

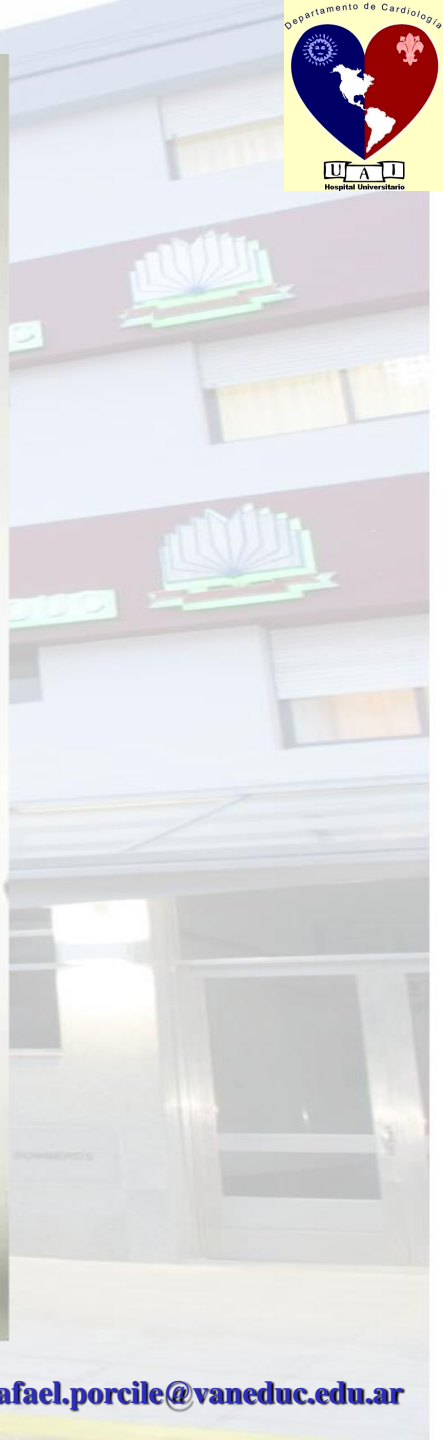
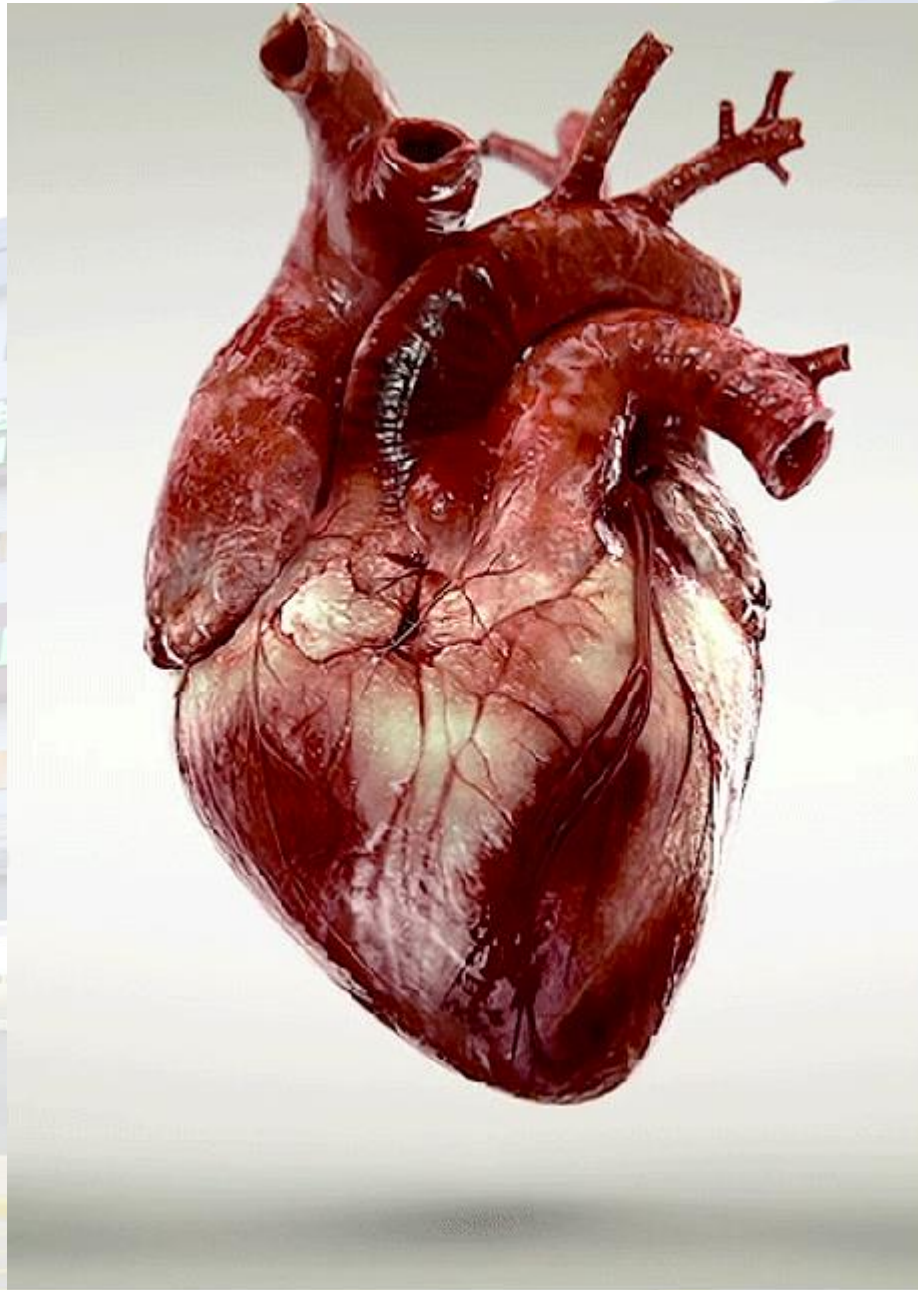
Tratamiento de la insuficiencia cardíaca crónica con cronotrópicos negativos

Rafael Porcile

rafael.porcile@vandeduc.edu.ar

**DEPARTAMENTO DE CARDIOLOGIA
CATEDRA DE FISIOLÓGÍA**

Universidad Abierta Interamericana

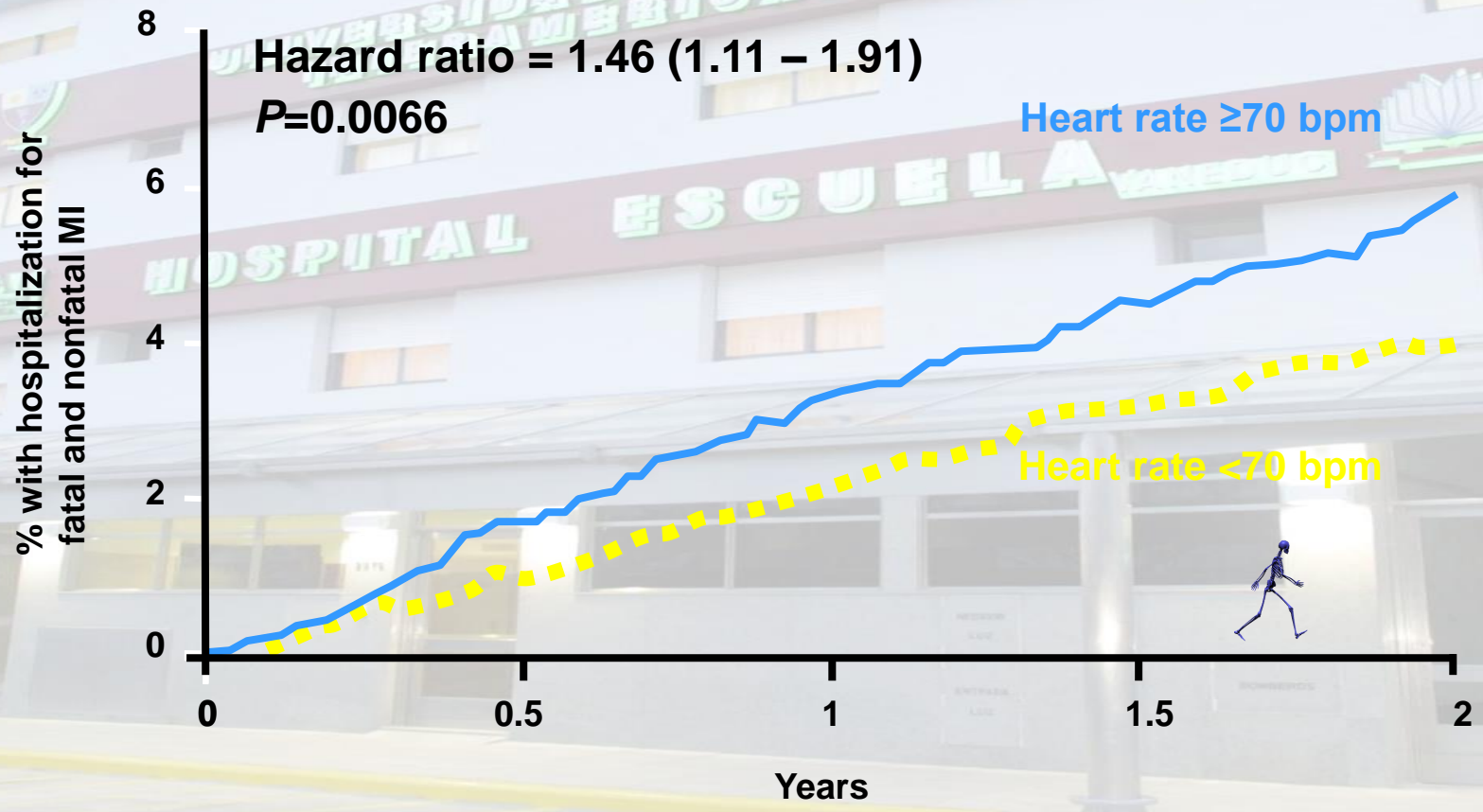


BEAUTIFUL

MorBidity-mortality EvAIUaTion of the I_f inhibitor ivabradine in patients with coronary disease and left ventricULar dysfunction

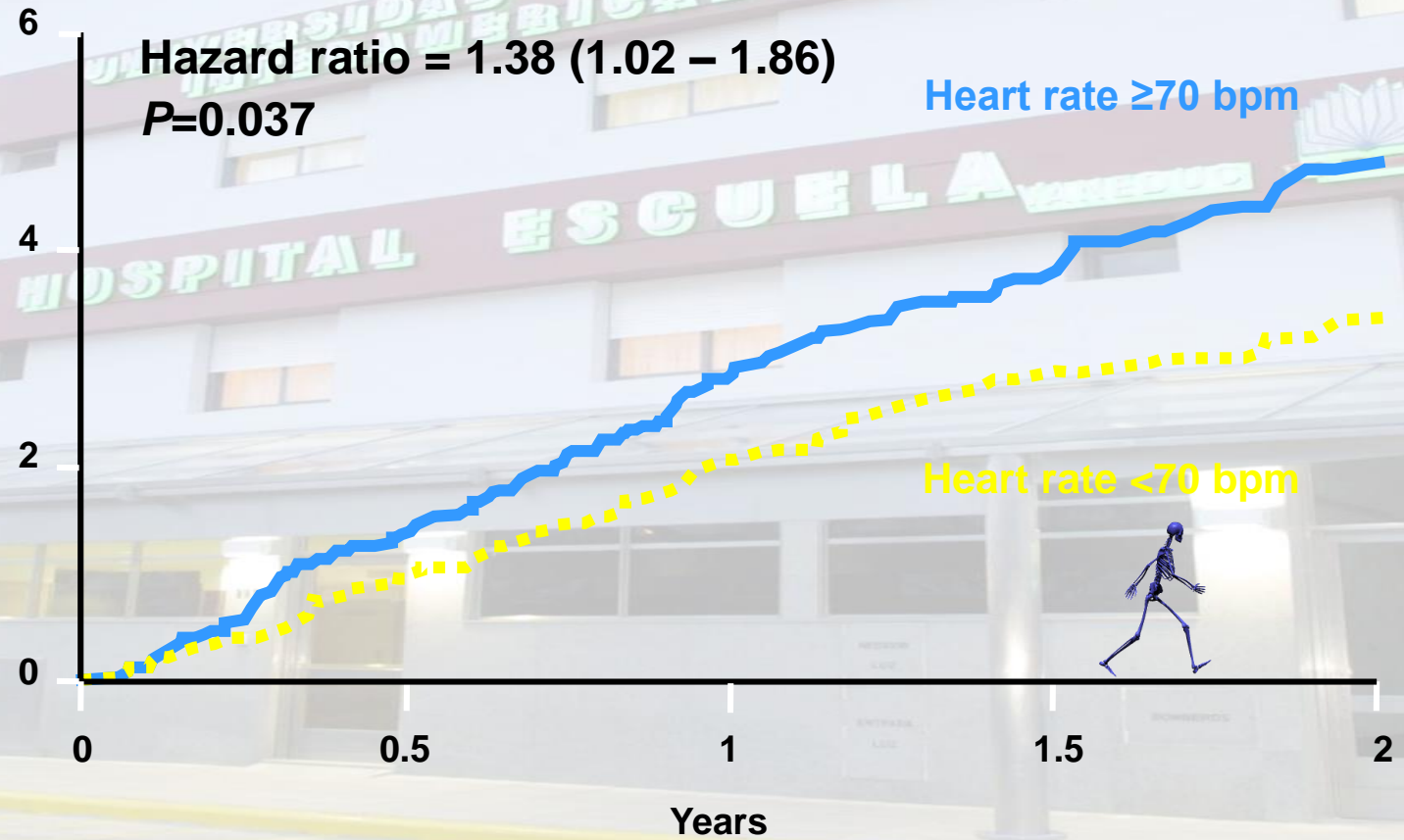
Heart rate above 70 bpm increases risk of myocardial infarction by 46%

Prospective data from the BEAUTIFUL placebo arm



Heart rate above 70 bpm increases risk of coronary revascularization by 38%

% with coronary revascularization



BEAUTIFUL: ivabradina en pacientes con enfermedad coronaria con y sin disfunción sistólica

Pacientes frecuencia cardiaca **mayor o igual a 70 lpm, tienen más probabilidades de morir** o de sufrir otro evento cardiovascular. El aumento en el riesgo es del 34% para muerte cardiovascular, 46% para el infarto de miocardio, el 56% para la insuficiencia cardíaca y 38% para revascularización coronaria.

[6Crdq](#)

Cardiology. 2008;110(4):271-82

Am Heart J. 1987

Jun;113(6):1489-94.

Heart rate and cardiovascular mortality: the Framingham Study

5070 subjects free of cardiovascular disease at entry into the study.

In both sexes

At all ages, all-cause cardiovascular, and coronary mortality rates increased progressively in relation to antecedent heart rates determined biennially.

A more impressive association to cardiovascular disease was observed in men than in women, which was independent of associated cardiovascular risk factors.

Case fatality rates following coronary events also increased with antecedent heart rate and the fraction of coronary deaths as sudden death increased strikingly with heart rate in men 35 to 64 years of age.

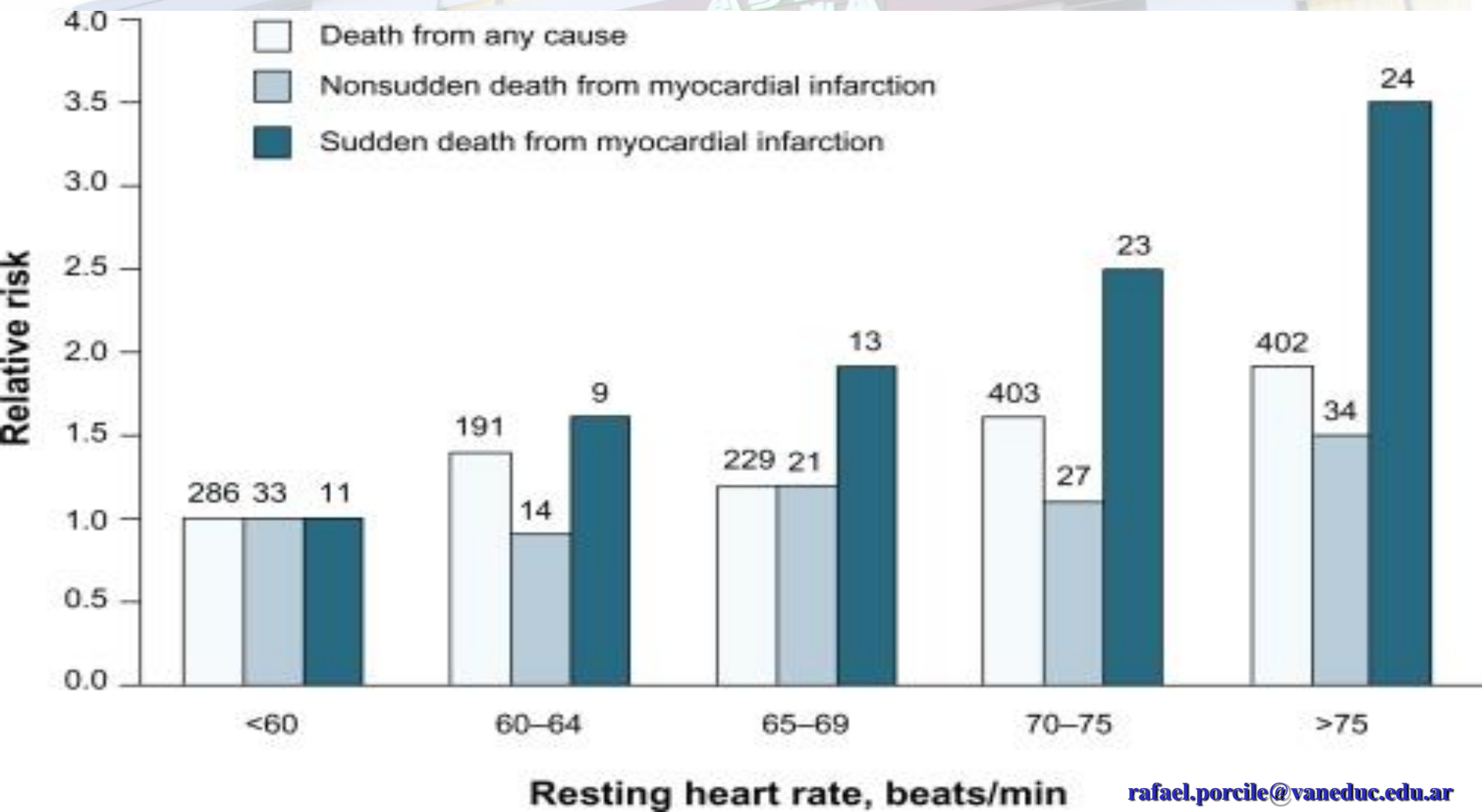
There was also a substantial excess of noncardiovascular deaths at high heart rates, and the proportion of all deaths resulting from cardiovascular disease did not increase with heart rate.

Heart-rate profile during exercise as a predictor of sudden death.

N Engl J Med. 2005;352(19):1951–1958.

Heart rate and mortality in healthy individuals: Relative risk of death from any cause, nonsudden death from myocardial infarction (MI), and sudden death from MI in 5713 people without known or suspected heart disease. Differences among quintiles with respect to risk of death from any cause, $P < 0.001$; nonsudden death from cardiac causes, $P = 0.02$; sudden death from cardiac causes, $P < 0.001$.

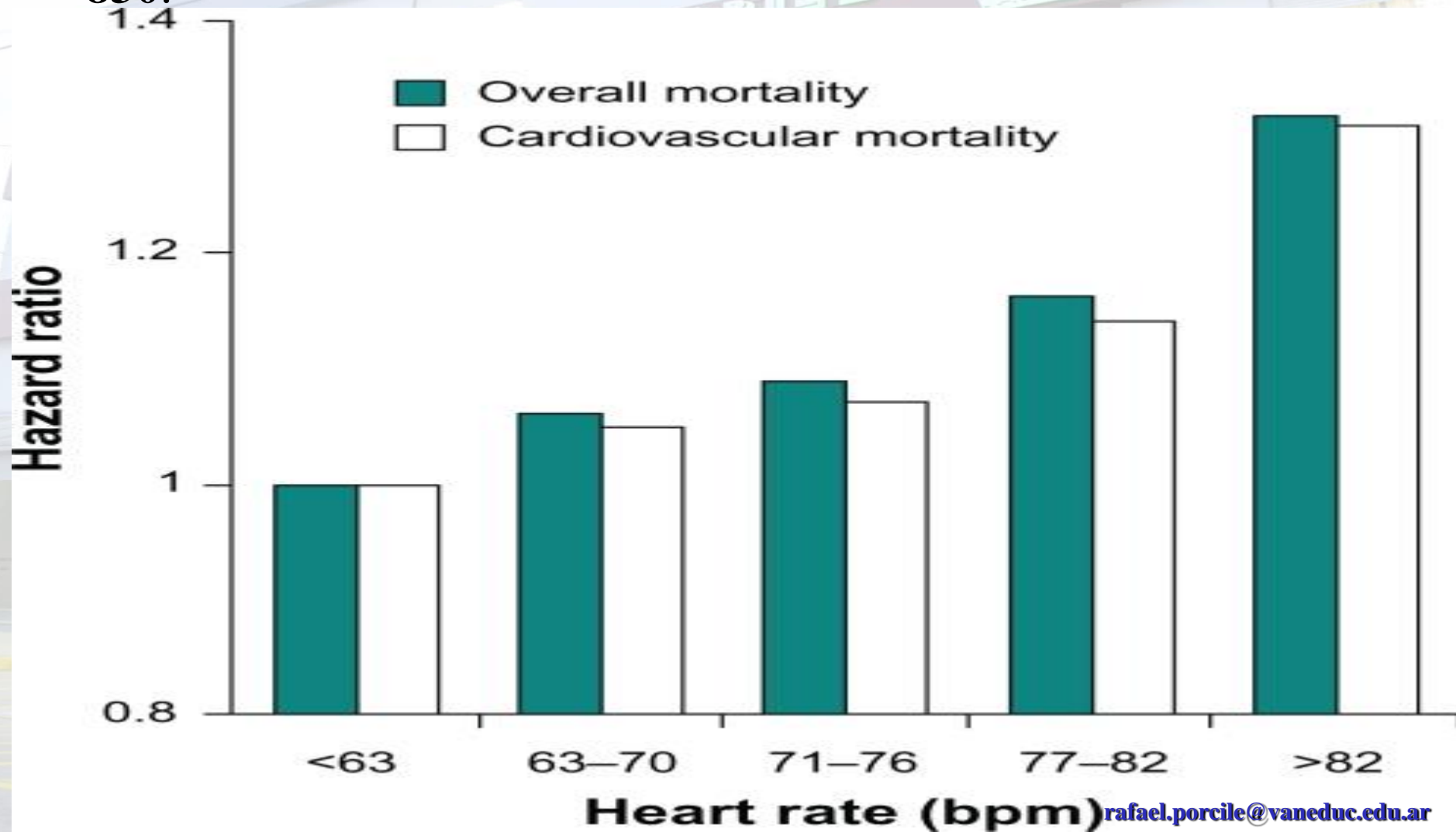
Schwartz PJ, Desnos M, Courbon D, Ducimetiere P. Heart-rate profile during exercise as a predictor of sudden death. *N Engl J Med.* 2005;352(19):1951–1958.



Fox K, Borer JS, Camm AJ, et al. Resting heart rate in cardiovascular disease. *J Am Coll Cardiol.* 2007;50(9):823–830.

Relationship between resting heart rate and all-cause and cardiovascular mortality in 24,913 patients with suspected or proven coronary artery disease

Fox K, Borer JS, Camm AJ, et al. Resting heart rate in cardiovascular disease. *J Am Coll Cardiol.* 2007;50(9):823–830.



Association Between Resting Heart Rate, Chronotropic Index, and Long-Term Outcomes in Patients With Heart Failure Receiving B-Blocker Therapy: Data from the HF-ACTION Trial

- Eur Heart J (2013) doi: 10.1093/eurheartj/ehs433.

Este subanálisis del estudio HF-ACTION incluyó a 1118 pacientes (de los 2331 iniciales) con insuficiencia cardiaca y FEVI <35% bajo tratamiento con betabloqueantes. El objetivo fue analizar la evolución e incidencia de eventos a largo plazo, en función de la frecuencia cardiaca (FC) mantenida en reposo y el índice cronotrópico (CI).

Se incluyeron a aquellos pacientes en ritmo sinusal tratados con betabloqueantes (50 mg/día de la dosis equivalente de carvedilol) con prueba ergométrica máxima. El tiempo medio de seguimiento fue de unos 32 meses. Respecto a la clase funcional, la mayoría estaba en CF II de la NYHA.

Se comprobó que cada incremento en 5 lpm sobre la frecuencia en reposo, se asociaba con un aumento de la probabilidad de muerte u hospitalización por todas las causas de un 4%.

Por otro lado, la disminución en 0,1 del CI se asociaba con un aumento de morbimortalidad (OR: 1,26).

Se postula finalmente que obtener una mejor respuesta cronotrópica al ejercicio, incluso en aquellos pacientes tratados con dosis óptimas de betabloqueantes, podría ser un objetivo terapéutico en este subgrupo de población.





30 lat por minuto

110 años



200 lat por minutos

Tres años

CRONOTROPICOS NEGATIVOS



DROGA	DIGITAL	Bloqueantes Calcicos	BETA Bloqueantes	IVABRADINA
FRECUENCIA CARDIACA	-	-	- -	- -
CALCIO CITOPLASMATICO	++	- - -	-	0
INOTROPISMO	+	-	-	+
DURACIÓN DIASTOLE	-	+	++	+++
EXITABILIDAD	++	0	- -	0

PONGAMONOS DE ACUERDO



***UN
PASO
ATRAS***

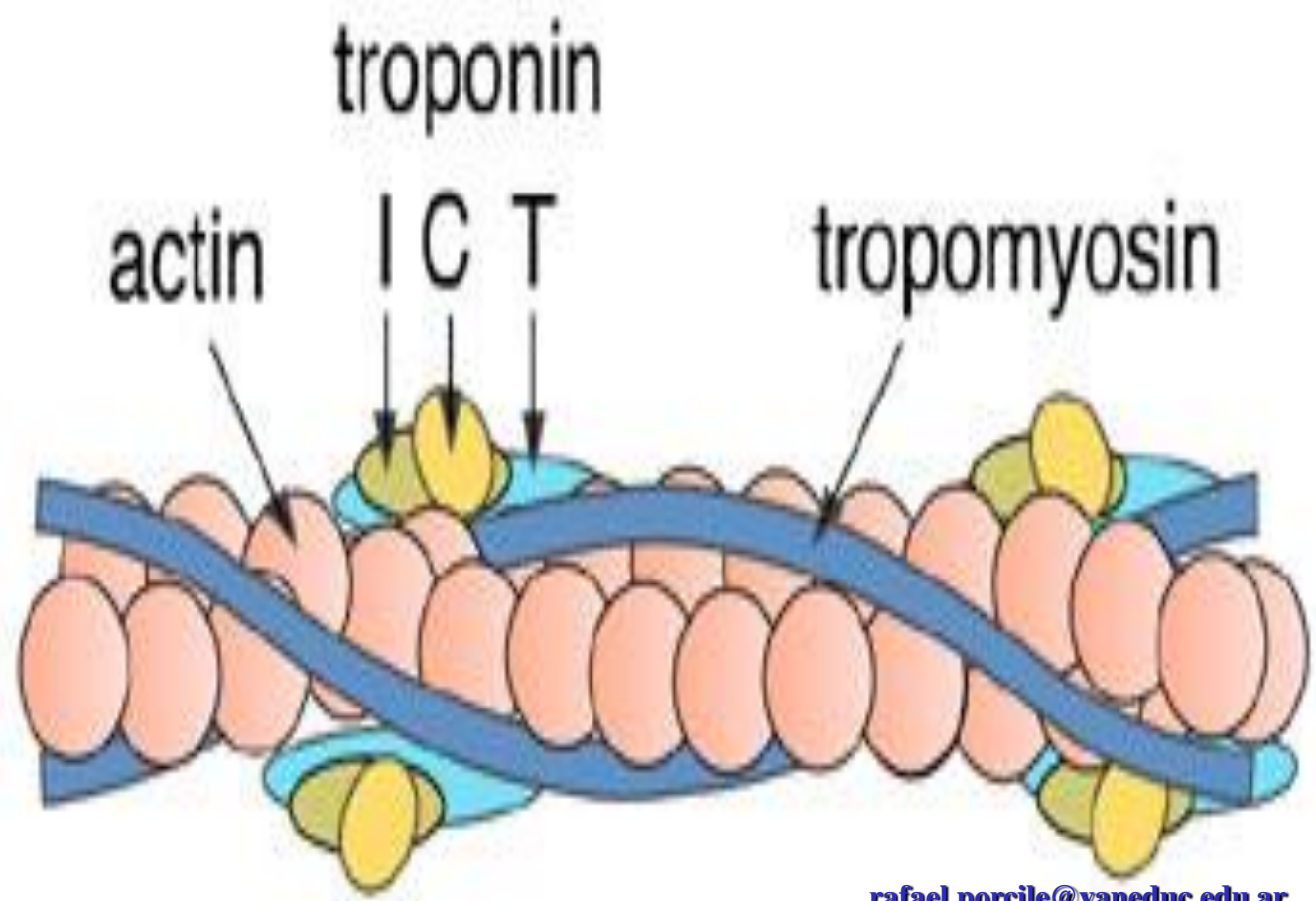
***CUAL ES LA MOLECULA EN
LA QUE CONFLUYE LA
REGULACIÓN DEL
INOTROPISMO Y EL
LUSITROPISMO***



TROPONINA C

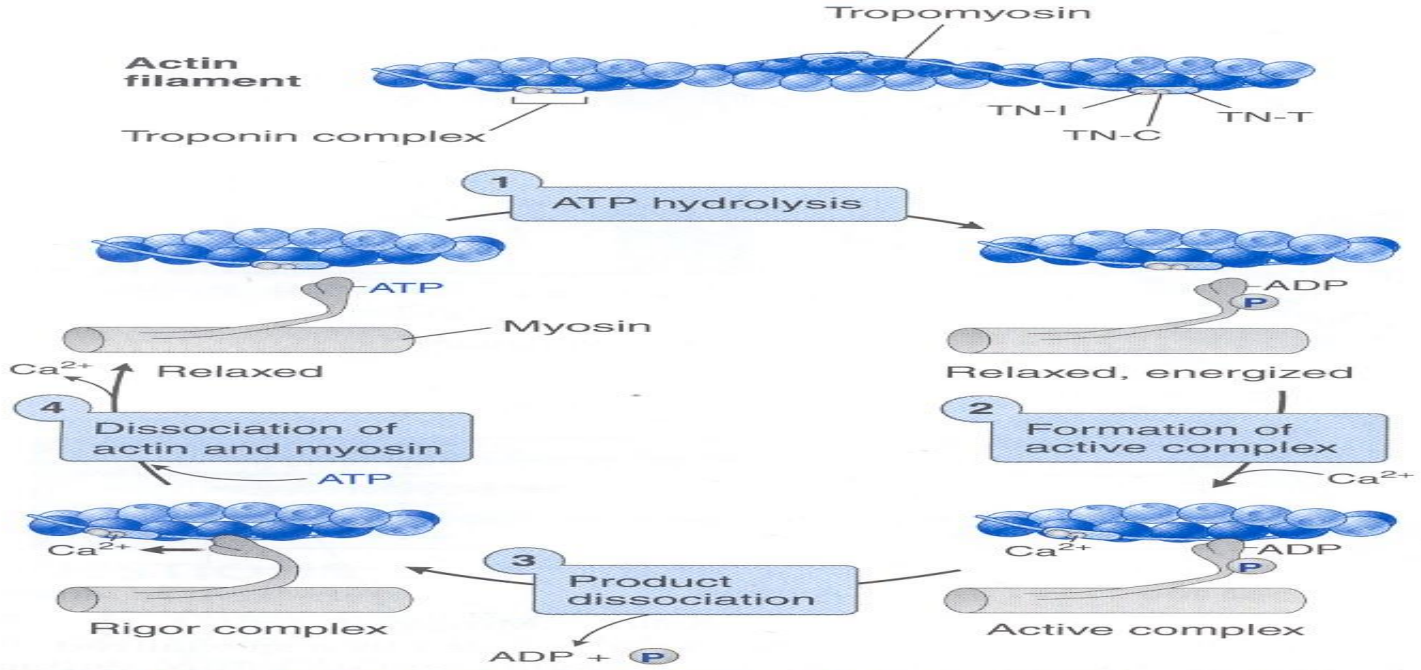


TROPONINA C

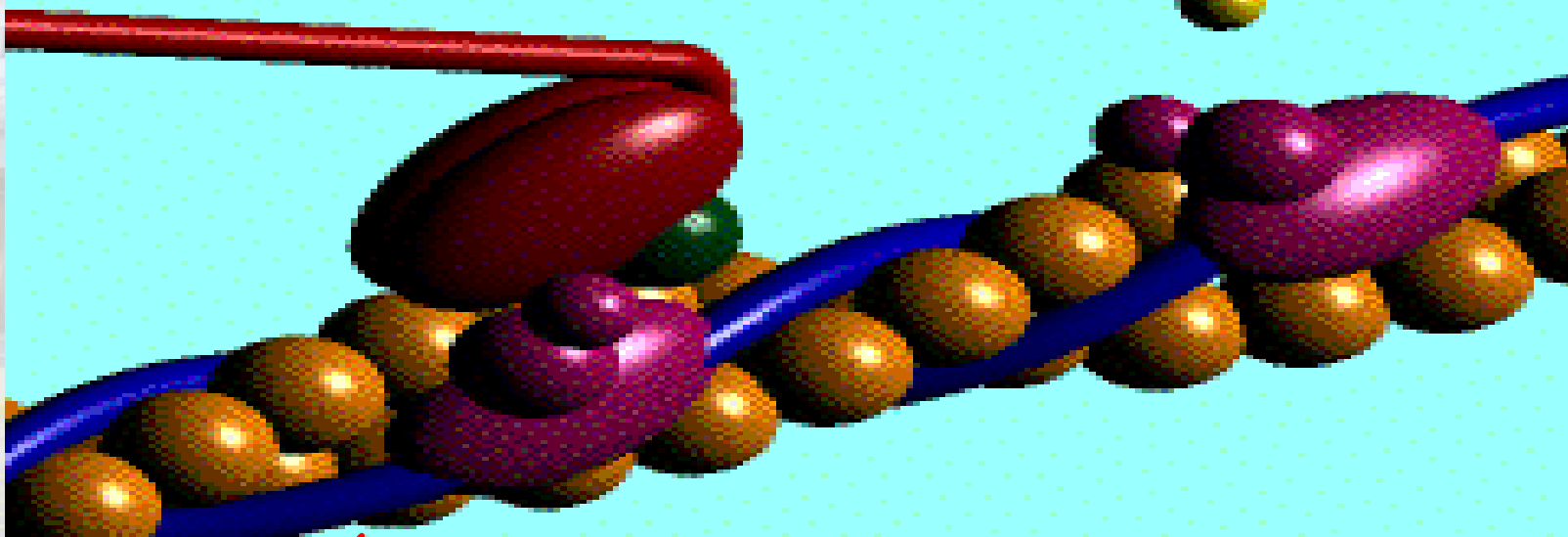


CONTRACCIÓN

RELAJACIÓN



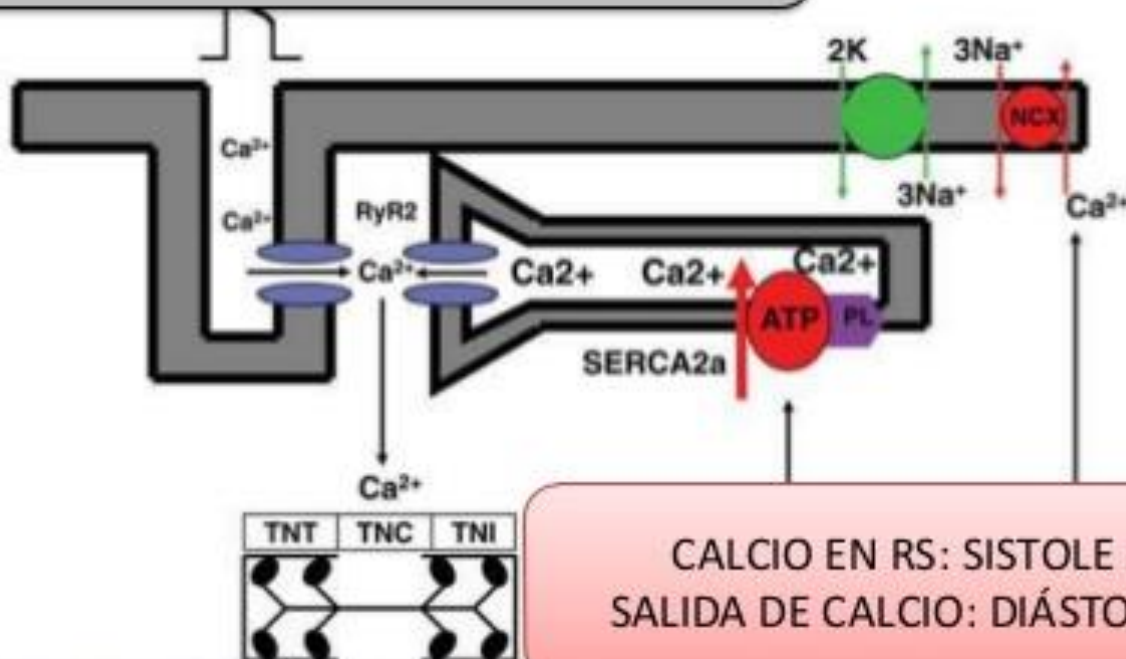
CONTRACCIÓN

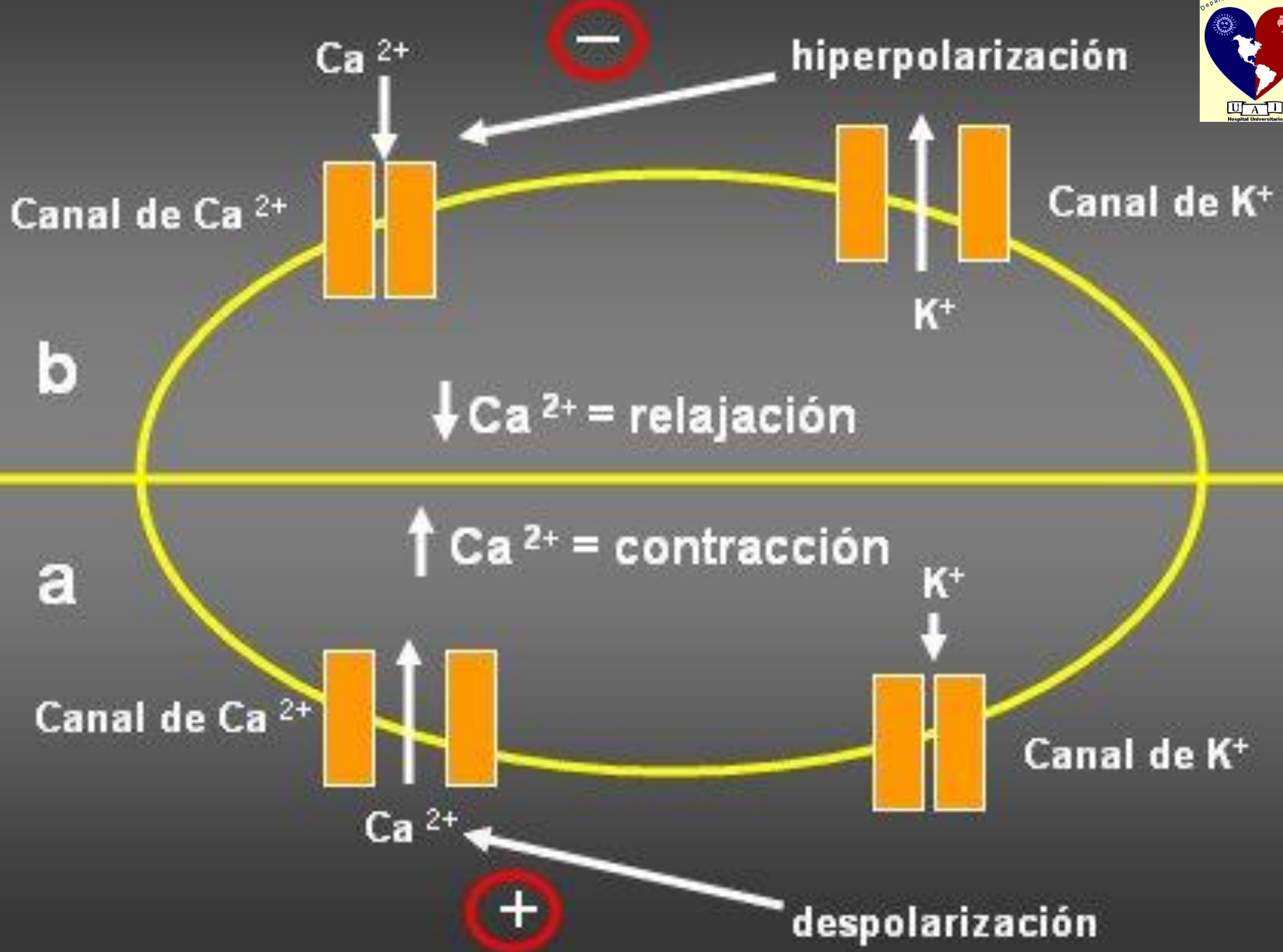


RELAJACIÓN

Mecanismo de acción de fármacos inotrópicos excepto levosimendan

LIBERACIÓN DE CALCIO INDUCIDA POR CALCIO
RELAJACIÓN DEPENDIENTE DE ATP





LA SATURACIÓN DE LA **TROPONINA C** DEPENDE DEL GRADIENTE CITOPLASMÁTICO DE CALCIO

***UN
PASO
ATRAS***

- Escaso calcio : Falla sistólica
- Calcio excesivo falla Diastólica
- Acortamiento crítico del **tiempo** diastólico Falla sistodiastolica

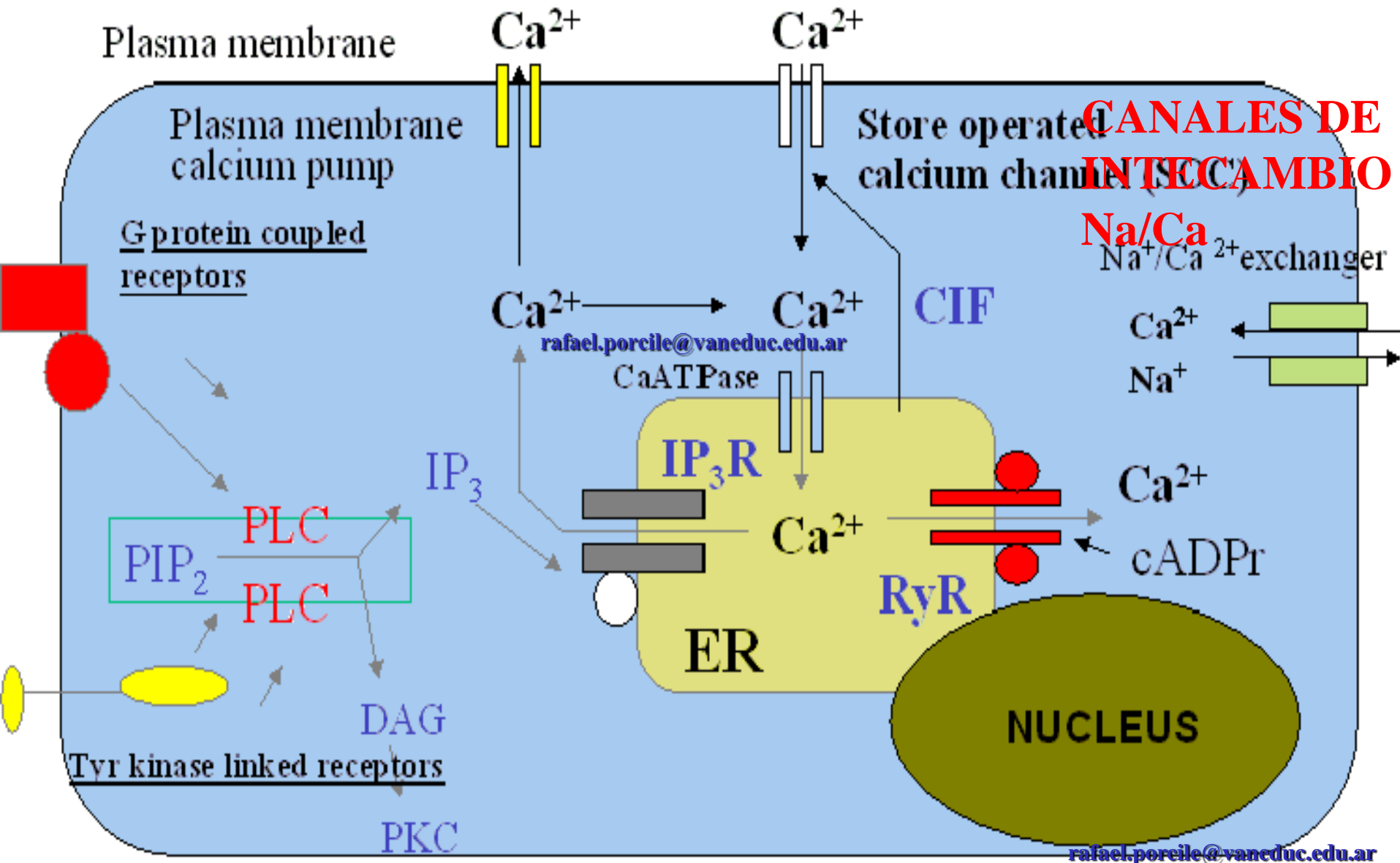
¿DE ACUERDO?



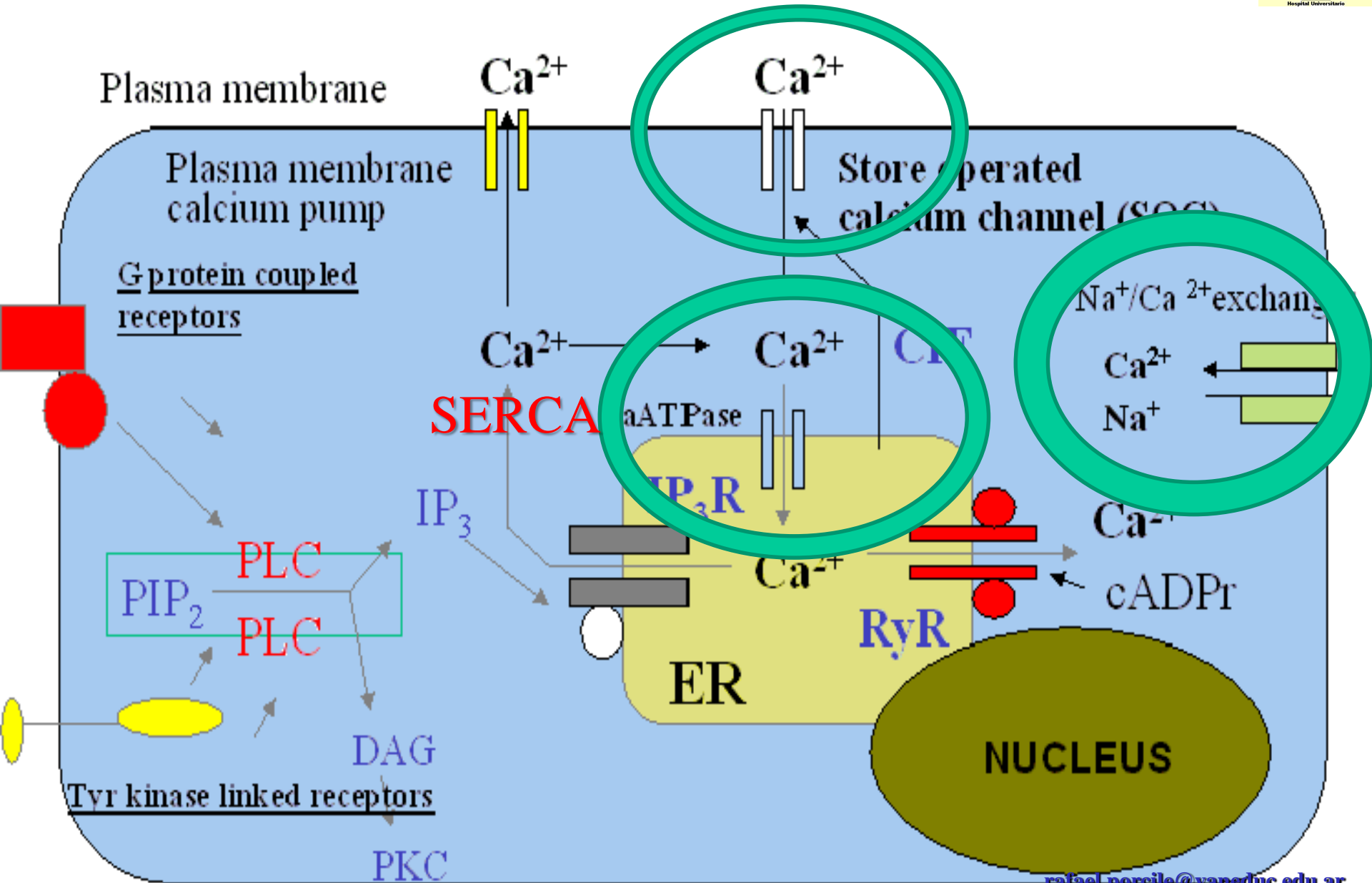
***COMO SE REGULA LA
CONCENTRACIÓN Y EL
GRADIENTE
CITOPLASMÁTICA DE
CALCIO?***



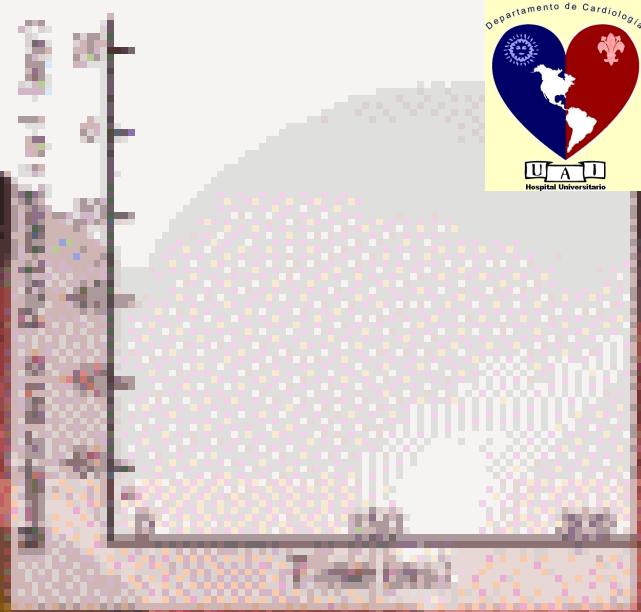
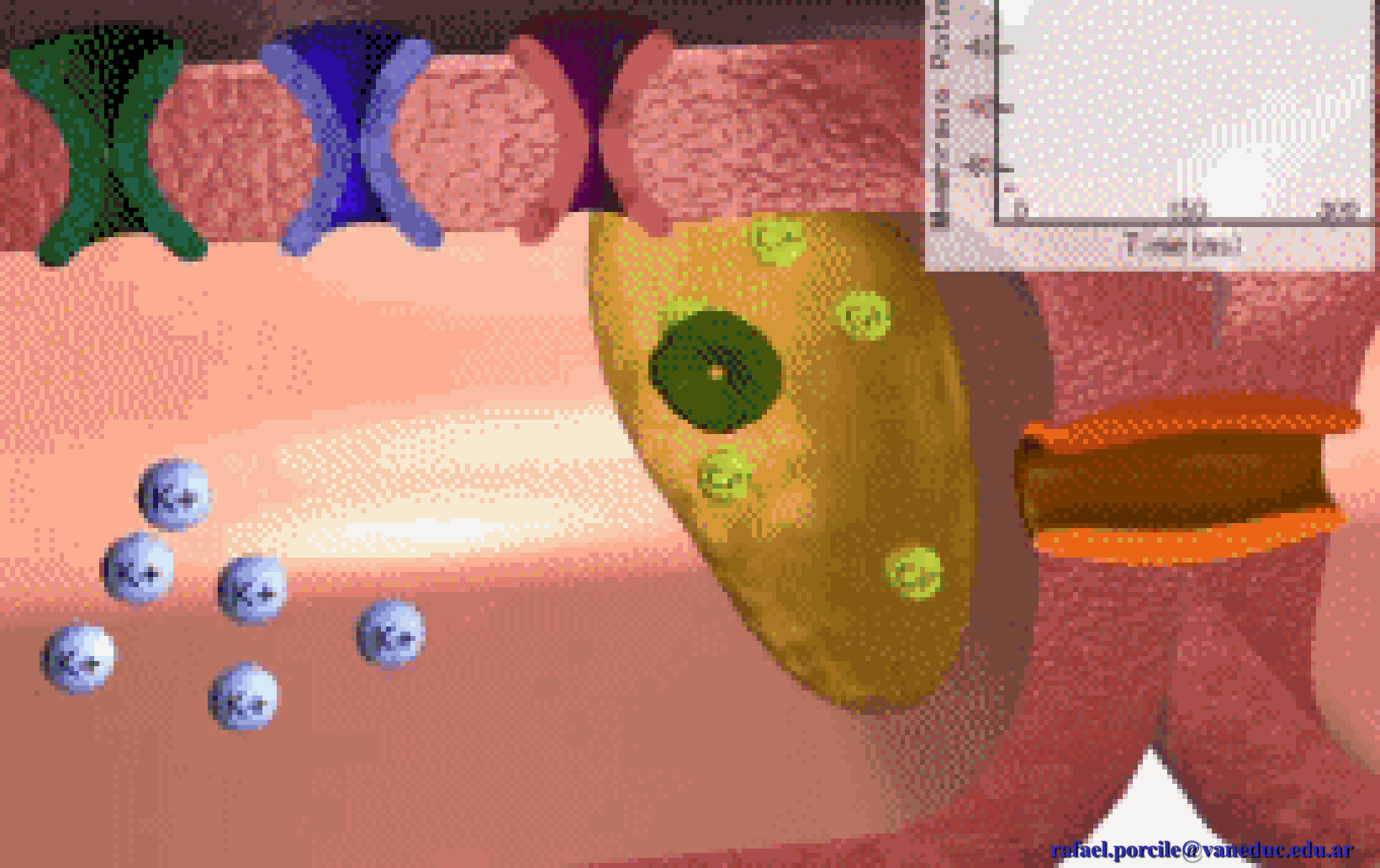
Calcium homeostasis



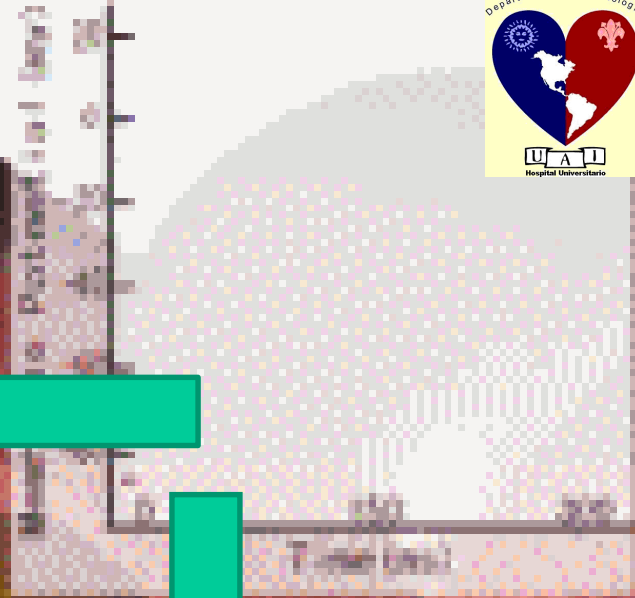
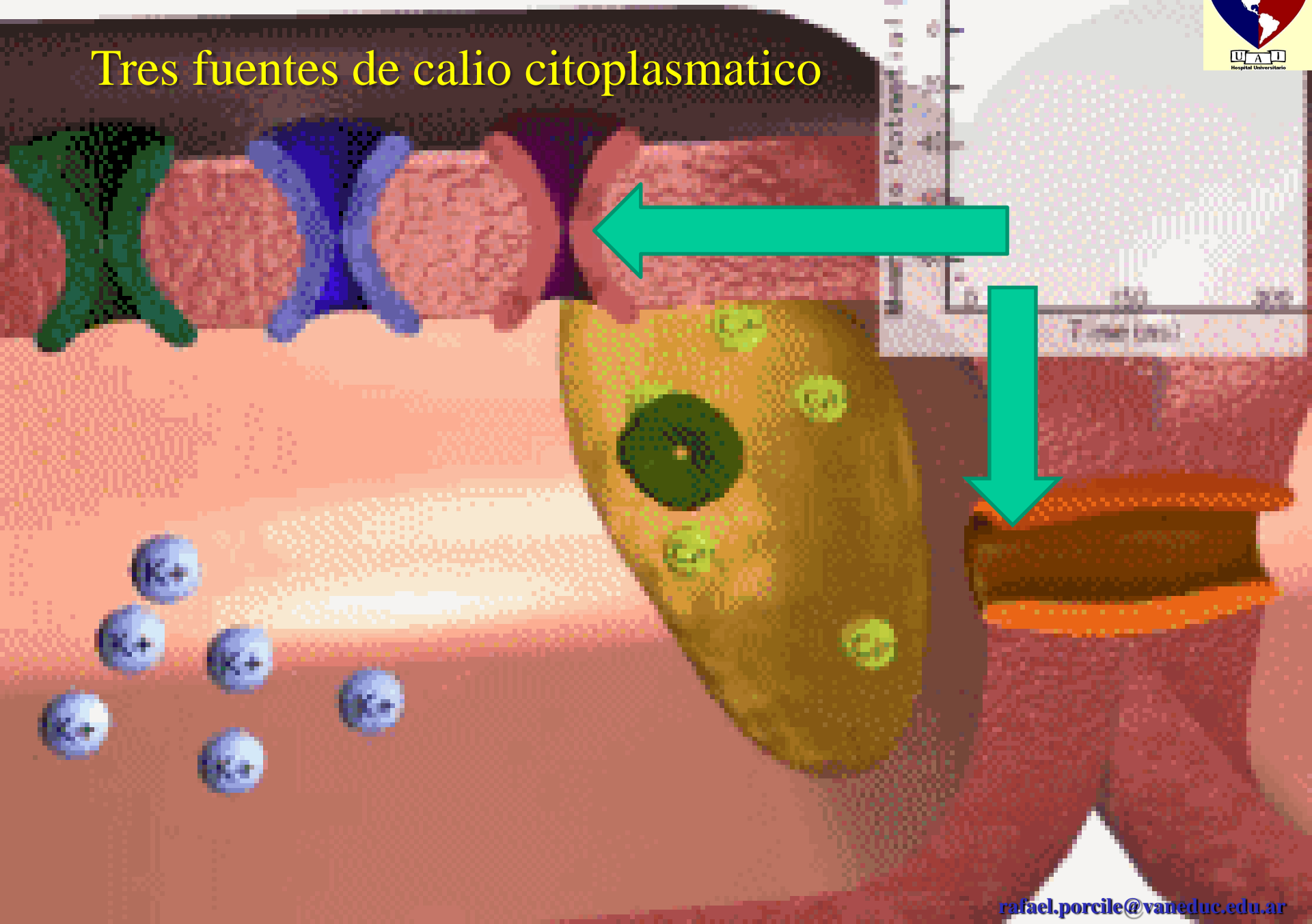
Calcium homeostasis



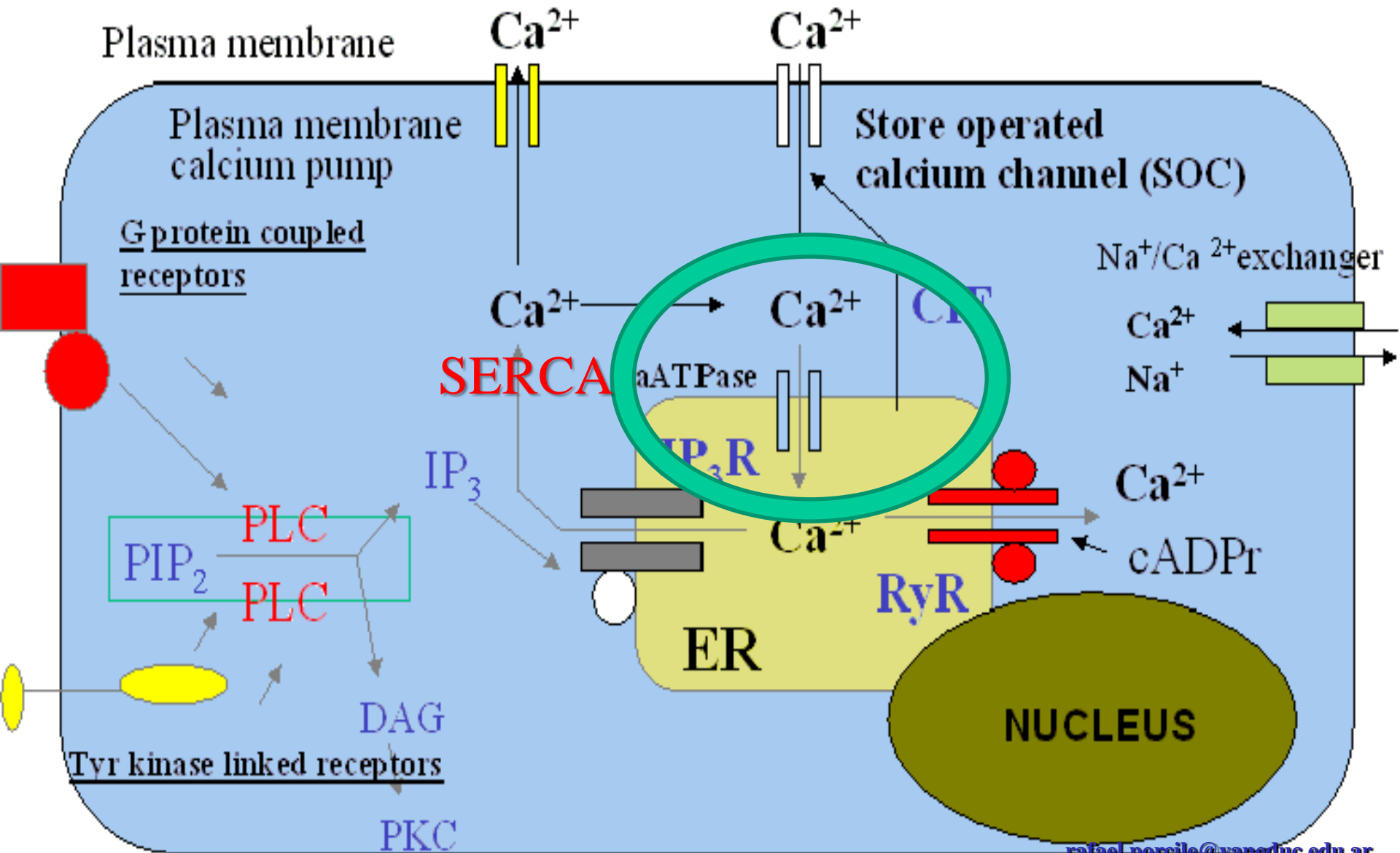
Tren fuentes de calcio citoplasmático

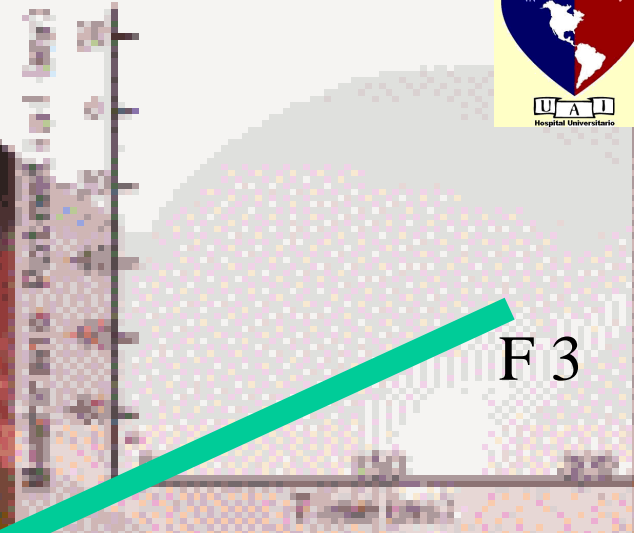


Tres fuentes de calcio citoplasmático



Calcium homeostasis





SERCA

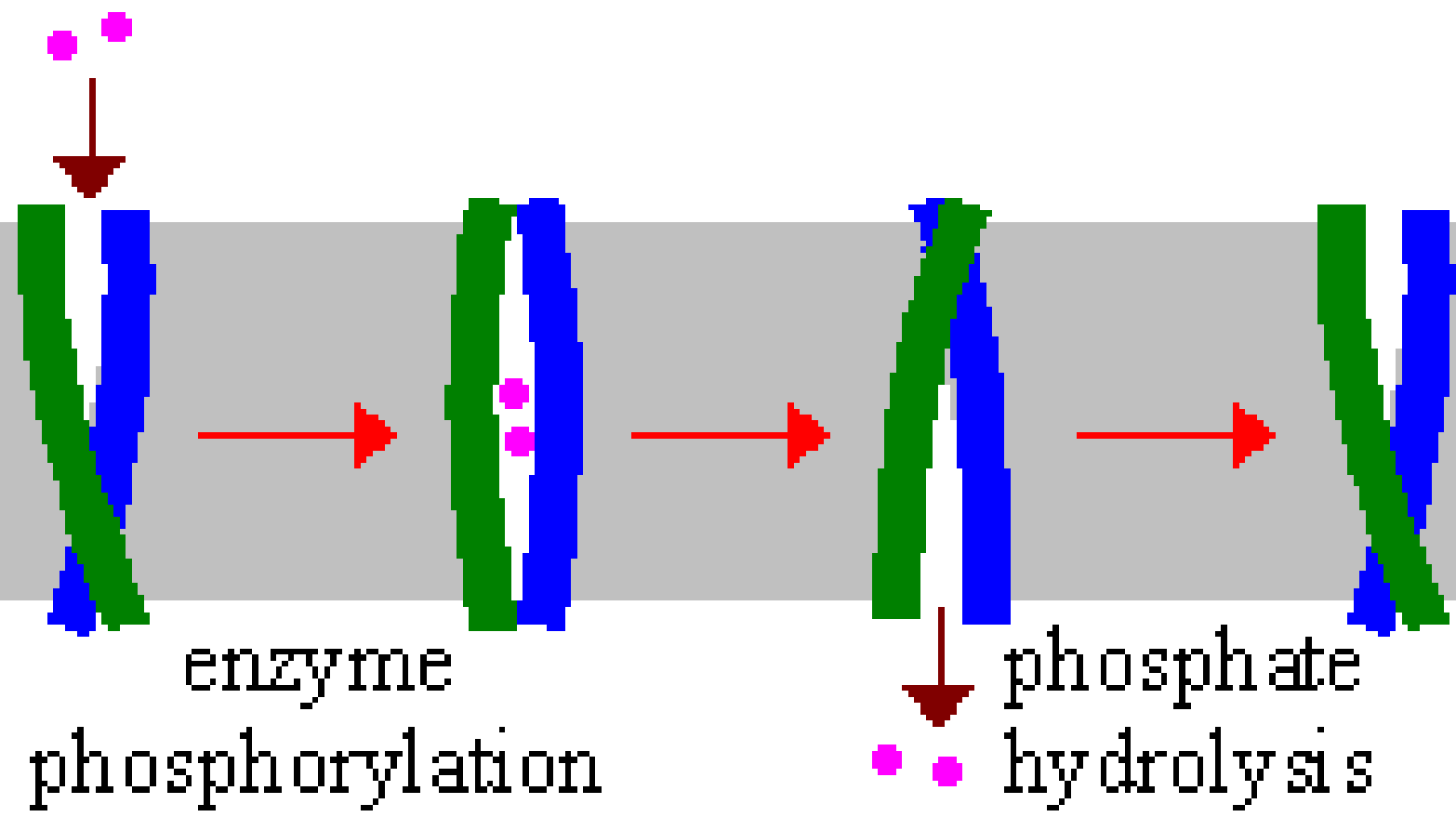
SARCOPLASMIC
ENDO
RETUCULUM CALCIUM
ATPASE PUMP

AUMENTO DE LA CONCENTRACION DE CALCIO CITOPLASMATICO



Ca^{++}

SERCA Conformational Cycle



¿DE ACUERDO?



Glucósidos cardiacos: Digitalicos

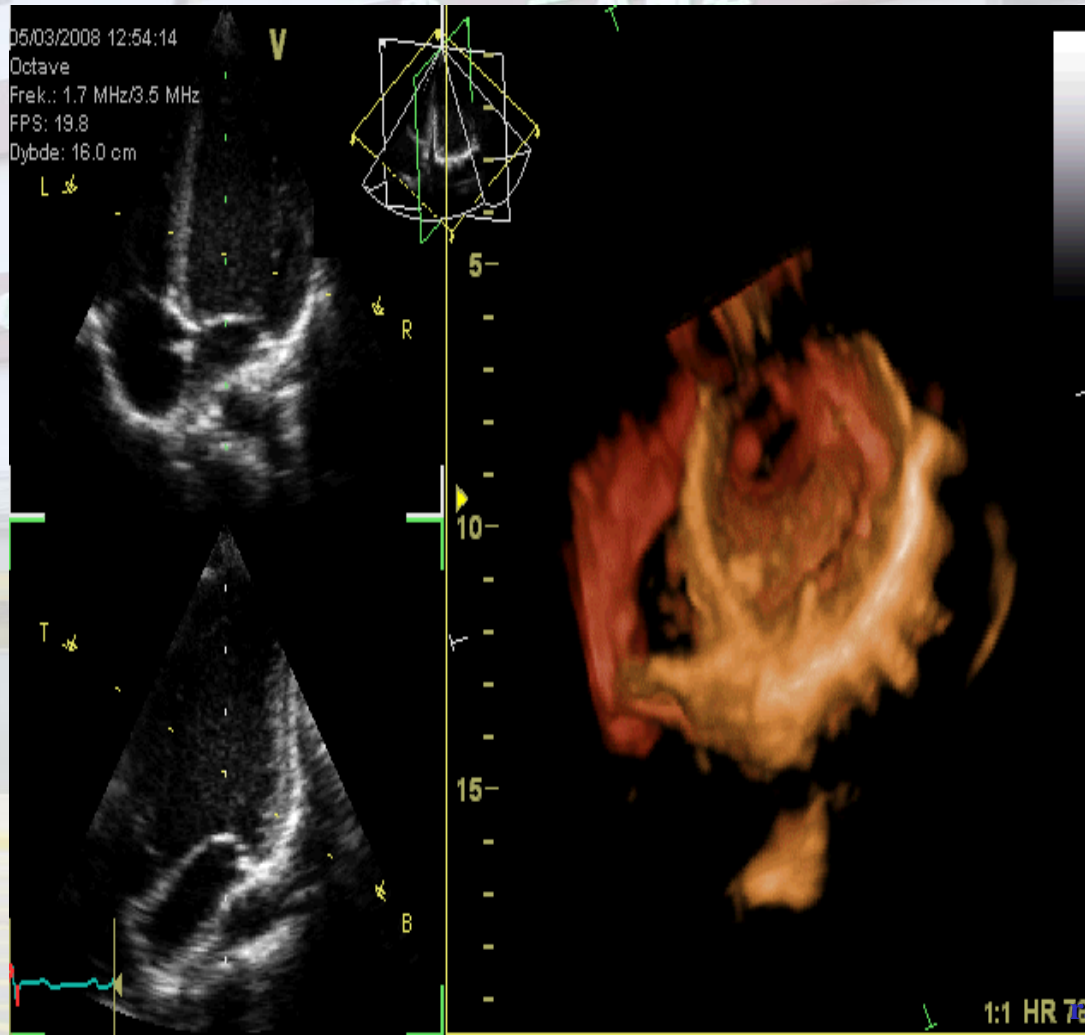


William Withering 1785
:Diuréticos

En 1920 se descubre su
acción inotrópica



DIGOXINA



Digitalicos

Digoxina

Metildigoxina

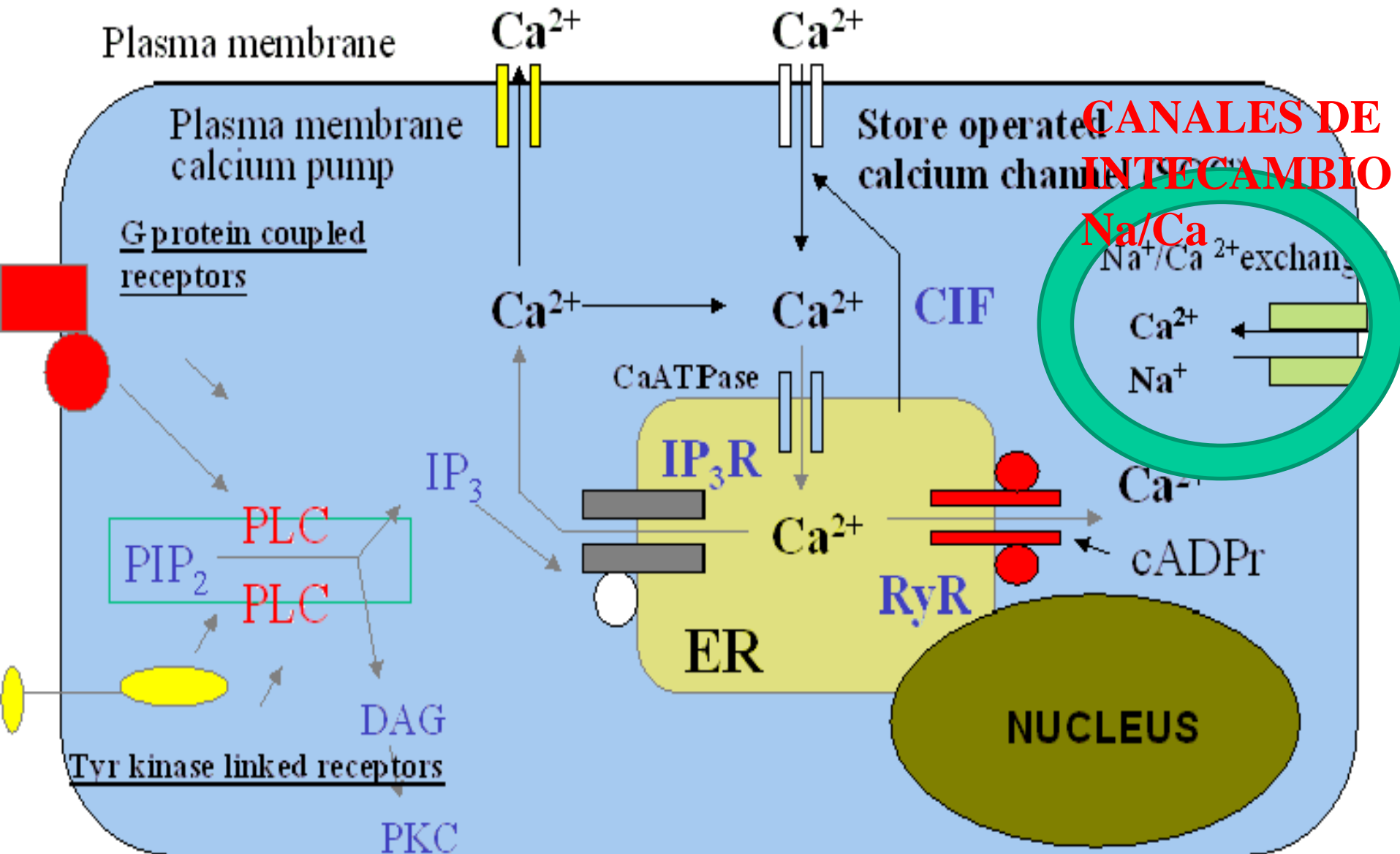
Bloquean la bomba ATPasa Na-K

Se incrementa la concentración de sodio intracelular

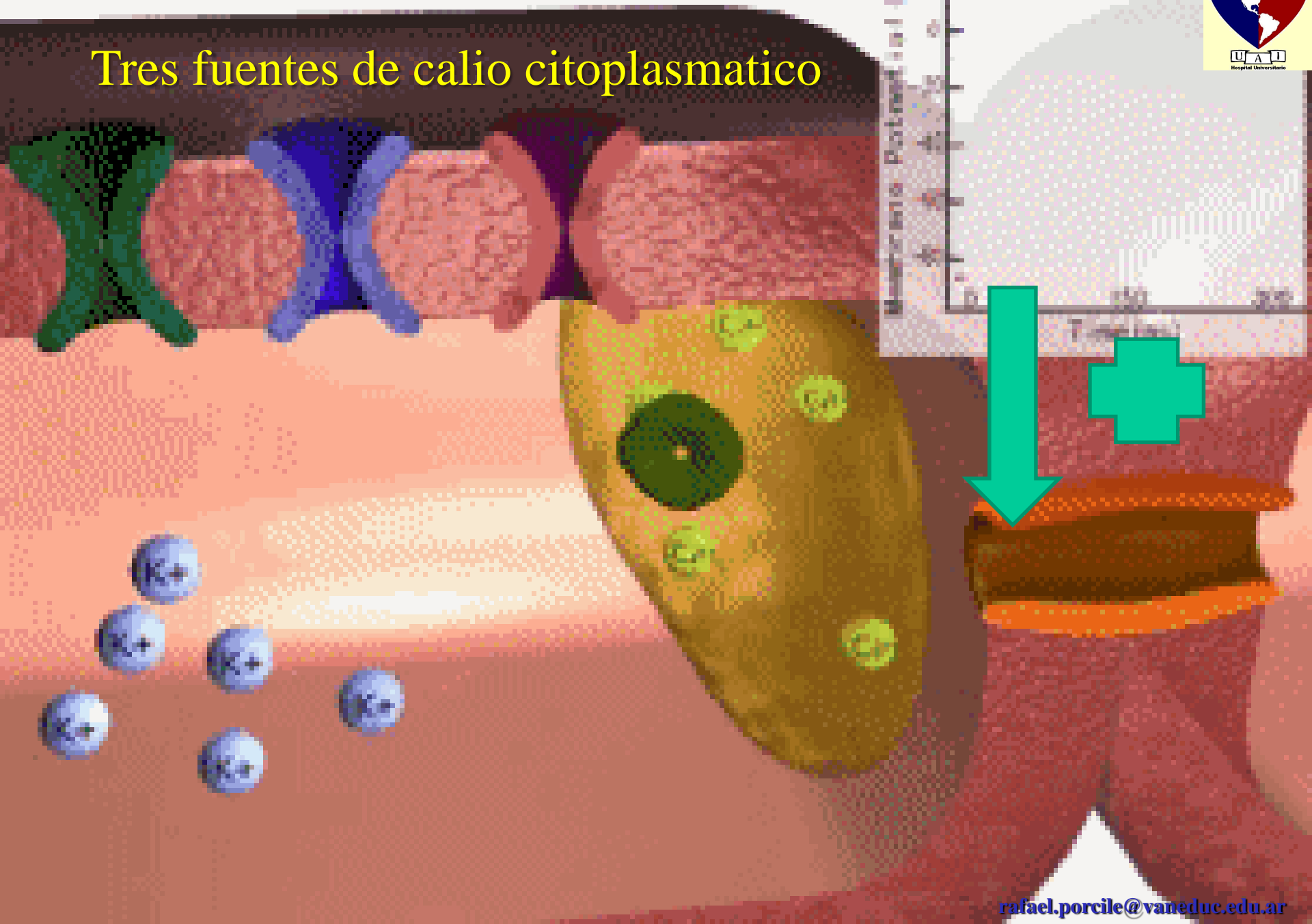
Se activa el intercambiador $\text{Na}^+/\text{Ca}^{++}$ de la membrana

Incrementa la concentración de calcio intracelular

Calcium homeostasis

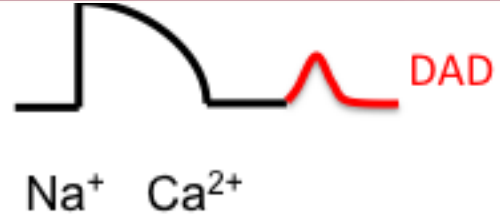
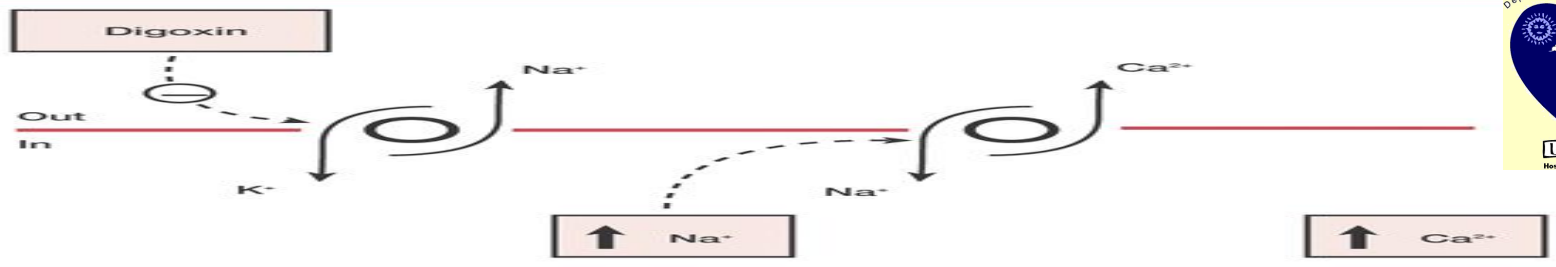


Tres fuentes de calcio citoplasmatico

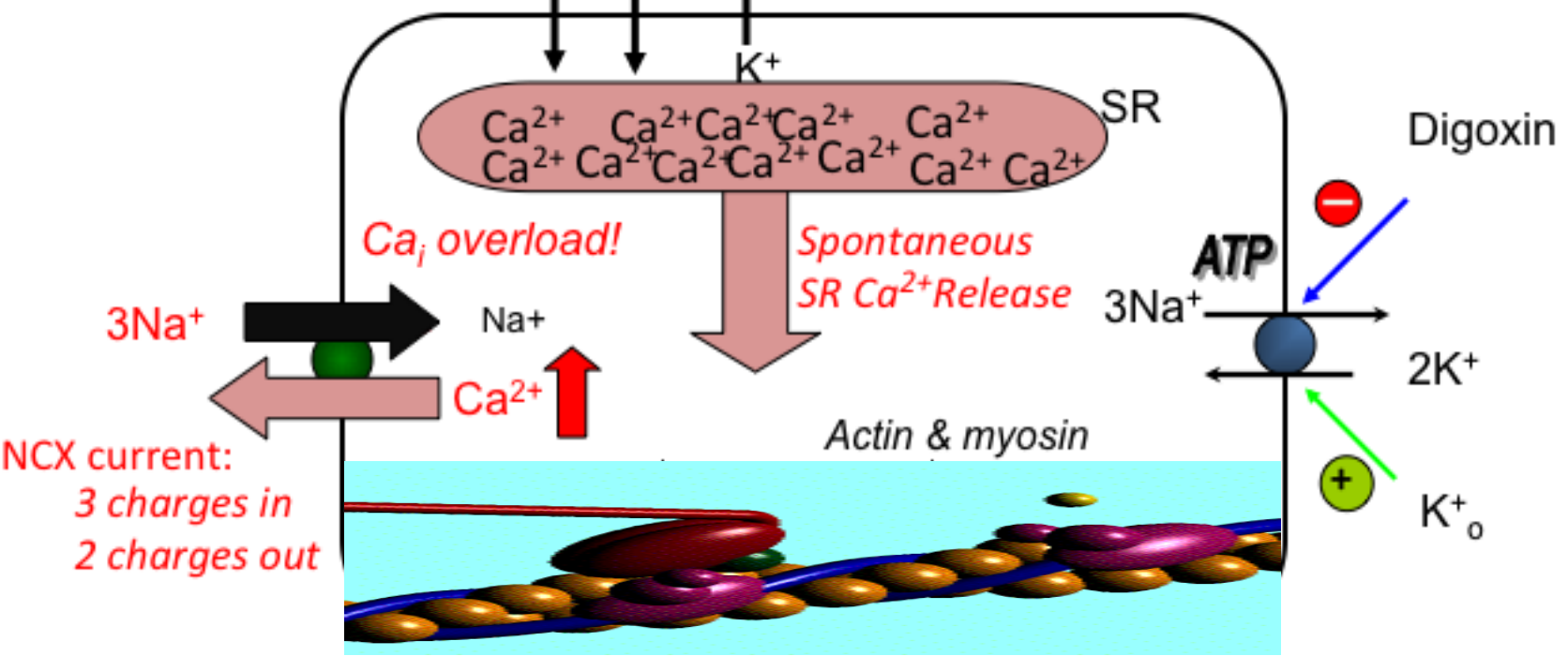




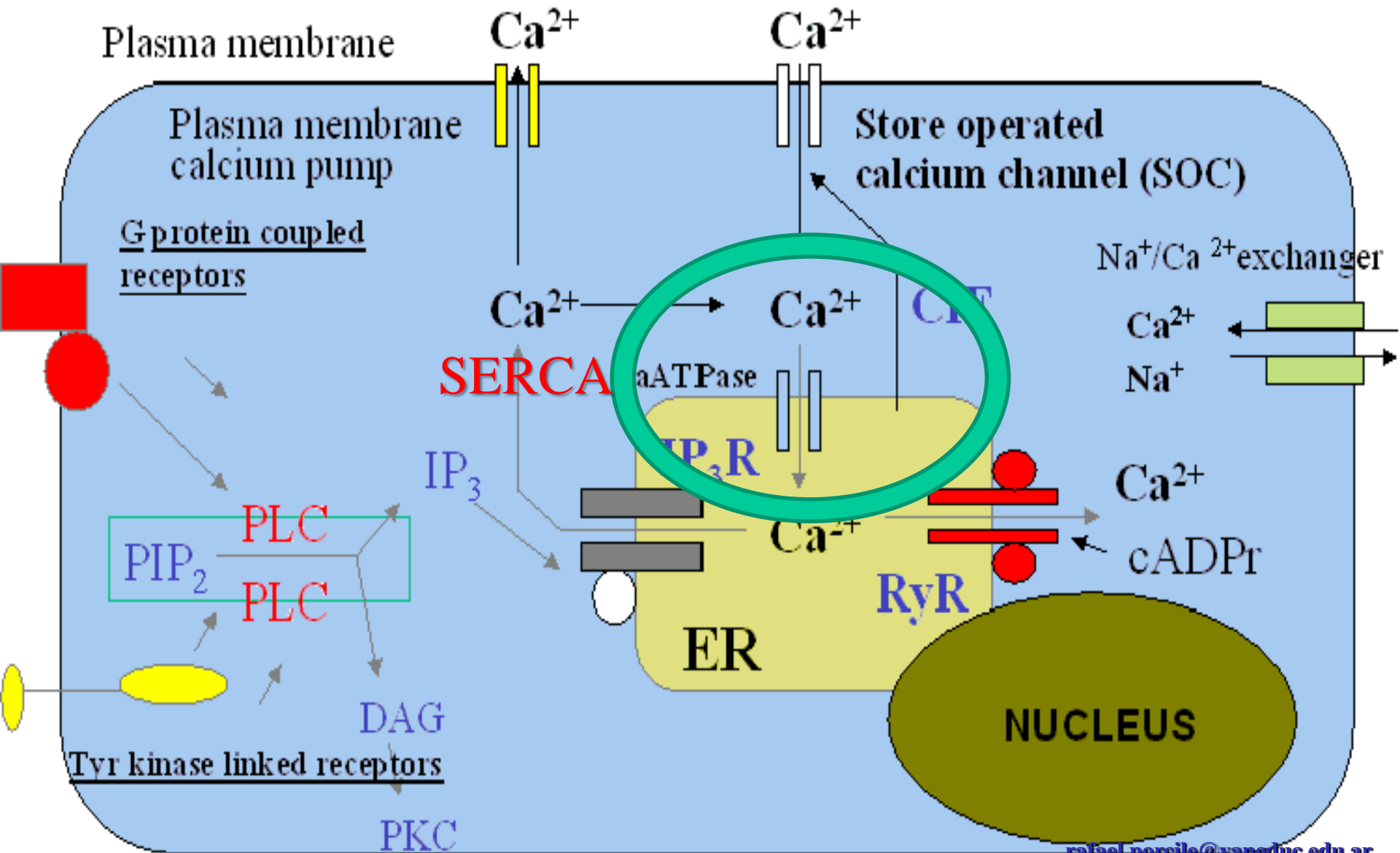
Al aumentar cargas positivas intracelulares reduce la polarización diastólica

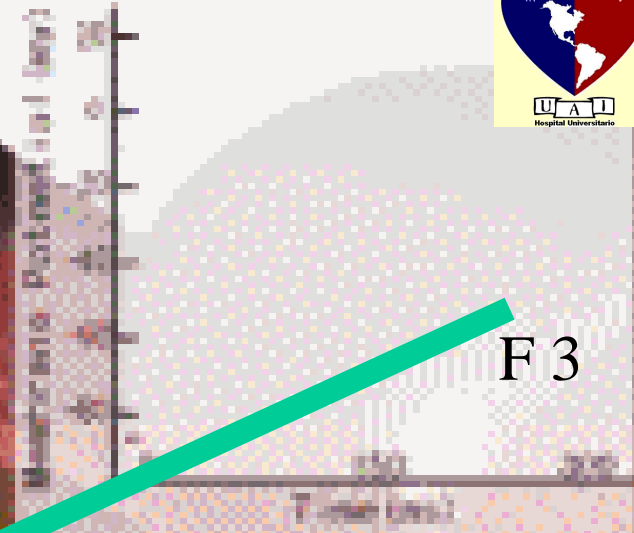


Na_0^+ : 140 mM	Na_i^+ : 7 mM
Ca_0^{2+} : 2 mM	Ca_i^{2+} : ~100 nM
K_0^+ : 4 mM	K_i^+ : 145 mM



Calcium homeostasis





SERCA

SARCOPLASMIC
ENDO
RETUCULUM CALCIUM
ATPASE PUMP

AUMENTO DE LA CONCENTRACION DE CALCIO CITOPLASMATICO

F 3



SERCA

**SARCOPLASMIC
ENDO
RETUCULUM CALCIUM
ATPASE PUMP**

AUMENTO DE LA CONCENTRACION DE CALCIO CITOPLASMATICO



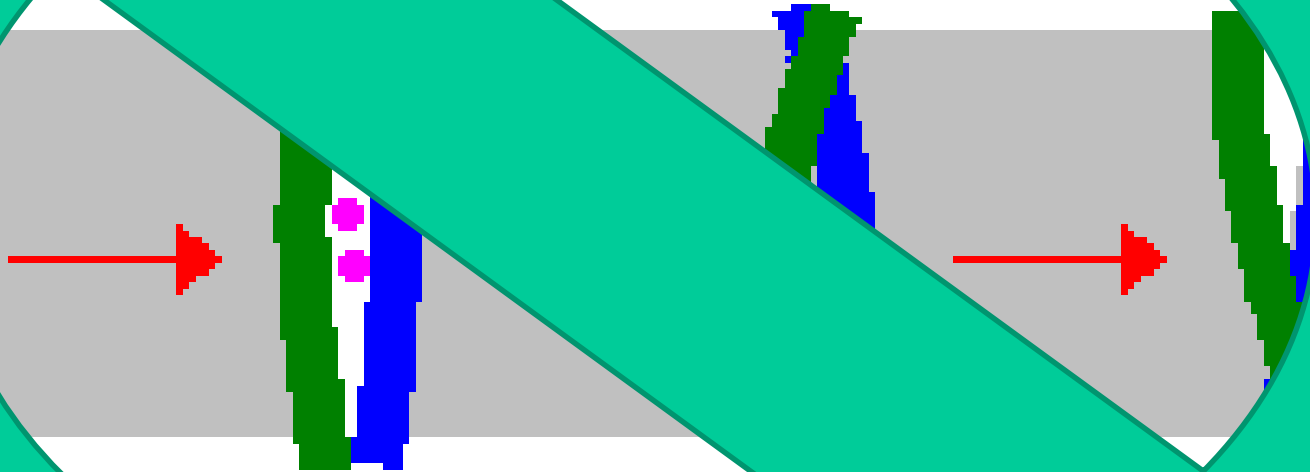
***DEUDA DE
OXIGENO***



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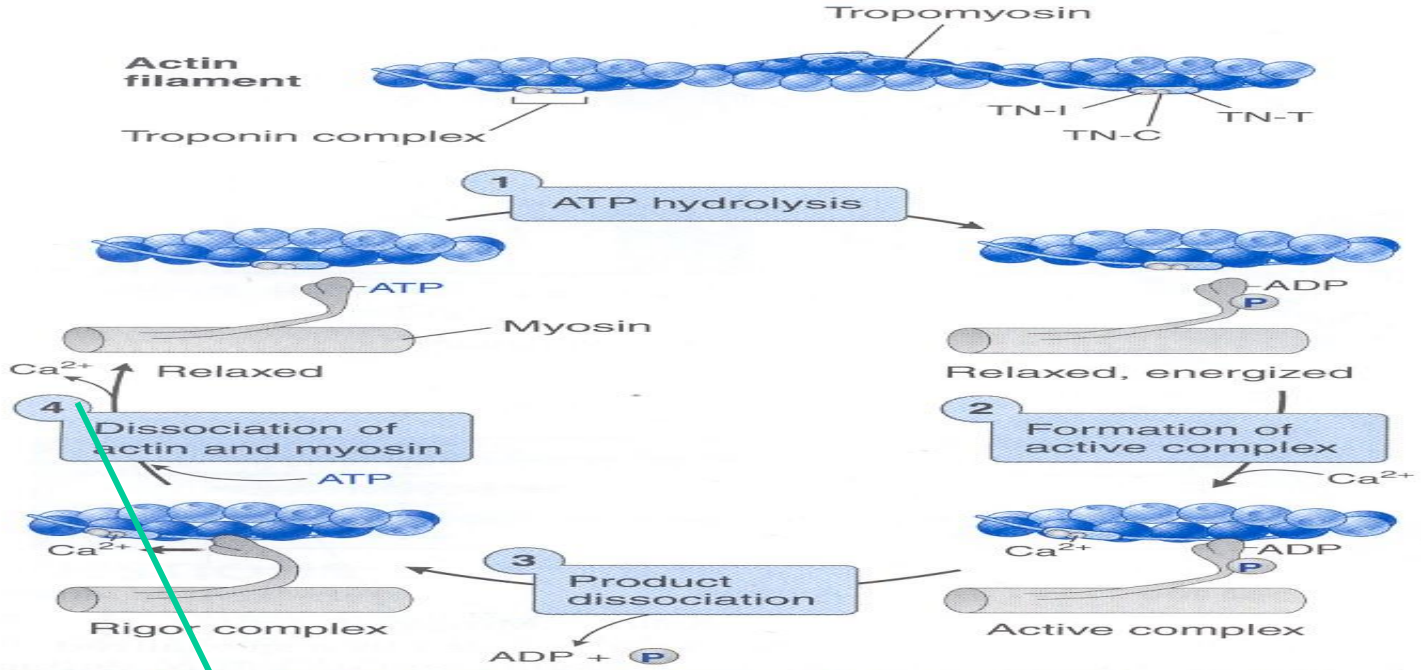


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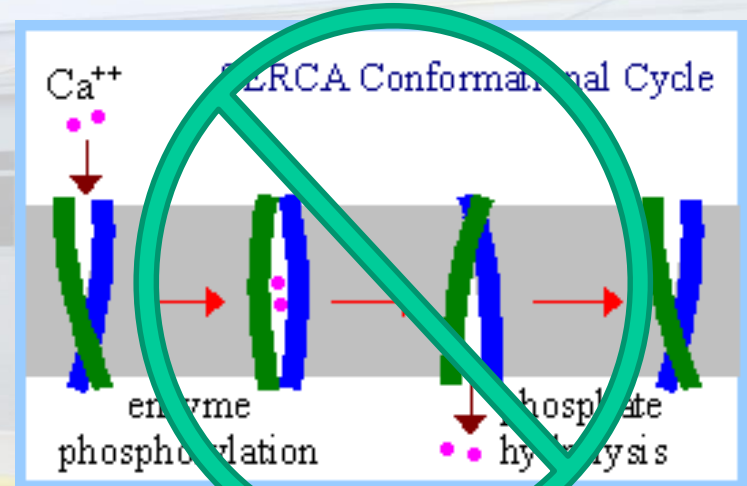
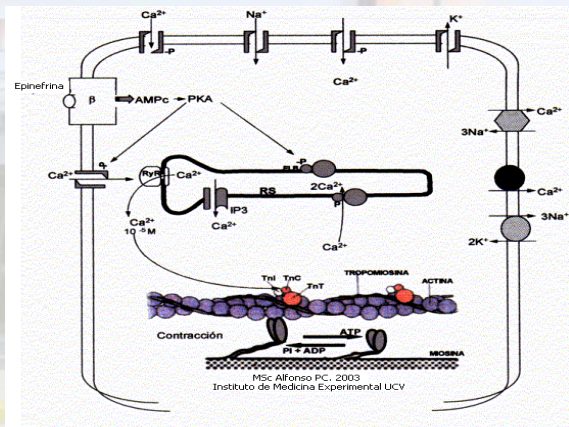
CONTRACCIÓN

**Gradiente de Calcio
DEPENDIENTE**

RELAJACIÓN

Digitalicos Aumentan el Calcio citoplasmatico

- Aumentan de su ingreso extra celular
- Raducen su bombeo al circuito sarcoplasmico

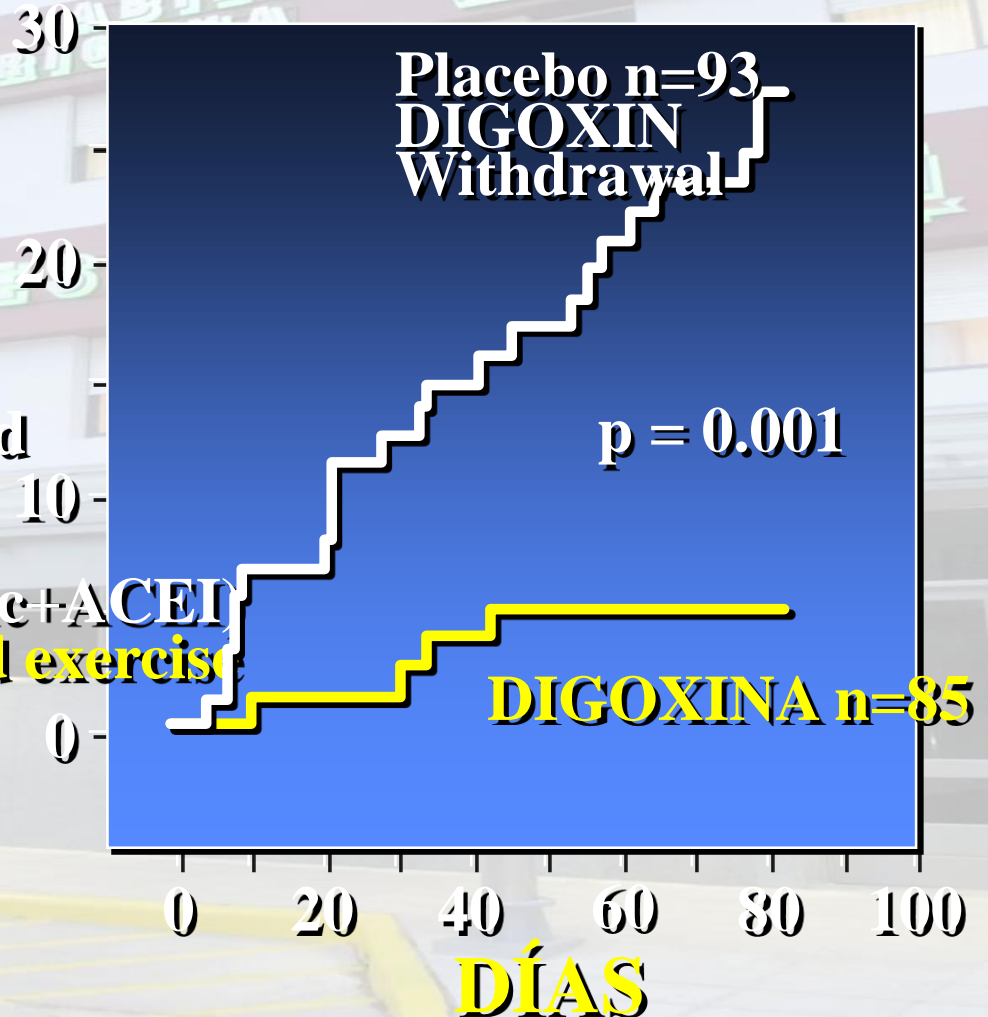


DIGOXINA

EFFECTO SOBRE EVOLUCIÓN DE LA ICC

**%
 PROGRESIÓN**

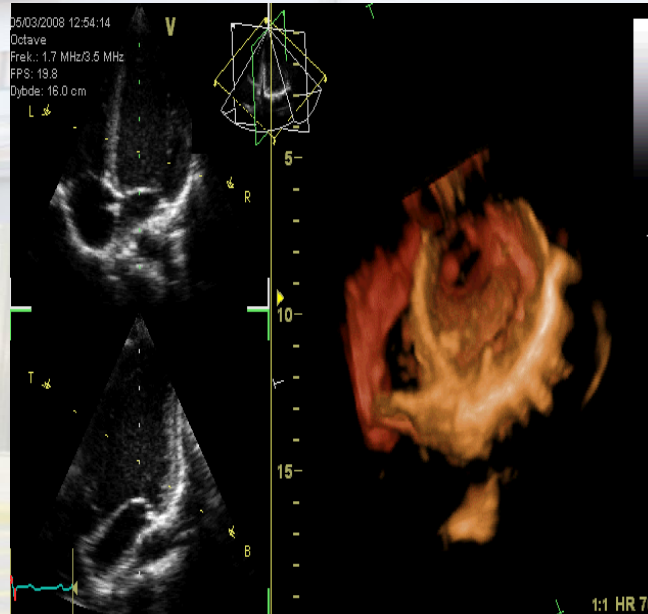
DIGOXIN: 0.125 - 0.5 mg /d
 (0.7 - 2.0 ng/ml)
 EF < 35%
 Class I-III (digoxin+diuretic+ACEI)
**Also significantly decreased exercise
 time and LVEF.**



RADIANCE
N Engl J Med 1993;329:1

DIGOXINA

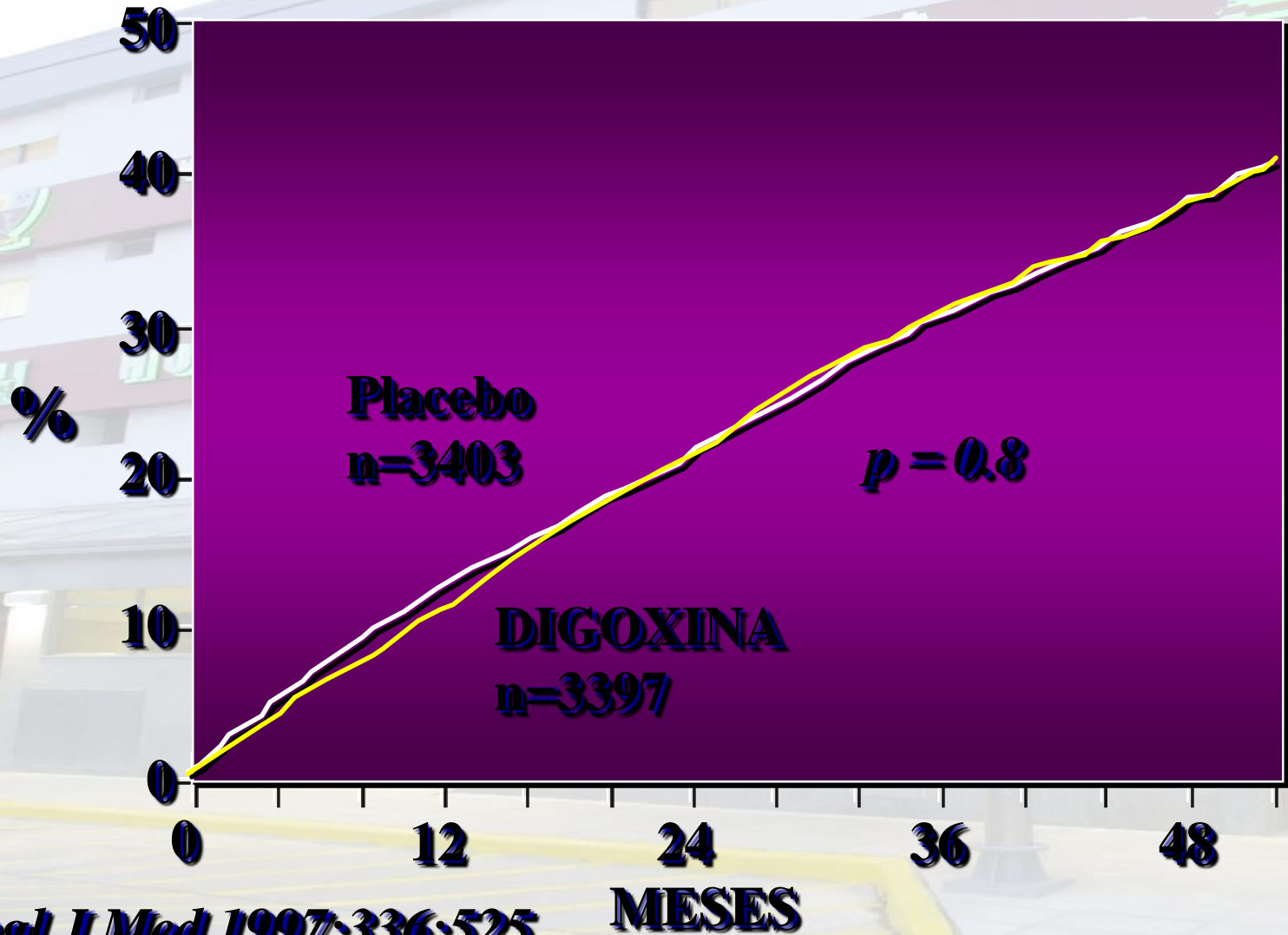
**AUMENTA LA CONCENTRACIÓN DE CALCIO
INTRACELULAR**



ISQUEMIA



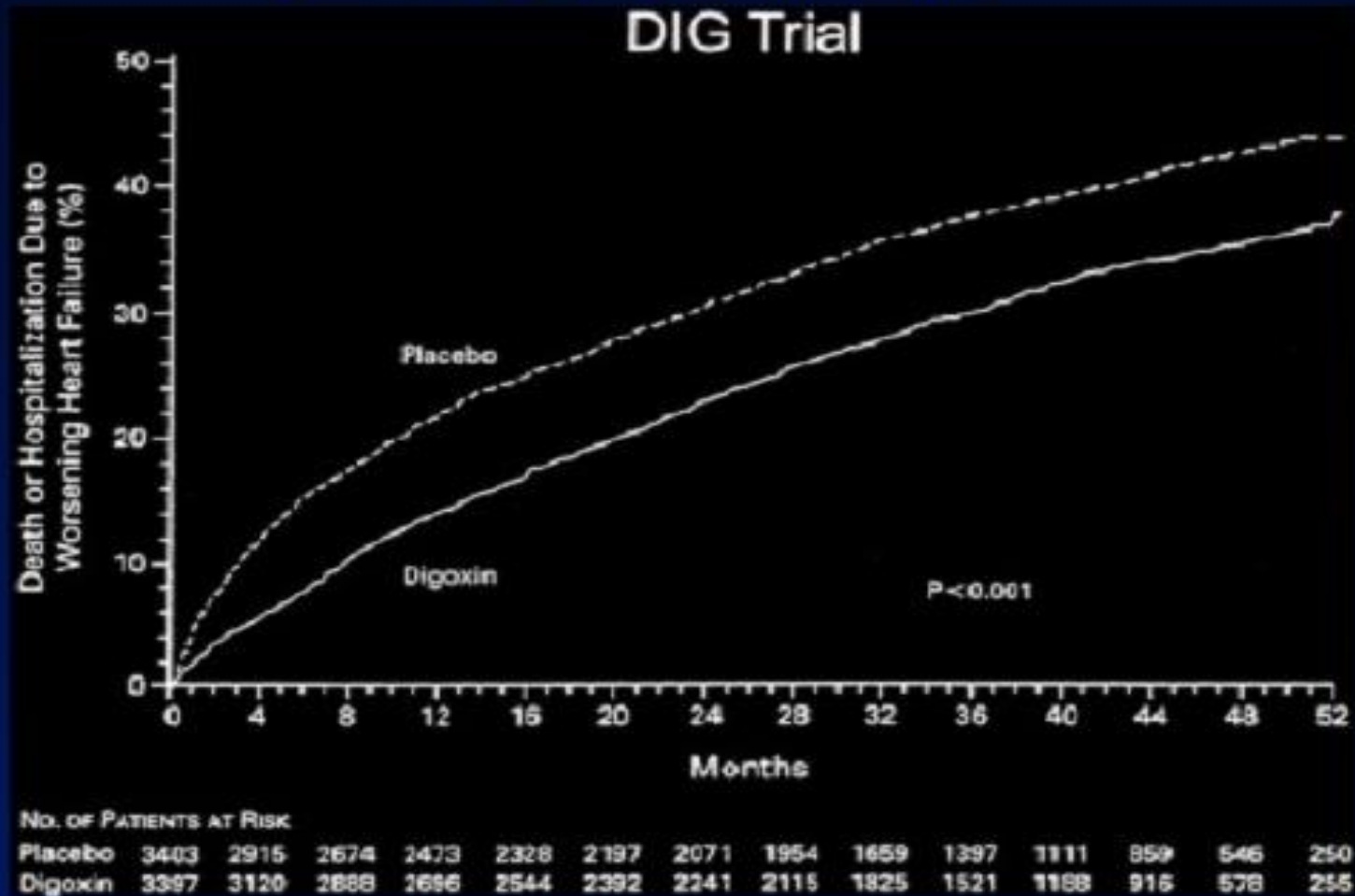
DIGOXINA Y MORTALIDAD EN ICC



DIG
N Engl J Med 1997;336:525

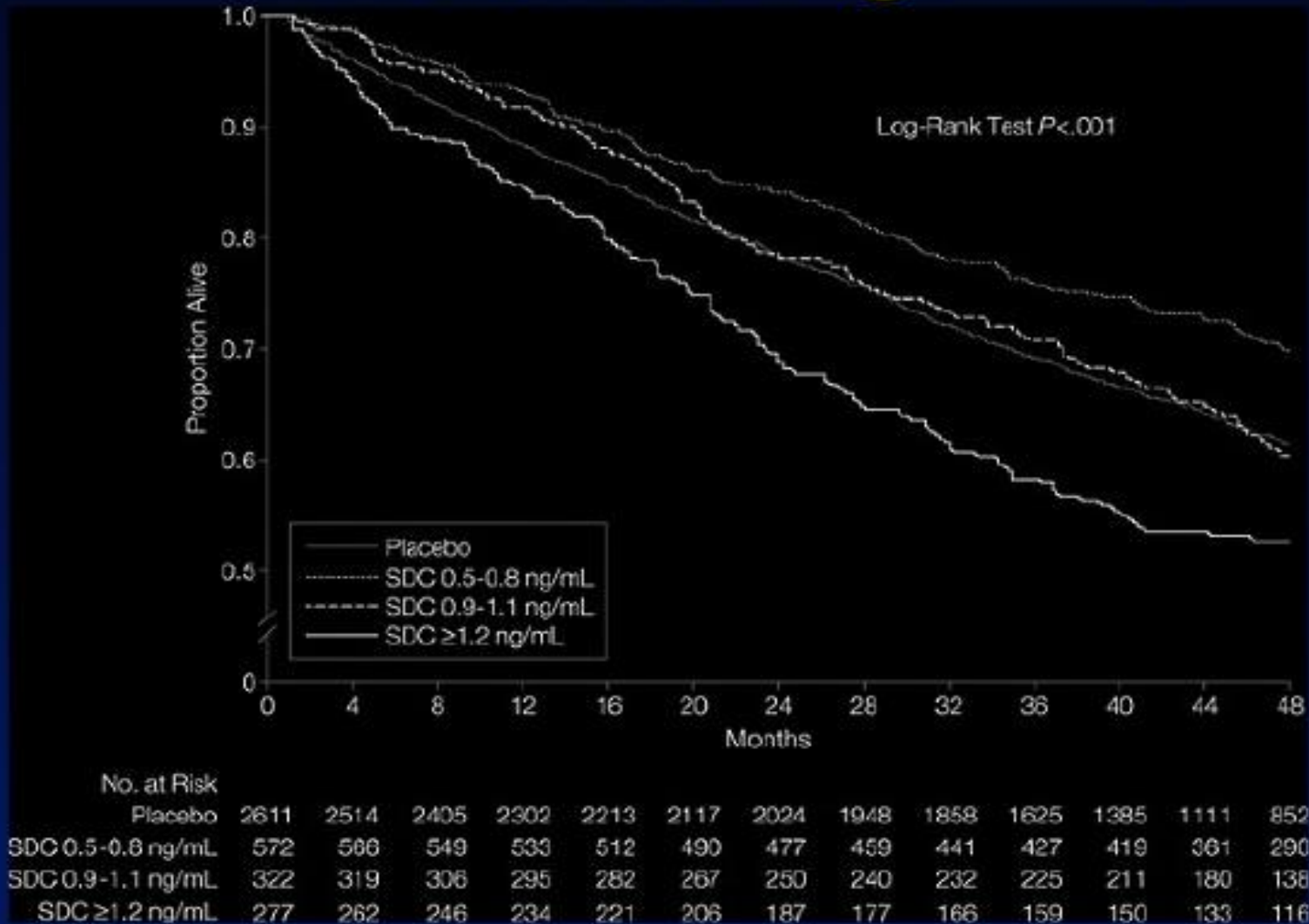
Pero Disminuye los Internamientos y Síntomas

Mortalidad y hospitalizaciones



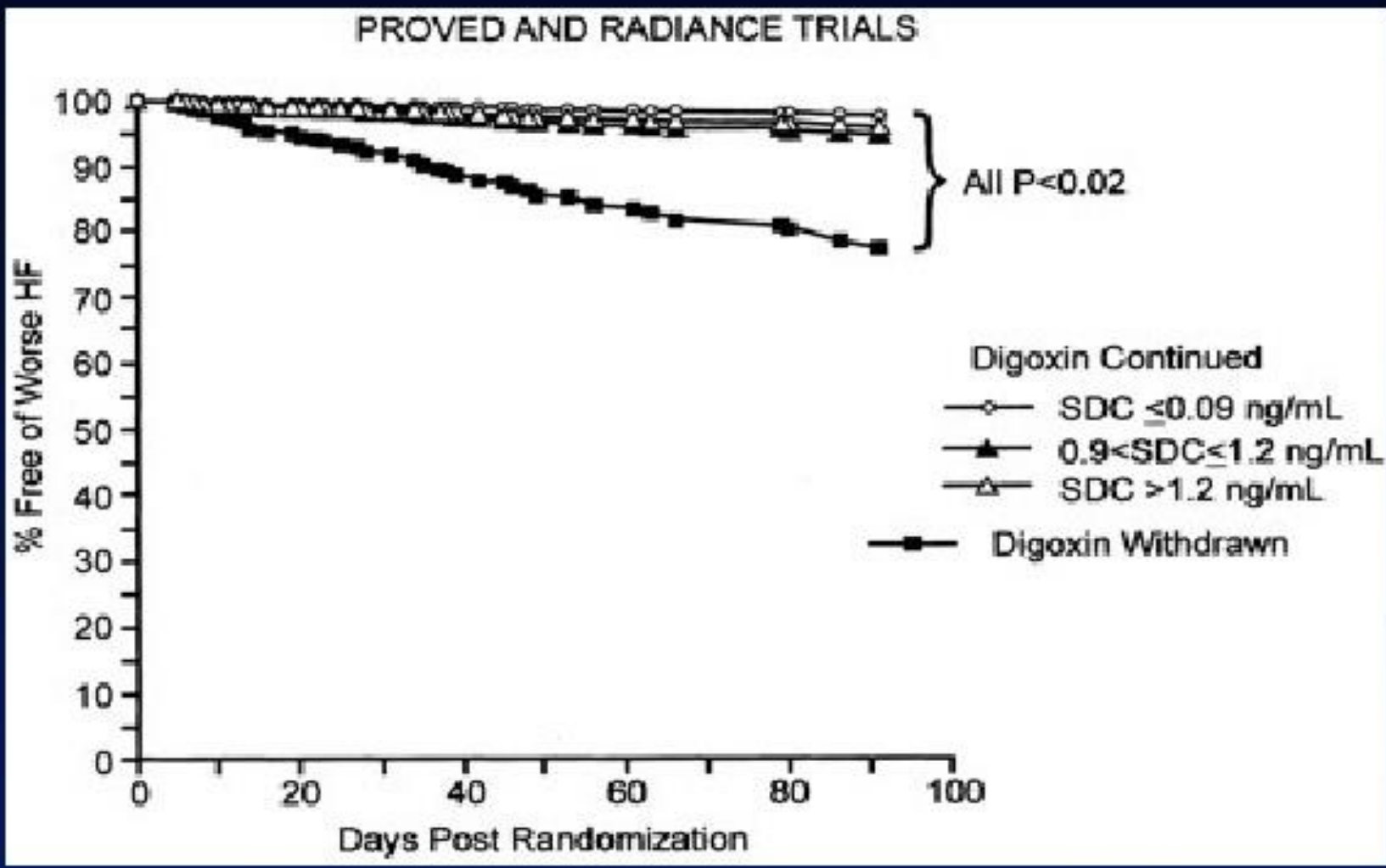
DIG investigator group. *NEJM*. 1997; 336:525-533

Mortalidad Depende de los Niveles de Digoxina



S S Rathore. *JAMA*. 2003;289:871-878

Digoxin Withdrawal Worsens HF, Independent of Dig Level

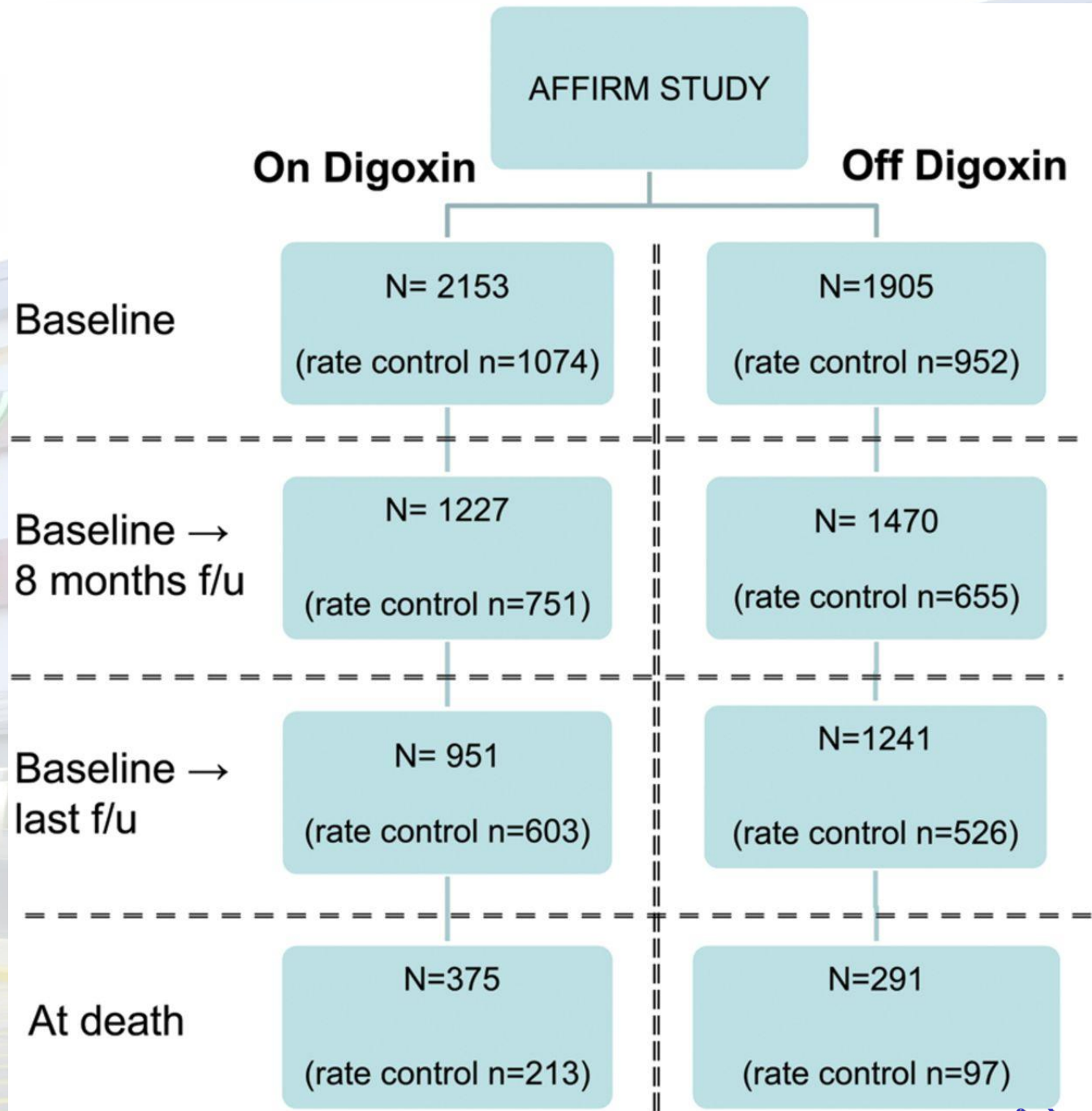


Increased mortality among patients taking digoxin—analysis from the AFFIRM study

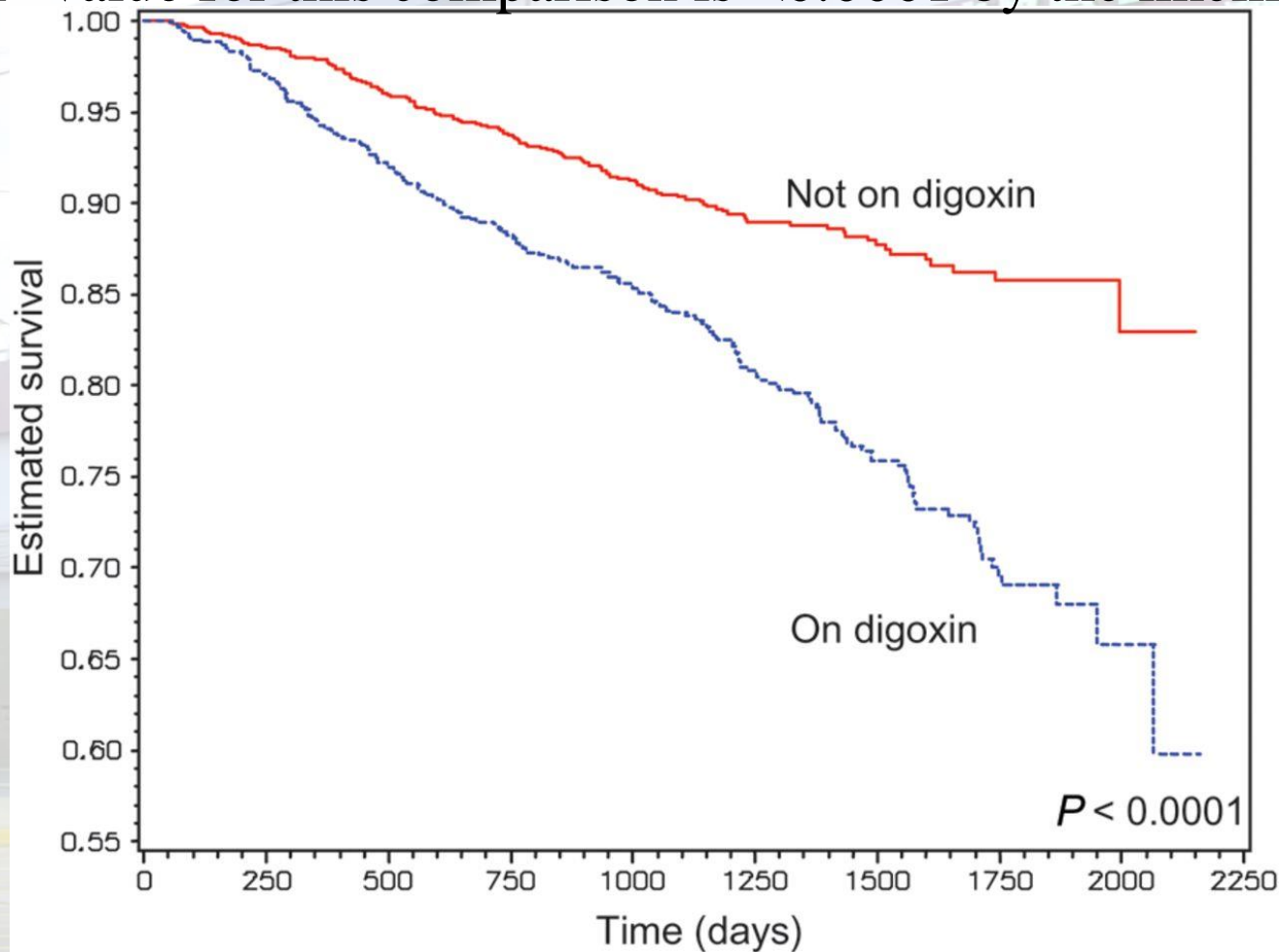
European Heart Journal (2013) 34, 1481–1488
doi:10.1093/eurheartj/ehs348

The AFFIRM trial randomized 4060 patients to rhythm control (2033 patients) vs. rate control (2027 patients).

The study included 1594 females representing 39.3% of the study cohort. Overall, 2816 patients (69.4%) received digoxin within 6 months of randomization and/or during the study.



Kaplan–Meier curves for all-cause mortality based on digoxin use during the study. Shown are Kaplan–Meier curves for all-cause mortality in patients always or never on digoxin during the study. *P*-value for this comparison is <0.0001 by the likelihood ratio test.



Increased mortality among patients taking digoxin—analysis from the AFFIRM study

European Heart Journal (2013) 34, 1481–1488
doi:10.1093/eurheartj/ehs348

Digoxin was associated with a significant increase in all-cause mortality in patients with AF after correcting for clinical characteristics and comorbidities, regardless of gender or of the presence or absence of HF. These findings call into question the widespread use of digoxin in patients with AF

¿Cuales pacientes
son los que tienen
mas probabilidad de
morir bajo digoxina?

Patients with no congestive heart failure and ejection fraction $\geq 40\%$

In patients with AF and no HF, digoxin was associated with a 37% increase in mortality.

This group represented more than half of all patients enrolled in AFFIRM.

These findings are consistent with previously published results from the **Registry of Information and Knowledge about Swedish Heart Intensive care Admissions (RIKS-HIA) study.**¹²

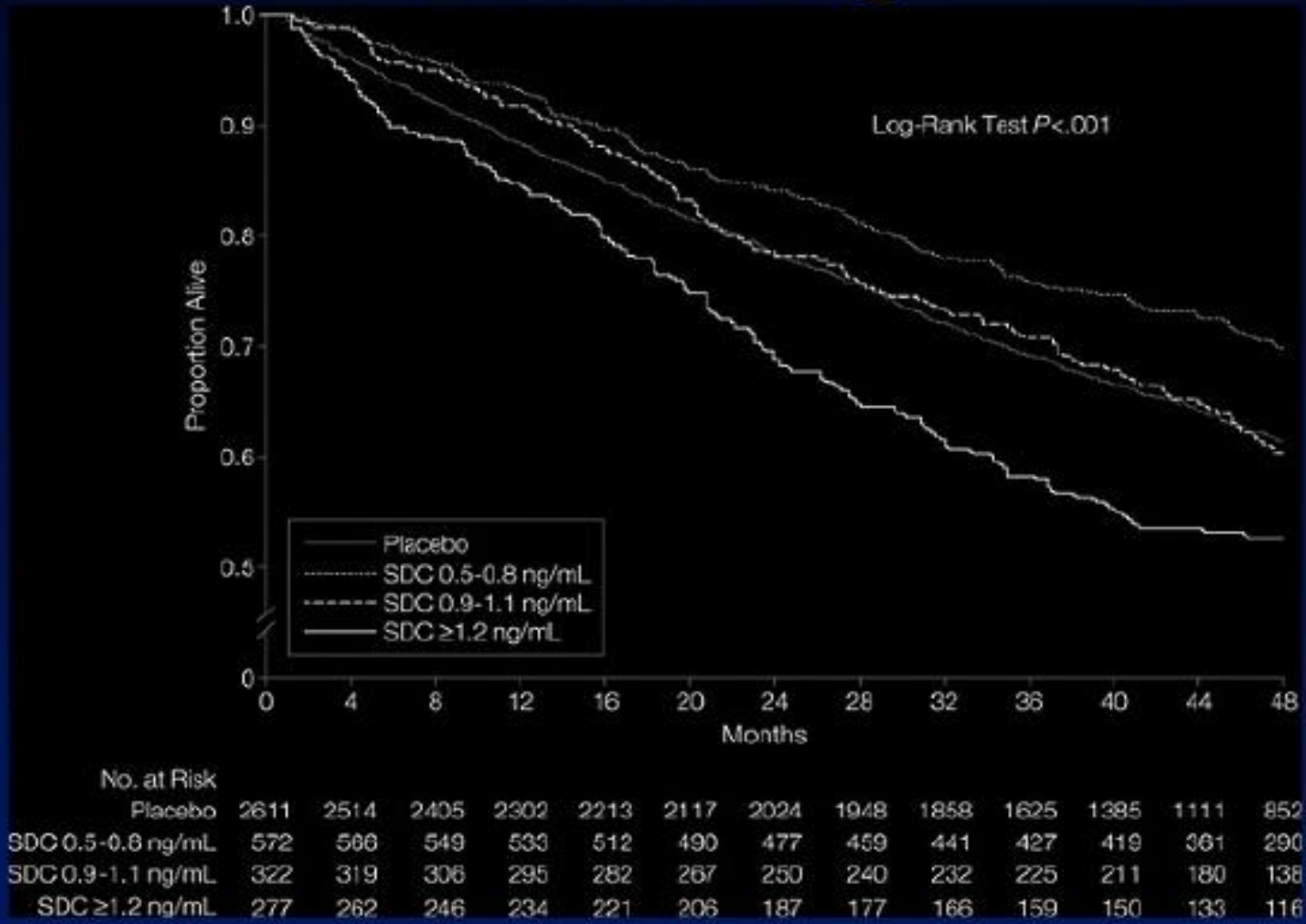
The RIKS-HIA study examined 1-year outcomes of patients with AF, CHF, or both on digoxin by comparing them to a matched group of patients not receiving digoxin.

The 4426 patients with AF and no history of CHF taking digoxin had a significant increase in overall mortality (estimated relative risk 1.42, 95% CI 1.29–1.56) compared with 16 587 controls at discharge.

Among the 666 patients who died during the study, 375 (56.3%) received digoxin and 291 (43.7%) had no digoxin at the last follow-up visit before death.

When comparing those two groups, **cardiac death with no evidence of ischaemia was a significantly more frequent cause of death among patients on digoxin** at the last follow-up visit ($n = 139, 37.1\%$ vs. $n = 79, 27.1\%$, $P = 0.007$). There were no statistical differences for the following causes of death: cancer; pulmonary; and non-cardiovascular

Mortalidad Depende de los Niveles de Digoxina



S S Rathore. *JAMA*. 2003;289:871-878

***Digoxin-associated
mortality: a systematic
review and meta-
analysis of the literature***

European Heart Journal

doi:10.1093/eurheartj/ehv143

2015

Class IIa **Digoxin can be beneficial in patients with HFrEF, *unless contraindicated, to decrease hospitalizations for HF (484-491).***
(Level of Evidence: B)

May be used only in patients who remain symptomatic despite therapy with the neurohormonal antagonists.

2013 ACCF/AHA Guideline for the Management of Heart Failure

CRONOTROPICOS NEGATIVOS



DROGA	DIGITAL	Bloqueantes Calcicos	BETA Bloqueantes	IVABRADINA
FRECUENCIA CARDIACA	-	-	- -	- -
CALCIO CITOPLASMATICO	++	- - -	-	0
INOTROPISMO	+	-	-	+
DURACIÓN DIASTOLE	-	+	++	+++
EXITABILIDAD	++	0	- -	0

CRONOTROPICOS NEGATIVOS



DROGA	DIGITAL	Bloqueantes Calcicos	BETA Bloqueantes	IVABRADINA
FRECUENCIA CARDIACA	-	-	- -	- -
CALCIO CITOPLASMATICO	++	- - -	-	0
INOTROPISMO	+	-	-	+
DURACIÓN DIASTOLE	-	+	++	+++
EXITABILIDAD	++	0	--	0

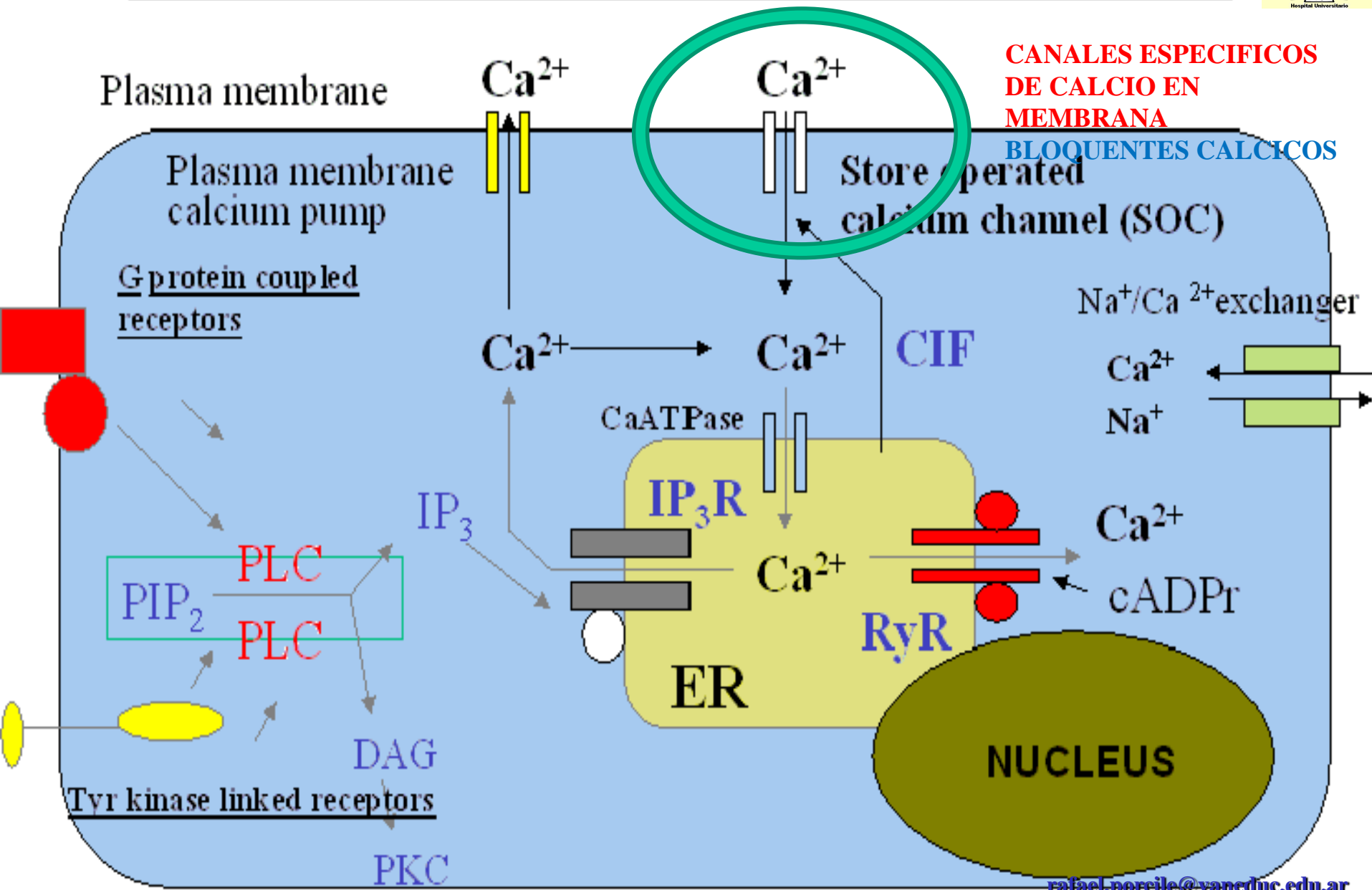
¿DE ACUERDO?



BLOQUEANTES CALCICOS

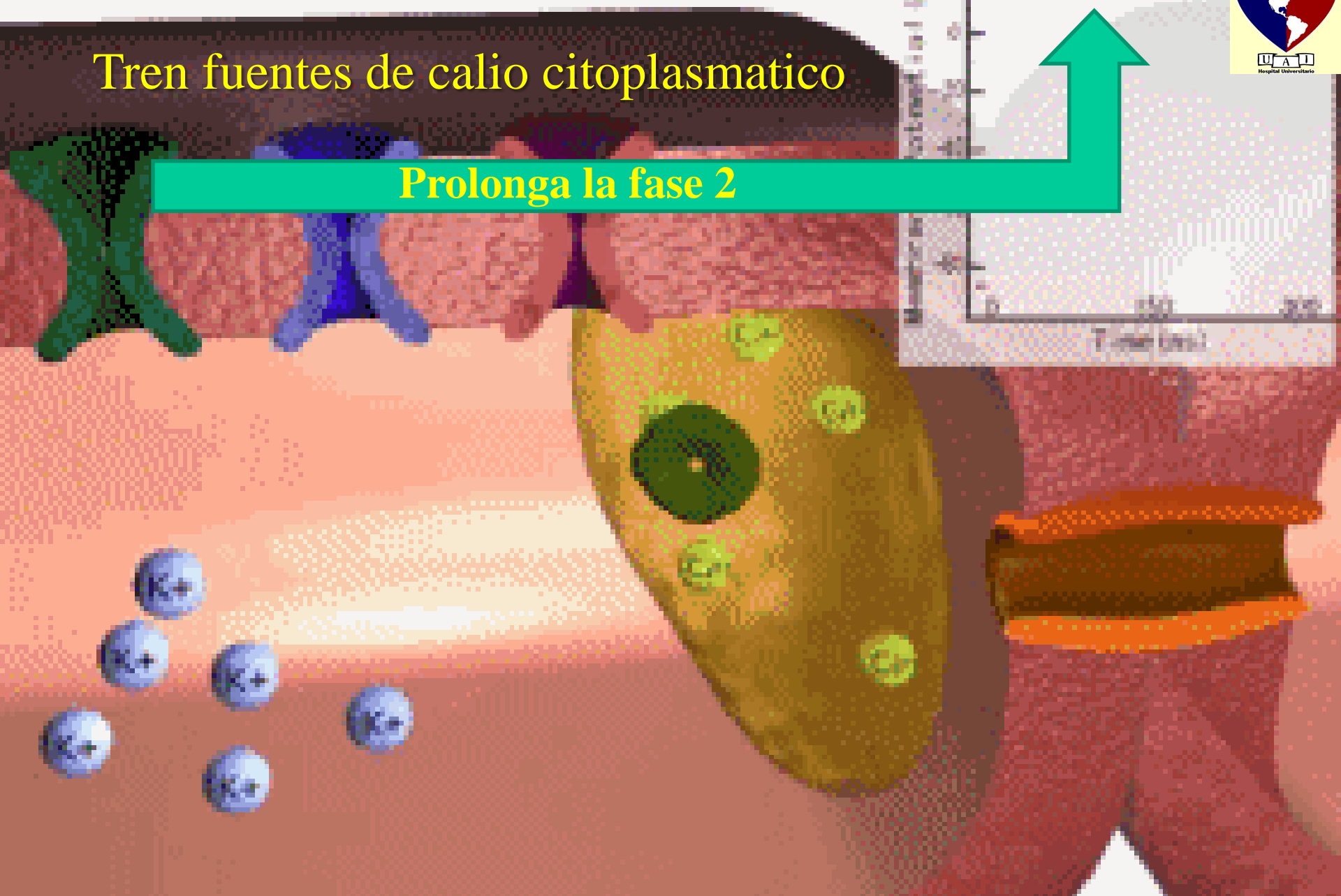
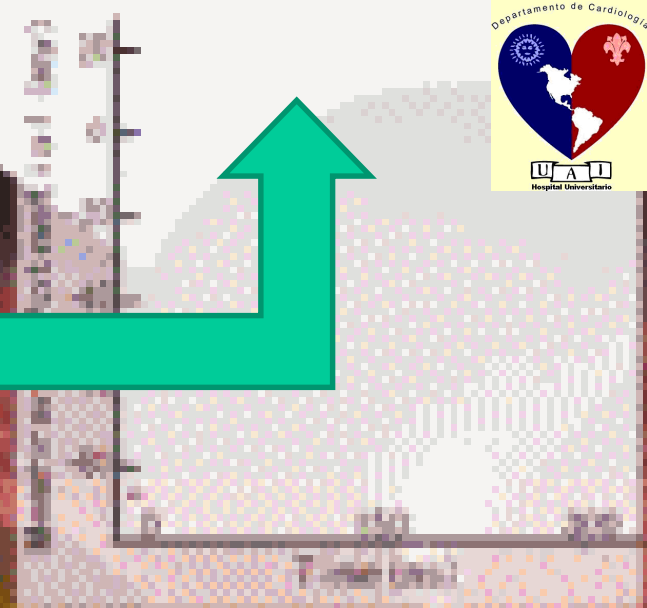


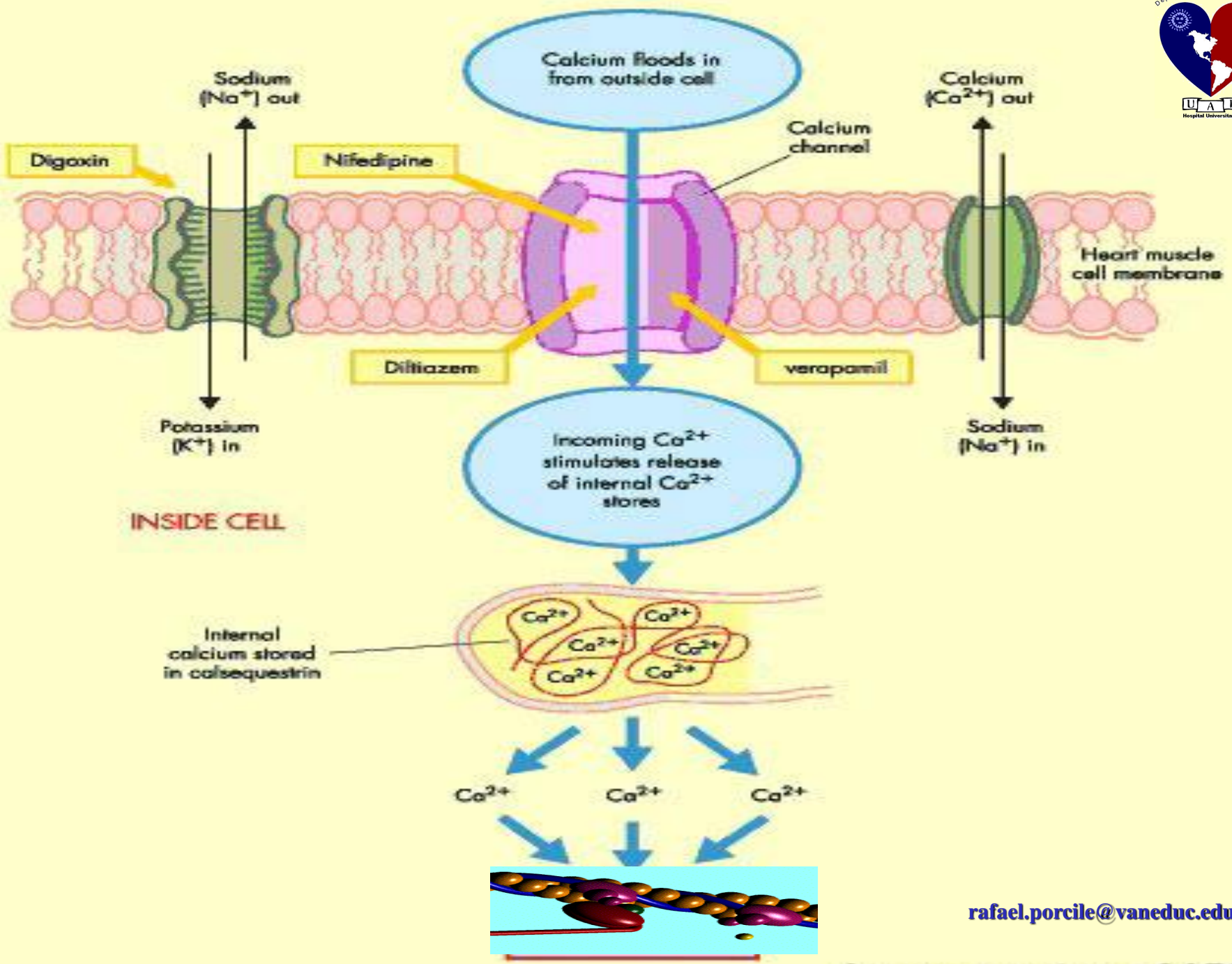
Calcium homeostasis



Tren fuentes de calcio citoplasmatico

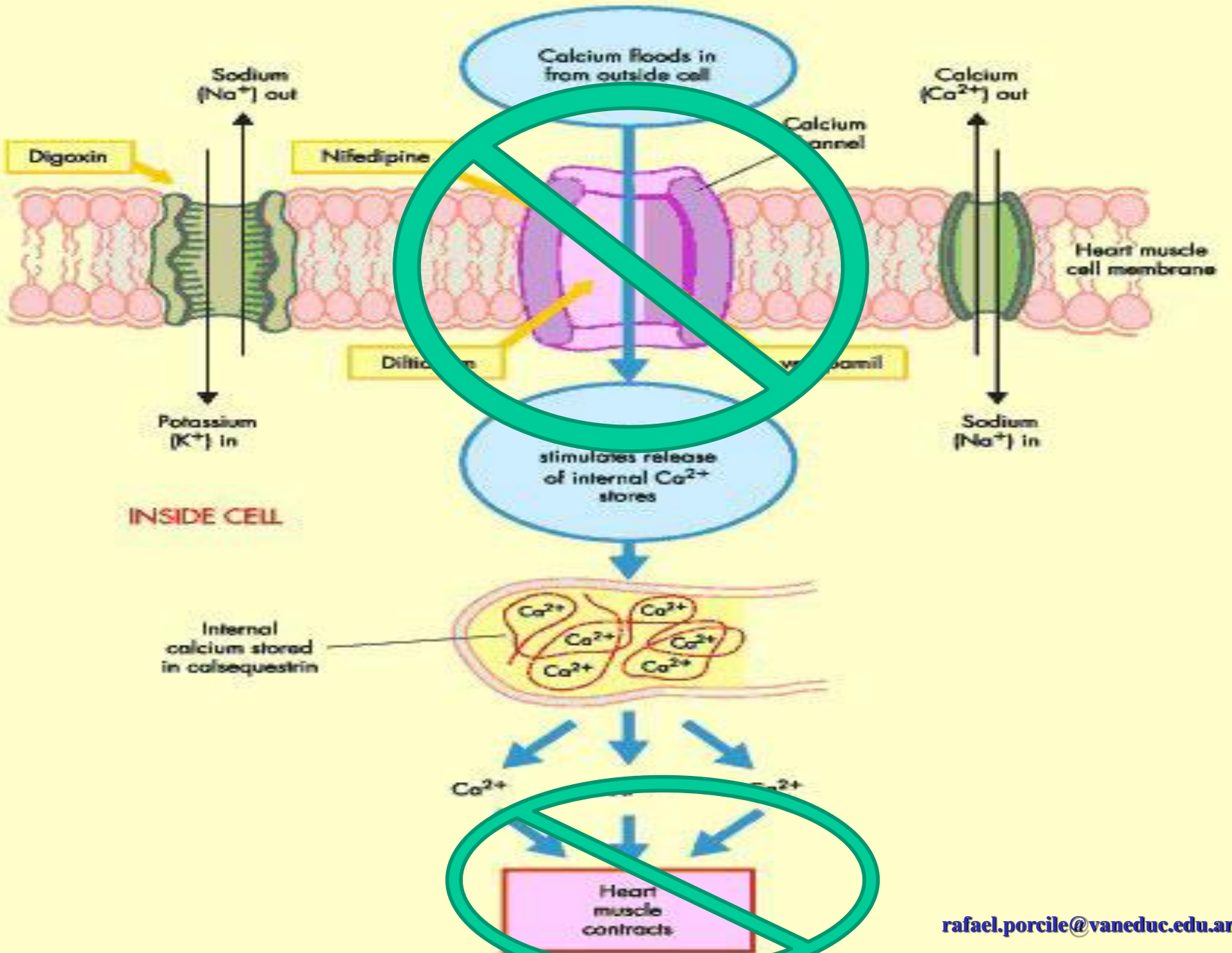
Prolonga la fase 2





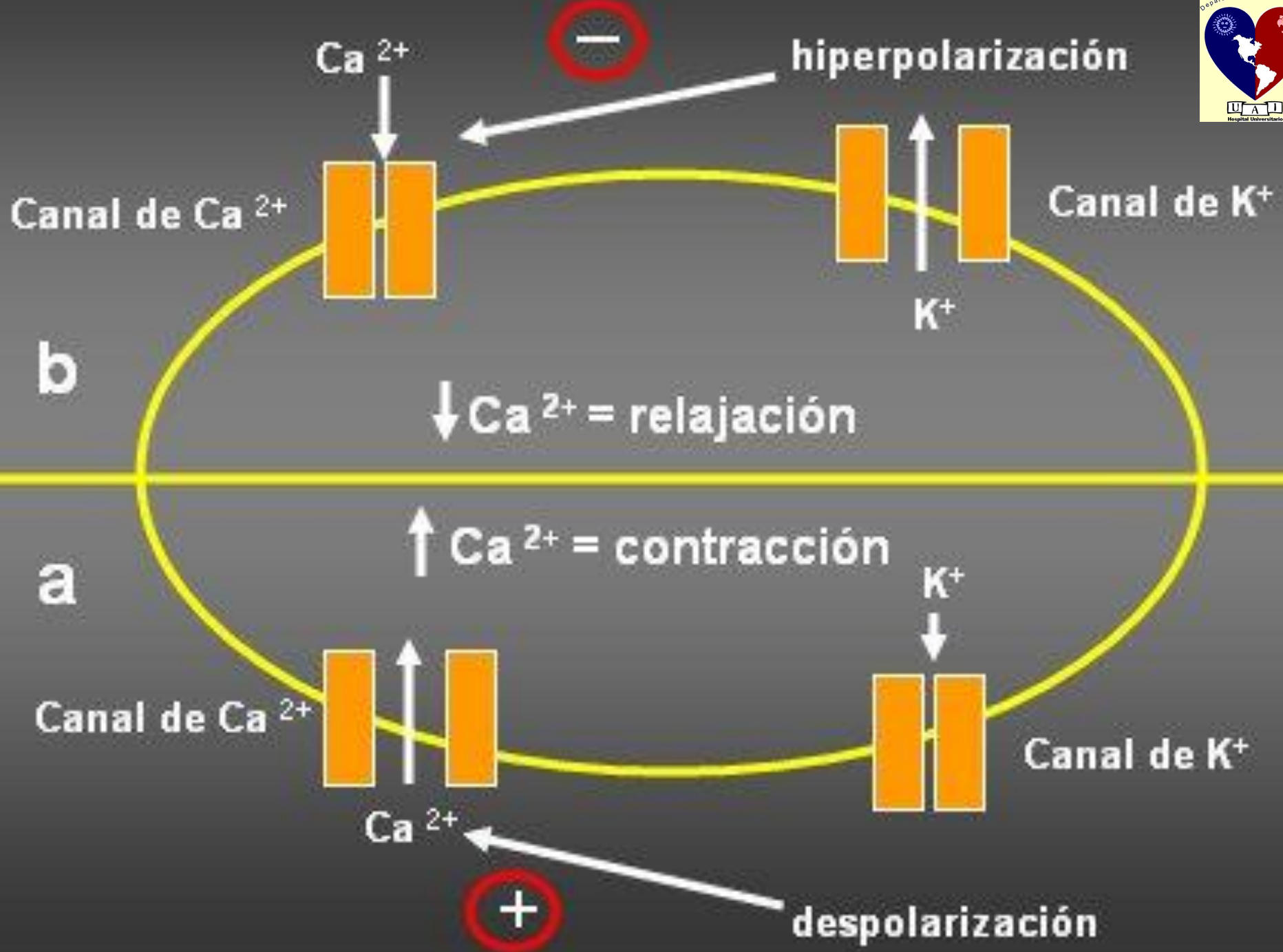
rafael.porcile@vuneduc.edu.ar

Images courtesy of ABPI



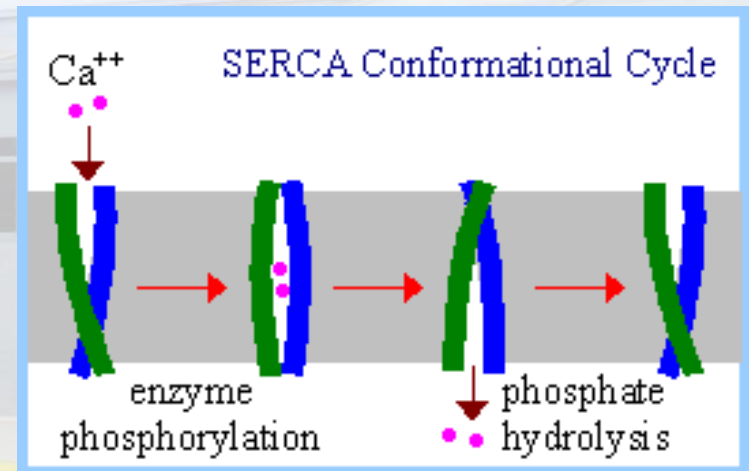
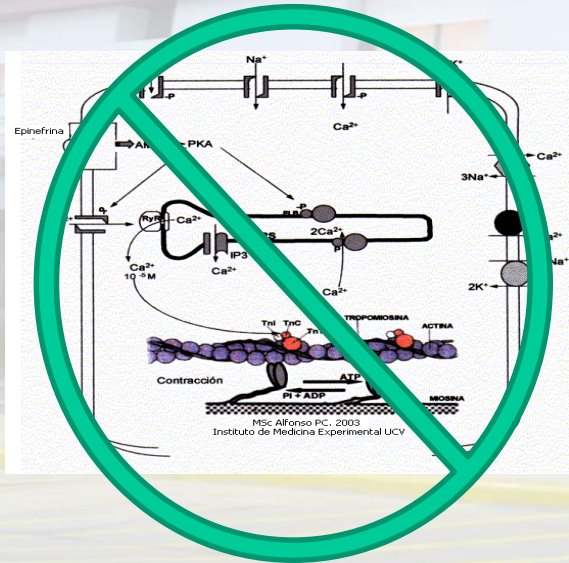
rafael.porcile@vameduc.edu.ar

Images courtesy of ABPI



Bloqueantes Calcicos reducen el Calcio citoplasmatico

- Reducción de su ingreso extra celular
- Aumento de su bombeo al circuito sarcoplasmico



*Abernethy DR, Schwartz JB
(1999) Ca²⁺-antagonist drugs. N
Engl J Med 341: 1447-1457.*

However, verapamil may decrease left ventricular function in patients with congestive heart failure. Unlike b-adrenergic blockers, Ca²⁺antagonists are not recommended for early treatment or secondary prevention of myocardial infarction.

Am Coll Cardiol. 1993 Oct;22(4 Suppl A):139A-144A.

Calcium channel blockers in heart failure.

Elkayam U, Shotan A, Mehra A, Ostrzega E.

- **long-term exposure to the drug in a large group of patients with chronic heart failure due to left ventricular systolic dysfunction after myocardial infarction resulted in an increased incidence of cardiac events, with worsening heart failure and death.**

CRONOTROPICOS NEGATIVOS



DROGA	DIGITAL	Bloqueantes Calcicos	BETA Bloqueantes	IVABRADINA
FRECUENCIA CARDIACA	-	-	- -	- -
CALCIO CITOPLASMATICO	++	- - -	-	0
INOTROPISMO	+	-	-	+
DURACIÓN DIASTOLE	-	+	++	+++
EXITABILIDAD	++	0	- -	0

CRONOTROPICOS NEGATIVOS

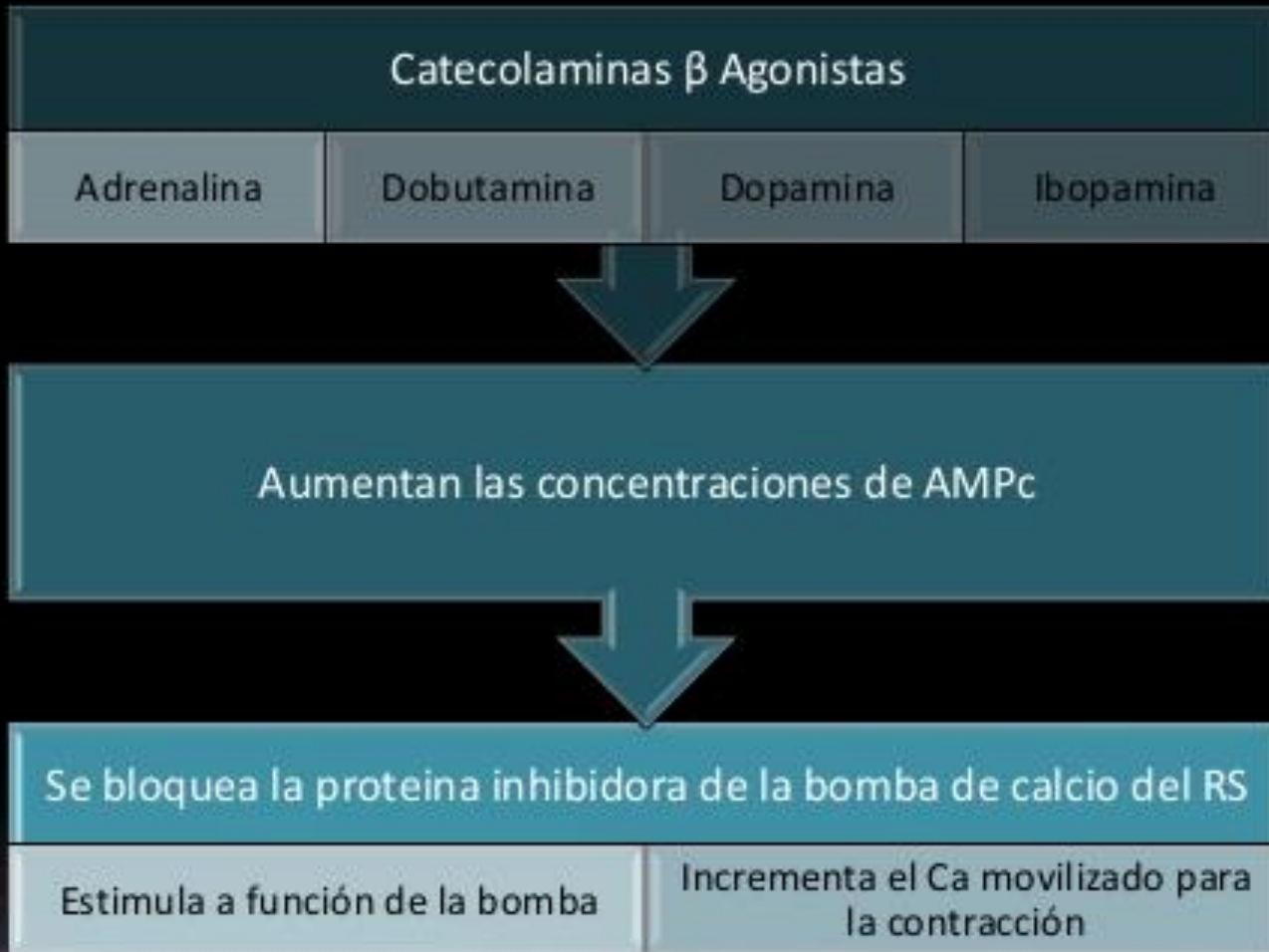
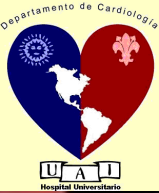
DROGA	DIGITAL	Bloqueantes Calcicos	BETA Bloqueantes	IVABRADINA
FRECUENCIA CARDIACA	-	-	- -	- -
CALCIO CITOPLASMATICO	++	- - -	-	0
INOTROPISMO	+	-	-	+
DURACIÓN DIASTOLE	-	+	++	+++
EXITABILIDAD	++	0	--	0

¿DE ACUERDO?



1

Medicamentos: Clasificación



β-Blocker Therapy in Heart Failure

Scientific Review

JoAnne Micale Foody, MD

Michael H. Farrell, MD

Harlan M. Krumholz, MD

JAMA®

The Journal of the American Medical Association



CIBIS II, ⁵ 1999		US Carvedilol, ⁸ 1996		COPERNICUS, ⁹⁵ 2001		BEST, ⁹⁶ 2001	
Placebo (n = 1224)	Bisoprolol (n = 1222)	Placebo (n = 398)	Carvedilol (n = 696)	Placebo (n = 1133)	Carvedilol (n = 1156)	Placebo (n = 1354)	Bucindolol (n = 1354)
61	61	58	58	63	63	60	60
80	80	76	77	80	79	77	79
25	25	22	23	20	20	23	23
0	0	0	0	0	0	0	0
0	0	52	54	0	0	0	0
83	83	44	44	0	0	92	92
17	17	3	3	100	100	8	8
1.25		3.125 or 6.35		3.125		3	
10		50-100		50		100 (<75 kg), 200 (≥75 kg)	
None		2 weeks		None		None	
Mortality		Mortality, exercise tolerance, quality of life, progression of disease		Mortality, combined death and hospitalization		Mortality	
17	12	8	3	19	11	33	30
34		65		35		10 (NS)	
Significant reduction in primary end point of all-cause mortality with bisoprolol. Greatest reduction in sudden death. No benefit in death from pump failure.		Significant reduction in all-cause mortality with carvedilol. Stopped early because of mortality benefit. No effect on exercise tolerance or quality of life.		Significant reduction in primary and secondary end points in patients with severe heart failure with carvedilol		No significant mortality benefit with bucindolol	

Foody JA JAMA 2002

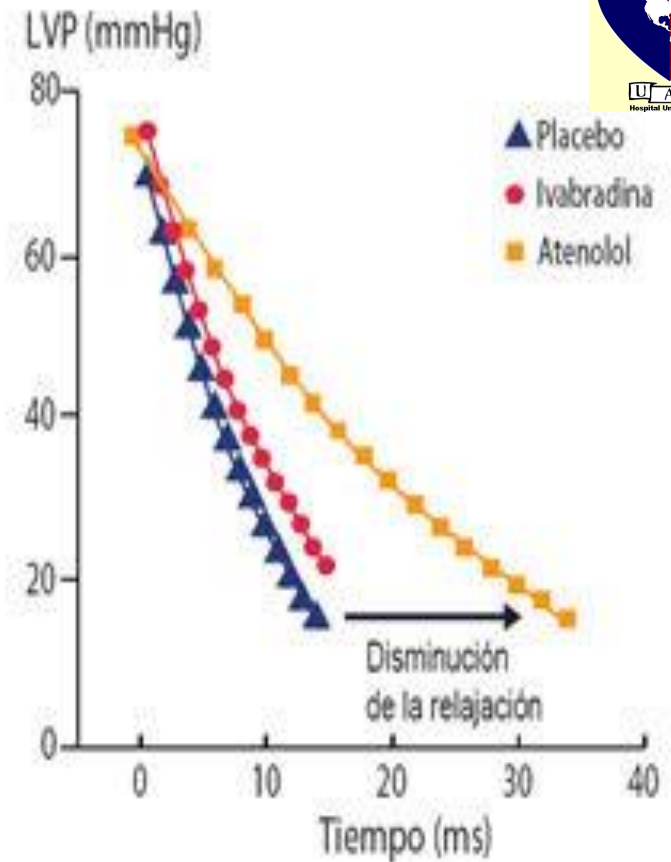
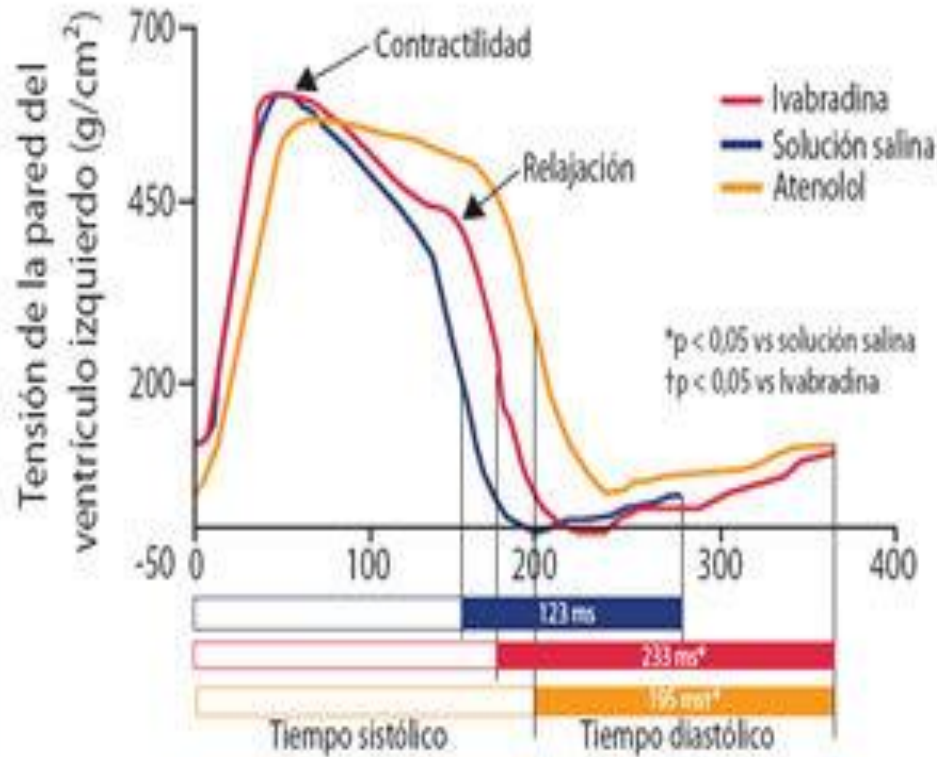
rafael.porcile@vaneduc.edu.ar

Beta Bloqueantes

- Mejora fracción eyección
- Reduce tasa reinternación
- Reduccion Mortalidad b1 b2
 - Carbedilol **MAYOR RED MORT ESPECIALMENTE ARRITMICA 17%**
- Reduccion mortalidad en B 1 selectivos
 - Bisoprolol, Metoprolol



**MAS TIEMPO
MENOS CALCIO
ESTABILIDAD DE
MIEMBRA**



Mayor aumento del tiempo diastólico comparado con betabloqueantes debido a que:

- Se mantiene la fuerza contráctil (no se prolonga la duración de la sístole en contraste con betabloqueantes)
- Se preserva la relajación del VI (sin efecto lusitropico negativo), permitiendo una relajación completa y rápida.

Colin P, et al. *Am J Physiol Heart Circ Physiol.* 2003;284:H676-H682

Figura 1. Ivabradina aumenta en mayor medida la diástole para una misma reducción de la frecuencia cardiaca.

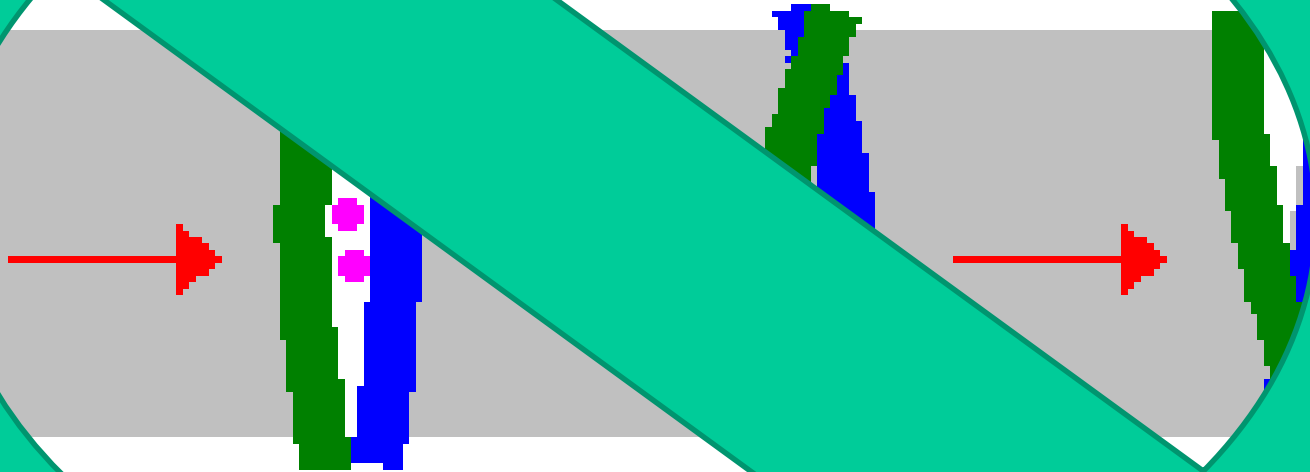


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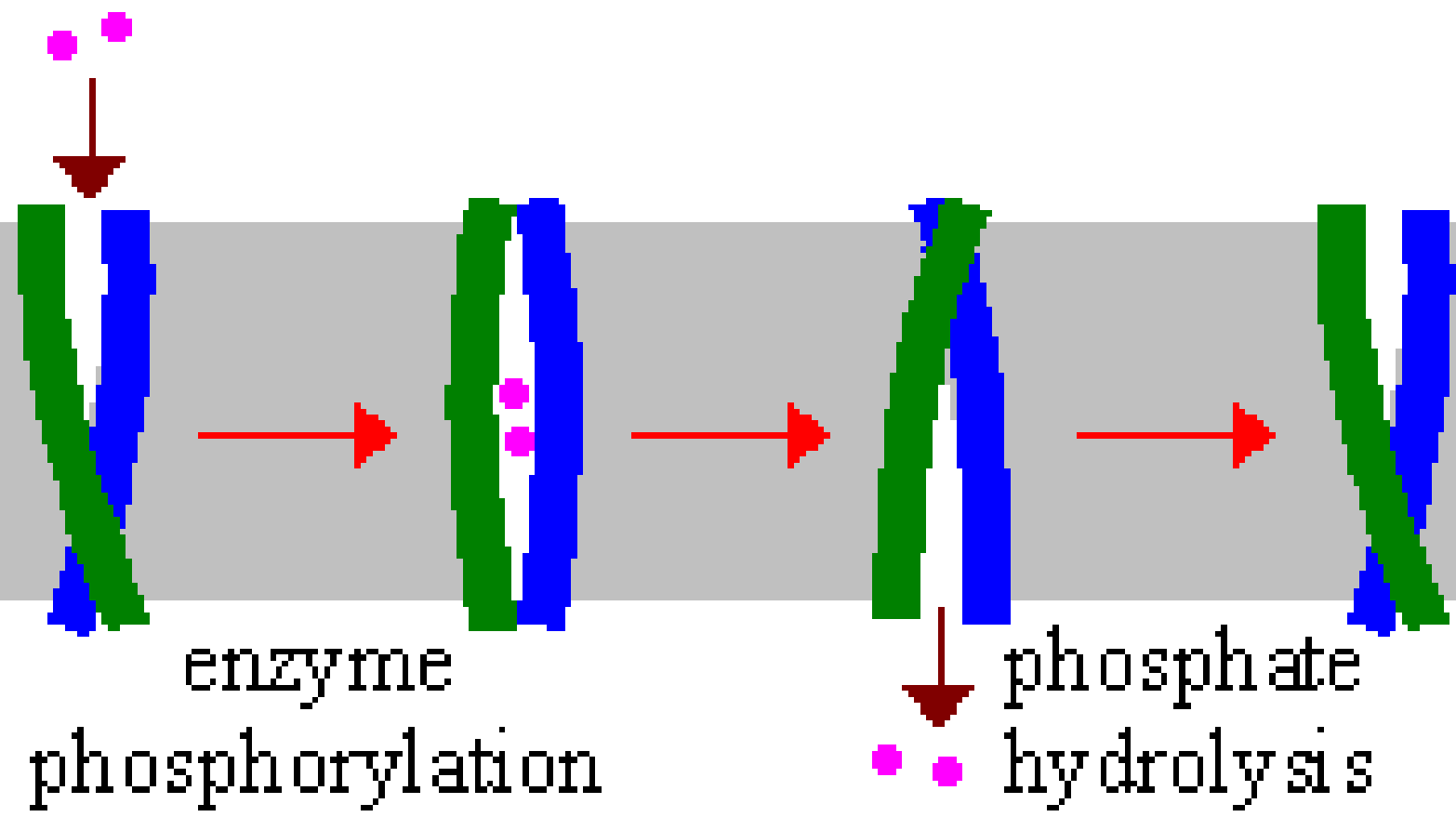
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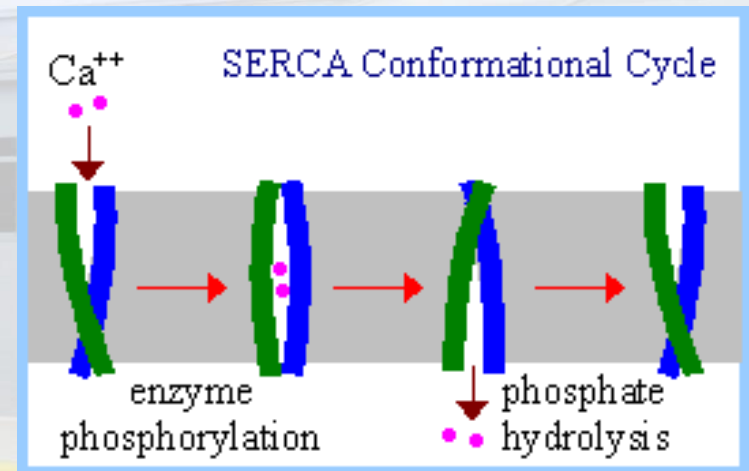
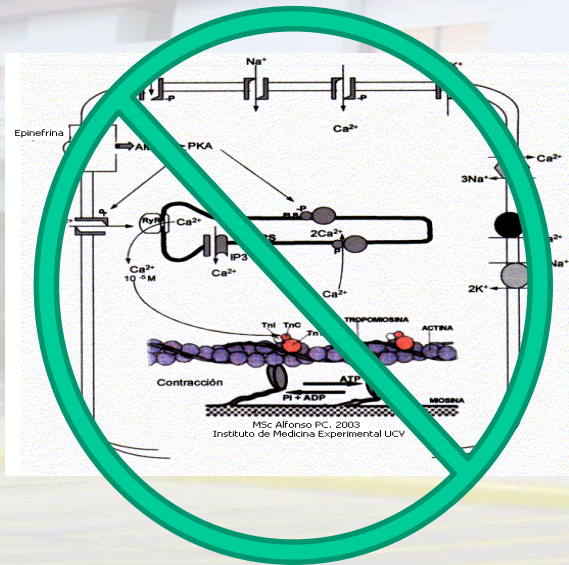
Ca^{++}

SERCA Conformational Cycle



Betabloquientes reducen el Calcio citoplasmatico

- Reducción de su ingreso extra celular
- Aumento de su bombeo al circuito sarcoplasmico



CRONOTROPICOS NEGATIVOS



DROGA	DIGITAL	Bloqueantes Calcicos	BETA Bloqueantes	IVABRADINA
FRECUENCIA CARDIACA	-	-	- -	- -
CALCIO CITOPLASMATICO	++	- - -	-	0
INOTROPISMO	+	-	-	+
DURACIÓN DIASTOLE	-	+	++	+++
EXITABILIDAD	++	0	- -	0

CRONOTROPICOS NEGATIVOS

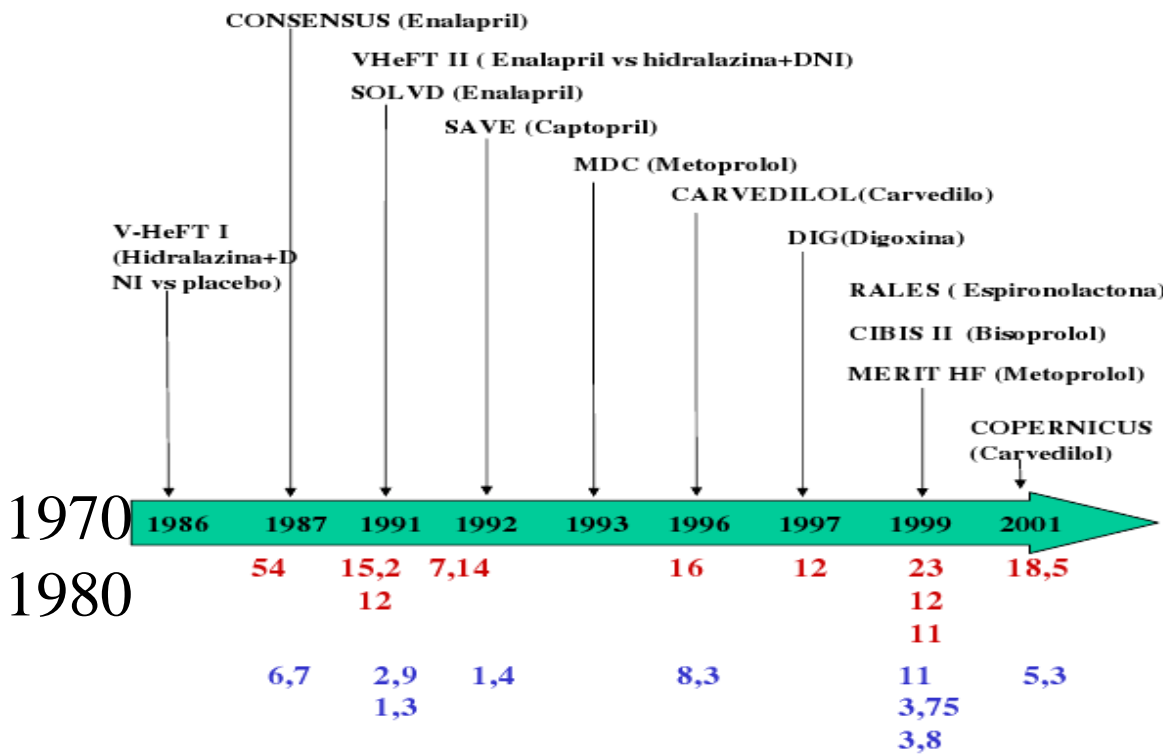


DROGA	DIGITAL	Bloqu coastes Calcicos	BETA Bloqu coastes	IVABRADINA
FRECUENCIA CARDIACA	-	-	- -	- -
CALCIO CITOPLASMATICO	++	- - -	-	0
INOTROPISMO	+	-	-	+
DURACI3N DIASTOLE	-	+	++	+++
EXITABILIDAD	++	0	- -	0

¿DE ACUERDO?



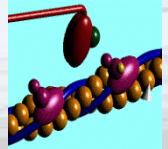
Evolución de ensayos en insuficiencia cardíaca



IVABRADINA
2010

✓ La ivabradina reduce la FC mediante una inhibición **específica** de la corriente If del nodo sinusal.

✓ A diferencia de los betabloqueantes (BB), **no Deprime la contractilidad miocárdica** ni la conducción intracardiaca, incluso en pacientes con disfunción sistólica.



✓ No modifica el tenor adrenérgico



✓ No modifica las resistencias vasculares sistémica



✓ **No es** antialdosteronico ni interfiere en ciclo renina angiotensina aldosterona de manera directa

Cronotrópica negativa

Sin efecto dromotrópico

Sin efecto Vatmotrópico

Effect of metoprolol and ivabradine on left ventricular remodelling and Ca^{2+} handling in the post-infarction rat heart

Michał Mączewski*† and

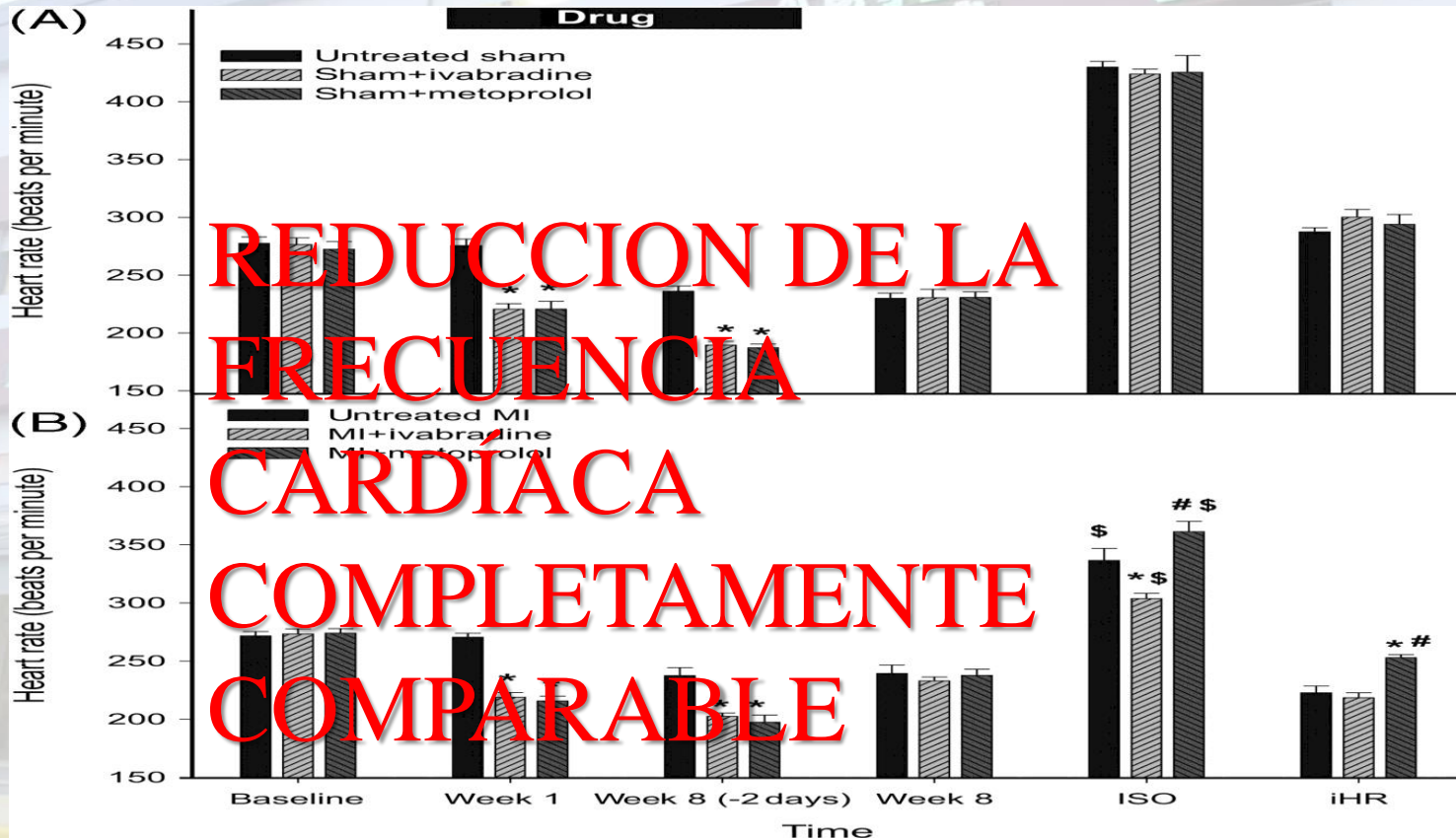
Cardiovascular Research (2008) 79, 42–51

doi:10.1093/cvr/cvn057

Urszula Mackiewicz†

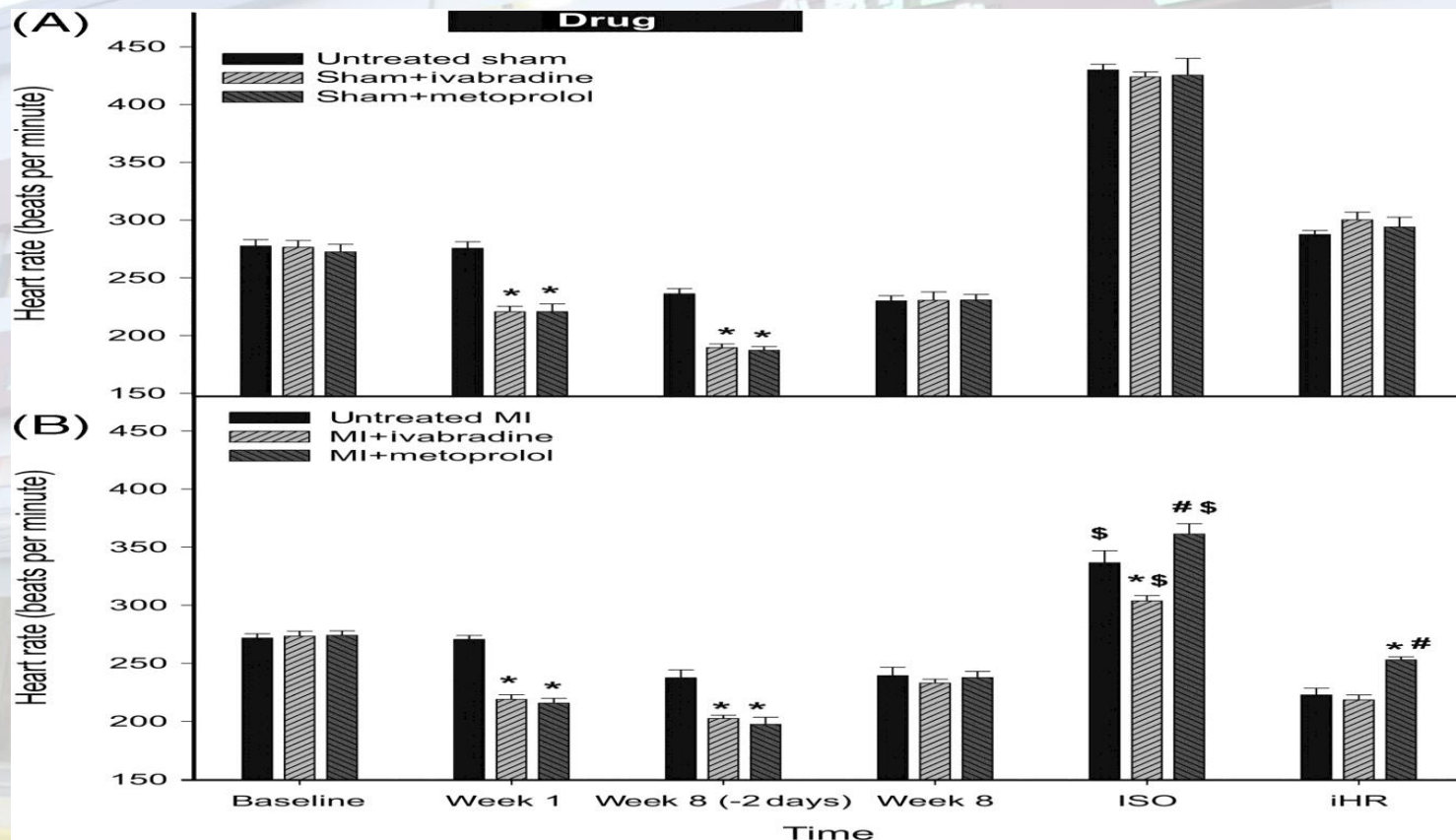
- **Ivabradine**, but not metoprolol, partially prevented the MI-induced depression of sarcoplasmic reticulum Ca^{2+} -ATPase (SERCA) activity, while **metoprolol**, but not **ivabradine**, suppressed $\text{Na}^{+}/\text{Ca}^{2+}$ exchanger (NCX) overactivity and normalized Ca^{2+} sensitivity of ryanodine receptors.

Heart rate in the sham-operated (A) and post-myocardial infarction (B) rats, immediately before the surgery (baseline), 1 and 8 weeks–2 days (week 8–2 days) after the surgery, 2 days after discontinuation of ivabradine or metoprolol (week 8), peak response to isoproterenol infusion (ISO) and in Langendorff perfused hearts (iHR).



Maćzewski M, and Mackiewicz U Cardiovasc Res
 2008;79:42-51

Heart rate in the sham-operated (A) and post-myocardial infarction (B) rats, immediately before the surgery (baseline), 1 and 8 weeks–2 days (week 8–2 days) after the surgery, 2 days after discontinuation of ivabradine or metoprolol (week 8), peak response to isoproterenol infusion (ISO) and in Langendorff perfused hearts (iHR).



Mączewski M, and Mackiewicz U *Cardiovasc Res* 2008;79:42-51

Effect of metoprolol and ivabradine on left ventricular remodelling and Ca^{2+} handling in the post-infarction rat heart

Michał Mączewski*† and

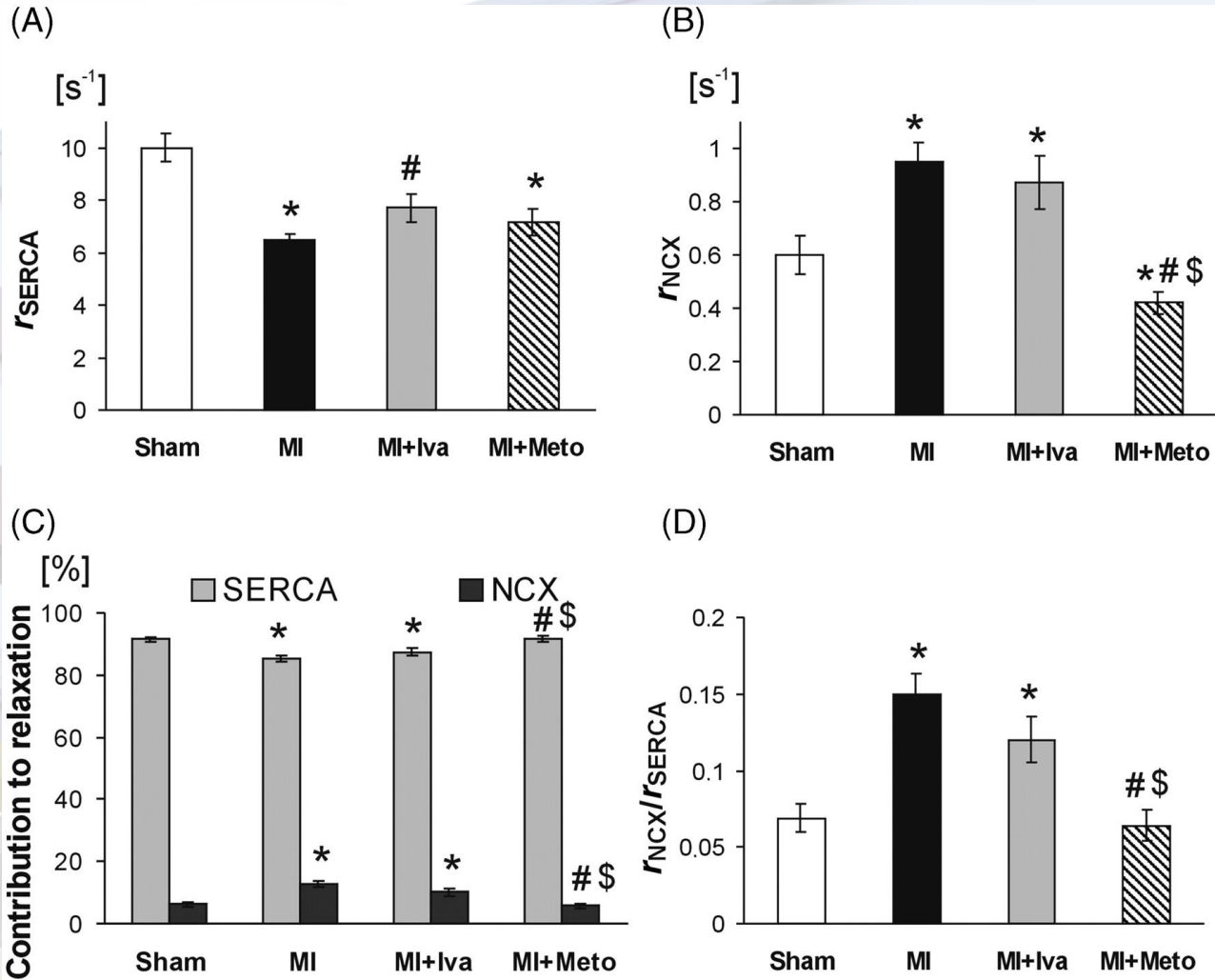
Cardiovascular Research (2008) 79, 42–51

doi:10.1093/cvr/cvn057

Urszula Mackiewicz†

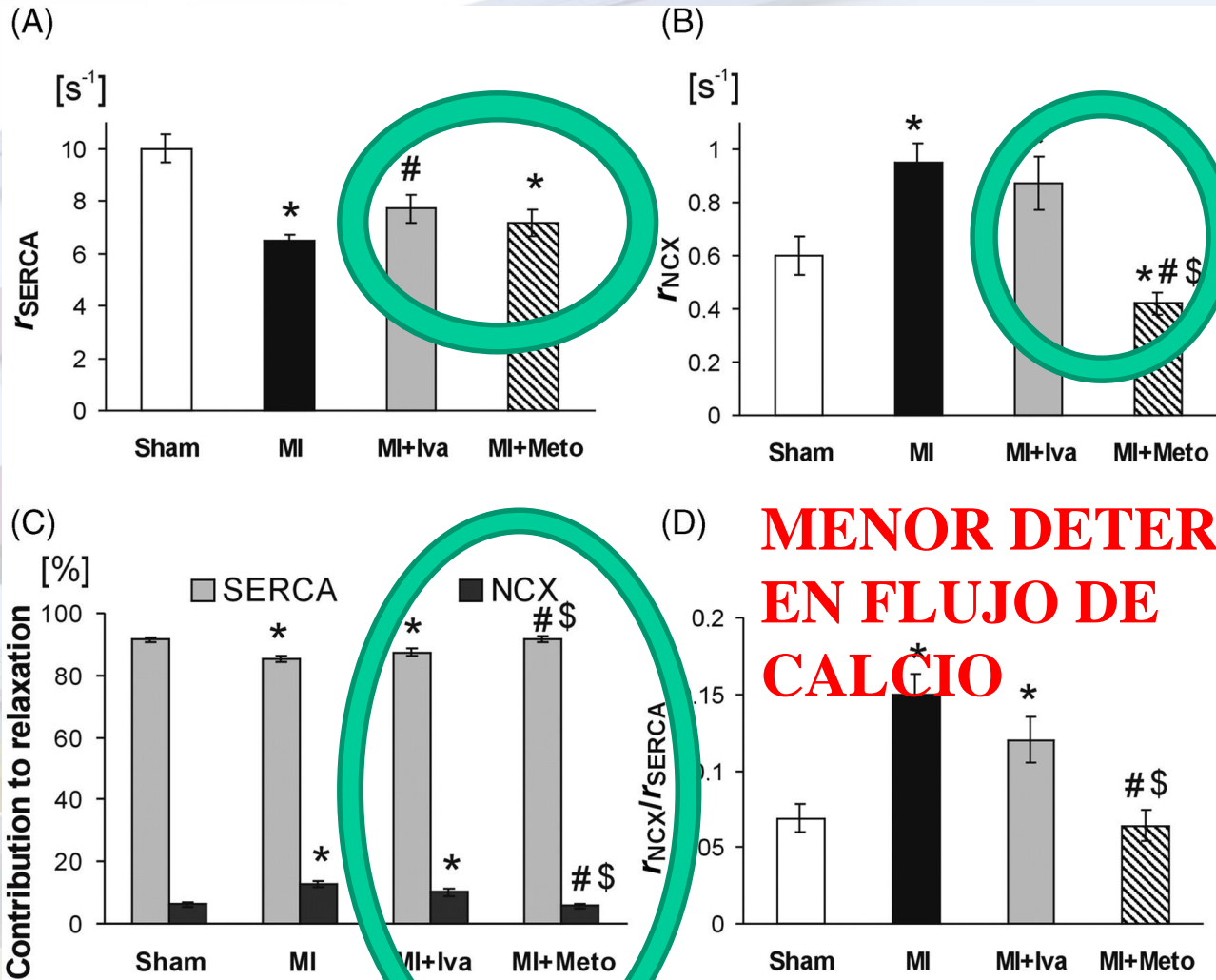
Metoprolol, but not ivabradine, suppressed $\text{Na}^+/\text{Ca}^{2+}$ exchanger (NCX) overactivity and normalized Ca^{2+} sensitivity of ryanodine receptors.

Ca²⁺ transport by sarcoplasmic reticulum Ca²⁺-ATP-ase and Na⁺/Ca²⁺ exchanger after myocardial infarction—the effect of ivabradine and metoprolol.



Mączewski M, and Mackiewicz U Cardiovasc Res 2008;79:42-51

Ca²⁺ transport by sarcoplasmic reticulum Ca²⁺-ATP-ase and Na⁺/Ca²⁺ exchanger after myocardial infarction—the effect of ivabradine and metoprolol.



Mączewski M, and Mackiewicz J. Cardiovasc Res 2008;79:42-51

Effect of metoprolol and ivabradine on left ventricular remodelling and Ca^{2+} handling in the post-infarction rat heart

Michał Mączewski*† and

Cardiovascular Research (2008) 79, 42–51

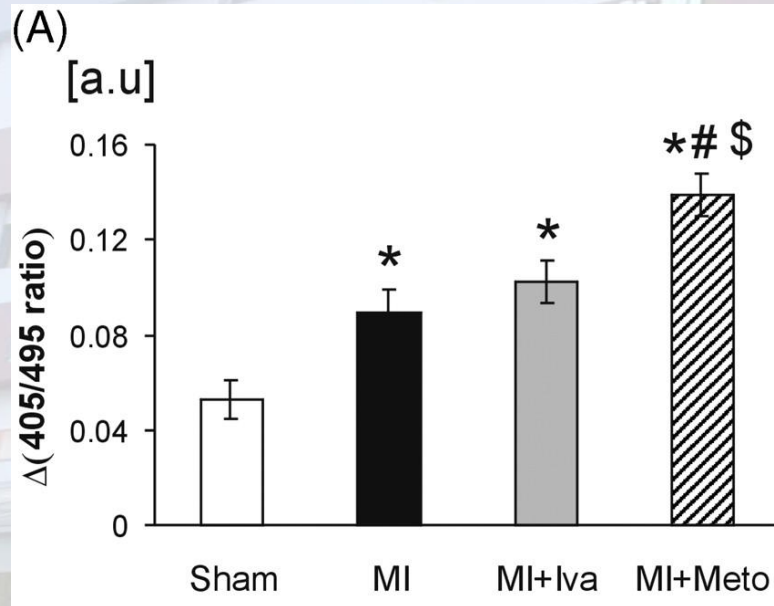
doi:10.1093/cvr/cvn057

Urszula Mackiewicz†

Metoprolol, but not ivabradine, suppressed $\text{Na}^{+}/\text{Ca}^{2+}$ exchanger (NCX) overactivity and normalized Ca^{2+} sensitivity of ryanodine receptors.

Diastolic sarcoplasmic reticulum Ca²⁺ leak after myocardial infarction—the effect of ivabradine and metoprolol.

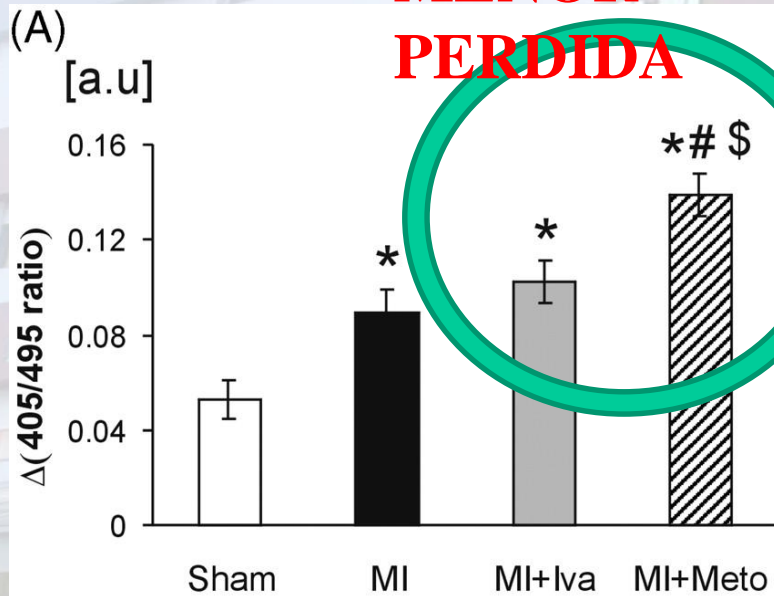
The LV myocytes were incubated for 15 min with 10 μ M Indo-1 acetoxymethyl ester as described by Spurgeon *et al.*¹⁶ The ratio of 405–495 nm Indo-1 fluorescence for the diastolic and systolic Ca²⁺ concentration was obtained from the output of Dual Channel Ratio Fluorometer (Biomedical Instrumentation Group, University of Pennsylvania). The difference between the systolic and diastolic Indo-1 ratios was used as a measure of the amplitude of Ca²⁺ transients. Cell shortening was recorded with video edge detector (Cardiovascular Laboratories, School of Medicine, UCLA).



Mączewski M, and Mackiewicz U *Cardiovasc Res* 2008;79:42-51

Diastolic sarcoplasmic reticulum Ca²⁺ leak after myocardial infarction—the effect of ivabradine and metoprolol.

**MENOR
 PERDIDA**



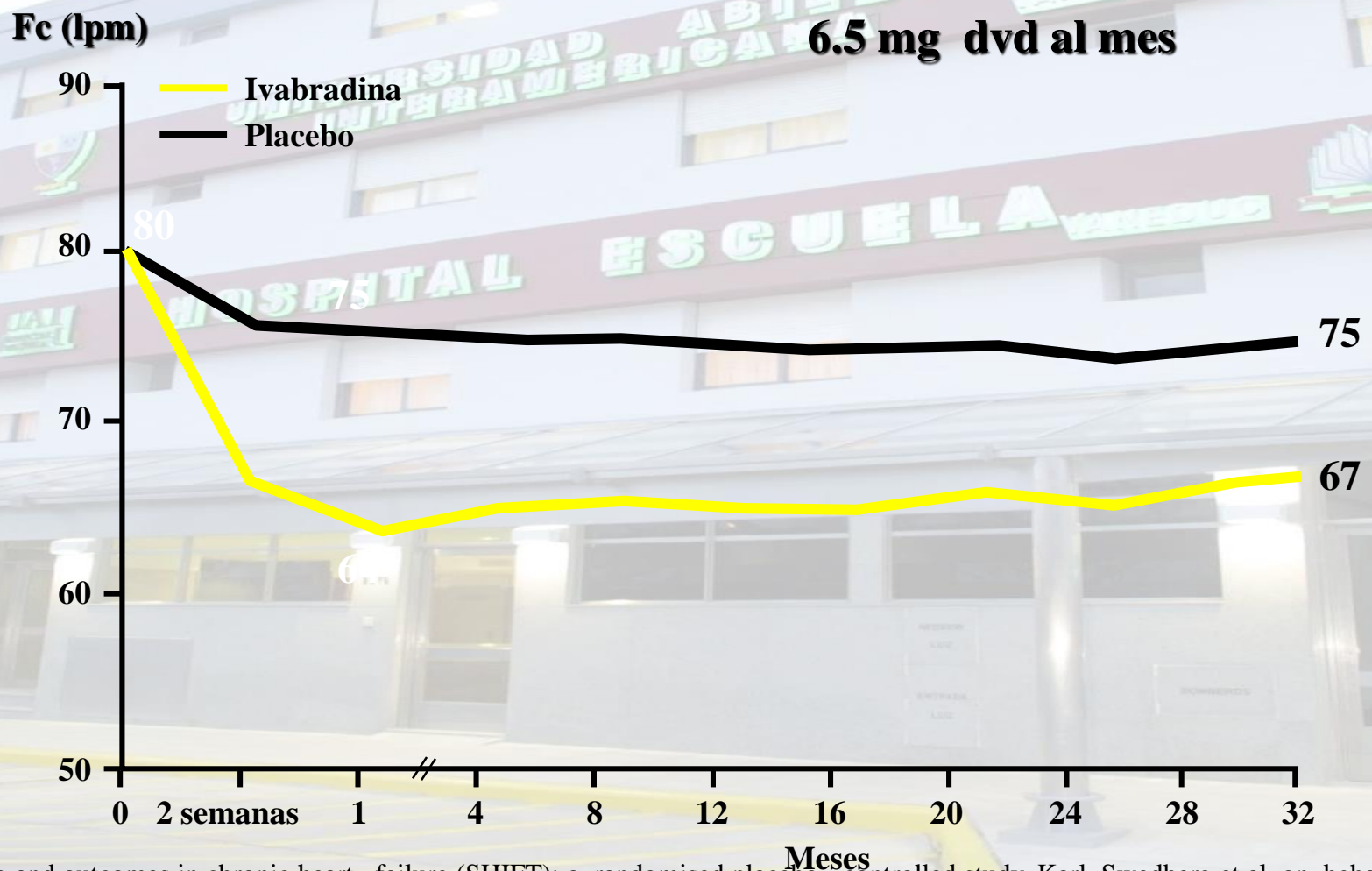
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Mączewski M, and Mackiewicz U *Cardiovasc Res* 2008;79:42-51

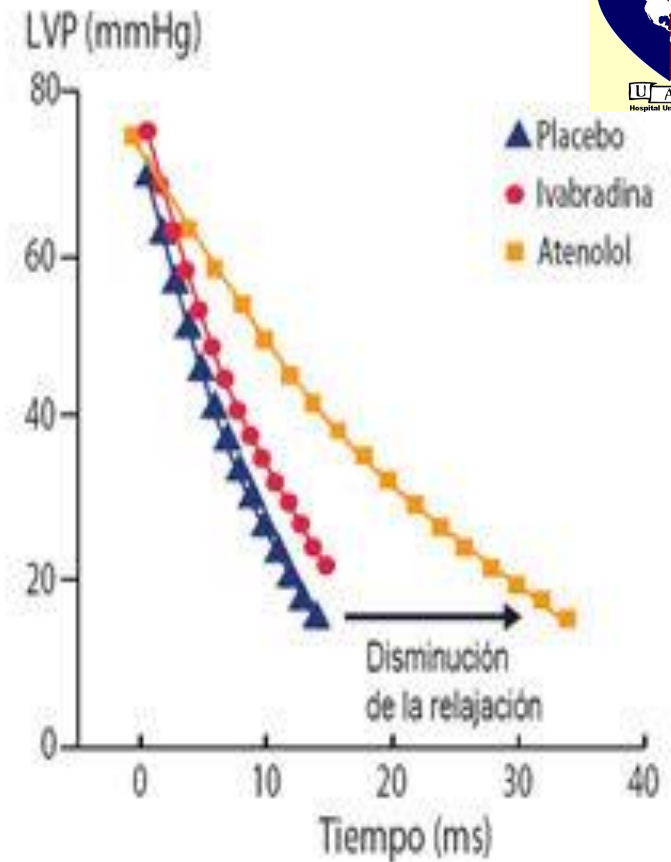
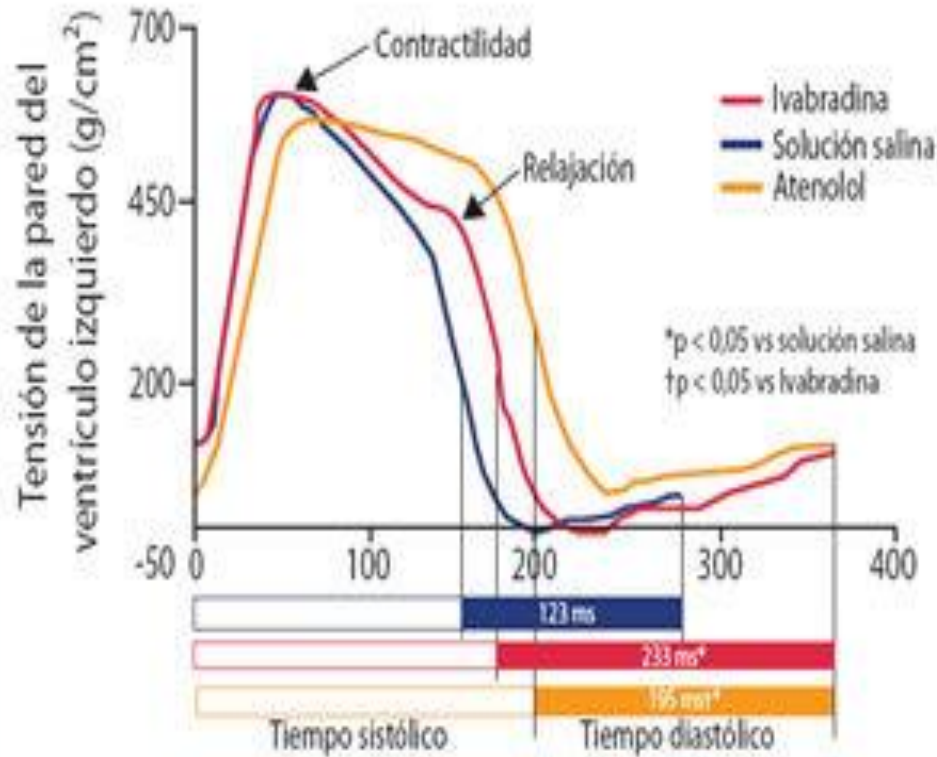
Reducción media de la Fc

Dosis media de ivabradina: 6.4 mg dvd al mes

6.5 mg dvd al mes



Ivabradine and outcomes in chronic heart failure (SHIFT): a randomised placebo - controlled study. Karl Swedberg et al. on behalf of the SHIFT Investigators. Published on line August 29,2010. www.thelancet.com



Mayor aumento del tiempo diastólico comparado con betabloqueantes debido a que:

- Se mantiene la fuerza contráctil (no se prolonga la duración de la sístole en contraste con betabloqueantes)
- Se preserva la relajación del VI (sin efecto lusitrópico negativo), permitiendo una relajación completa y rápida.

Colin P, et al. *Am J Physiol Heart Circ Physiol.* 2003;284:H676-H682.

Figura 1. Ivabradina aumenta en mayor medida la diástole para una misma reducción de la frecuencia cardiaca.

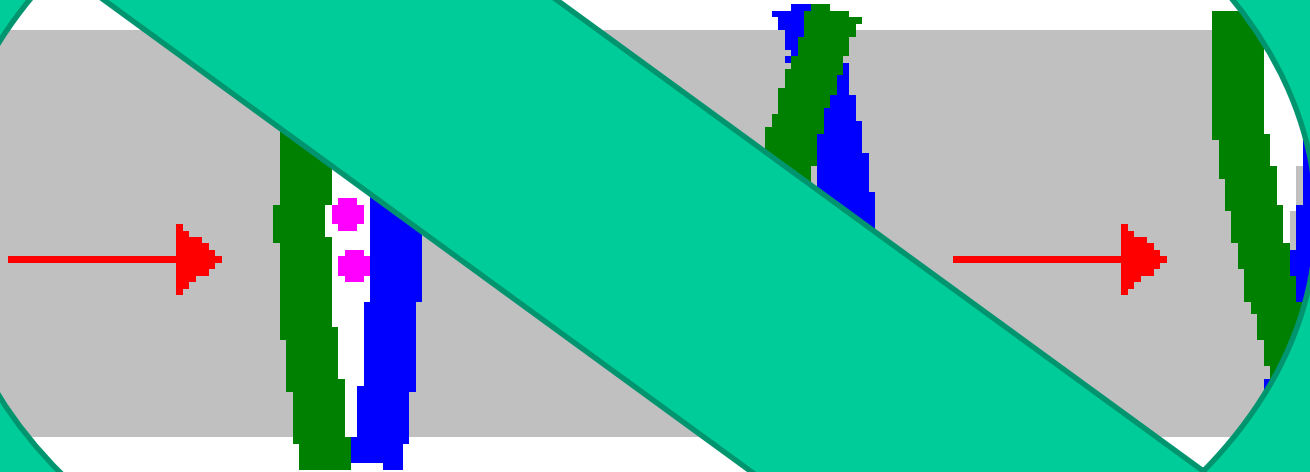


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Q wave

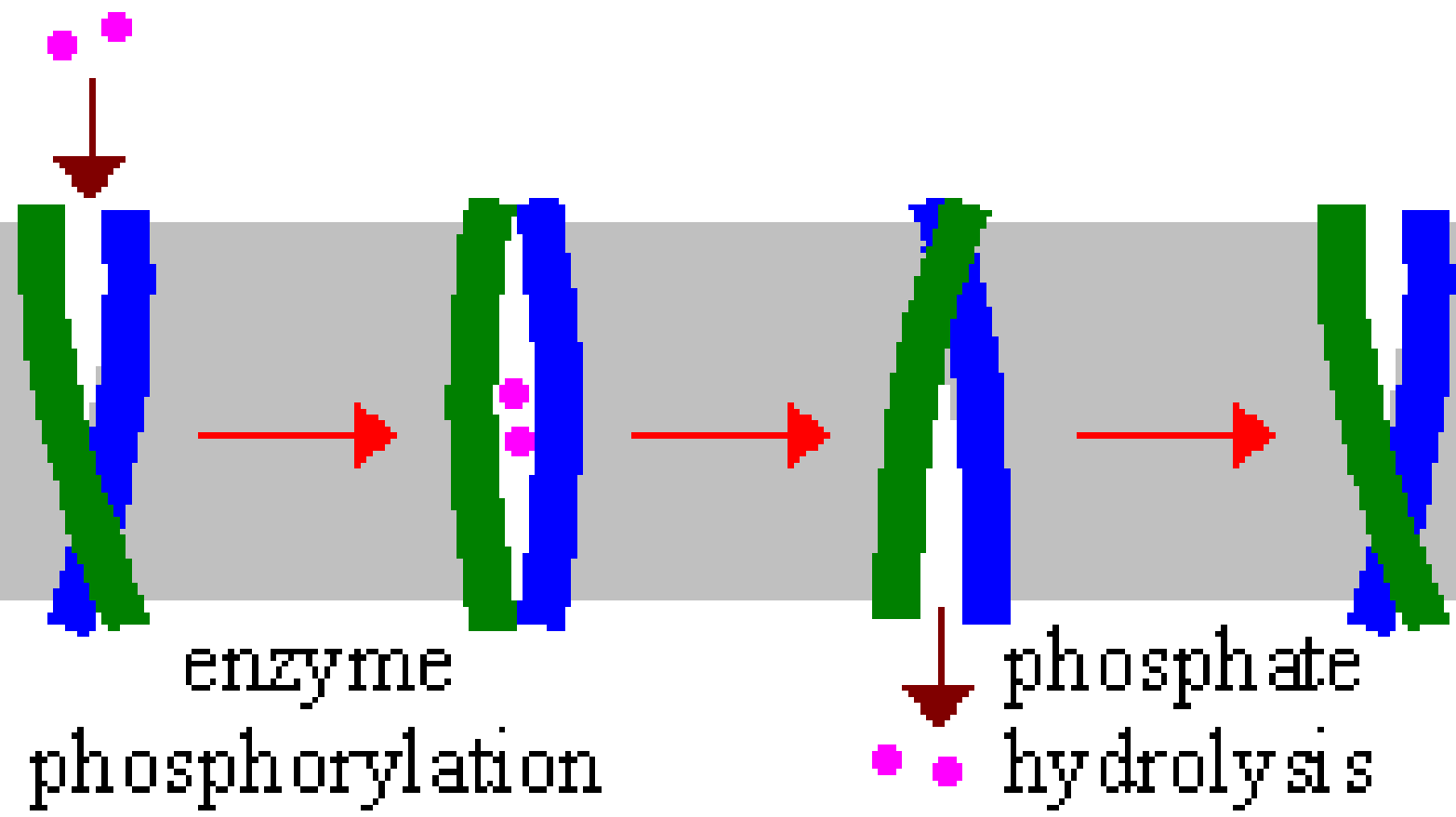
ST depression

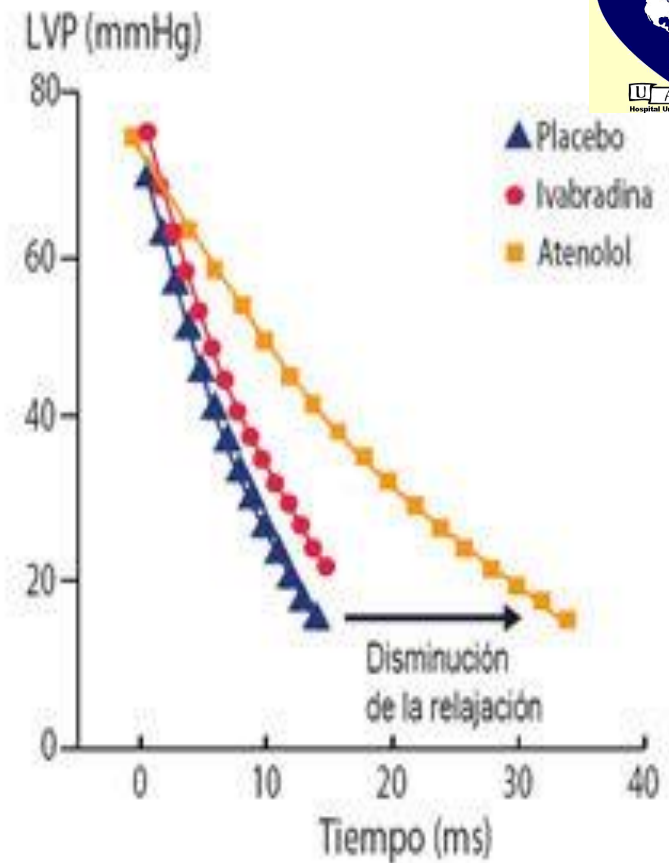
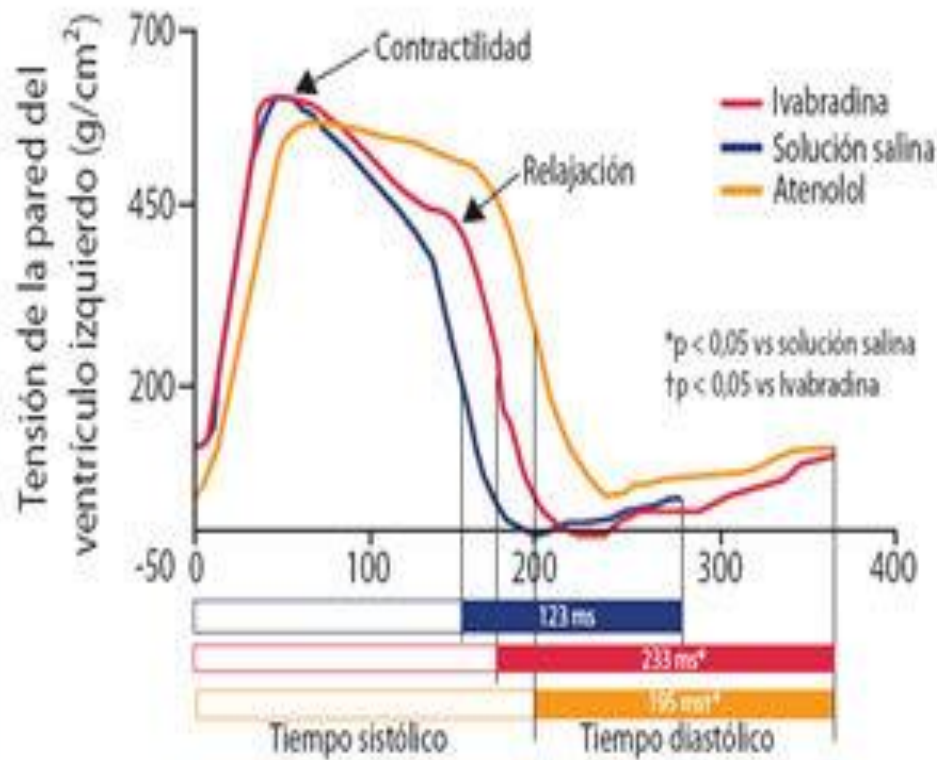
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pink dots

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Ca^{++}

SERCA Conformational Cycle





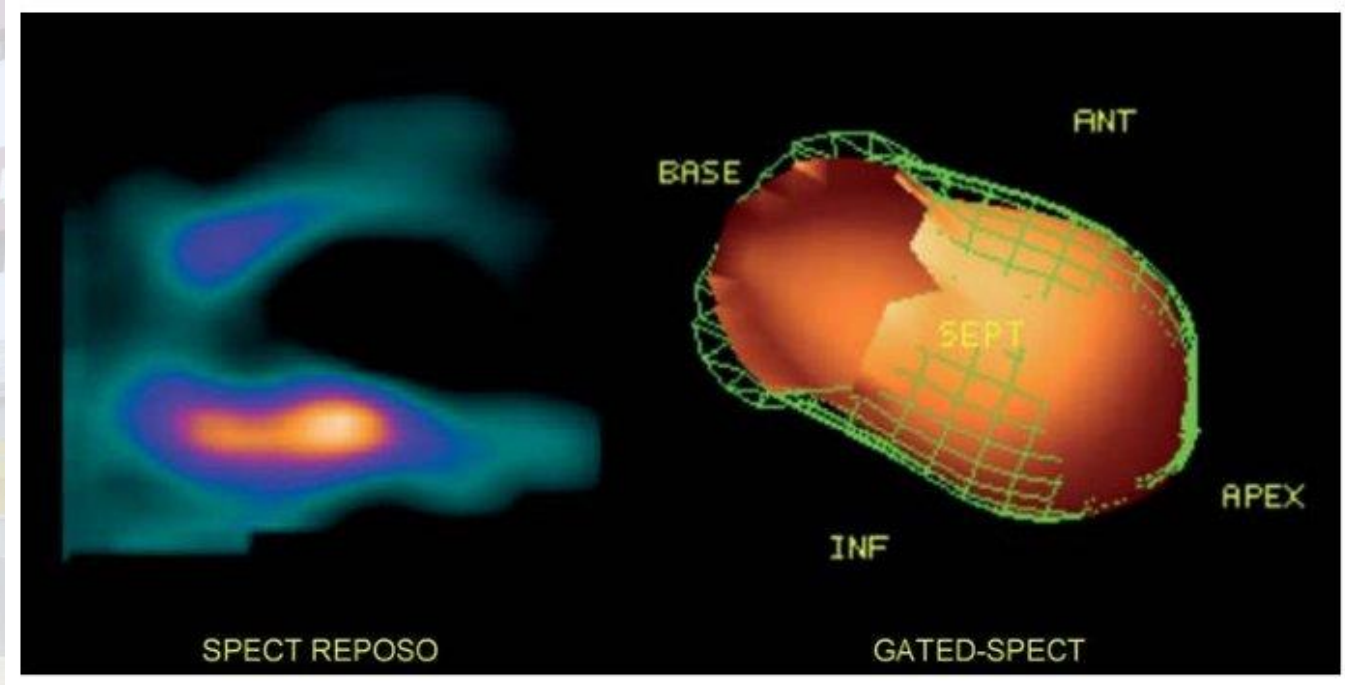
Mayor aumento del tiempo diastólico comparado con betabloqueantes debido a que:

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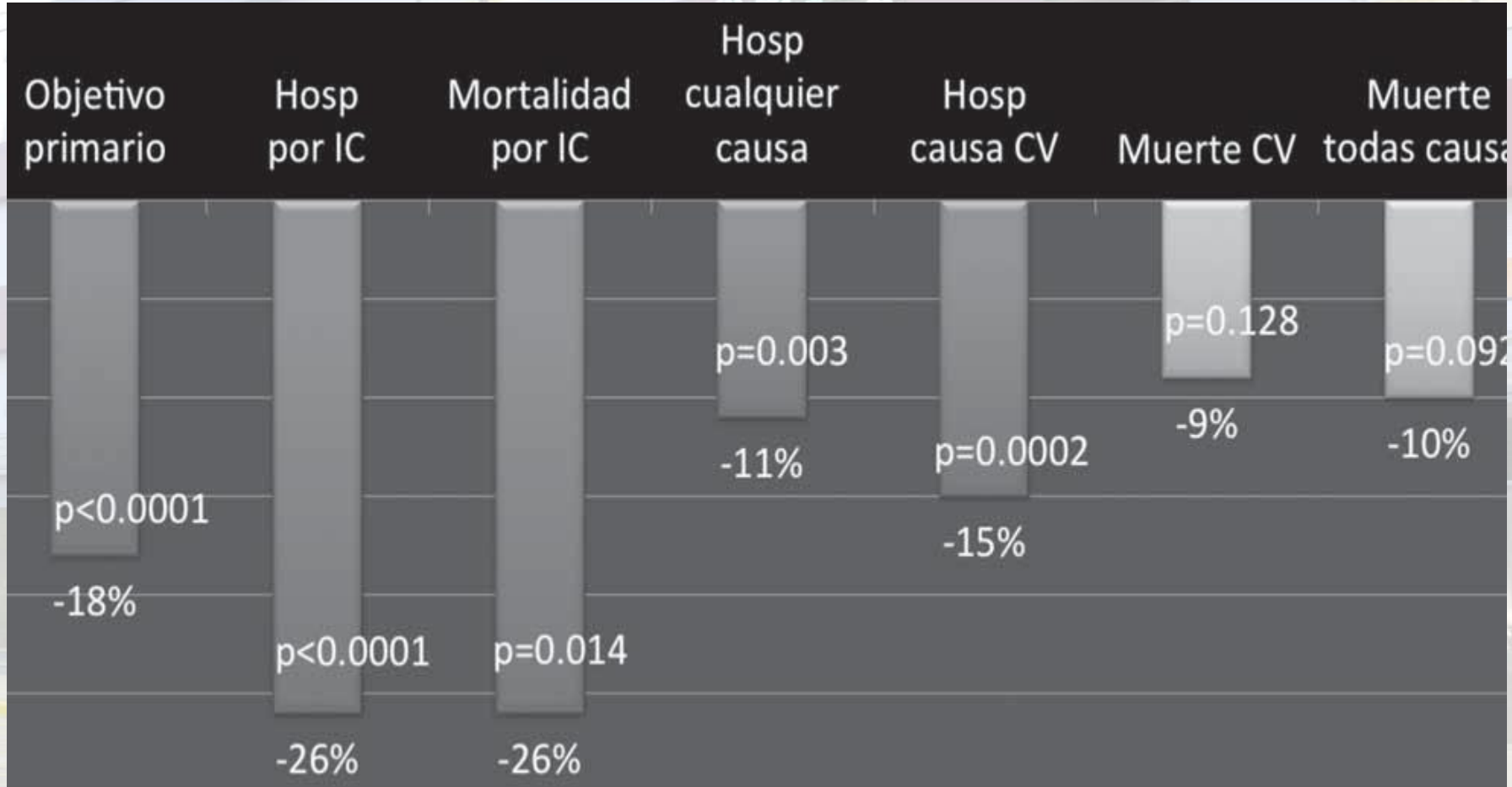
Colin P, et al. *Am J Physiol Heart Circ Physiol.* 2003;284:H676-H682

Figura 1. Ivabradina aumenta en mayor medida la diástole para una misma reducción de la frecuencia cardiaca.

Aumenta el tiempo diastólico de perfusión



Efectos de la ivabradina



- Escaso calcio : Falla sistólica
- Calcio excesivo falla Diastólica
- Acortamiento crítico del **tiempo** diastolico Falla sistodiastolica



- Calcio excesivo falla Diastólica
- Acortamiento crítico del **tiempo** diastolico Falla sistodiastolica

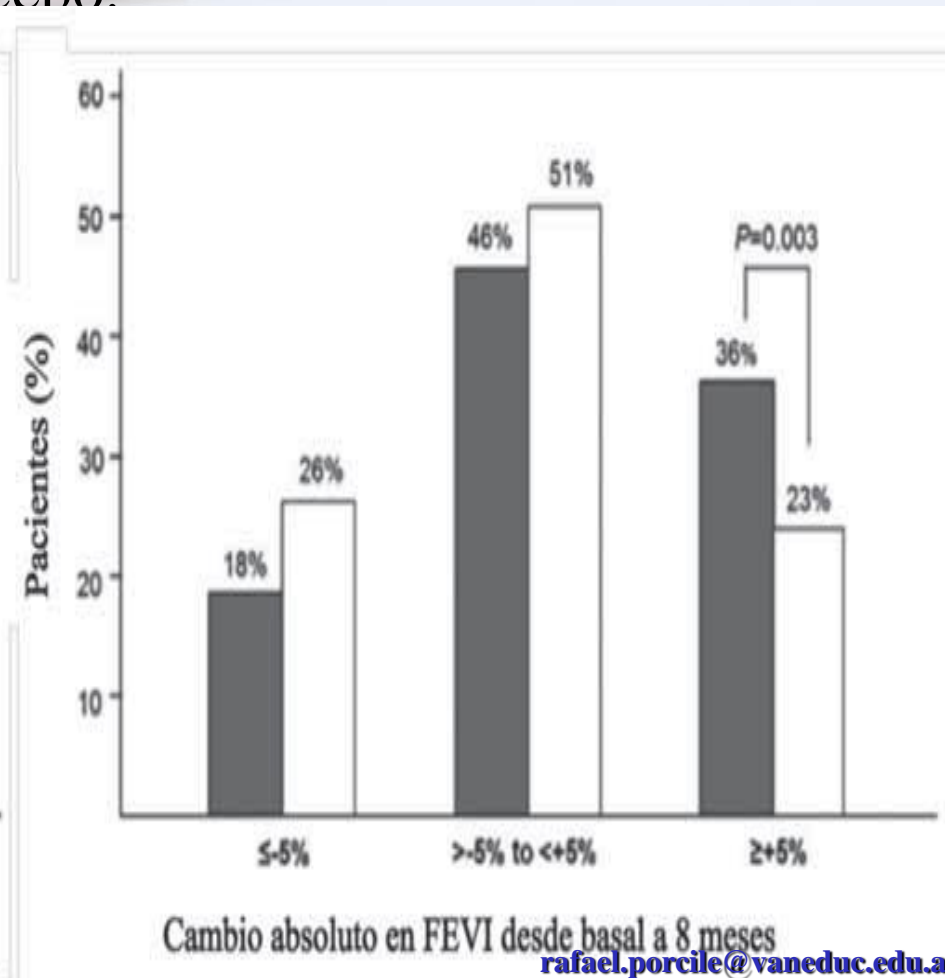
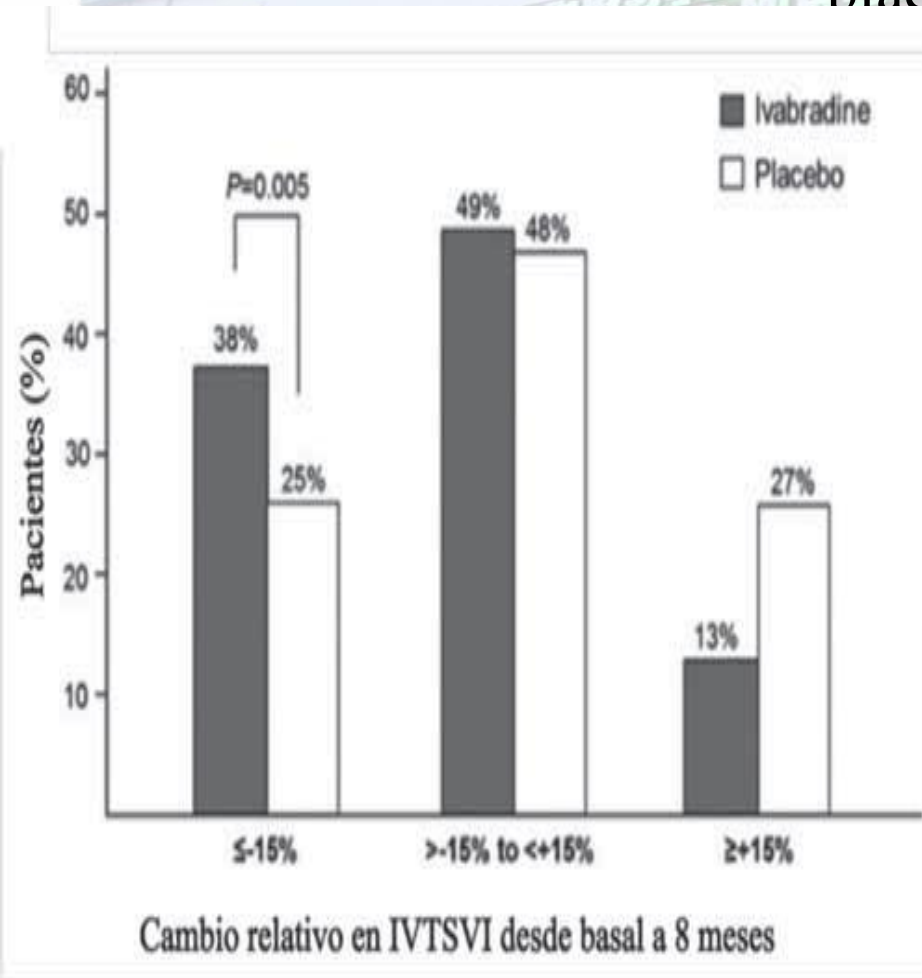
- Acortamiento crítico del **tiempo** diastolico Falla sistodiastolica

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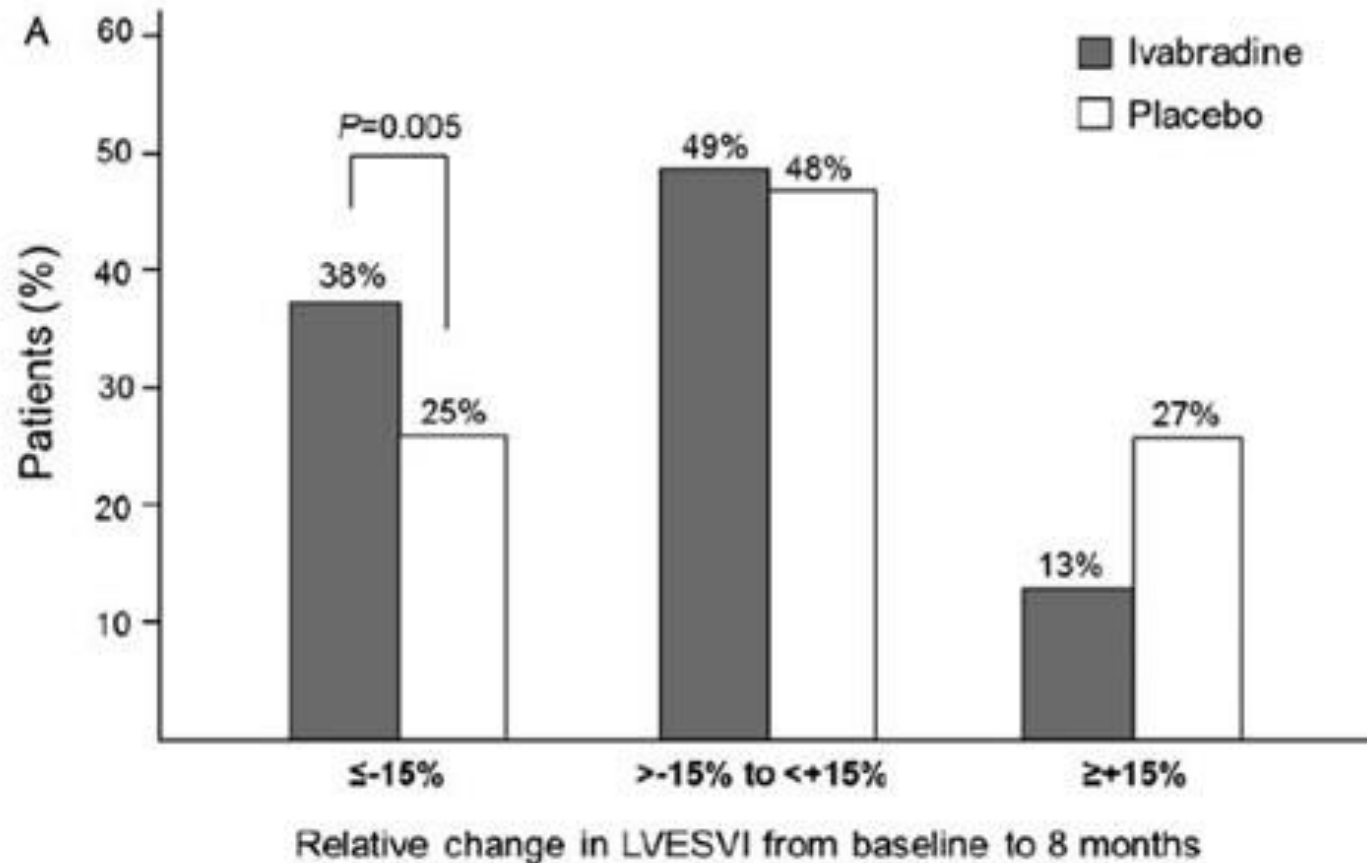
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Remodelado ventricular, con cambio relativo en índice de volumen telesistólico ventricular izquierdo (IVTSVI) y FEVI tras 8 meses de tratamiento, en grupo ivabradina y grupo placebo.



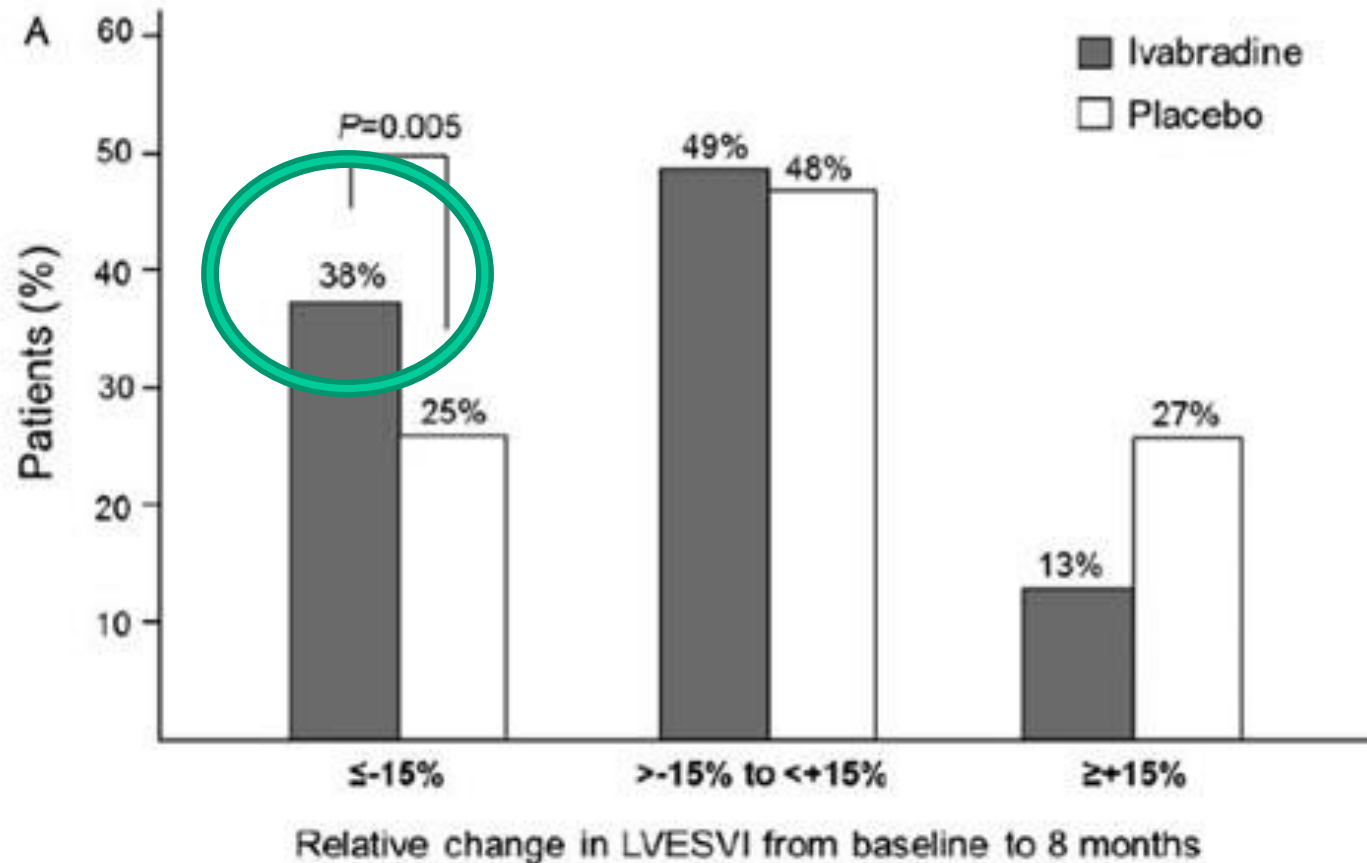
Studio SHIFT: sottostudio ECOcardiografico

Effetto di ivabradina sulla modificazione del volume ventricolare sinistro a 8 mesi di follow up.



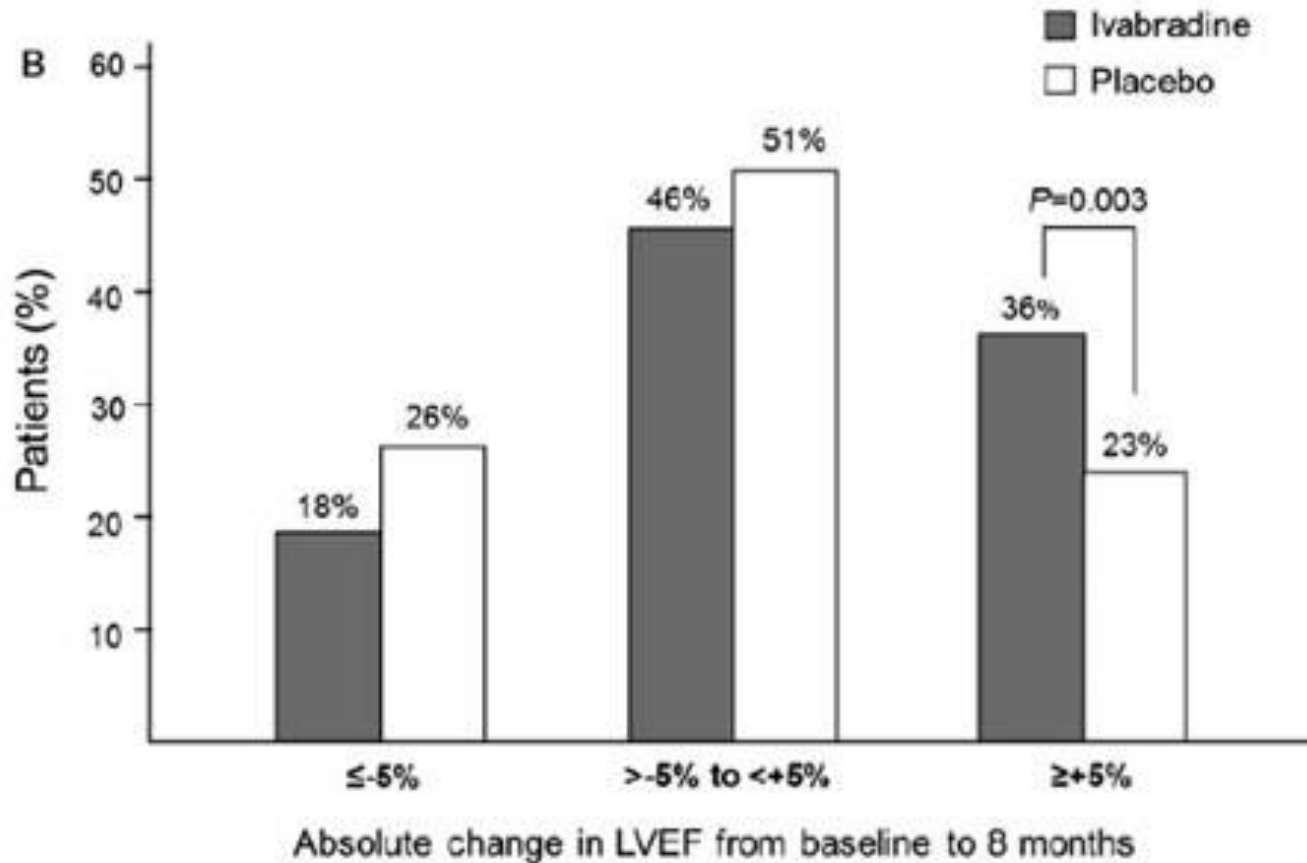
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Effetto di ivabradina sulla modificazione del volume ventricolare sinistro a 8 mesi di follow up.



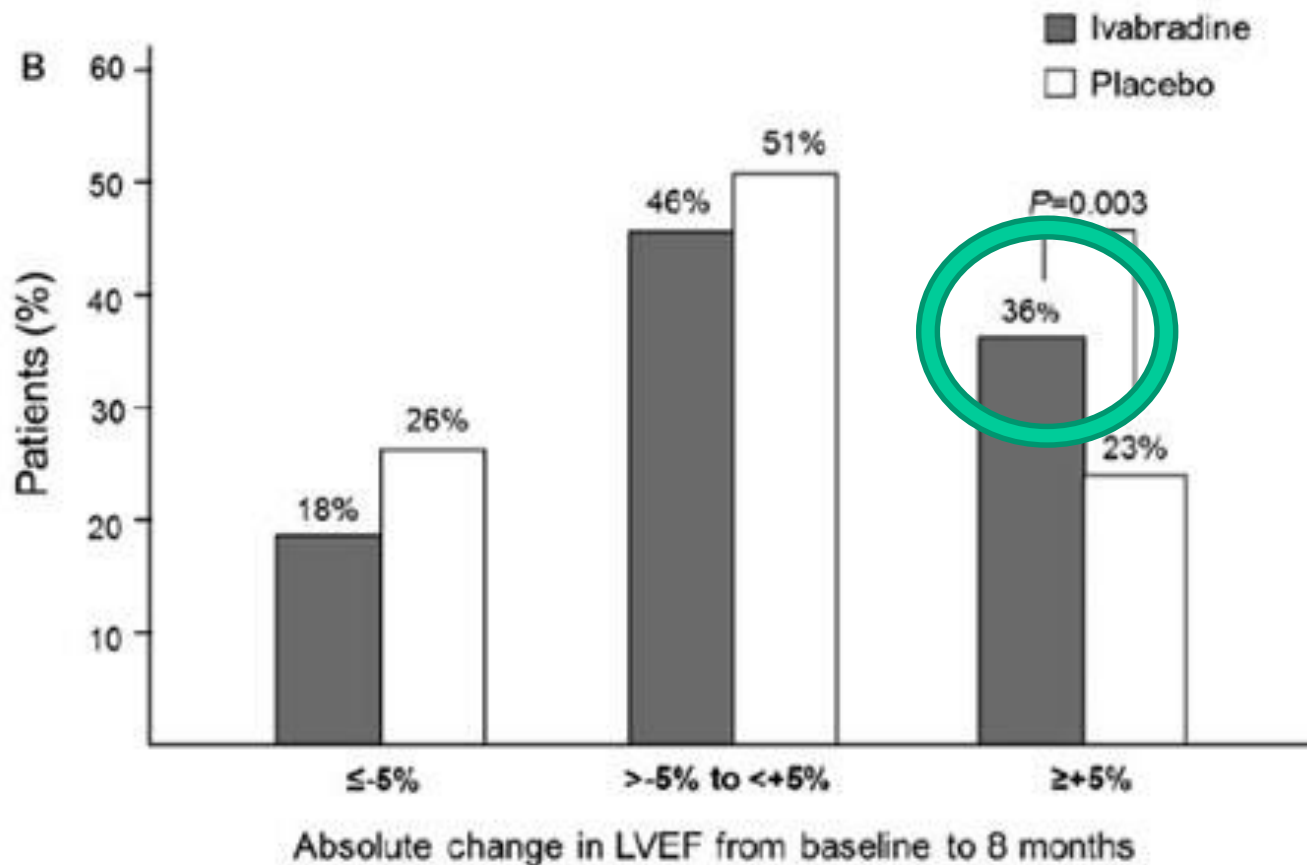
Studio SHIFT: sottostudio ECOcardiografico

Effetto di ivabradina sulla modificazione della Frazione di Eiezione a 8 mesi di follow up.



Studio SHIFT: sottostudio ECOcardiografico

Effetto di ivabradina sulla modificazione della Frazione di Eiezione a 8 mesi di follow up.



CRONOTROPICOS NEGATIVOS



DROGA	DIGITAL	Bloqueantes Calcicos	BETA Bloqueantes	IVABRADINA
FRECUENCIA CARDIACA	-	-	- -	- -
CALCIO CITOPLASMATICO	++	- - -	-	0
INOTROPISMO	+	-	-	+
DURACIÓN DIASTOLE	-	+	++	+++
EXITABILIDAD	++	0	- -	0

CRONOTROPICOS NEGATIVOS



DROGA	DIGITAL	Bloqueantes Calcicos	BETA Bloqueantes	IVABRADINA
FRECUENCIA CARDIACA	-	-	- -	- -
CALCIO CITOPLASMATICO	++	- - -	-	0
INOTROPISMO	+	-	-	+
DURACIÓN DIASTOLE	-	+	++	+++
EXITABILIDAD	++	0	- -	0

8th International Conference on Acute Cardiac Care Jerusalem, Israel. June 16-18, 2013

Hemodynamic Effects of Ivabradine in patients with acute circulatory decompensation and Tachycardia.

Porcile Rafael , Ricardo Levin, Gabriel Perez
Baztarrica, Osvaldo Fridman, Flavio
Salvaggio, Sebastian Villecco ,Norberto
Blanco Alejandro Botbol

Objetivos: Evaluar el efecto hemodinámico de la ivabradina utilizada para reducir la taquicardia sinusal durante el tratamiento de la insuficiencia cardiaca avanzada bajo terapia inotrópica





- ENERO 2011 ENERO 2013
- Prospectiva consecutiva
- 39 PACIENTES
- Edad promedio 63 ± 7
- 20 hombres 19 mujeres
- FEVI eco 28.5 ± 3



- Insuficiencia cardíaca avanzada
- Isquémico necrótica
- Al menos 10 gamas kg min de inotrópicos combinados
- Taquicardia sinusal



- Shock
- Fibrilación auricular
- Sepsis
- Asistencia circulatoria mecánica
- Asistencia respiratoria mecánica

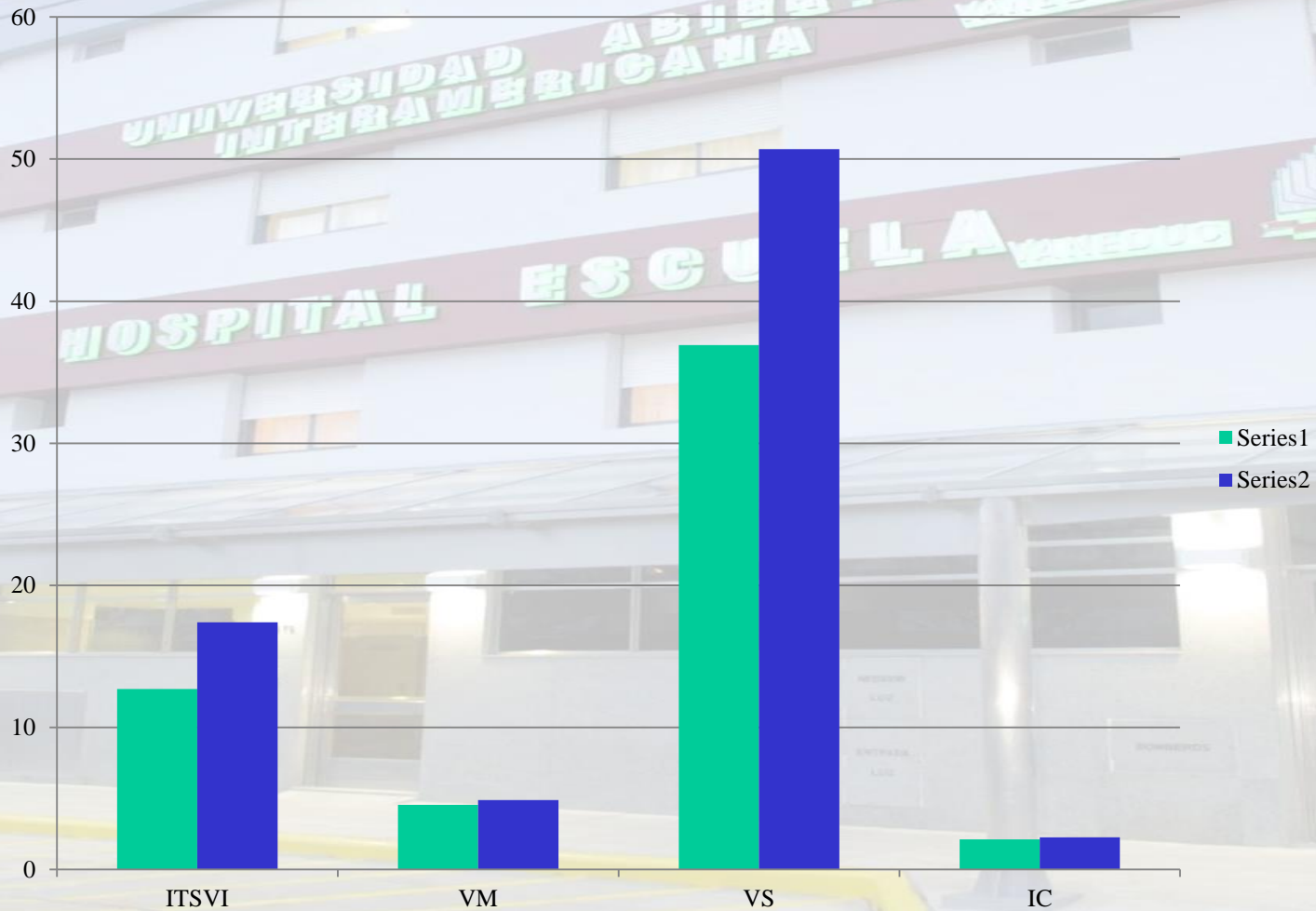
Ivabradina vía ORAL

- 15 mg de como dosis inicial
- 7.5 mg vía oral cada 12 hs por 24 horas

Reducción de la frecuencia cardíaca 122 A 97 P0.0001

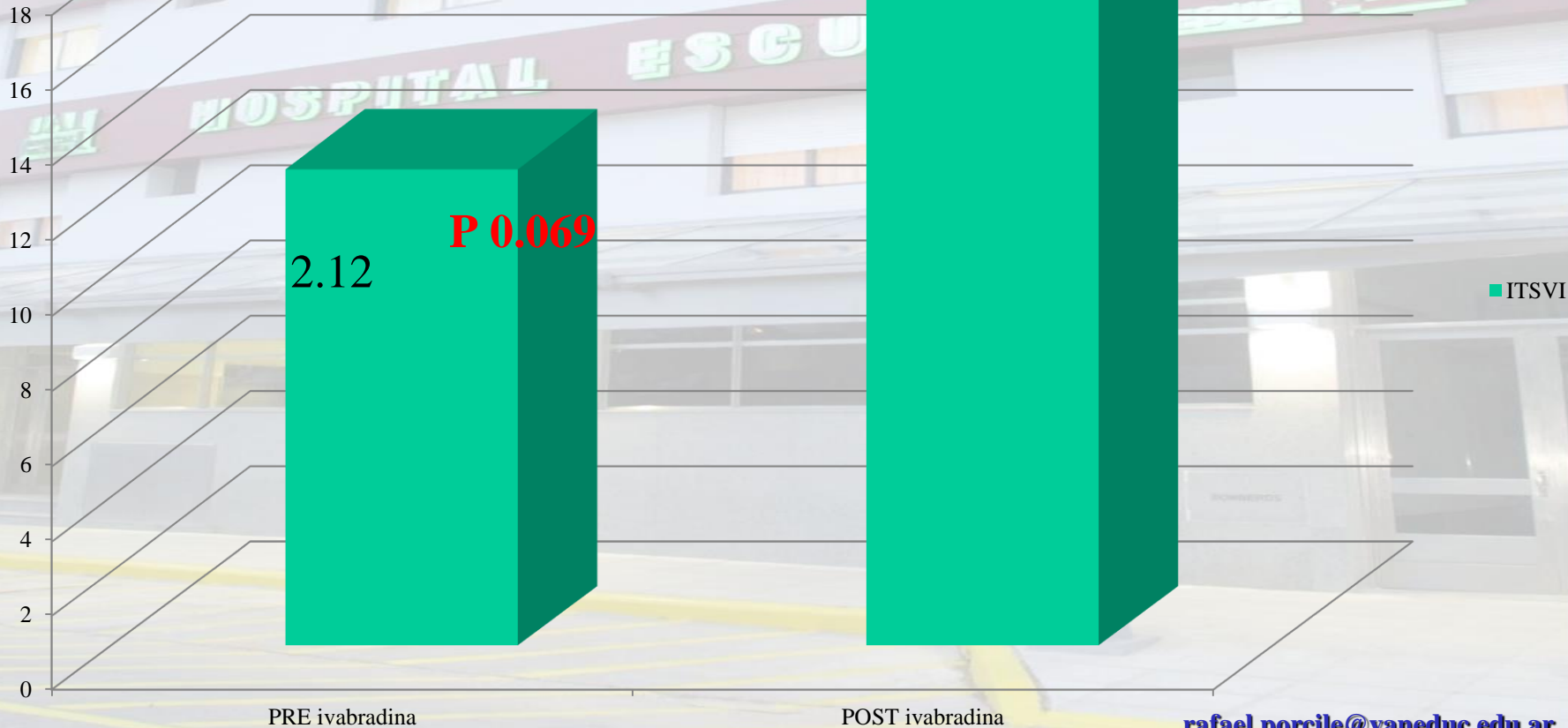


Parámetros de función sistólica

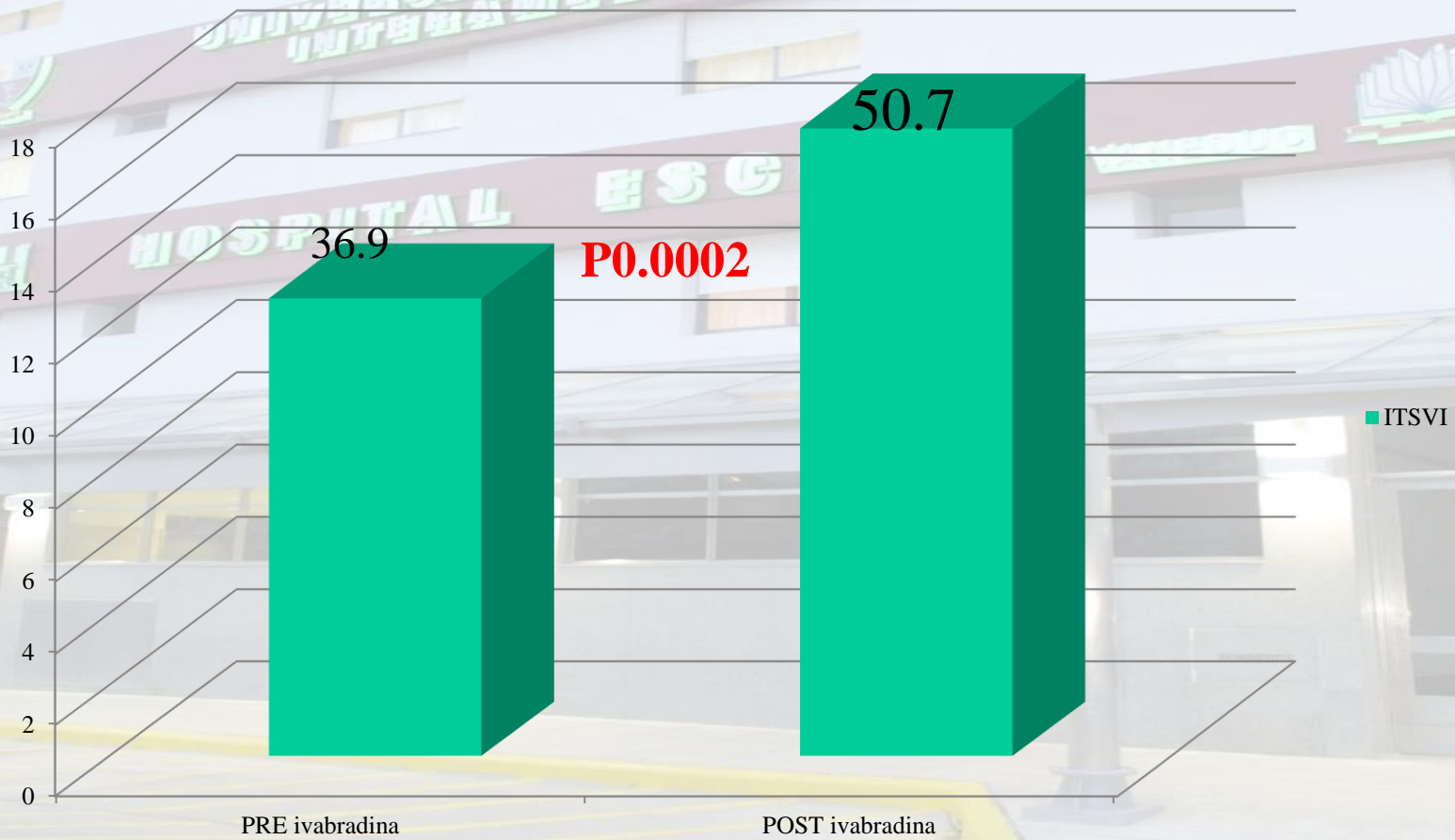


Diferencias en termino de índice cardíaco

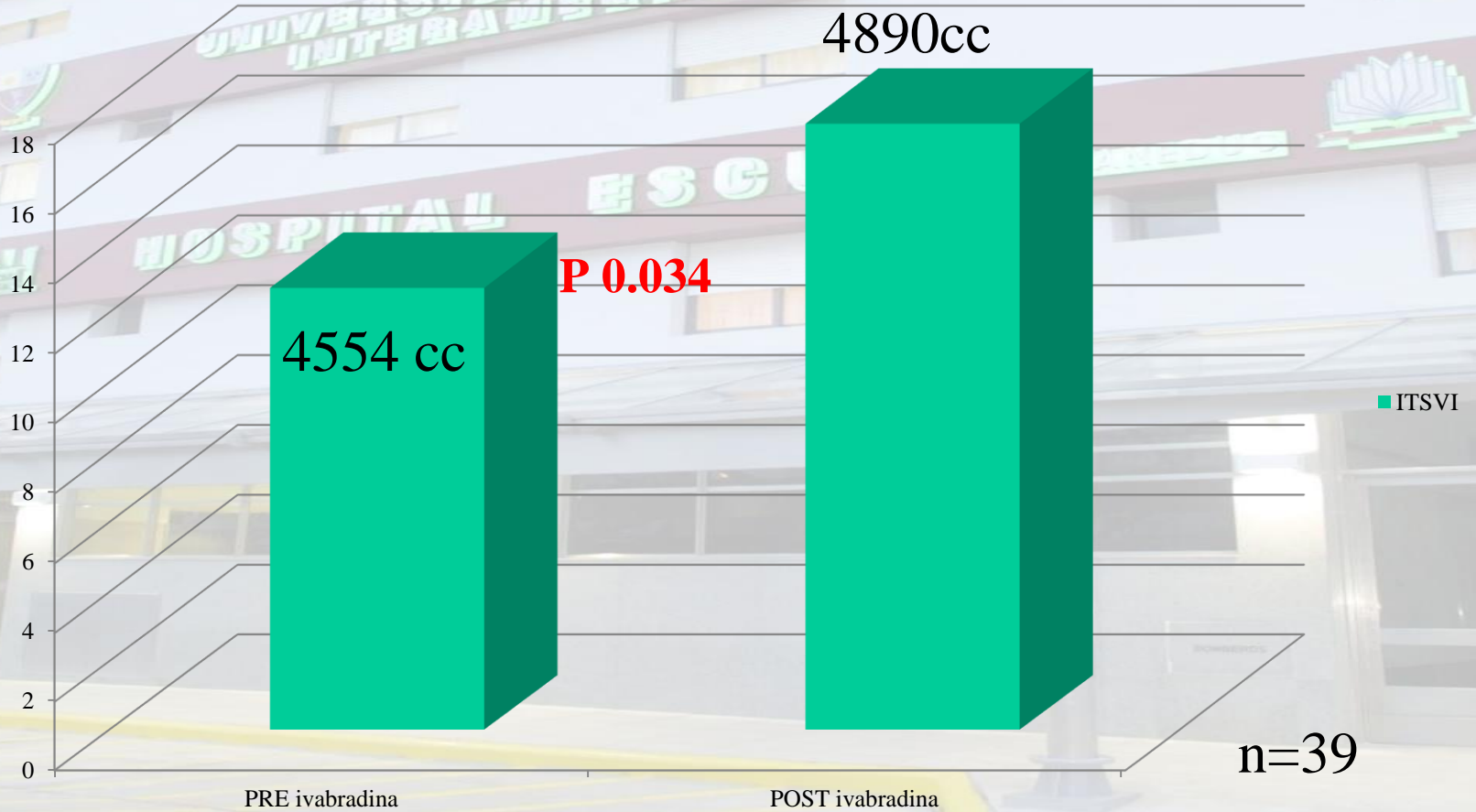
n=39



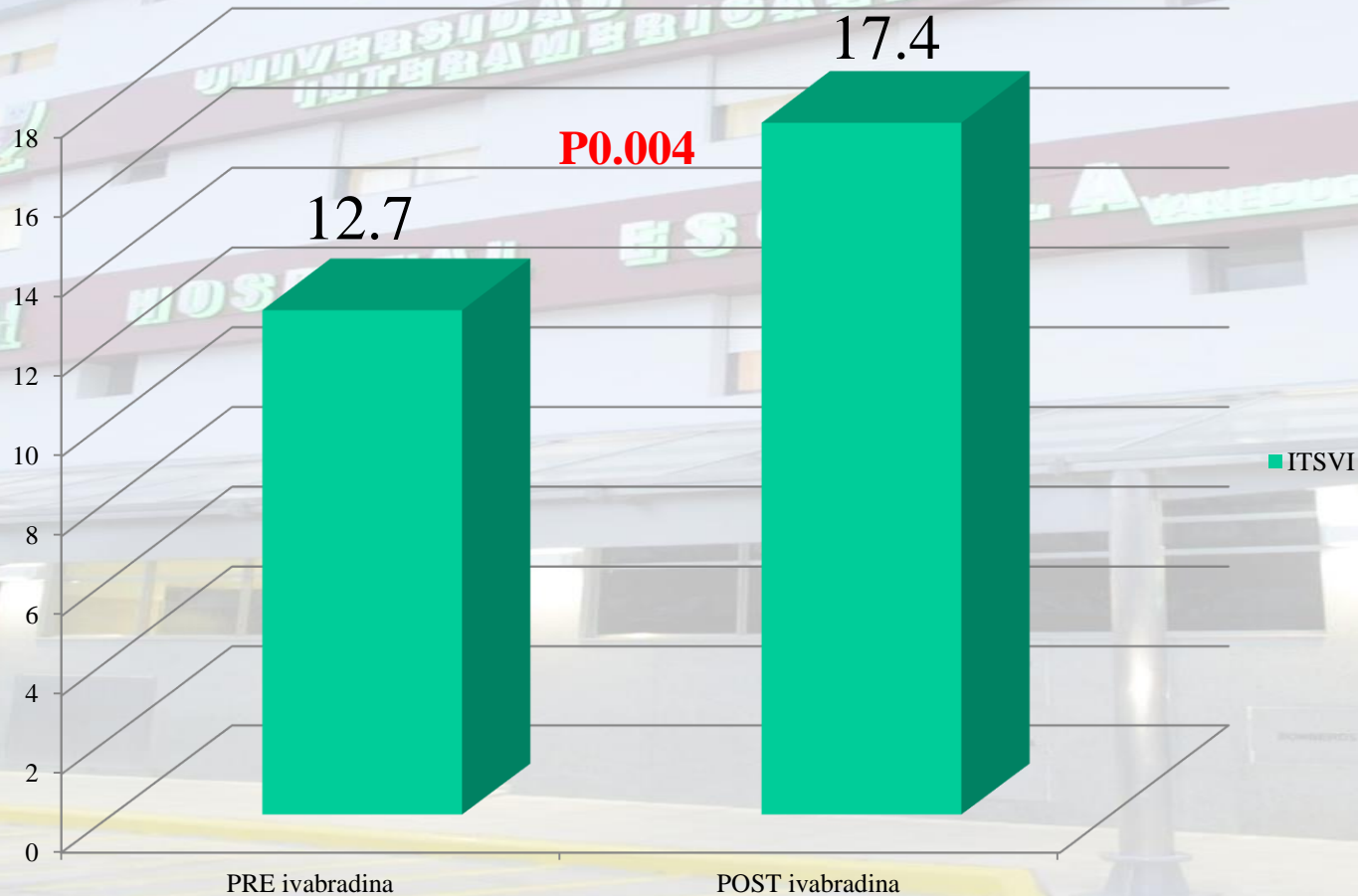
Diferencias en volumen sistólico



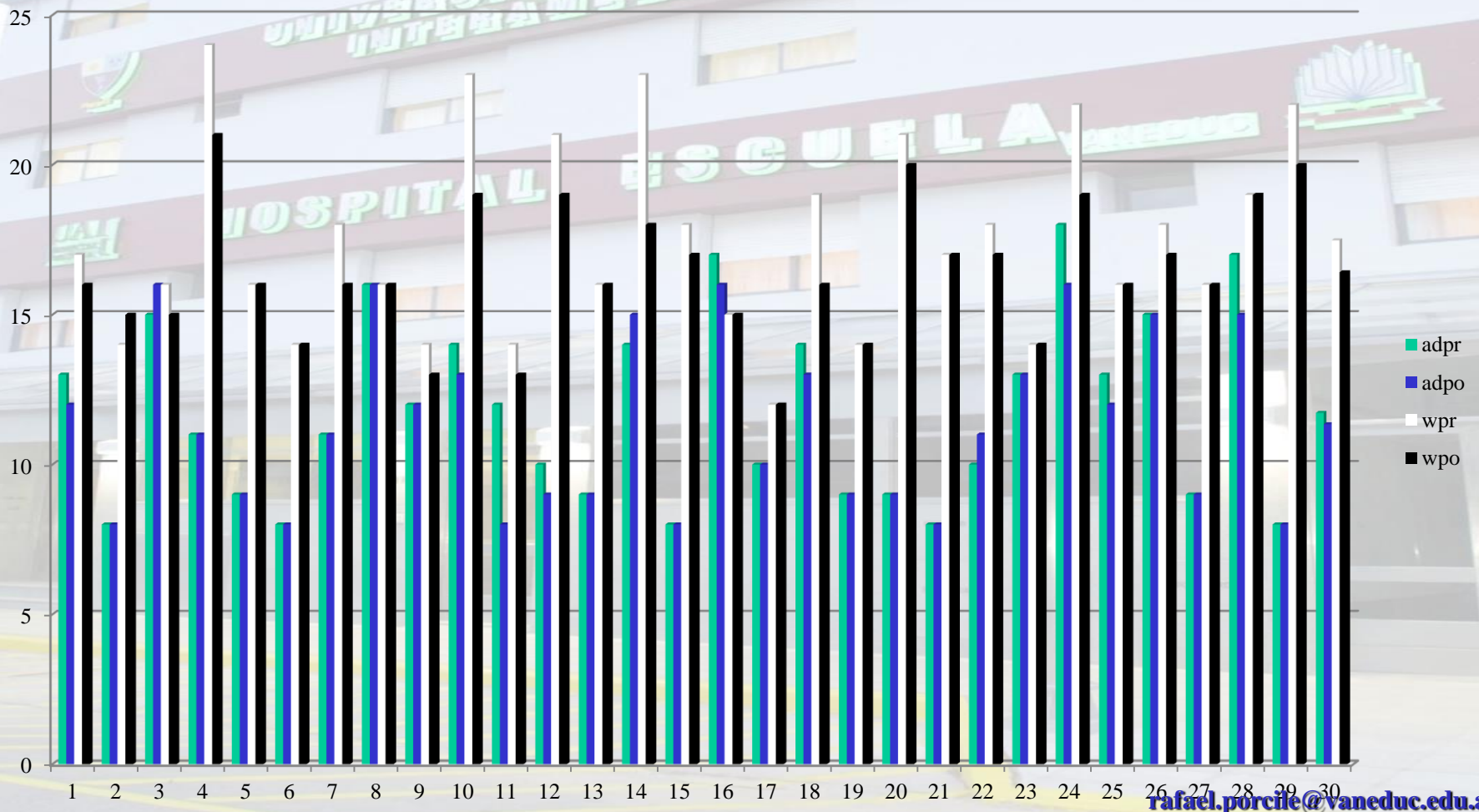
Cambios en el Volumen minuto cardiaco



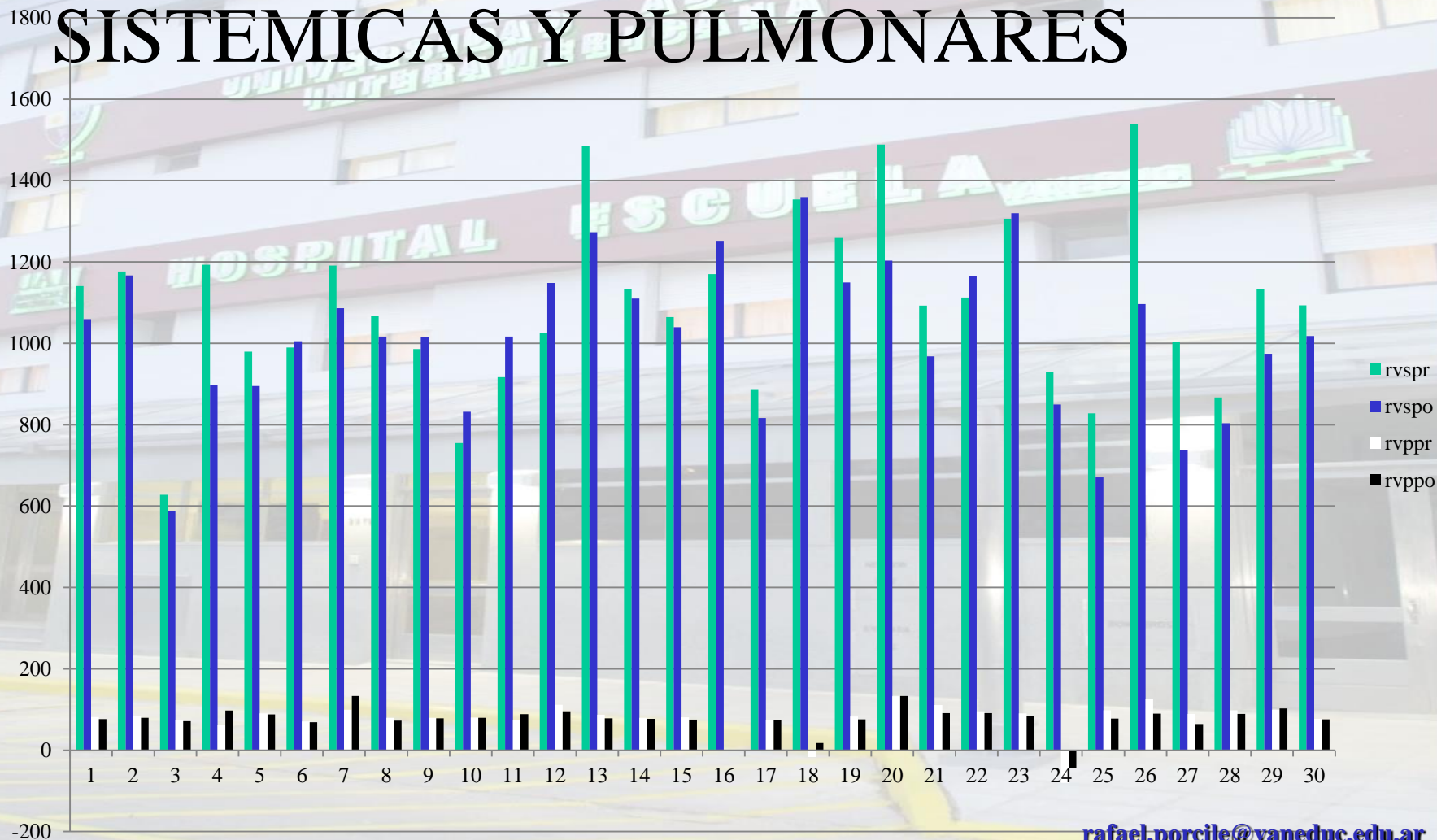
DIFERENCIAS EN INDICE DE TRABAJO SISTOLICO DEL VENTRICULO IZQUIERDO



SIN DIFERENCIAS SIGNIFICATIVAS EN LA MEDICIÓN DE PRESIONES IZQUIERDAS Y DERECHAS



SIN DIFERENCIAS SIGNIFICATIVAS EN LA MEDICIÓN DE RESISTENCIAS VASCULARES SISTEMICAS Y PULMONARES



Efectos hemodinámicos de la ivabradina medidos con catetes de swan ganz en pacientes con descompensación circulatoria aguda, terapia inotrópica y taquicardia sinusal

Dres : PORCILE Rafael ,FRIDMAN Osvaldo, PEREZ BAZTARRICA Gabriel, SALVAGGIO Flavio, VILLACCO Sebastian, BOTBOL L Alejandro

Departamento de Cardiología UAI Hospital Universitario; Cátedra de Fisiología y Biofísica, Universidad Abierta Interamericana (UAI) Consejo Nacional de Investigaciones Científicas y Técnica (CONICET) Buenos Aires

Objetivos: Evaluar el efecto hemodinámico de la ivabradina utilizada para reducir la taquicardia sinusal durante el tratamiento de la insuficiencia cardíaca avanzada bajo terapia inotrópica

Criterios de inclusión

insuficiencia cardíaca avanzada

Isquémico necrótica

Al menos 10 gamas kg min de inotrópicos combinados

Taquicardia sinusal

Criterios de exclusión

Shock

Fibrilación auricular

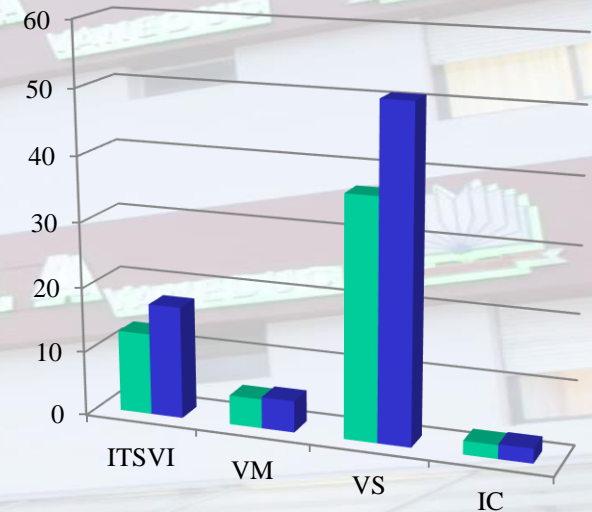
Sepsis

Asistencia circulatoria mecánica

Asistencia respiratoria mecánica

MATERIALES Y METODOS

- Ritmo sinusal con mas de 100 pm de frecuencia
- Insuficiencia cardíaca descompensada de etiología isquémico necrótica refractara al tratamiento oral y endovenoso convencional
- Terapia inotrópica endovenosa con , al menos, una sumatoria de 10gmas/Kgpeso/minuto y al menos 2.2 litros /m² superficie corporal de índice cardíaco.
- Se realizaron mediciones con catéter de Swan Ganz antes y tres horas después de la administración de 15 mg de ivabradina vía enteral.



Conclusiones: En los pacientes con insuficiencia cardíaca bajo inotrópicos y taquicardia sinusal la administración de ivabradina es útil y segura para reducir la frecuencia cardíaca sin reducir el gasto cardíaco, presiones ni resistencias. Se ha observado un aumento del volumen minuto cardíaco estadísticamente significativo en centímetros cúbicos así como en todos los índices de función sistólica pero no se observó significación estadística en términos de índice cardíaco. Este es un efecto potencialmente útil en especial en paciente con falla cardíaca de etiología isquémico necrótica.

Resultados: El estudio incluyó a 39 pacientes (20 hombres y 19 mujeres) con edad promedio de 63 +/-7 años, ingresados por insuficiencia cardíaca avanzada de etiología isquémico necrótica con indicación de terapia inotrópica. La fracción de eyección promedio del ventrículo izquierdo fue del 28,5%. La dosis de fármacos inotrópicos promedio fue de 13.5 gam/Kg/Min. Se observó una reducción de la frecuencia cardíaca promedio 3 horas después de la primera dosis de ivabradina de 122+/-7 lat/min a 97+/- 8 lat/min (p0.001). Leve pero significativo aumento del Volumen minuto cardíaco promedio de 4554cc+/-637 a 4890+/-516cc (p0, 034) El rendimiento cardíaco evaluado por el índice cardíaco promedio también aumento pero este incremento no resultó estadísticamente significativo subiendo de 2,12+/-0.3 l/m2 a 2,27+/-0.07 l/m2 (p0,069). El volumen sistólico promedio se incrementó significativamente de 36.9 +/-6cc a 50.7 +/-7cc (p 0,0002). Aumento también significativamente el índice de trabajo sistólico del ventrículo izquierdo promedio de 12,7 +/-4 a 17,4+/-5 (p 0,004). No se observaron cambios en la presión capilar pulmonar 17+/-3 mmHg vs 16+/- 4mmHg (p0.16), resistencias vasculares sistémicas 1.093 Dyn+/-211n vs 1.018+/-189Dyn (p 0.163) Tampoco se observaron cambios significativos en las presiones auriculares derechas 11.7+/-3 mmHg vs 11.3+/-2mmhg(p0.063) ni en la tensión arterial media arterial sistémica promedio (73.1+/-10 vs 73.2+/-11) ni presión arterial pulmonar media promedio 21.7 mm Hg vs 21.1 mm Hg (p 0.18). No observamos bradicardia o bloqueo auriculoventricular en ningún paciente. El tratamiento fue bien tolerado por todos los pacientes. No observaron óbitos relacionados a efectos esperados del fármaco dentro de las 5 vidas media luego de su discontinuación.

Reconocida Internacionalmente por la acreditadora CQAIE (Washington, USA)



UAI Universidad Abierta Interamericana



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Hemodynamic Effect Of Ivabradine Used To Reduce Sinus Tachycardia During Intra Aortic Conterpusation In Patiente Whit Advanced Cardiac Failure

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Methods: Between January 2011 and August 2013 were prospectively included patients in sinus rhythm with more than 100 heart beat pm admitted in to the U.A.I. critical cardiology unite with decompensated dilated ischemic cardiomyopathy .

All patients treated with at least 10gmas/Kg/min of one or more IT (unchanged during measurement period).

No less than 2,2 liters/m² SG measured cardiac index.

Optimized IABP setting remain unchanged durin measurement period.

Were excluded patients in schock of others causes, infections, renal failure, anemia, requiring or mechanical ventilation support or whith acute digestive desease.

SG measurements were performed one hour before and three hours after a single oral dosis of 15mg ivabradine.

Results:

The study included **22 patients** (12 men).

All with myocardial infarction history.

Age average of 65.5 years.

Left ejection fraction average was 27.3%.

Dose of intravenous inotropic drug average was **17.2 Kg/w/min.**

Three hours after ivabradine **heart rate decreased from 123 \pm 5 to 97 \pm 5 (P0.0003)**

Increase cardiac output of 4452 \pm 550 ml minute at 4925 \pm 535 ml/min(p0.031).

Increase in cardiac index without statistical significance of 2.21 \pm 0.3 to 2.37 \pm 0.3 liters/m (p0.08).

The average stroke volume increased significantly from 33.9 \pm 5 to 52.3 \pm 8 ml(p0.0007).

The left ventricle work index increased from 12.9 \pm 3 to 17.3 \pm 4 (p0.00003).

No differences were observed in the records of right atrial pressure, wedge, systemic vascular and pulmonary resistance.

After five ivabradine half-lives suspension no ecg or clinical adverse effects were observed

Conclusion: Ivabradine is useful to moderate sinus tachycardia and improve efficiency of IABP in advanced heart failure.

Ivabradine use did not interfere with IT showing an improvement in some cardiac output parameters.

No changes were observed in preload and afterload parameters in this set of patients.

No electrocardiographic or clinical adverse effects were observed.

If Channels blocker Ivabradine Counteracts Undesirable Tachycardia in Patients Supported With Inotropic Agents

(Safety, tolerability and efficacy of Ivabradine for control of sinus tachycardia in patients undergoing inotropic therapy)

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Authors have no disclosure to declare

INTRODUCTION

Use of intravenous inotropic therapy in decompensated patients is associated with several adverse consequences such as increased myocardial oxygen consumption, pro-arrhythmic effects and myocardial ischemia, and unavoidably produces undesirable sinus tachycardia.

Therapeutic options for patients presenting with undesirable sinus tachycardia are extremely limited.

Beta-blockers cannot be considered due to their negative inotropic effects and use of calcium channel blockers has proved to be deleterious. Furthermore, digitalis increases myocardial oxygen consumption.

Published results support the utility of the If channel inhibitor Ivabradine in patients with low ejection fraction, heart failure and sinus rhythm, as well as in individuals developing undesirable sinus tachycardia induced by exogenous catecholamines after major surgery.

Accordingly, the current study aimed to analyze the safety, tolerability and efficacy of Ivabradine in patients with ischemic cardiomyopathy admitted for decompensated heart failure who developed undesirable sinus tachycardia while undergoing treatment with intravenous inotropic agents.

OBJECTIVES: To assess the safety, tolerability and efficacy of Ivabradine administered to patients with decompensated heart failure who were undergoing inotropic therapy and developed undesirable sinus tachycardia.

METHODS

Population : patients with ischemic cardiomyopathy and low ejection fraction (<35%) admitted for decompensated heart failure who experienced sinus tachycardia (heart rate >100) while undergoing inotropic therapy (≥ 10 mcg/kg dopamine or dobutamine separately or in combination) were included. Patients were treated with oral Ivabradine in an attempt to counteract sinus tachycardia.

Inclusion criteria

- Ischemic cardiomyopathy
- age >18 years
- systolic blood pressure >90 mmHg
- without vasopressors
- ‘‘stabilized CI’’ >2.2 L/min/m²
- (6 h before administration of Ivabradine)
- absence of hypovolemia
- (CVP >10, PCOP >15 mmHg)

Exclusion criteria

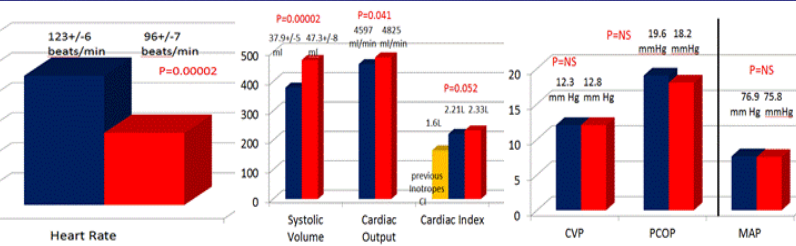
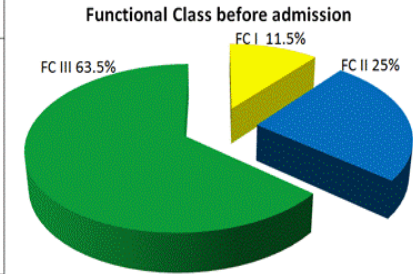
- nonischemic etiology
- shock (of any cause)
- respiratory mechanical support
- need for circulatory mechanical support
- inability to take oral medications
- concomitant active infections
- oncological or acute digestive pathologies
- hemodynamic instability (6 h)
- hypersensitivity to Ivabradine
- inability to place a PAC
- a heart rhythm other than sinus.

Treatment : Ivabradine was administered as a single oral dose of 15 mg. Hemodynamic monitoring was performed using PAC. Complete hemodynamic measurements were collected 1 h before and 3 h after the administration of Ivabradine. **Safety and tolerance:** The development of sinus bradycardia, new atrioventricular disturbances, requirement of temporary pacemakers, symptomatic hypotension, and general intolerance presenting as nausea, vomiting, diarrhea or visual side effects was evaluated.

The institutional research ethics committee approved the present study. Informed consent was obtained from all patients or their guardians. **Statistical analysis :** P<0.05 was considered to be

RESULTS: 52 patients were admitted between 1/1/2011 and 6/1/2013. Table 1 summarizes patient’s general characteristics. Average Left Ventricle EF was 31.5% Immediately before Ivabradine the mean dose of inotropes was 11.2 mcg/kg

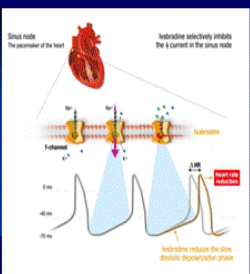
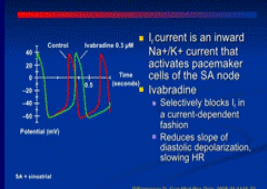
Characteristic	Number (n=52)	Percentage
Males (p)	32	(61.5%)
Females (p)	20	(38.5%)
Average age (years)	65.6	
Age range (years)	42-76	
Diabetes (p)	10	(19.2%)
Smoking (p)	18	(34.6%)
Hypertension (p)	28	(53.8%)
Dyslipidemia (p)	37	(71.15%)
Previous myocardial infarction (p)	33	(63.5%)
Previous surgery (p)	4	(7.7%)
Previous angioplasty (p)	41	(78.8%)



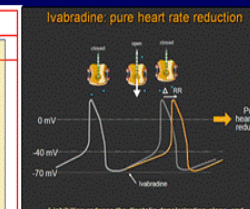
Side effects : None of the patients experienced bradycardia, new AV conduction disturbances, or required transitory pacemaker. Intolerance to Ivabradine was not observed in any patients during a length of time equal to 5 half lives of the drug (60 hs of observation)

Conclusion: Ivabradine was useful and safe for achieving selective negative chronotropic effects, counteracting undesirable sinus tachycardia which developed in patients with decompensated HF treated with inotropic agents, who could not receive beta blockers. Randomized studies with an appropriate number of patients are needed to collect more information regarding this suggested benefit

Sinus node inhibition: Ivabradine



	Digitalis	Ca antagonism	Beta blockers	Ivabradine
Mechanism of action	ATPase Na/K	Ca channels blockers	beta adrenergic receptors blockers	If channels blockers
Heart rate reduction	++	++	++	++
Effect over systolic Ca ⁺⁺	++	++	0	0
Influence over Inotropism	+	+	+	+
Diastolic duration	+	+	++	++
Excitability	++	0	0	0



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**MUCHAS
GRACIAS POR SU
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