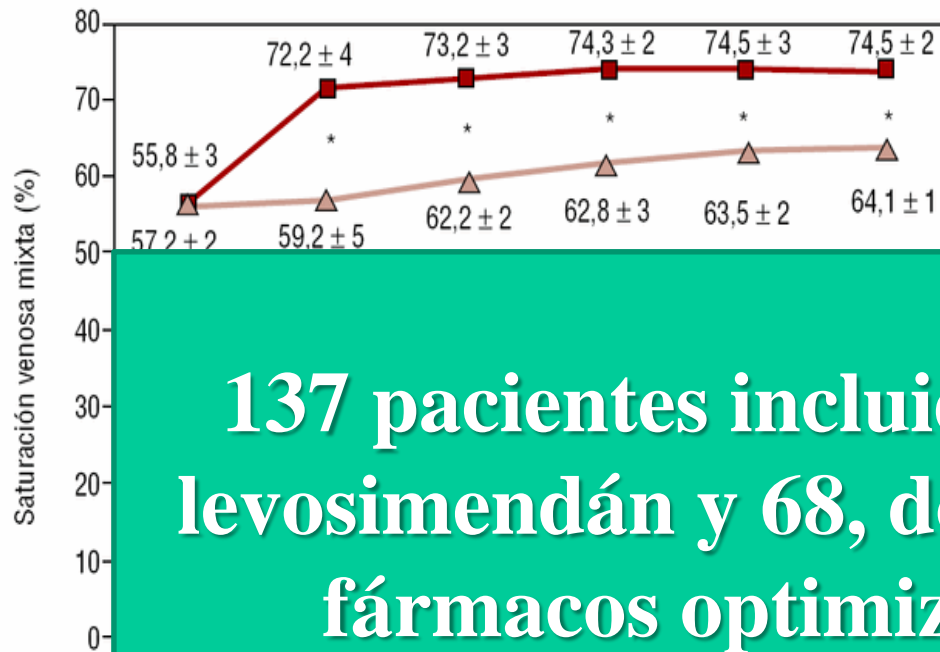
**OBJETIVO**



**HERRAMIENTA**

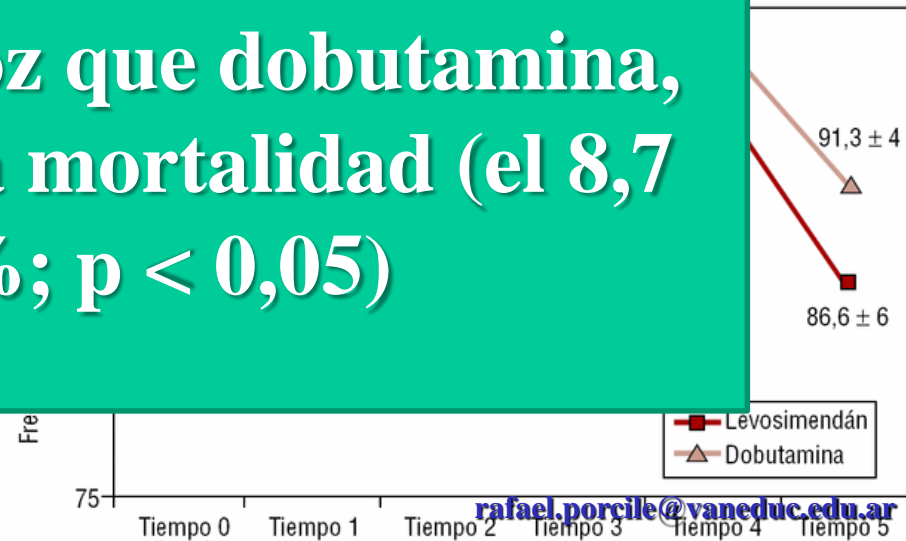
**¿Contractilidad o inotropismo?**





**137** pacientes incluidos, **69** recibieron levosimendán y **68**, dobutamina. Ambos fármacos optimizaron variables hemodinámicas

El efecto del levosimendán resultó superior y más precoz que dobutamina, además de reducir la mortalidad (el 8,7 frente al 25%;  $p < 0,05$ )



# SURVIVE-W: Design

1327 patients with acute decompensated heart failure, left ventricular ejection fraction  $\leq 30\%$ , clinical need for inotropic therapy after intravenous diuretics and/or vasodilators

## Levosimendan

(12  $\mu\text{g}/\text{kg}$  bolus plus 0.1-0.2  $\mu\text{g}/\text{kg}/\text{min}$  infusion for 24 hours)

n=663

## Dobutamine

( $\geq 5$   $\mu\text{g}/\text{kg}/\text{min}$  infusion for  $\geq 24$  hours)

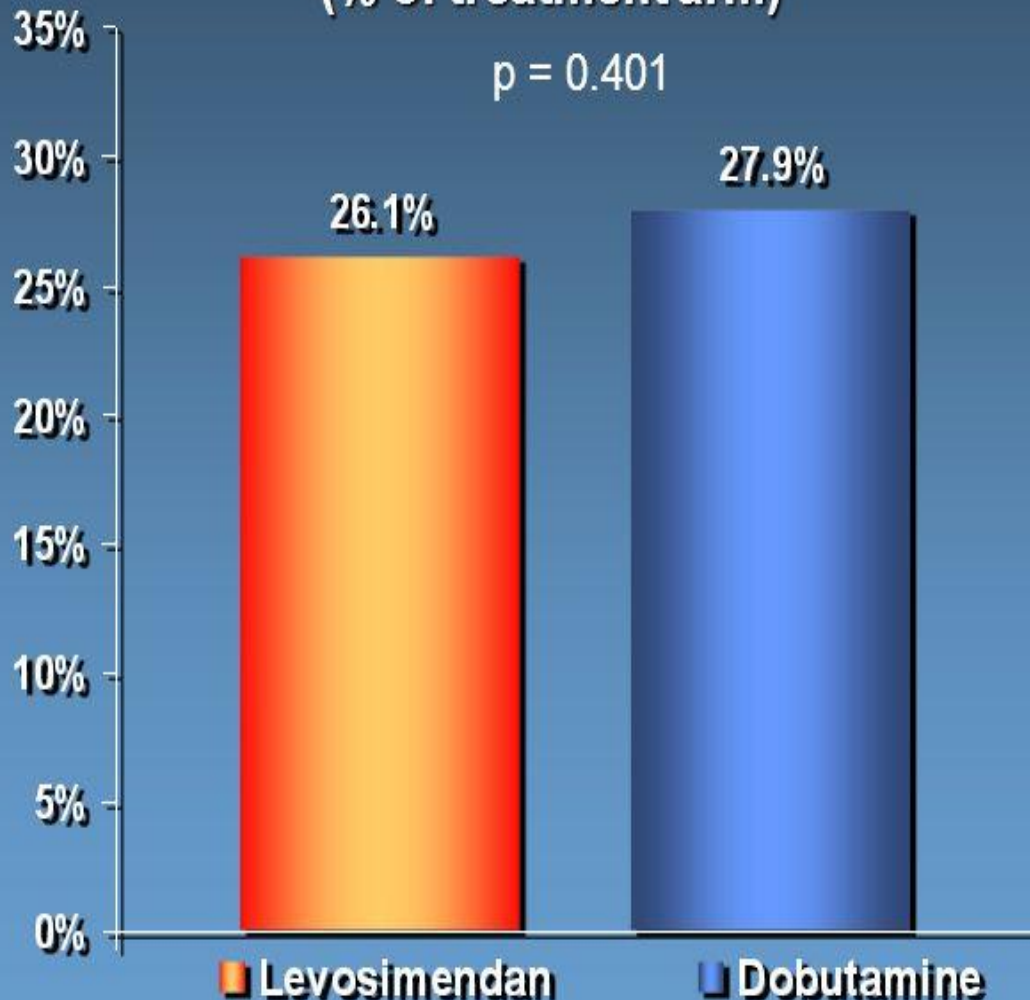
n=664

## Endpoints:

- Primary – All cause mortality at 6 months
- Secondary – All-cause mortality at 31 days, BNP at 24 hours, days alive out of hospital, change in patient dyspnea assessment, change in patient global assessment

# SURVIVE-W: Primary endpoint

All-Cause Mortality at 6 months  
(% of treatment arm)



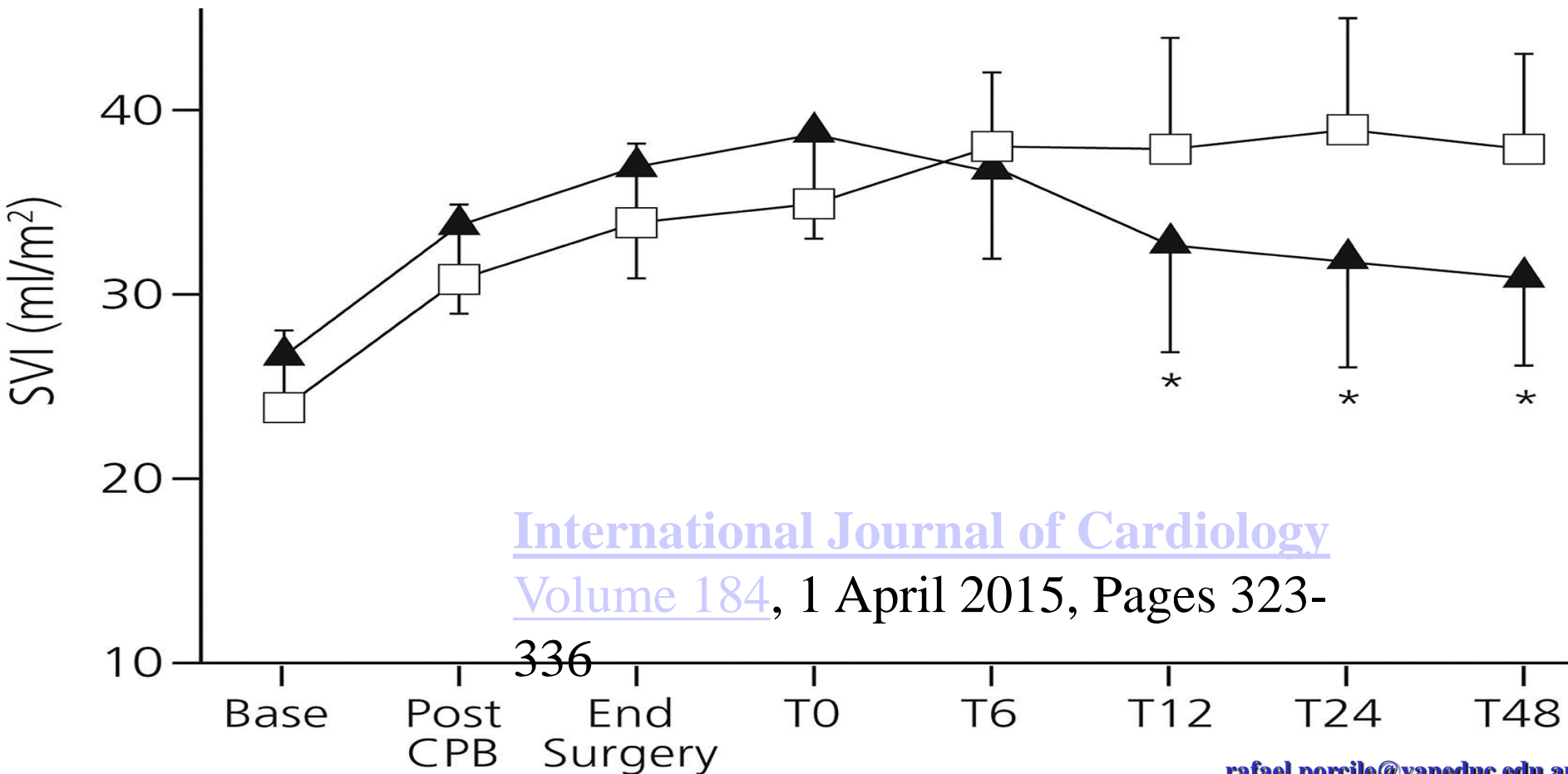
- There was no significant difference in the primary endpoint of all-cause mortality between the levosimendan and dobutamine groups



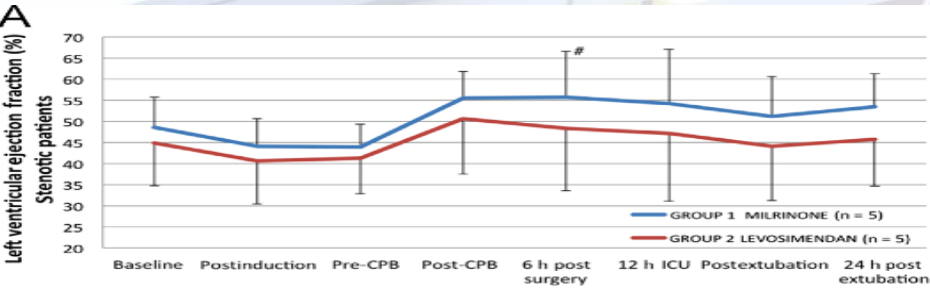
The background image shows the exterior of a multi-story building, identified as the Universidad Americana Hospital. The building has a light-colored facade with a prominent red horizontal band. On this band, the name 'UNIVERSIDAD AMERICANA' is written in large, green, stylized letters. Below this, the word 'HOSPITAL' is also visible in green. To the right of the text, there is a green logo consisting of a stylized sunburst or fan shape. The building has several windows with light-colored frames. In the foreground, there is a paved area with yellow painted lines, possibly a parking lot or a walkway. The overall scene is brightly lit, suggesting daytime.

# ¿Levosimendan o Milrinone?

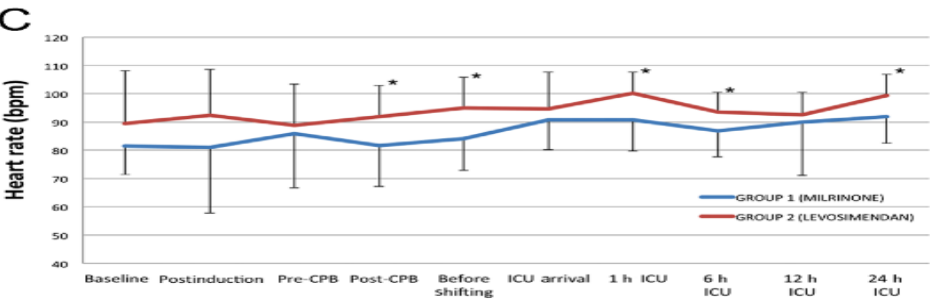
1. Stroke volume (SVI) at the start of surgery (base), 15 min after the end of cardiopulmonary bypass (post-CPB), at the end of the operation (end surgery), at arrival in the intensive care unit (T0), and 6 (T6), 12 (T12), 24 (T24), and 48 (T48) h later. Levosimendan ( $\square$ ) and Milrinone ( $\blacktriangle$ ). Data are mean  $\pm$  standard deviation. \*, statistically significant difference between groups for  $P < 0.05$ .



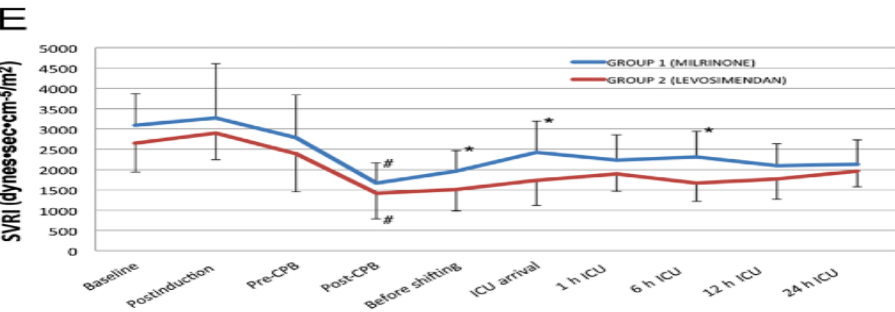
# LEVOSIMENDAN VS MILRINONE



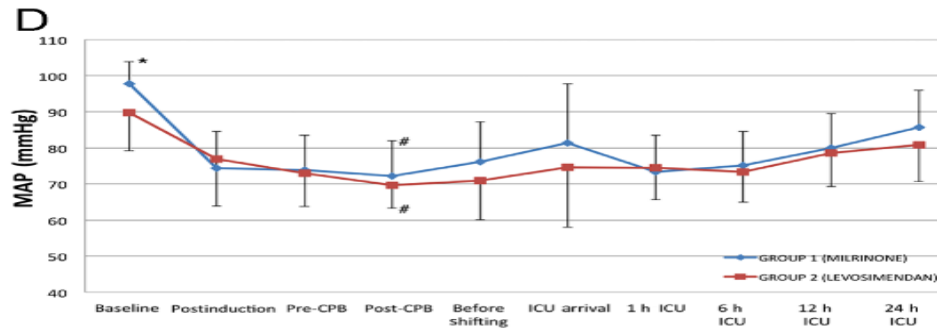
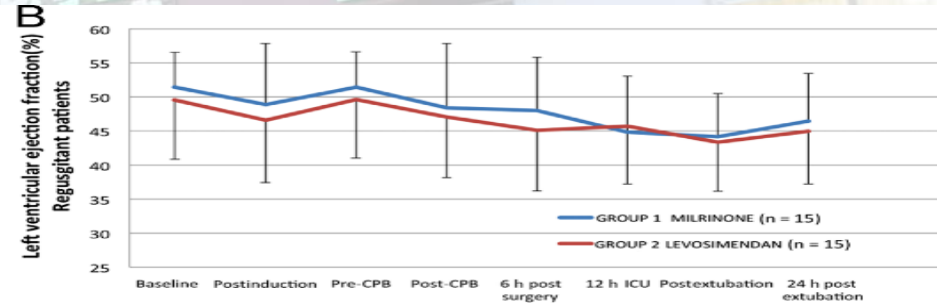
# Significant difference from baseline value



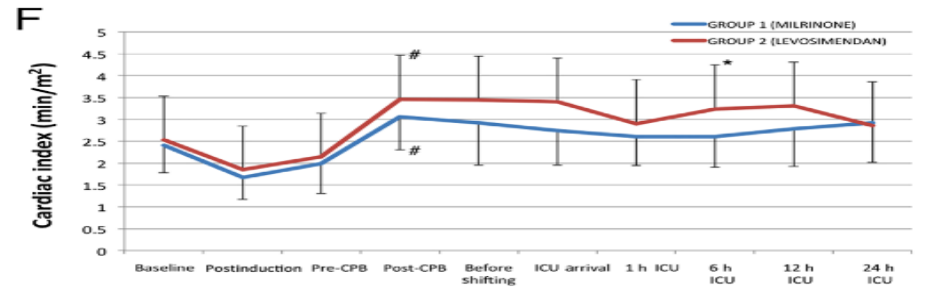
\* Significant difference between the groups



\* Significant difference between the groups  
# Significant difference from baseline



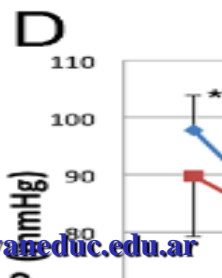
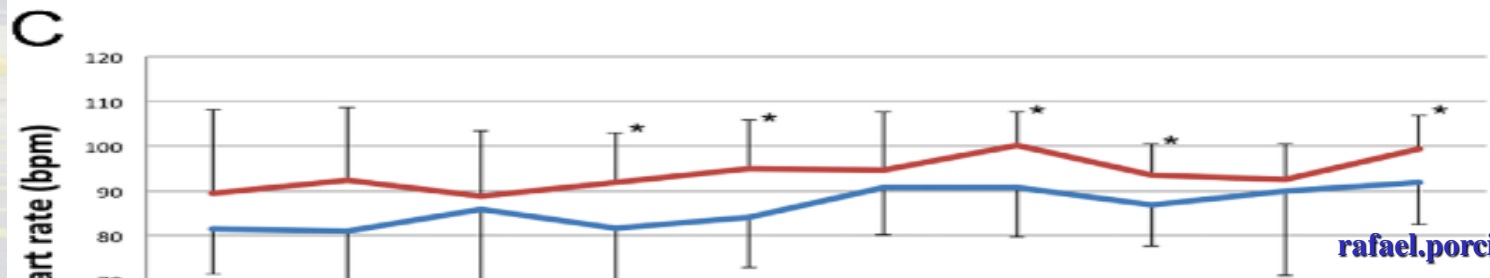
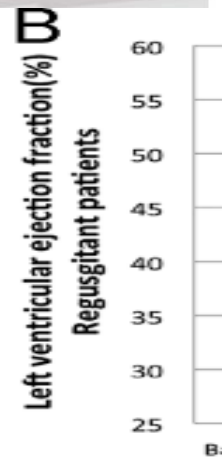
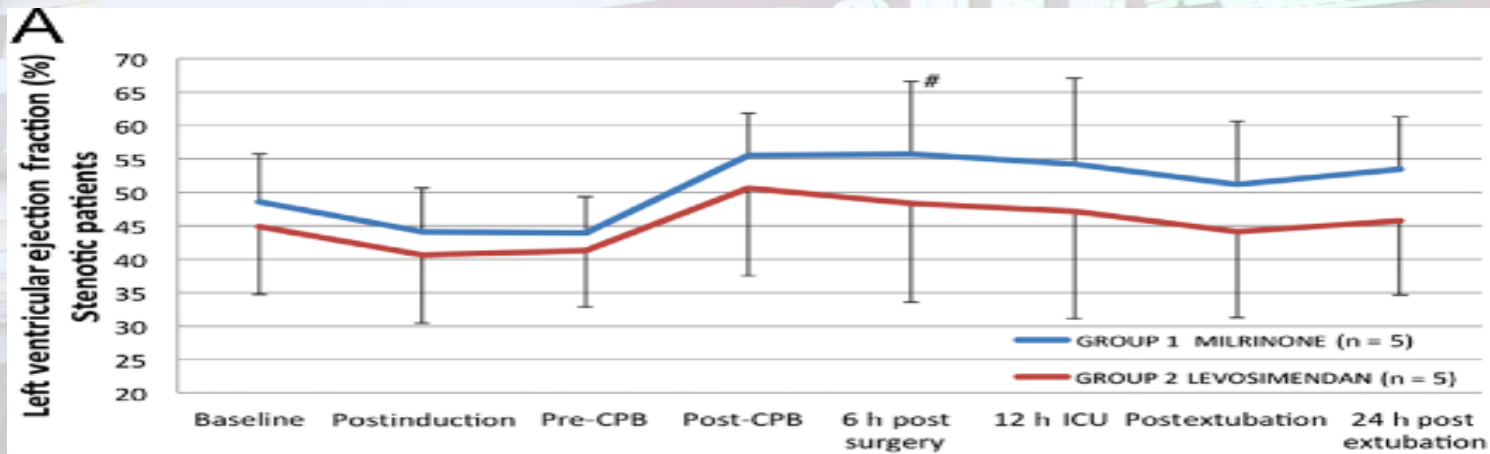
\* Significant difference between the groups  
# Significant difference from baseline



\* Significant difference between the groups  
# Significant difference from baseline



# LEVOSIMENDAN VS MILRINONE





Left v

23

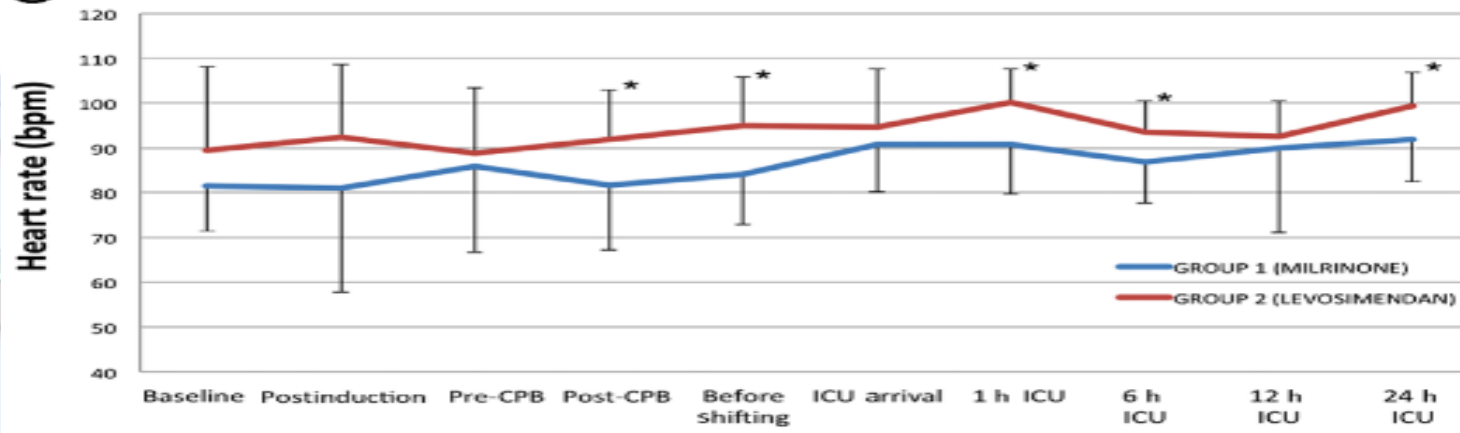
20

Baseline Postinduction Pre-CPB Post-CPB 6 h post surgery 12 h ICU Postextubation 24 h post extubation

— GROUP 2 LEVOSIMENDAN (n = 5)

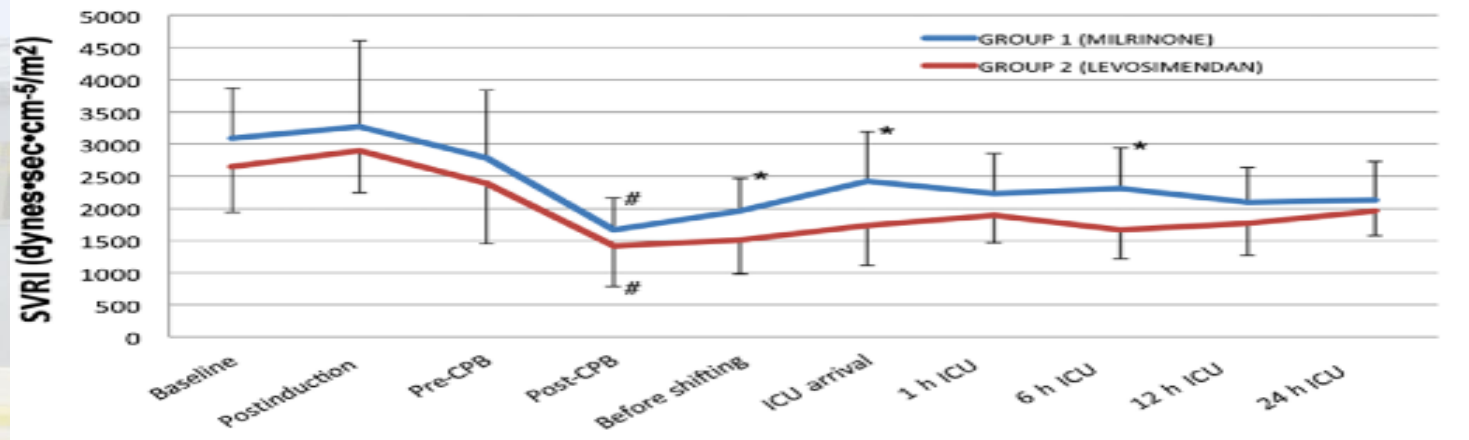
**L**

# Significant difference from baseline value

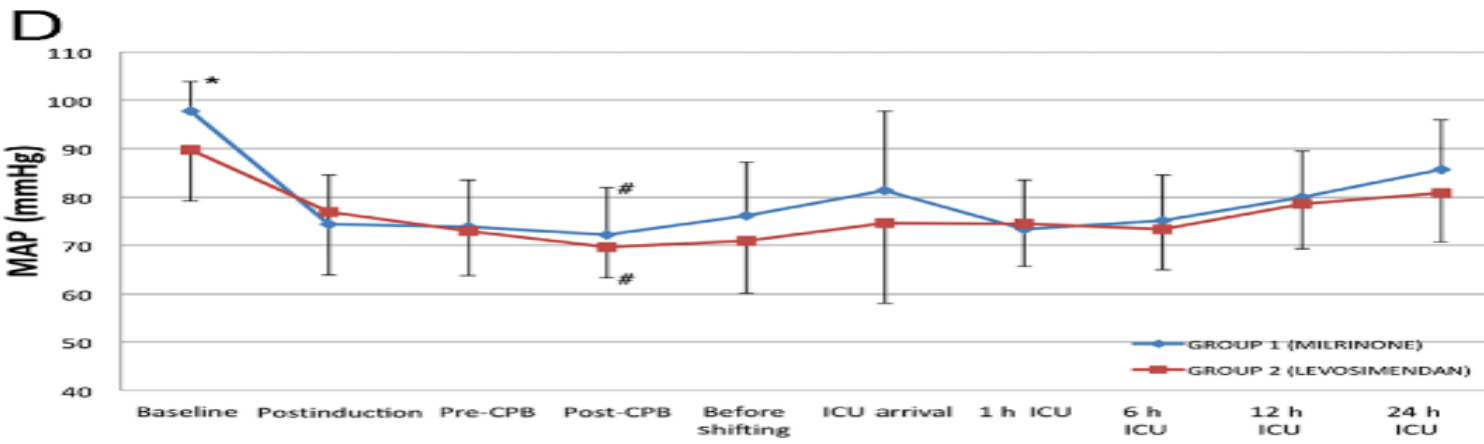
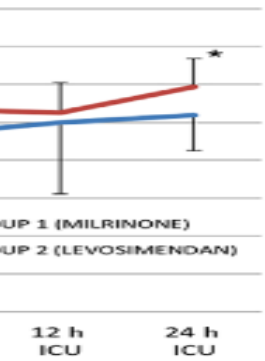
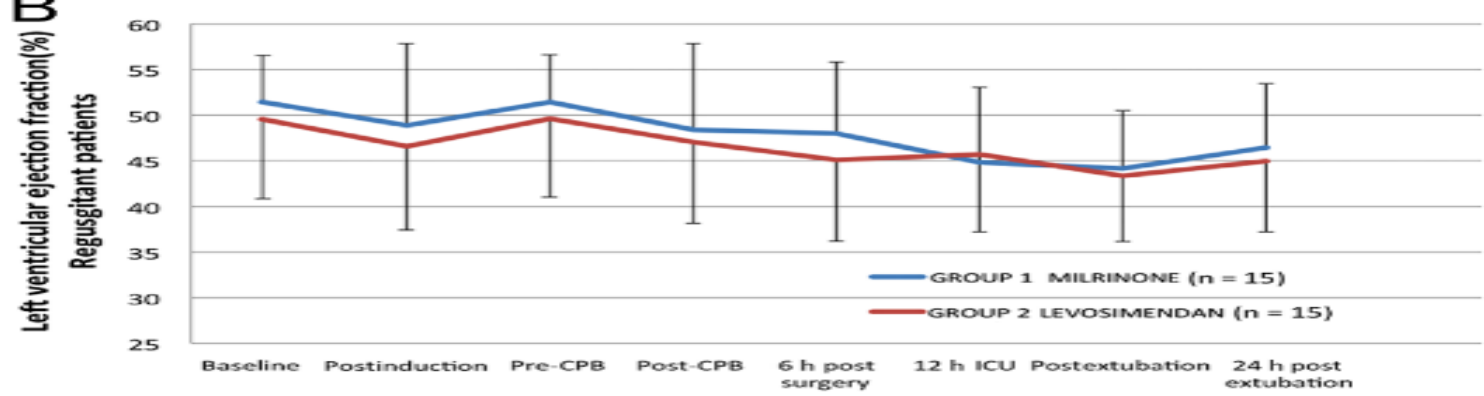
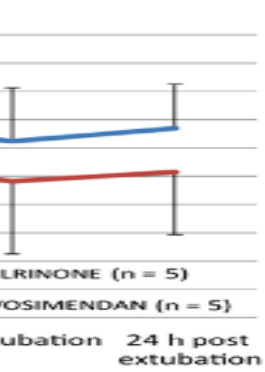


\* Significant difference between the groups

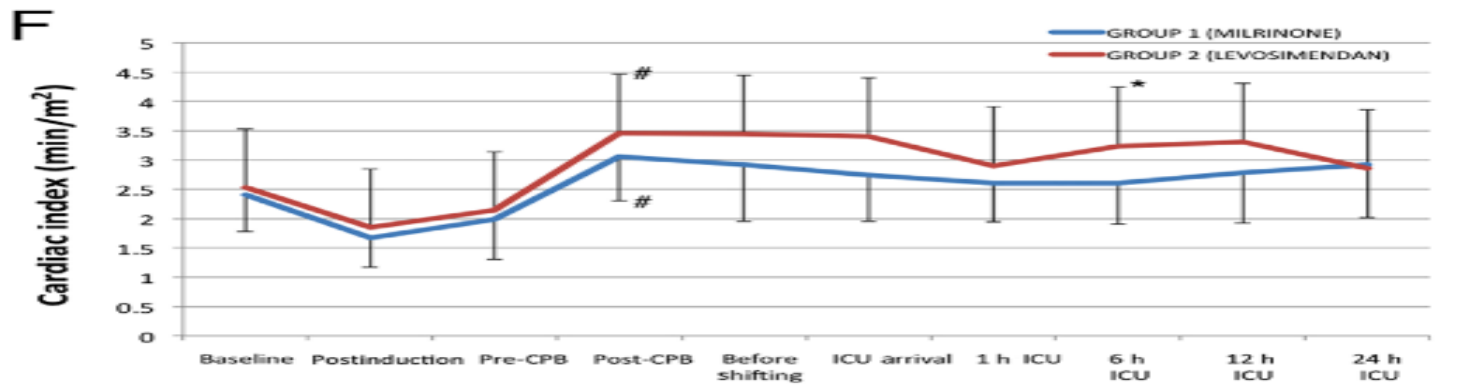
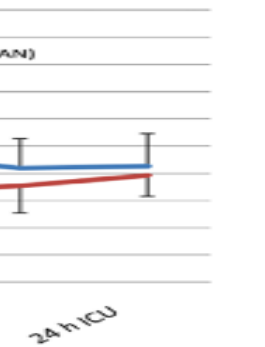
**M**



\* Significant difference between the groups  
# Significant difference from baseline



\* Significant difference between the groups  
# Significant difference from baseline



\* Significant difference between the groups  
# Significant difference from baseline



# LEVO-CTS & LeoPARDS trials

Levosimendan

Low Cardiac Output  
Syndrome



## LEVO-CTS trial

- A Double-Blind, Randomized, Placebo-Controlled Study of Levosimendan in Patients with Left Ventricular Systolic Dysfunction Undergoing Cardiac Surgery Requiring Cardiopulmonary Bypass
- 760 patients, approximately 60 centers
- ClinicalTrials.gov identifier: NCT02025621

## LeoPARDS trial

- Double-blind randomized placebo controlled LeoPARDS trial to study the effect of levosimendan in septic shock
  - Levosimendan for the prevention of acute organ dysfunction in sepsis
  - Investigator initiated study performed in UK ICUs
  - Trial has enrolled over 300 of the estimated 516 patients
  - Discussions ongoing with FDA about the possibility to include the data for US regulatory filing

The addition of levosimendan to standard treatment in adults with sepsis was not associated with less severe organ dysfunction or lower mortality. Levosimendan was associated with a lower likelihood of successful weaning from mechanical ventilation and a higher risk of supraventricular tachyarrhythmia.


[October 27, 2016](#)

N Engl J Med 2016; 375:1638-1648

DOI: 10.1056/NEJMoa1609409

### LeoPARDS trial

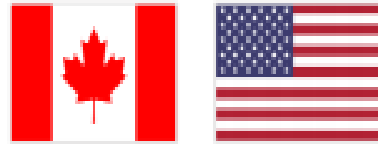
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- Levosimendan for the prevention of acute organ dysfunction in sepsis
- Investigator initiated study performed in UK ICUs
- Trial has enrolled over 300 of the estimated 516 patients
- Discussions ongoing with FDA about the possibility to include the data for US regulatory filing



**¿Hay nuevas  
evidencias a  
analizar?**

**5**





ACC.17

66<sup>th</sup> Annual Scientific Session & Expo

# Levosimendan In Patients With Left Ventricular Systolic Dysfunction Undergoing Cardiac Surgery With Cardiopulmonary Bypass

## PRIMARY RESULTS OF THE LEVO-CTS TRIAL

**John H. Alexander, MD, MHS, FACC**

Rajendra H. Mehta, Jeffrey D. Leimberger, Stephen Fremes, John Luber, Wolfgang Toller, Matthias Heringlake, Jerrold H. Levy, Robert A. Harrington, Kevin J. Anstrom

on behalf of the LEVO-CTS Investigators



FROM THOUGHT LEADERSHIP  
TO CLINICAL PRACTICE



[rafael.porcile@vanderbilt.edu](mailto:rafael.porcile@vanderbilt.edu)

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

# Levosimendan in Patients with Left Ventricular Dysfunction Undergoing Cardiac Surgery

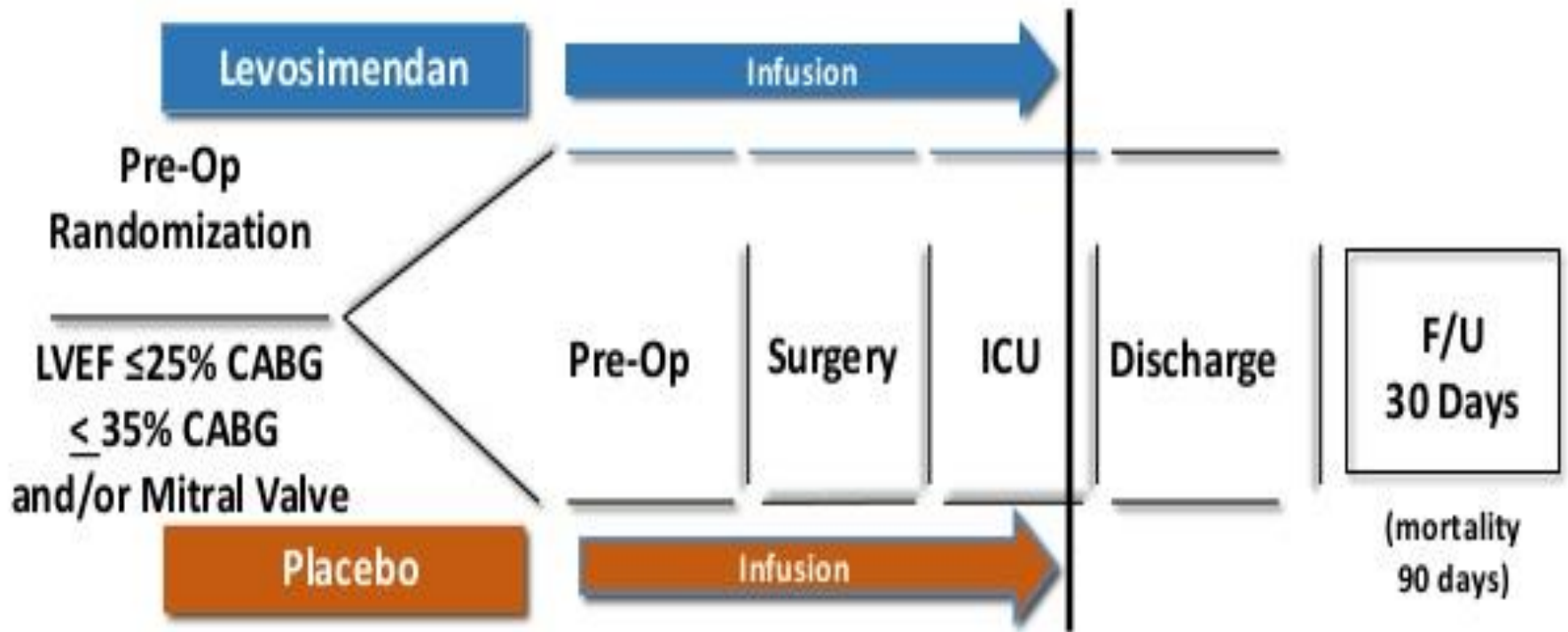
R.H. Mehta, J.D. Leimberger, S. van Diepen, J. Meza, A. Wang, R. Jankowich, R.W. Harrison, D. Hay, S. Femes, A. Duncan, E.G. Soltesz, J. Lubner, S. Park, M. Argenziano, E. Murphy, R. Marcel, D. Kalavrouziotis, D. Nagpal, J. Bozinovski, W. Toller, M. Heringlake, S.G. Goodman, J.H. Levy, R.A. Harrington, K.J. Anstrom, and J.H. Alexander, for the LEVO-CTS Investigators\*

Levosimendan, given prophylactically prior to cardiac surgery to patients with reduced left ventricular function, **had no effect** on the co-primary outcomes of...

- death, dialysis, MI, or mechanical assist device use
- death or mechanical assist device use
- Levosimendan was effective and safe as an inotrope to increase cardiac output in patients at risk for perioperative low cardiac output syndrome

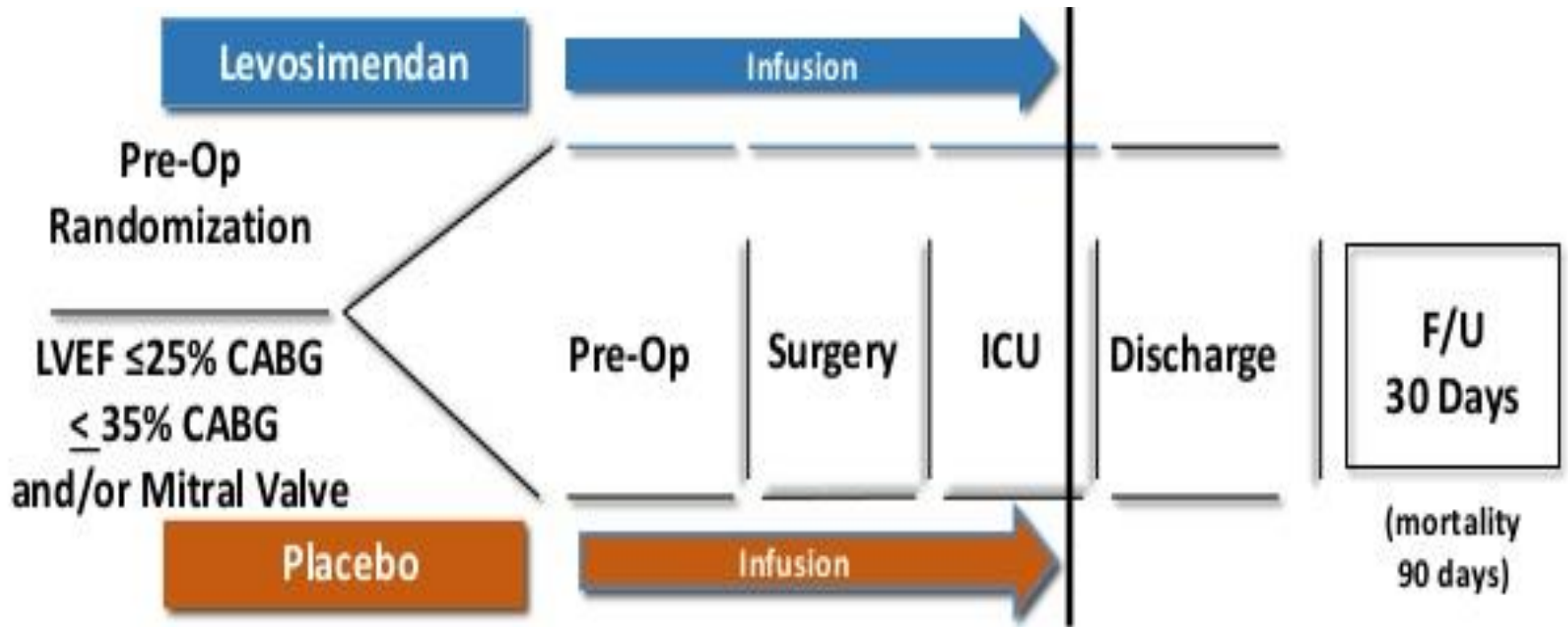


Los pacientes fueron asignados aleatoriamente a recibir levosimendan EV (0,2 ug/kg/min por 1 hora y 0,1 ug/kg/min por 23 horas) o placebo, con la infusión comenzada antes de la incisión quirúrgica

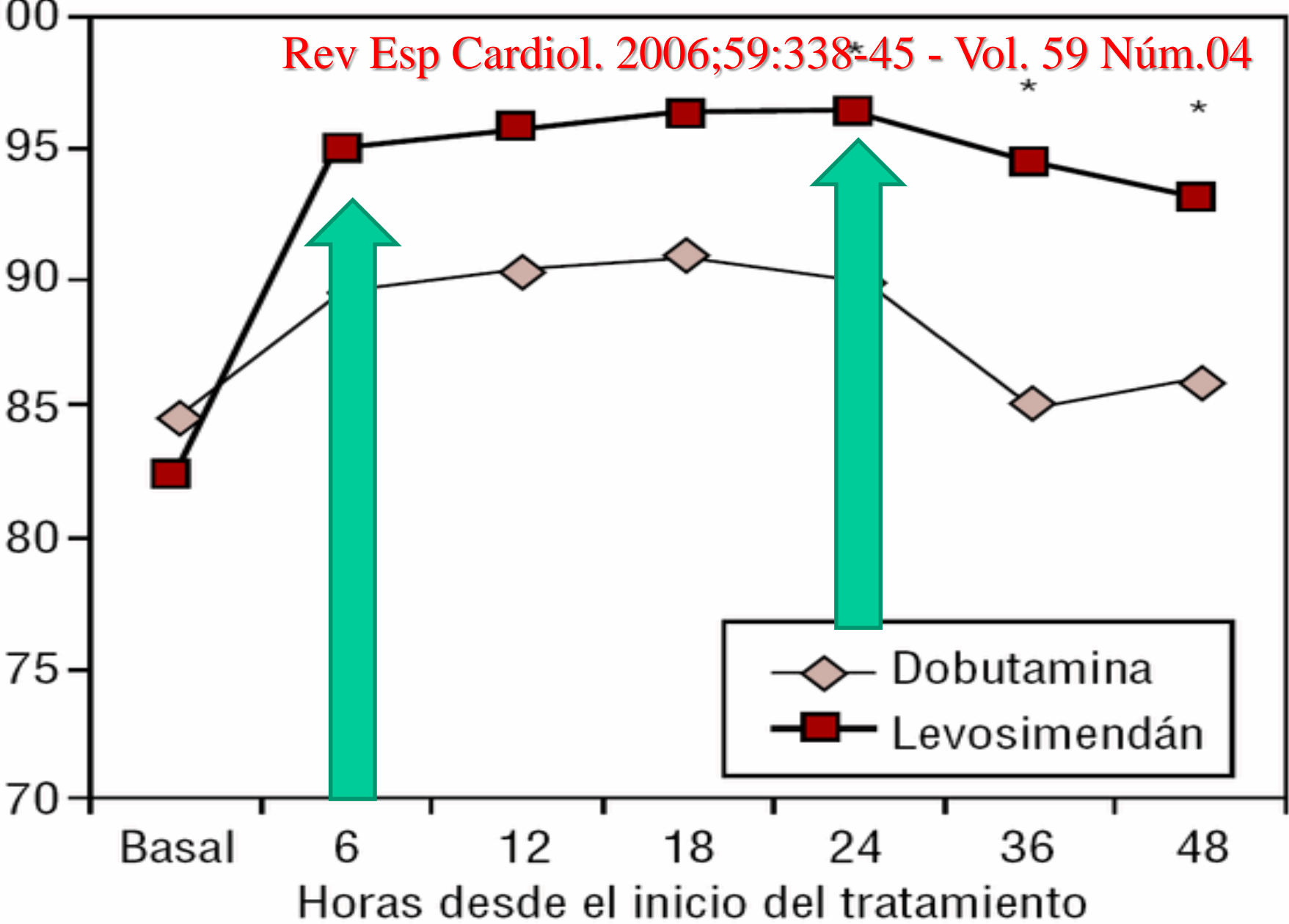


All patients receive current standard of care

**... pero la carga descripta es de 6 A12 ug/Kg Y ALGUNOS SUGIEREN 20....**



**All patients receive current standard of care**



\*p < 0,05 entre los grupos

# **Estudio randomizado SURVIVE**

***(The Survival of Patients With  
Acute Heart Failure in Need of  
Intravenous Inotropic Support)***

En el grupo del levosimendan, los niveles de BNP fueron significativamente menores a las 24 horas y persistieron así durante 5 días



**Table 4. End Points.\***

End Point	Levosimendan (N=428)	Placebo (N=421)	Odds Ratio (95% CI) <sup>†</sup>	P Value
Primary end points — no. (%)				
Four-component end point <sup>‡</sup>	105 (24.5)	103 (24.5)	1.00 (0.66–1.54)	0.98
Two-component end point <sup>§</sup>	56 (13.1)	48 (11.4)	1.18 (0.76–1.82)	0.45
Components of primary end points — no. (%)				
Death at 30 days	15 (3.5)	19 (4.5)	0.77 (0.38–1.53)	0.45
Renal-replacement therapy at 30 days	9 (2.1)	16 (3.8)	0.54 (0.24–1.24)	0.15
Myocardial infarction at 5 days	67 (15.7)	63 (15.0)	1.06 (0.73–1.53)	0.78
Use of mechanical cardiac assist device at 5 days	47 (11.0)	38 (9.0)	1.24 (0.79–1.95)	0.34
Secondary end points <sup>¶</sup>				
Duration of stay in ICU — days <sup>  </sup>				
Median	2.8	2.9	—	0.25
Interquartile range	1.6–4.8	1.8–4.9		
Low cardiac output syndrome — no. (%) <sup>  </sup>	78 (18.2)	108 (25.7)	0.62 (0.44–0.88)	0.007
Use of inotrope at or beyond 24 hr after infusion initiation — no. (%) <sup>  </sup>	235 (54.9)	264 (62.7)	0.71 (0.53–0.94)	0.02

**Table 4. End Points.\***

End Point	Levosimendan (N=428)	Placebo (N=421)	Hazard Ratio (95% CI)†	P Value
Primary end points — no. (%)				
Four-component end point‡	105 (24.5)	106 (25.2)	1.06 (0.66–1.54)	0.98
Two-component end point§	67 (15.7)	63 (15.0)	1.18 (0.76–1.82)	0.45
Components of primary end points — no. (%)				
Death at 30 days	19 (4.5)	19 (4.5)	0.77 (0.38–1.53)	0.45
Renal-replacement therapy	16 (3.8)	16 (3.8)	0.54 (0.24–1.24)	0.15
Myocardial infarction	67 (15.7)	63 (15.0)	1.06 (0.73–1.53)	0.78
Use of inotropes at or beyond 24 hr after infusion initiation	47 (11.0)	38 (9.0)	1.24 (0.79–1.95)	0.34
Secondary end points				
Duration of stay in ICU — days				
Median	2.8	2.9	—	0.25
Interquartile range	1.6–4.8	1.8–4.9		
Low cardiac output syndrome — no. (%)	78 (18.2)	108 (25.7)	0.62 (0.44–0.88)	0.007
Use of inotropes at or beyond 24 hr after infusion initiation — no. (%)	235 (54.9)	264 (62.7)	0.71 (0.53–0.94)	0.02

*Durante las primeras 24 horas...  
Randomizaron levosimendan contra Placebo o  
Placebo contra Placebo*

**Table 4. End Points.\***

End Point	Levosimendan (N=428)	Placebo (N=421)	Odds Ratio (95% CI)†	P Value
Primary end points — no. (%)				
Four-component end point‡	105 (24.5)	103 (24.5)	1.00 (0.66–1.54)	0.98
Time to first endpoint				
Complete resolution of symptoms				
Discharge				
Readmission				
Mortality				
Use of inotropes				
Secondary end points				
Discharge				
Interquartile range	1.6–4.8	1.8–4.9		
Low cardiac output syndrome — no. (%)	78 (18.2)	108 (25.7)	0.62 (0.44–0.88)	0.007
Use of inotrope at or beyond 24 hr after infusion initiation — no. (%)	235 (54.9)	264 (62.7)	0.71 (0.53–0.94)	0.02

Y si es así... Que pasó a las 24 horas

One-component end point†	103 (27.5)	109 (27.5)	1.00 (0.88–1.14)	0.95
Two-component end point‡	56 (13.1)	48 (11.4)	1.18 (0.76–1.82)	0.45
Components of primary end points — no. (%)				
Death at 30 days	15 (3.5)	19 (4.5)	0.77 (0.38–1.53)	0.45
Revascularization	15 (3.5)	19 (4.5)	0.77 (0.38–1.53)	0.45
Myocardial infarction	15 (3.5)	19 (4.5)	0.77 (0.38–1.53)	0.45
Unplanned readmission	15 (3.5)	19 (4.5)	0.77 (0.38–1.53)	0.45
Secondary end points				
Death	15 (3.5)	19 (4.5)	0.77 (0.38–1.53)	0.45
Revascularization	15 (3.5)	19 (4.5)	0.77 (0.38–1.53)	0.45
Myocardial infarction	15 (3.5)	19 (4.5)	0.77 (0.38–1.53)	0.45
Unplanned readmission	15 (3.5)	19 (4.5)	0.77 (0.38–1.53)	0.45
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Use of inotrope at or beyond 24 hr after infusion initiation — no. (%)	235 (54.9)	264 (62.7)	0.71 (0.53–0.94)	0.02

Y si es así... Que pasó a las 24 horas



Lo que  
viene...





# Sub análisis del levo cts

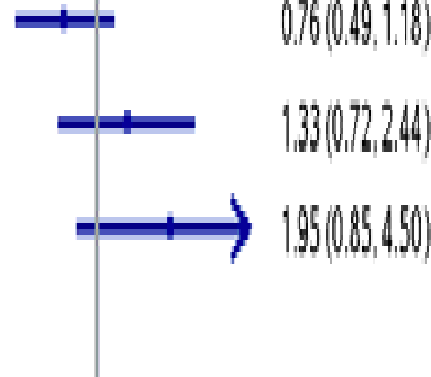
Surgical Procedures

CABG	564	43/283 (15.2%)	54/281 (19.2%)
CABG + valve	188	38/96 (39.6%)	33/92 (35.9%)
Valve only	97	24/49 (49.0%)	16/48 (33.3%)

levo

Plac.

0.128

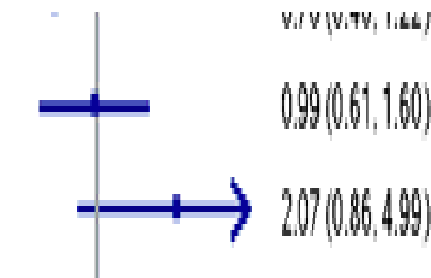


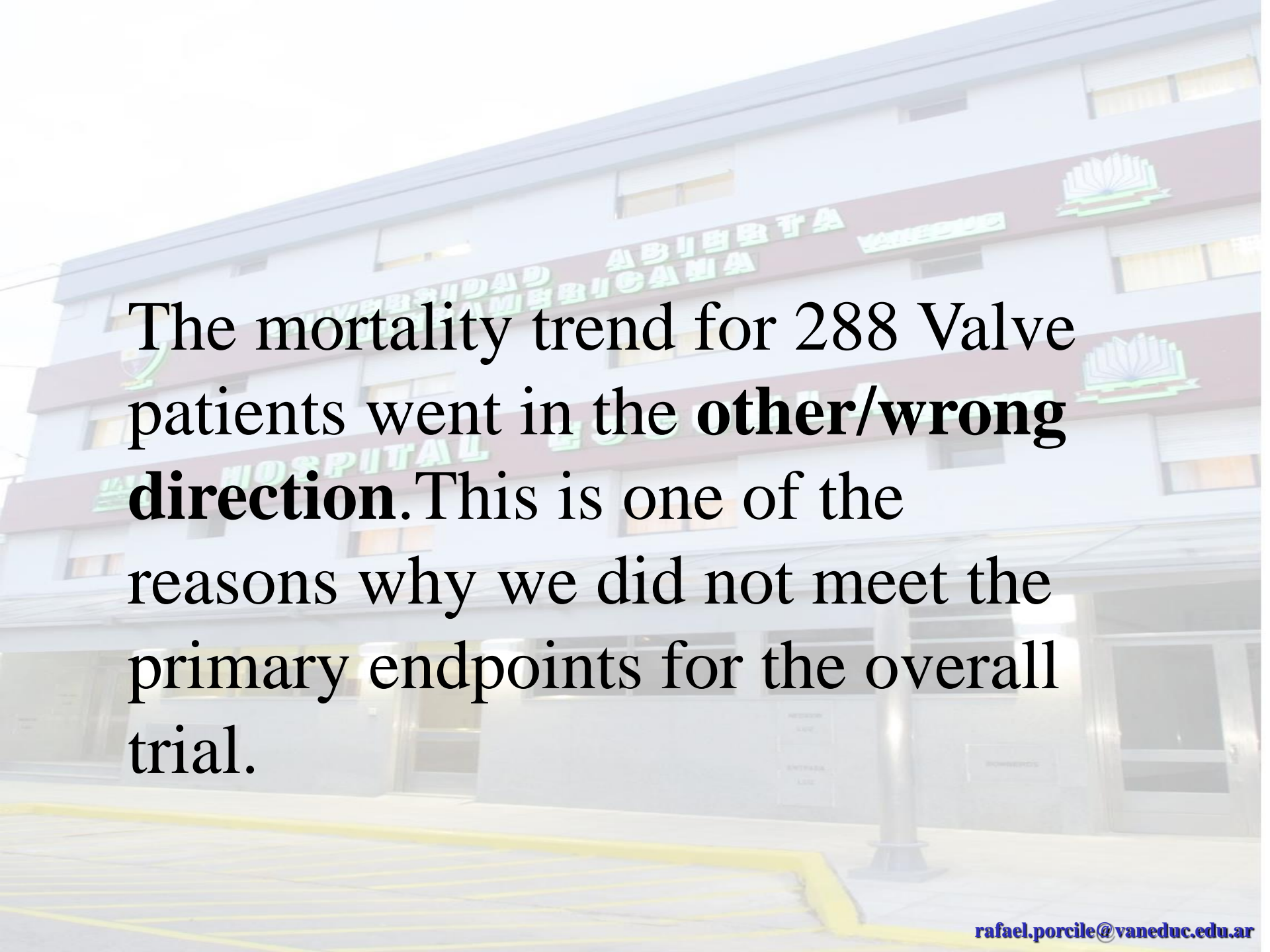
Baseline EF

0.009

For the Primary Endpoint in the LEVO-CTS, the Isoalted CABG patients did the best of the 3 surgery types in terms of the QUAD and DUAL endpoint.

< 60	401	51/209 (24.4%)	48/192 (25.0%)
>= 60	167	19/80 (23.8%)	10/87 (11.5%)



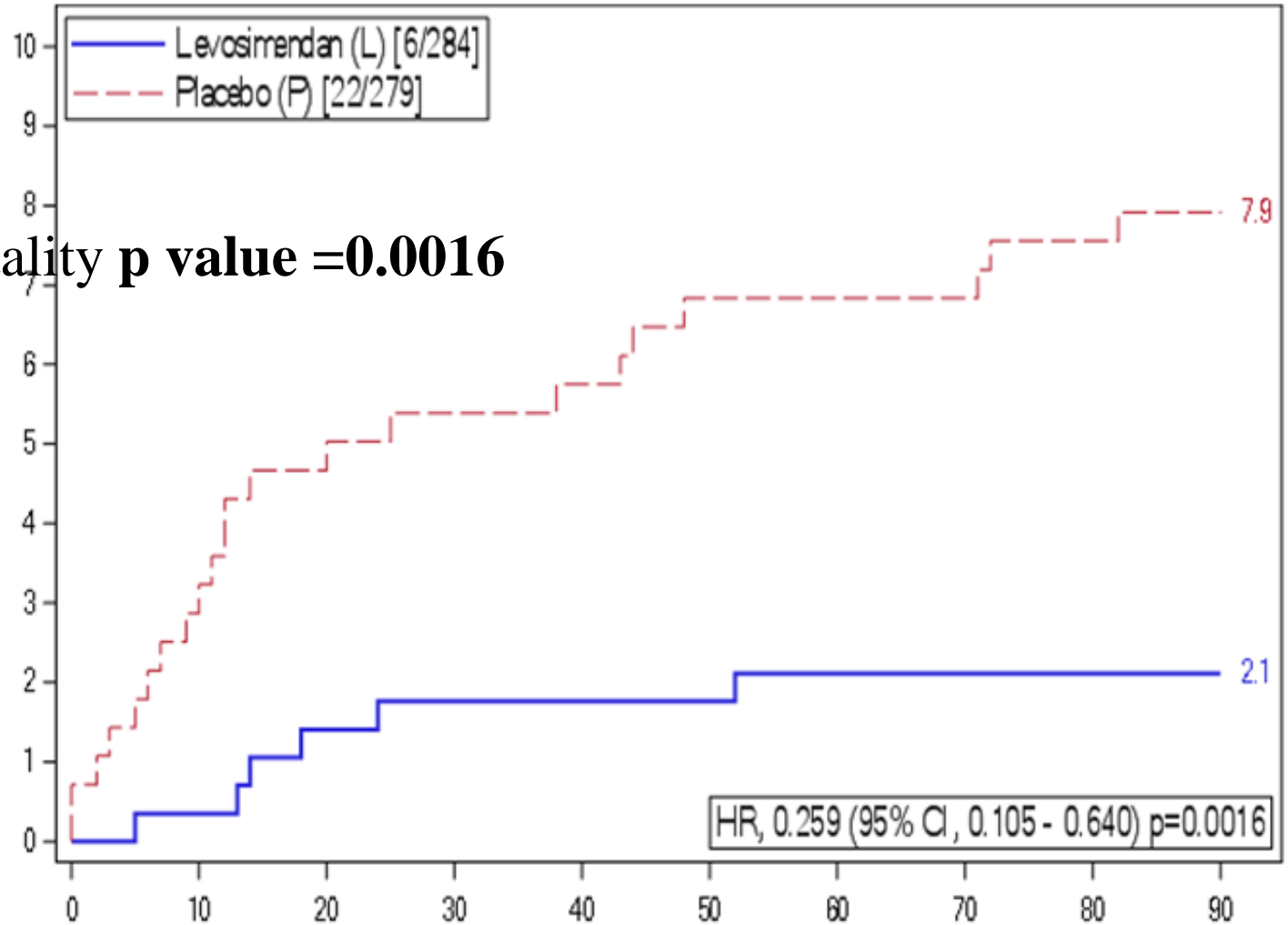
The background image shows a large, modern hospital building with a light blue facade and a dark red horizontal band. The building has multiple windows and a glass entrance. Signage on the building includes 'UNIVERSIDAD AMERICANA' in Spanish and 'HOSPITAL' in English. There are also logos of a stylized book or fan shape. The text is overlaid on this image.

The mortality trend for 288 Valve patients went in the **other/wrong direction**. This is one of the reasons why we did not meet the primary endpoints for the overall trial.



# LEVO-CTS

## 90-Day Mortality in Isolated CABG Patients



The 90-day Mortality **p value = 0.0016**

Kaplan-Meier plot of mortality to day 90 (Safety Population, As Treated)

for patients with Isolated CABG

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A photograph of a multi-story hospital building with a red and white facade. The building features large windows and a covered entrance area. The text 'UNIVERSIDAD INTERAMERICANA' and 'HOSPITAL ESCUELA' is visible on the building's facade. The image is overlaid with large black text.

Levosimendan

en

coronarios

Ann Card Anaesth. **2018** Apr-Jun;21(2):123-128. doi:  
10.4103/aca.ACA\_178\_17.

**Prophylactic preoperative levosimendan for off-pump coronary artery bypass grafting in patients with left ventricular dysfunction: Single-centered randomized prospective study.**

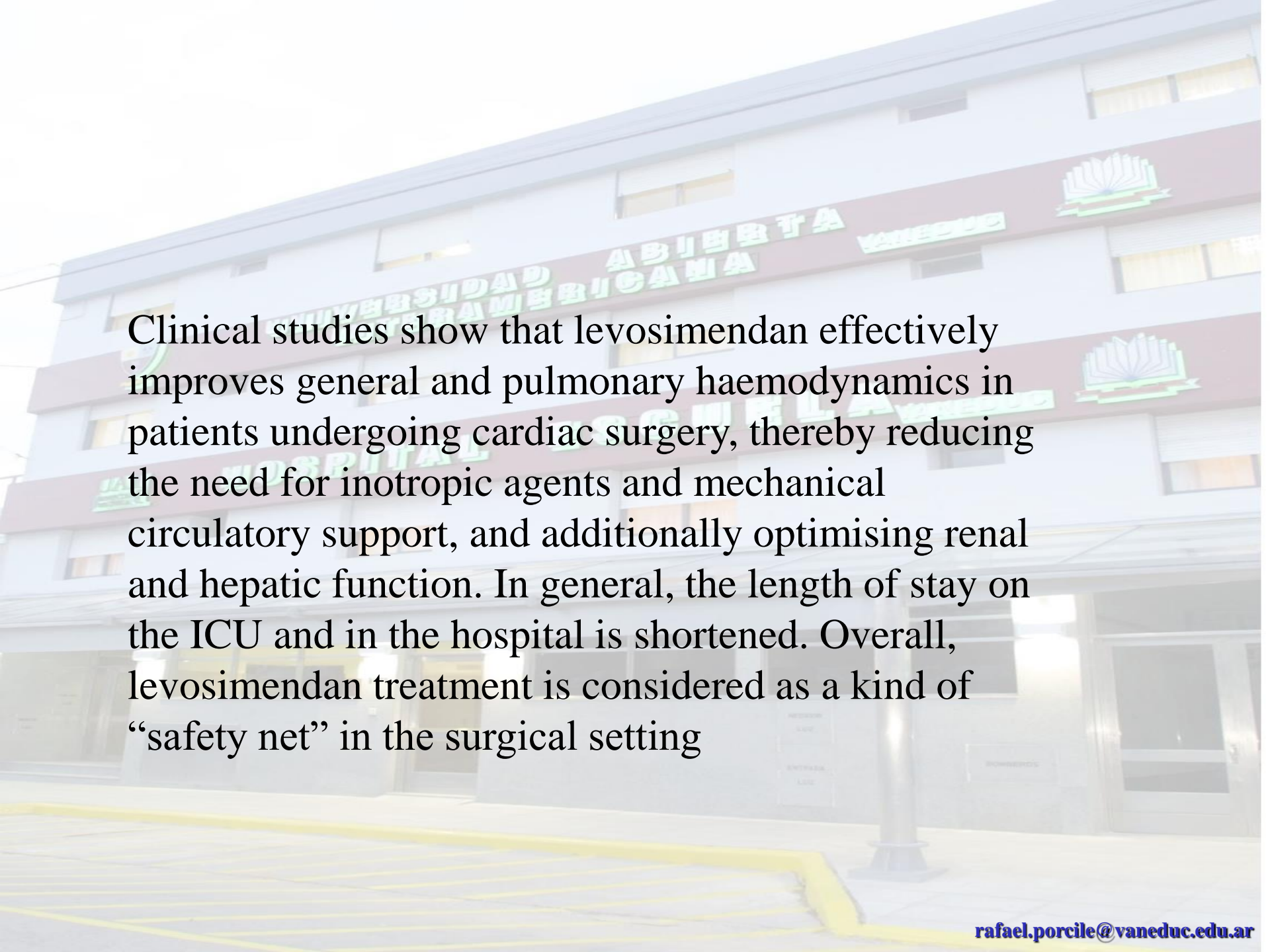
**Conclusion:**

Preoperative levosimendan helps in successful conduct of OPCAB and reduces the incidence of Low Cardiac Output, POA Fibril, conversion to CPB, and requirement of intra-aortic balloon pump.

Int J Cardiol. **2018** Jun 1;260:53. doi:  
10.1016/j.ijcard.2018.03.006.

# Perioperative levosimendan in cardiac surgery: Positive, neutral, or detrimental effects?





Clinical studies show that levosimendan effectively improves general and pulmonary haemodynamics in patients undergoing cardiac surgery, thereby reducing the need for inotropic agents and mechanical circulatory support, and additionally optimising renal and hepatic function. In general, the length of stay on the ICU and in the hospital is shortened. Overall, levosimendan treatment is considered as a kind of “safety net” in the surgical setting



**MUCHAS  
GRACIAS POR SU ATENCIÓN**